

Programmanr. 501  
22/6/2024 - 15:00

Gemengd, 4 x 100m vrije slag

All-in  
Resultaten

| rang | vereniging  | intijd                                | tijd   | RT                                     | Para               |
|------|---|---------------------------------------|--|--|--------------------|
| 1.   | Olympia 1<br>Thijs de Geus<br>Britt Biemans         | Olympia<br>02 26.67<br>04 31.28       | 4:03.95<br>55.20 Nienke Verploeg<br>1:05.86 Jack Beaujon             | <b>4:03.56</b><br>00 30.62<br>03 27.46 | 1:04.74<br>57.76   |
| 2.   | ESCA Zwemmen 1<br>Tim de Vrught<br>Hannah Elting    | ESCA Zwemmen<br>93 27.66<br>04 32.64  | 4:09.14<br>58.33 Rose Lether<br>1:09.00 Sander de Vrught             | <b>4:08.78</b><br>04 30.50<br>89 26.63 | 1:05.68<br>55.77   |
| 3.   | RZC 1<br>Imogen Oldfield<br>Mattias Meijers         | RZC<br>98 33.18<br>00 29.00           | 4:16.11<br>1:11.36 Merith Janssen<br>1:01.94 Cassian Janssen         | <b>4:19.51</b><br>06 31.77<br>05 27.99 | 1:07.68<br>58.53   |
| 4.   | Triton Putten 1<br>Bartho Visser<br>Wolter Graaf    | Triton Putten<br>00 29.82<br>01 34.11 | 4:37.21<br>1:02.90 Jolijn van der Toorren<br>1:09.68 Sophie Hoekstra | <b>4:41.16</b><br>06 35.49<br>08 34.74 | 1:16.45<br>1:12.13 |
| 5.   | Livo 1<br>Twan Wallerbos<br>Ilse Krabben            | Livo<br>10 35.98<br>09 33.61          | 4:44.19<br>1:15.46 Jet Rötter<br>1:10.65 Thymo Smits                 | <b>4:41.67</b><br>08 35.31<br>08 30.31 | 1:13.16<br>1:02.40 |
| 6.   | Aquapoldro 1<br>Alex Vermeulen<br>Frédérique Beenen | Aquapoldro<br>89 29.13<br>08 33.20    | 4:29.06<br>1:02.26 Chantal Veldhuis<br>1:10.46 Delano Weijn          | <b>4:42.86</b><br>01 42.15<br>00 28.29 | 1:29.35<br>1:00.79 |
| NG   | Neptunus 1  | Neptunus                              | 4:42.55  |  |                    |

Programmanr. 502  
22/6/2024 - 15:11

Dames, 100m vlinderslag

Dames, All-in  
Resultaten

| rang   | naam                 | vereniging       | intijd  | tijd      | RT             | Para | 50m   | 100m    |
|--|----------------------|------------------|---------|-----------|----------------|------|-------|---------|
| <b>Junioren 1 en 2</b>   |                      |                  |         |           |                |      |       |         |
| 1.   | Nikita van den Berg  | SG Octopus - ZVV | 1:35.56 | 201102130 | <b>1:29.34</b> |      | 41.30 | 1:29.34 |
| 2.   | Gerlin van de Krol   | DWK              | 1:36.79 | 201101412 | <b>1:29.84</b> |      | 41.42 | 1:29.84 |
| 3.   | Anna Berkhout        | TZC Vahalis      | 1:35.01 | 201100080 | <b>1:30.96</b> |      | 41.45 | 1:30.96 |
| 4.   | Sanne Eilander       | SG Octopus - ZVV | 1:33.95 | 201102514 | <b>1:34.67</b> |      | 40.82 | 1:34.67 |
| 5.   | Melissa ter Horst    | ZV Overbetuwe    | 1:41.60 | 201100678 | <b>1:36.81</b> |      | 44.09 | 1:36.81 |
| 6.   | Nicole Krabben       | Livo             | 1:40.30 | 201101144 | <b>1:39.97</b> |      | 45.24 | 1:39.97 |
| 7.   | Tess Wolterink       | Livo             | 1:45.68 | 201101148 | <b>1:44.67</b> |      | 46.61 | 1:44.67 |
| 8.   | Jennifer Heister     | NDD              | 2:08.72 | 201102914 | <b>1:47.51</b> |      | 48.55 | 1:47.51 |
| AFGEM  | L. Wolff van Wulping | Proteus          | 1:38.85 | 201101888 |                |      |       |         |
| <b>Junioren 3 en 4</b>   |                      |                  |         |           |                |      |       |         |
| 1.   | Robin van Beek       | Aquapoldro       | 1:25.53 | 200903518 | <b>1:22.98</b> |      | 37.00 | 1:22.98 |
| 2.   | Froukje van Leeuwen  | De Berkelduikers | 1:24.87 | 200901208 | <b>1:23.35</b> |      | 37.86 | 1:23.35 |
| 3.   | Ilse Krabben         | Livo             | 1:25.25 | 200902304 | <b>1:24.43</b> |      | 37.91 | 1:24.43 |
| 4.   | Sophie van der Horst | Flevo            | 1:32.66 | 201000246 | <b>1:24.60</b> |      | 39.36 | 1:24.60 |
| 5.   | Ruby Hut             | Wahoo Swimming   | 1:32.33 | 200901842 | <b>1:27.58</b> |      | 38.85 | 1:27.58 |
| 6.   | Lenore Donker        | NDD              | 1:32.07 | 201000080 | <b>1:28.81</b> |      | 40.24 | 1:28.81 |
| 7.   | Evelyne Nas          | NDD              | 1:32.65 | 200902066 | <b>1:32.21</b> |      | 40.90 | 1:32.21 |
| 8.   | Valesca Schuurman    | Neptunus         | 1:34.46 | 201001486 | <b>1:36.18</b> |      | 43.69 | 1:36.18 |
| 9.   | Annelot Thijssen     | NDD              | 1:40.08 | 201002186 | <b>1:43.50</b> |      | 46.10 | 1:43.50 |
| 10.  | Sanne Wolsheimer     | De IJsselmeewen  | 1:44.11 | 200901646 | <b>1:44.61</b> |      | 41.43 | 1:44.61 |
| DIS  | Evi Giesbers         | TZC Vahalis      | 1:23.54 | 200901536 |                |      |       |         |
| <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i> |                      |                  |         |           |                |      |       |         |
| AFGEM  | Noa Smedes           | Aquapoldro       | 2:02.51 | 201002424 |                |      |       |         |
| AFGEM  | Eva Eikelboom        | SG Octopus - ZVV | 1:25.39 | 200903718 |                |      |       |         |
| AFGEM  | Nena van Amerongen   | NDD              | 1:33.64 | 201002188 |                |      |       |         |

**Jeugd 1 en 2**

|    |                      |              |         |           |                |  |       |         |
|----|----------------------|--------------|---------|-----------|----------------|--|-------|---------|
| 1. | Imke Riefel          | NDD          | 1:19.47 | 200801994 | <b>1:16.65</b> |  | 34.04 | 1:16.65 |
| 2. | D. van de Werken     | De Meer      | 1:19.17 | 200701672 | <b>1:17.66</b> |  | 35.73 | 1:17.66 |
| 3. | Inke Versluis        | Olympia      | 1:18.91 | 200800218 | <b>1:19.18</b> |  | 35.67 | 1:19.18 |
| 4. | Laura Volkers        | DWK          | 1:20.30 | 200800056 | <b>1:20.53</b> |  | 35.36 | 1:20.53 |
| 5. | Mandy Siebelink      | ESCA Zwemmen | 1:21.07 | 200700582 | <b>1:23.12</b> |  | 37.88 | 1:23.12 |
| 6. | Merle Baumeister     | ESCA Zwemmen | 1:25.97 | 200803026 | <b>1:23.20</b> |  | 38.25 | 1:23.20 |
| 7. | Elise van der Wielen | Olympia      | 1:24.47 | 200700346 | <b>1:23.56</b> |  | 40.14 | 1:23.56 |

Programmanr. 502, Meisjes, 100m vlinderslag, Jeugd 1 en 2

| rang  | naam               | vereniging              | intijd  |           | tijd           | RT Para | 50m   | 100m    |
|-------|--------------------|-------------------------|---------|-----------|----------------|---------|-------|---------|
| 8.    | Isabel Schoemaker  | SG Wijchen-Gelenberg    | 1:26.63 | 200802654 | <b>1:24.75</b> |         | 38.72 | 1:24.75 |
| 9.    | Sam Toonen Dekkers | SG Wijchen-Gelenberg    | 1:32.69 | 200703316 | <b>1:31.52</b> |         | 41.68 | 1:31.52 |
| 10.   | Sofie Gubbens      | ESCA Zwemmen            | 1:30.23 | 200704788 | <b>1:32.45</b> |         | 43.00 | 1:32.45 |
| 11.   | Jet Rötter         | Livo                    | 1:36.87 | 200803192 | <b>1:33.70</b> |         | 42.42 | 1:33.70 |
| 12.   | Britt Arts         | SG Wijchen-Gelenberg    | 1:39.81 | 200804568 | <b>1:43.84</b> |         | 45.29 | 1:43.84 |
| 13.   | Nienke Koster      | Groenlose Zwemverenigin | 1:41.84 | 200703996 | <b>1:45.22</b> |         | 47.53 | 1:45.22 |
| AFGEM | Dana Eelderink     | De Berkelduikers        | 1:27.41 | 200803086 |                |         |       |         |
| AFGEM | Sophie Schuirink   | Livo                    | 1:26.39 | 200802450 |                |         |       |         |
| AFGEM | Donna Bruinenberg  | NDD                     | 1:44.32 | 200803096 |                |         |       |         |

Senioren 1 en 2

|       |                        |                  |         |           |                |  |       |         |
|-------|------------------------|------------------|---------|-----------|----------------|--|-------|---------|
| 1.    | Sabine Uytdewilligen   | ESCA Zwemmen     | 1:20.04 | 200502654 | <b>1:17.31</b> |  | 34.93 | 1:17.31 |
| 2.    | Luna Uytdewilligen     | ESCA Zwemmen     | 1:20.21 | 200601922 | <b>1:17.43</b> |  | 36.12 | 1:17.43 |
| 3.    | Anna Kamphuis          | DWK              | 1:17.70 | 200600334 | <b>1:18.92</b> |  | 35.39 | 1:18.92 |
| 4.    | Azra Guler             | NDD              | 1:17.91 | 200503054 | <b>1:22.81</b> |  | 36.61 | 1:22.81 |
| 5.    | Lois Hofman            | SG Octopus - ZVV | 1:27.13 | 200602040 | <b>1:26.57</b> |  | 39.30 | 1:26.57 |
| 6.    | Jolijn van der Toorren | Triton Putten    | 1:32.29 | 200604980 | <b>1:31.90</b> |  | 40.70 | 1:31.90 |
| 7.    | Madelief van Steeg     | Triton Putten    | 1:30.63 | 200602602 | <b>1:34.31</b> |  | 41.11 | 1:34.31 |
| AFGEM | M. Wolff van Wülfing   | Proteus          | 1:29.17 | 200501330 |                |  |       |         |
| AFGEM | Kyra van Veenhuizen    | Triton Putten    | 1:33.49 | 200601032 |                |  |       |         |

Senioren

|       |                       |                  |         |           |                |  |       |         |
|-------|-----------------------|------------------|---------|-----------|----------------|--|-------|---------|
| 1.    | Welmoed Doornbos      | De IJsselmeewen  | 1:12.85 | 200203352 | <b>1:13.28</b> |  | 33.65 | 1:13.28 |
| 2.    | Sanne Landman         | ESCA Zwemmen     | 1:12.68 | 200304762 | <b>1:14.75</b> |  | 33.98 | 1:14.75 |
| 3.    | Ellen ter Stege       | ESCA Zwemmen     | 1:18.84 | 199900604 | <b>1:15.85</b> |  | 33.93 | 1:15.85 |
| 4.    | Chantal van der Horst | De Meer          | 1:16.54 | 199400616 | <b>1:18.73</b> |  | 36.28 | 1:18.73 |
| 5.    | Leonie Veldhuis       | SG Octopus - ZVV | 1:18.74 | 200301768 | <b>1:19.47</b> |  | 36.65 | 1:19.47 |
| 6.    | Iris van Gijtenbeek   | De Berkelduikers | 1:19.99 | 200001636 | <b>1:20.85</b> |  | 37.18 | 1:20.85 |
| 7.    | Laura ter Stege       | CWW Swimteam     | 1:20.62 | 199602364 | <b>1:23.38</b> |  | 37.09 | 1:23.38 |
| 8.    | Chantal Veldhuis      | Aquapoldro       | 1:38.35 | 200102434 | <b>1:40.50</b> |  | 47.09 | 1:40.50 |
| 9.    | Femke Schreuder       | Triton Putten    | 1:41.76 | 200403958 | <b>1:41.45</b> |  | 46.88 | 1:41.45 |
| AFGEM | Aniek Garritsen       | De IJsselmeewen  | 1:12.20 | 199504290 |                |  |       |         |

Programmanr. 503  
22/6/2024 - 15:31

Heren, 100m vrije slag

Heren, All-in  
Resultaten

| rang                   | naam                | vereniging       | intijd  |           | tijd           | RT Para | 50m   | 100m    |
|------------------------|---------------------|------------------|---------|-----------|----------------|---------|-------|---------|
| <b>Junioren 1 en 2</b> |                     |                  |         |           |                |         |       |         |
| 1.                     | Fynn Montagne       | De Meer          | 1:06.49 | 201001155 | <b>1:04.44</b> |         | 30.58 | 1:04.44 |
| 2.                     | Daan Abrahamse      | De Vrije Slag    | 1:07.65 | 201001869 | <b>1:05.32</b> |         | 31.29 | 1:05.32 |
| 3.                     | Barna Esmat         | Aquapoldro       | 1:08.45 | 201000125 | <b>1:07.32</b> |         | 31.96 | 1:07.32 |
| 4.                     | Tim Claassens       | ZV Zaltbommel    | 1:08.55 | 201001303 | <b>1:08.48</b> |         | 33.25 | 1:08.48 |
| 5.                     | Retief van Gasteren | Olympia          | 1:13.15 | 201000067 | <b>1:10.26</b> |         | 32.98 | 1:10.26 |
| 6.                     | Joshua Ortiz Ramos  | NDD              | 1:13.33 | 201001677 | <b>1:11.06</b> |         | 33.50 | 1:11.06 |
| 7.                     | Tergel Naagii       | SG Octopus - ZVV | 1:13.88 | 201002253 | <b>1:11.37</b> |         | 33.74 | 1:11.37 |
| 8.                     | Justin Peters       | NDD              | 1:20.88 | 201101639 | <b>1:16.59</b> |         | 35.27 | 1:16.59 |
| 9.                     | Henk Mostert        | De Vrije Slag    | 1:15.85 | 201000231 | <b>1:18.11</b> |         | 38.18 | 1:18.11 |
| 10.                    | Kane van Middendorp | DWK              | 1:24.72 | 201101537 | <b>1:20.50</b> |         | 38.62 | 1:20.50 |
| 11.                    | Thijn Schwartz      | De IJsselmeewen  | 1:30.32 | 201102361 | <b>1:24.01</b> |         | 37.68 | 1:24.01 |
| 12.                    | Sjors Pijl          | Flevo            | 1:26.17 | 201100865 | <b>1:26.34</b> |         | 41.34 | 1:26.34 |
| 13.                    | Tygo Spaan          | ZV Overbetuwe    | 1:26.33 | 201100605 | <b>1:26.41</b> |         | 39.77 | 1:26.41 |
| AFGEM                  | Kick Tomassen       | De Berkelduikers | 1:36.02 | 201102953 |                |         |       |         |

Junioren 3 en 4

|    |                   |                      |         |           |                |      |       |         |
|----|-------------------|----------------------|---------|-----------|----------------|------|-------|---------|
| 1. | Enna Lamers       | ZV Overbetuwe        | 59.76   | 200800899 | <b>59.80</b>   |      | 28.85 | 59.80   |
| 2. | Brian Blankespoor | De Vrije Slag        | 1:03.53 | 200801133 | <b>1:01.03</b> |      | 29.38 | 1:01.03 |
| 3. | Thymo Smits       | Livo                 | 1:05.84 | 200802073 | <b>1:02.71</b> | FJ 1 | 30.36 | 1:02.71 |
| 4. | Stijn Krol        | Aquapoldro           | 1:03.70 | 200804011 | <b>1:02.71</b> | FJ 2 | 30.42 | 1:02.71 |
| 5. | Levi Simonse      | De Vrije Slag        | 1:05.37 | 200900259 | <b>1:02.71</b> | FJ 3 | 31.23 | 1:02.71 |
| 6. | D. van den Anker  | RZC                  | 1:02.78 | 200802079 | <b>1:03.50</b> |      | 30.49 | 1:03.50 |
| 7. | Stijn de Lange    | SG Wijchen-Gelenberg | 1:06.60 | 200901397 | <b>1:03.83</b> |      | 30.96 | 1:03.83 |
| 8. | Levy de Rijke     | De Rijn              | 1:06.71 | 200800425 | <b>1:05.79</b> |      | 31.21 | 1:05.79 |

Programmanr. 503, Jongens, 100m vrije slag, Junioren 3 en 4

| rang  | naam               | vereniging              | intijd  | tijd      | RT Para | 50m   | 100m    |
|-------|--------------------|-------------------------|---------|-----------|---------|-------|---------|
| 9.    | Max van Gasteren   | Olympia                 | 1:08.90 | 200800005 |         | 31.28 | 1:06.65 |
| 10.   | Timon Wierper      | De Vrije Slag           | 1:07.78 | 200801573 |         | 32.82 | 1:08.29 |
| 11.   | Mees van der Burg  | Olympia                 | 1:11.47 | 200900515 |         | 32.13 | 1:08.90 |
| 12.   | Daniël Heutinck    | Groenlose Zwemverenigin | 1:11.72 | 200903011 |         | 32.93 | 1:11.01 |
| 13.   | Kosta Sidiropoulos | Triton Putten           | 1:12.86 | 200902793 |         | 32.69 | 1:11.56 |
| AFGEM | Teun Verschure     | De IJsselmeeuwen        | 1:10.45 | 200902763 |         |       |         |

Jeugd 1 en 2

|       |                       |                  |         |           |  |       |         |
|-------|-----------------------|------------------|---------|-----------|--|-------|---------|
| 1.    | Odo McCarthy          | ZV Overbetuwe    | 58.21   | 200700307 |  | 28.41 | 58.18   |
| 2.    | Timo Bourgonje        | SG Octopus - ZVV | 1:00.71 | 200700599 |  | 27.97 | 58.22   |
| 3.    | Kjetil van Gasteren   | Olympia          | 59.55   | 200600405 |  | 28.05 | 1:00.14 |
| 4.    | Rutger van der Knijff | De Vrije Slag    | 1:00.90 | 200600541 |  | 28.92 | 1:00.47 |
| 5.    | Tim Looijen           | Wahoo Swimming   | 1:02.39 | 200700325 |  | 28.93 | 1:00.51 |
| 6.    | Thijs Pijl            | Flevo            | 1:02.32 | 200601979 |  | 29.59 | 1:02.36 |
| 7.    | Kai Ticheloven        | NDD              | 1:04.34 | 200600941 |  | 30.41 | 1:04.83 |
| 8.    | Joost Pollmann        | ZV Overbetuwe    | 1:09.51 | 200603521 |  | 32.33 | 1:07.70 |
| AFGEM | Kaj Folkerts          | De Rijn          | 59.01   | 200700067 |  |       |         |

Senioren 1 en 2

|    |                 |                      |         |           |  |       |         |
|----|-----------------|----------------------|---------|-----------|--|-------|---------|
| 1. | Cassian Janssen | RZC                  | 58.29   | 200500331 |  | 29.16 | 58.90   |
| 2. | Jorim Hebbink   | De Berkelduikers     | 59.11   | 200401957 |  | 28.29 | 59.25   |
| 3. | Phi Pham        | De Vrije Slag        | 1:02.24 | 200400899 |  | 29.41 | 1:01.01 |
| 4. | Gerrit Rochat   | RZC                  | 1:03.76 | 200500393 |  | 29.91 | 1:02.53 |
| 5. | Tobias Huizing  | Neptunus             | 1:02.49 | 200502115 |  | 30.66 | 1:03.03 |
| 6. | Rick Hermans    | SG Wijchen-Gelenberg | 1:04.39 | 200501793 |  | 31.36 | 1:04.98 |

Senioren

|     |                   |                      |         |           |  |       |         |
|-----|-------------------|----------------------|---------|-----------|--|-------|---------|
| 1.  | Thijs de Geus     | Olympia              | 55.40   | 200200349 |  | 26.62 | 54.95   |
| 2.  | Joop Tuppe        | TZC Vahalis          | 56.75   | 200100581 |  | 26.26 | 55.70   |
| 3.  | Rick Theunissen   | SG Wijchen-Gelenberg | 56.09   | 200101257 |  | 27.12 | 57.01   |
| 4.  | Rik Schipper      | De Vrije Slag        | 57.31   | 199901121 |  | 26.93 | 57.01   |
| 5.  | Ivar Regelink     | DWV                  | 57.79   | 200102707 |  | 27.30 | 57.81   |
| 6.  | Tim de Vrught     | ESCA Zwemmen         | 58.14   | 199306719 |  | 27.79 | 58.02   |
| 7.  | Delano Weijn      | Aquapoldro           | 58.88   | 200003965 |  | 28.52 | 59.59   |
| 8.  | Bartho Visser     | Triton Putten        | 1:01.23 | 200005595 |  | 29.61 | 1:01.09 |
| 9.  | Remco van Krieken | Wahoo Swimming       | 1:03.46 | 200300325 |  | 30.08 | 1:01.57 |
| 10. | Renzo Meester     | Flevo                | 1:01.13 | 200202897 |  | 29.35 | 1:02.25 |
| 11. | Alex Vermeulen    | Aquapoldro           | 59.82   | 198905811 |  | 29.45 | 1:03.01 |
| 12. | Mattias Meijers   | RZC                  | 1:03.33 | 200001975 |  | 29.97 | 1:03.11 |
| 13. | Bart Maas         | SG Wijchen-Gelenberg | 1:00.32 | 199901777 |  | 30.03 | 1:04.62 |
| DIS | Jack Beaujon      | Olympia              | 56.55   | 200304251 |  |       |         |

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Programmanr. 504  
22/6/2024 - 15:46

Dames, 50m schoolslag

Dames, All-in  
Resultaten

| rang            | naam                 | vereniging       | intijd | tijd      | RT | Para  |
|-----------------|----------------------|------------------|--------|-----------|----|-------|
| Junioren 1 en 2 |                      |                  |        |           |    |       |
| 1.              | Eva Spelt            | DWK              | 44.53  | 201100878 |    | 42.39 |
| 2.              | Meila Broenink       | Batavia Swim     | 44.24  | 201102332 |    | 43.60 |
| 3.              | Naomi Bits           | TZC Vahalis      | 45.43  | 201100908 |    | 43.67 |
| 4.              | Femke Mandema        | Flevo            | 48.06  | 201100396 |    | 43.69 |
| 5.              | Nikita van den Berg  | SG Octopus - ZVV | 45.33  | 201102130 |    | 44.49 |
| 6.              | Isabelle Meeuwenberg | De Rijn          | 46.48  | 201200086 |    | 45.79 |
| 7.              | Sofie Besselink      | Montferland      | 46.89  | 201103120 |    | 45.94 |
| 8.              | Eloise Gerringa      | Batavia Swim     | 48.84  | 201200548 |    | 46.26 |
| 9.              | Emma Kronenburg      | ZV Overbetuwe    | 47.82  | 201202454 |    | 47.10 |
| 10.             | Isa Ligtermoet       | Triton Putten    | 49.75  | 201200310 |    | 47.12 |
| 11.             | Eliza Fokkink        | NDD              | 46.79  | 201102008 |    | 47.34 |
| 12.             | Sanne Eilander       | SG Octopus - ZVV | 48.27  | 201102514 |    | 47.47 |
| 13.             | Jynthe Koppenaar     | RZC              | 50.26  | 201200396 |    | 48.35 |

Programmanr. 504, Meisjes, 50m schoolslag, Junioren 1 en 2

| rang  | naam   | vereniging  | intijd |           | tijd | RT | Para |
|-------|--|-------------|--------|-----------|------|----|------|
| DIS   | Caro Uyttenboogaart  | NDD         | 49.62  | 201101610 |      |    |      |
|       | <i>SA - Na start en/of keerpunt niet met het hoofd het wateroppervlak doorbroken, voordat bij het wijdste gedeelte v.d. 2e armsglag de handen naar binnen beginnen te draaien.</i> |             |        |           |      |    |      |
| DIS   | Djinthe Verweij  | TZC Vahalis | 48.04  | 201200590 |      |    |      |
|       | <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i>   |             |        |           |      |    |      |
| AFGEM | Nynke Roerdink   | Livo        | 48.91  | 201200428 |      |    |      |

Junioren 3 en 4

|       |                       |                          |       |           |              |  |  |
|-------|-----------------------|--------------------------|-------|-----------|--------------|--|--|
| 1.    | Robin van Beek        | Aquapoldro               | 39.92 | 200903518 | <b>39.62</b> |  |  |
| 2.    | Ilse Krabben          | Livo                     | 39.61 | 200902304 | <b>39.93</b> |  |  |
| 3.    | Iris Meijer           | RZC                      | 41.63 | 201000614 | <b>40.21</b> |  |  |
| 4.    | Nienke Luttkholt      | Groenlose Zwemvereniging | 42.45 | 201002396 | <b>41.28</b> |  |  |
| 5.    | Enieke Lijftogt       | De Vrije Slag            | 43.42 | 201001322 | <b>41.73</b> |  |  |
| 6.    | Veera Yntema          | Groenlose Zwemvereniging | 44.67 | 200904330 | <b>42.16</b> |  |  |
| 7.    | Milouck Frunt         | DWK                      | 44.23 | 200901664 | <b>42.77</b> |  |  |
| 8.    | Pleun Schouten        | De IJsselmeeuwen         | 43.23 | 201002106 | <b>42.92</b> |  |  |
| 9.    | Liss Wakker           | De Rijn                  | 42.64 | 201000140 | <b>43.68</b> |  |  |
| 10.   | Lana Zuidwijk         | Neptunus                 | 43.43 | 201001988 | <b>45.02</b> |  |  |
| 11.   | Sanne Wolsheimer      | De IJsselmeeuwen         | 46.82 | 200901646 | <b>46.62</b> |  |  |
| 12.   | Evelyne Nas           | NDD                      | 47.02 | 200902066 | <b>47.69</b> |  |  |
| 13.   | Annelot Thijssen      | NDD                      | 45.55 | 201002186 | <b>48.14</b> |  |  |
| AFGEM | Jolijn van de Burgwal | DWK                      | 46.42 | 200903594 |              |  |  |
| AFGEM | Eva Eikelboom         | SG Octopus - ZVV         | 42.65 | 200903718 |              |  |  |
| NG    | Tessa Zevenbergen     | Aquapoldro               | 45.76 | 201002662 |              |  |  |

Jeugd 1 en 2

|     |                       |                  |       |           |              |      |  |
|-----|-----------------------|------------------|-------|-----------|--------------|------|--|
| 1.  | Danique van de Werken | De Meer          | 38.61 | 200701672 | <b>37.94</b> |      |  |
| 2.  | Jinte van Ginkel      | DWK              | 39.33 | 200701286 | <b>39.31</b> |      |  |
| 3.  | Daphne van der Wielen | Olympia          | 40.67 | 200800220 | <b>39.78</b> |      |  |
| 4.  | Mandy Siebelink       | ESCA Zwemmen     | 39.75 | 200700582 | <b>39.86</b> |      |  |
| 5.  | Nynke van Leeuwen     | De Berkelduikers | 40.61 | 200701272 | <b>39.89</b> |      |  |
| 6.  | Jet Rötter            | Livo             | 40.87 | 200803192 | <b>40.27</b> |      |  |
| 7.  | Elise van der Wielen  | Olympia          | 40.60 | 200700346 | <b>40.46</b> |      |  |
| 8.  | Tess Wakker           | De Rijn          | 41.98 | 200700154 | <b>40.63</b> |      |  |
| 9.  | Britt Hopman          | SG Octopus - ZVV | 40.54 | 200702688 | <b>41.27</b> |      |  |
| 10. | Izzi Klomp            | DWV              | 41.74 | 200802558 | <b>42.45</b> | FJ 1 |  |
| 11. | Inke Versluis         | Olympia          | 41.06 | 200800218 | <b>42.45</b> | FJ 2 |  |
| 12. | Dana Eelderink        | De Berkelduikers | 39.63 | 200803086 | <b>42.66</b> |      |  |
| NG  | Ilse Hoentjen         | De Berkelduikers | 42.39 | 200802580 |              |      |  |

Senioren 1 en 2

|       |                     |                  |         |           |                |  |  |
|-------|---------------------|------------------|---------|-----------|----------------|--|--|
| 1.    | Britt Meisner       | SG Octopus - ZVV | 39.02   | 200600658 | <b>37.20</b>   |  |  |
| 2.    | Kayleigh van Vliet  | TZC Vahalis      | 37.29   | 200604982 | <b>37.46</b>   |  |  |
| 3.    | Pien Ooijman        | De Berkelduikers | 40.33   | 200504500 | <b>39.19</b>   |  |  |
| 4.    | Merith Janssen      | RZC              | 41.07   | 200600106 | <b>39.29</b>   |  |  |
| 5.    | Anna Kamphuis       | DWK              | 41.30   | 200600334 | <b>40.11</b>   |  |  |
| 6.    | Jennifer Helmink    | Montferland      | 41.93   | 200502524 | <b>41.23</b>   |  |  |
| 7.    | Azra Guler          | NDD              | 40.97   | 200503054 | <b>41.89</b>   |  |  |
| 8.    | Cato Wiggers        | RZC              | 41.45   | 200602170 | <b>43.11</b>   |  |  |
| 9.    | Megan Wierda        | Olympia          | 45.01   | 200500454 | <b>43.56</b>   |  |  |
| 10.   | Lois Hofman         | SG Octopus - ZVV | 44.18   | 200602040 | <b>44.75</b>   |  |  |
| 11.   | Madelief van Steeg  | Triton Putten    | 45.13   | 200602602 | <b>45.48</b>   |  |  |
| 12.   | Daphne Jonkers      | De IJsselmeeuwen | 1:03.20 | 200605288 | <b>1:09.75</b> |  |  |
| AFGEM | Kyra van Veenhuizen | Triton Putten    | 44.48   | 200601032 |                |  |  |

Senioren

|    |                       |                  |       |           |              |      |  |
|----|-----------------------|------------------|-------|-----------|--------------|------|--|
| 1. | Moniek van Langevelde | ESCA Zwemmen     | 35.55 | 199803160 | <b>36.42</b> |      |  |
| 2. | Elmi Roelofsen        | SG Octopus - ZVV | 35.94 | 199008198 | <b>36.66</b> |      |  |
| 3. | Merel van den Heuvel  | De Meer          | 37.42 | 200201784 | <b>37.09</b> |      |  |
| 4. | Britt Biemans         | Olympia          | 37.87 | 200400080 | <b>38.09</b> | FJ 1 |  |
| 5. | Sanne Landman         | ESCA Zwemmen     | 37.22 | 200304762 | <b>38.09</b> | FJ 2 |  |
| 6. | Chantal van der Horst | De Meer          | 37.70 | 199400616 | <b>38.09</b> | FJ 3 |  |
| 7. | Imogen Oldfield       | RZC              | 38.35 | 199806046 | <b>38.20</b> |      |  |
| 8. | Isa van Ditshuizen    | De Berkelduikers | 38.95 | 200201002 | <b>38.60</b> |      |  |

Programmanr. 504, Dames, 50m schoolslag, Senioren

| rang  | naam                 | vereniging       | intijd |           | tijd         | RT | Para |
|-------|----------------------|------------------|--------|-----------|--------------|----|------|
| 9.    | Esther van Maastrigt | Montferland      | 39.34  | 198802836 | <b>39.45</b> |    |      |
| 10.   | Sheila ten Voorde    | SG Octopus - ZVV | 39.08  | 199904538 | <b>39.63</b> |    |      |
| 11.   | Welmoed Doornbos     | De IJsselmeewen  | 38.75  | 200203352 | <b>39.98</b> |    |      |
| 12.   | Leonie Veldhuis      | SG Octopus - ZVV | 40.62  | 200301768 | <b>41.86</b> |    |      |
| AFGEM | Nienke Lammers       | De Rijn          | 41.25  | 200200806 |              |    |      |
| AFGEM | Marit Westerlaken    | De Vrije Slag    | 45.54  | 200200156 |              |    |      |

Programmanr. 505  
22/6/2024 - 16:01

Heren, 50m vlinderslag

Heren, All-in  
Resultaten

| rang                   | naam                | vereniging       | intijd |           | tijd         | RT   | Para |
|------------------------|---------------------|------------------|--------|-----------|--------------|------|------|
| <b>Junioren 1 en 2</b> |                     |                  |        |           |              |      |      |
| 1.                     | Tergel Naagii       | SG Octopus - ZVV | 36.07  | 201002253 | <b>33.50</b> |      |      |
| 2.                     | Daan Abrahamse      | De Vrije Slag    | 36.73  | 201001869 | <b>35.43</b> |      |      |
| 3.                     | Barna Esmat         | Aquapoldro       | 37.10  | 201000125 | <b>35.91</b> |      |      |
| 4.                     | Retief van Gasteren | Olympia          | 39.13  | 201000067 | <b>36.46</b> |      |      |
| 5.                     | Giao Bao Pham       | De Vrije Slag    | 37.87  | 201001095 | <b>36.51</b> | FJ 1 |      |
| 6.                     | Joshua Ortiz Ramos  | NDD              | 37.20  | 201001677 | <b>36.51</b> | FJ 2 |      |
| 7.                     | Aurel Starink       | NDD              | 42.09  | 201100793 | <b>38.66</b> |      |      |
| 8.                     | Justin Peters       | NDD              | 49.69  | 201101639 | <b>40.03</b> |      |      |
| 9.                     | Henk Mostert        | De Vrije Slag    | 40.31  | 201000231 | <b>40.75</b> |      |      |
| 10.                    | Rashed Al Mardini   | De Vrije Slag    | 38.16  | 201001231 | <b>41.12</b> |      |      |
| 11.                    | Sjors Pijl          | Flevo            | 44.37  | 201100865 | <b>41.39</b> |      |      |
| 12.                    | Tygo Spaan          | ZV Overbetuwe    | 51.79  | 201100605 | <b>57.57</b> |      |      |
| AFGEM                  | Kick Tomassen       | De Berkelduikers | 54.46  | 201102953 |              |      |      |

**Junioren 3 en 4**

|     |                      |                          |       |           |              |  |  |
|-----|----------------------|--------------------------|-------|-----------|--------------|--|--|
| 1.  | Enna Lamers          | ZV Overbetuwe            | 32.54 | 200800899 | <b>30.68</b> |  |  |
| 2.  | Stijn de Lange       | SG Wijchen-Gelenberg     | 33.03 | 200901397 | <b>31.30</b> |  |  |
| 3.  | Max van Gasteren     | Olympia                  | 32.21 | 200800005 | <b>32.90</b> |  |  |
| 4.  | Ruben Zirkzee        | De Meer                  | 33.87 | 200900571 | <b>33.50</b> |  |  |
| 5.  | Damiän van den Anker | RZC                      | 32.67 | 200802079 | <b>33.59</b> |  |  |
| 6.  | Fabian Bruil         | Aquapoldro               | 35.67 | 200900533 | <b>33.67</b> |  |  |
| 7.  | Stijn Krol           | Aquapoldro               | 34.10 | 200804011 | <b>33.96</b> |  |  |
| 8.  | Timon Wierper        | De Vrije Slag            | 34.94 | 200801573 | <b>35.01</b> |  |  |
| 9.  | Thymo Smits          | Livo                     | 35.36 | 200802073 | <b>35.10</b> |  |  |
| 10. | Stijn Meisner        | SG Octopus - ZVV         | 35.54 | 200900017 | <b>35.12</b> |  |  |
| 11. | Daniël Heutinck      | Groenlose Zwemvereniging | 36.36 | 200903011 | <b>36.46</b> |  |  |
| 12. | Kosta Sidiropoulos   | Triton Putten            | 38.38 | 200902793 | <b>38.23</b> |  |  |

**Jeugd 1 en 2**

|       |                     |                  |       |           |              |  |  |
|-------|---------------------|------------------|-------|-----------|--------------|--|--|
| 1.    | Odo McCarthy        | ZV Overbetuwe    | 29.84 | 200700307 | <b>29.48</b> |  |  |
| 2.    | Tim Looijen         | Wahoo Swimming   | 30.25 | 200700325 | <b>29.74</b> |  |  |
| 3.    | Kjetil van Gasteren | Olympia          | 31.11 | 200600405 | <b>30.57</b> |  |  |
| 4.    | Kai Ticheloven      | NDD              | 32.26 | 200600941 | <b>30.73</b> |  |  |
| 5.    | Timo Bourgonje      | SG Octopus - ZVV | 31.11 | 200700599 | <b>31.09</b> |  |  |
| 6.    | Thijs Pijl          | Flevo            | 31.96 | 200601979 | <b>31.78</b> |  |  |
| 7.    | Jorinus Luitjes     | Triton Putten    | 33.80 | 200603947 | <b>32.69</b> |  |  |
| 8.    | Joost Pollmann      | ZV Overbetuwe    | 36.13 | 200603521 | <b>35.38</b> |  |  |
| 9.    | Machiel de Gier     | De Vrije Slag    | 41.20 | 200704037 | <b>39.86</b> |  |  |
| AFGEM | Kaj Folkerts        | De Rijn          | 30.55 | 200700067 |              |  |  |
| NG    | Andrew Evertsz      | Neptunus         | 31.57 | 200701147 |              |  |  |

**Senioren 1 en 2**

|    |               |                      |       |           |              |  |  |
|----|---------------|----------------------|-------|-----------|--------------|--|--|
| 1. | Dries Mostert | DWK                  | 29.35 | 200400995 | <b>29.07</b> |  |  |
| 2. | Jorim Hebbink | De Berkelduikers     | 28.85 | 200401957 | <b>29.61</b> |  |  |
| 3. | Phi Pham      | De Vrije Slag        | 31.14 | 200400899 | <b>31.44</b> |  |  |
| 4. | Rick Hermans  | SG Wijchen-Gelenberg | 31.15 | 200501793 | <b>31.47</b> |  |  |



Programmanr. 505, Heren, 50m vlinderslag

Senioren

|     |                 |                      |       |           |                   |
|-----|-----------------|----------------------|-------|-----------|-------------------|
| 1.  | Hans Stoffers   | DWK                  | 27.28 | 199604027 | <b>27.83</b>      |
| 2.  | Mike Schel      | ESCA Zwemmen         | 27.86 | 199403279 | <b>28.00</b>      |
| 3.  | Jack Beaujon    | Olympia              | 27.48 | 200304251 | <b>28.15</b>      |
| 4.  | Mees Laar       | ESCA Zwemmen         | 28.01 | 199601719 | <b>28.31</b>      |
| 5.  | Rik Schipper    | De Vrije Slag        | 28.16 | 199901121 | <b>28.67</b>      |
| 6.  | Tim de Vrugt    | ESCA Zwemmen         | 29.26 | 199306719 | <b>29.32</b>      |
| 7.  | Renzo Meester   | Flevo                | 29.68 | 200202897 | <b>29.57</b> FJ 1 |
| 8.  | Delano Weijn    | Aquapoldro           | 29.07 | 200003965 | <b>29.57</b> FJ 2 |
| 9.  | Joop Tuppe      | TZC Vahalis          | 29.84 | 200100581 | <b>29.76</b>      |
| 10. | Rick Theunissen | SG Wijchen-Gelenberg | 27.87 | 200101257 | <b>29.77</b>      |
| 11. | Bart Maas       | SG Wijchen-Gelenberg | 28.32 | 199901777 | <b>29.85</b>      |
| 12. | Ivar Regelink   | DWV                  | 29.17 | 200102707 | <b>30.32</b>      |
| 13. | Alex Vermeulen  | Aquapoldro           | 29.68 | 198905811 | <b>30.78</b>      |
| 14. | Bartho Visser   | Triton Putten        | 30.28 | 200005595 | <b>31.00</b>      |

Programmanr. 506  
22/6/2024 - 16:12

Meisjes, 4 x 100m wisselslag  
wordt samen gezwommen met 507

Junioren  
Resultaten

| rang  | vereniging         | intijd           | tijd           | RT      | Para             |         |
|-------|--------------------|------------------|----------------|---------|------------------|---------|
| 1.    | DWK 1              | DWK              | <b>5:32.36</b> |         |                  |         |
|       | Milouck Frunt      | 09               | 38.38          | 1:17.67 | Sofie van Poecke |         |
|       | Eva Spelt          | 11               | 43.41          | 1:34.75 | Linde Bakkenes   |         |
|       |                    |                  |                | 10      | 37.07            | 1:21.84 |
|       |                    |                  |                | 12      | 36.70            | 1:18.10 |
| 2.    | De IJsselmeewen 1  | De IJsselmeewen  | <b>6:25.42</b> |         |                  |         |
|       | Elize Horstman     | 12               | 46.75          | 1:40.36 | Sanne Wolsheimer |         |
|       | Pleun Schouten     | 10               | 44.16          | 1:33.86 | Christa Horstman |         |
|       |                    |                  |                | 09      | 44.71            | 1:46.65 |
|       |                    |                  |                | 09      | 38.96            | 1:24.55 |
| AFGEM | Aquapoldro 1       | Aquapoldro       | 5:57.19        |         |                  |         |
| AFGEM | Livo 1             | Livo             | 6:06.99        |         |                  |         |
| AFGEM | SG Octopus - ZVV 1 | SG Octopus - ZVV | 5:45.05        |         |                  |         |

Programmanr. 507  
22/6/2024 - 16:19

Jongens, 4 x 100m wisselslag  
wordt samen gezwommen met 506

Junioren  
Resultaten

| rang | vereniging  | intijd        | tijd           | RT      | Para                  |         |
|------|---|---------------|----------------|---------|-----------------------|---------|
| 1.   | Olympia 1   | Olympia       | <b>4:58.55</b> |         |                       |         |
|      | Gerco van Dijk  | 10            | 36.68          | 1:16.24 | Jelmer Kruijt         |         |
|      | Mees van der Burg   | 09            | 37.77          | 1:23.20 | Max van Gasteren      |         |
|      |   |               |                | 09      | 32.29                 | 1:10.83 |
|      |   |               |                | 08      | 31.41                 | 1:08.28 |
| 2.   | Aquapoldro 1  | Aquapoldro    | <b>5:21.42</b> |         |                       |         |
|      | Stijn Krol  | 08            | 35.77          | 1:14.09 | Fabian Bruil          |         |
|      | Barna Esmat   | 10            | 42.33          | 1:32.82 | Koen Stevens O'Reilly |         |
|      |   |               |                | 09      | 36.69                 | 1:23.64 |
|      |   |               |                | 08      | 33.22                 | 1:10.87 |
| DIS  | De Vrije Slag 1   | De Vrije Slag | 5:11.52        |         |                       |         |
|      | <i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i> |               |                |         |                       |         |
|      | Daan Abrahamse, Levi Simonse, Timon Wierper, Brian Blankespoor                    |               |                |         |                       |         |

Programmanr. 508  
22/6/2024 - 16:40

Dames, 50m vrije slag

Dames, All-in  
Resultaten

| rang                   | naam                 | vereniging       | intijd | tijd      | RT           | Para |
|------------------------|----------------------|------------------|--------|-----------|--------------|------|
| <b>Junioren 1 en 2</b> |                      |                  |        |           |              |      |
| 1.                     | Anna Berkhout        | TZC Vahalis      | 34.20  | 201100080 | <b>33.17</b> |      |
| 2.                     | Sanne Eilander       | SG Octopus - ZVV | 34.67  | 201102514 | <b>33.47</b> |      |
| 3.                     | Melissa ter Horst    | ZV Overbetuwe    | 34.49  | 201100678 | <b>33.60</b> |      |
| 4.                     | Gerlin van de Krol   | DWK              | 35.21  | 201101412 | <b>33.82</b> |      |
| 5.                     | Tess Wolterink       | Livo             | 34.46  | 201101148 | <b>34.06</b> |      |
| 6.                     | Nikita van den Berg  | SG Octopus - ZVV | 35.11  | 201102130 | <b>34.49</b> |      |
| 7.                     | Kensi de Lange       | De Meer          | 34.57  | 201100276 | <b>34.72</b> |      |
| 8.                     | Linde Bakkenes       | DWK              | 38.37  | 201201662 | <b>35.27</b> |      |
| 9.                     | Isabelle Meeuwenberg | De Rijn          | 36.11  | 201200086 | <b>35.55</b> |      |
| 10.                    | Djinthe Verweij      | TZC Vahalis      | 36.99  | 201200590 | <b>35.56</b> |      |
| 11.                    | Jynthe Koppelaar     | RZC              | 35.99  | 201200396 | <b>37.01</b> |      |

Programmanr. 508, Meisjes, 50m vrije slag, Junioren 1 en 2

| rang  | naam            | vereniging    | intijd |           | tijd         | RT | Para |
|-------|-----------------|---------------|--------|-----------|--------------|----|------|
| 12.   | Eloise Gerringa | Batavia Swim  | 39.37  | 201200548 | <b>37.18</b> |    |      |
| 13.   | Isa Ligtermoet  | Triton Putten | 38.22  | 201200310 | <b>37.59</b> |    |      |
| AFGEM | Nynke Roerdink  | Livo          | 35.04  | 201200428 |              |    |      |

Junioren 3 en 4

|       |                      |                          |       |           |              |      |  |
|-------|----------------------|--------------------------|-------|-----------|--------------|------|--|
| 1.    | Froukje van Leeuwen  | De Berkelduikers         | 30.98 | 200901208 | <b>31.07</b> |      |  |
| 2.    | Ilse Krabben         | Livo                     | 31.60 | 200902304 | <b>31.54</b> | FJ 1 |  |
| 3.    | Ruby Hut             | Wahoo Swimming           | 32.54 | 200901842 | <b>31.54</b> | FJ 2 |  |
| 4.    | Pleun Schouten       | De IJsselmeeuwen         | 31.60 | 201002106 | <b>31.78</b> |      |  |
| 5.    | Enieke Lijftogt      | De Vrije Slag            | 32.80 | 201001322 | <b>31.80</b> |      |  |
|       | Megan Stalenhoef     | TZC Vahalis              | 32.32 | 201002606 | <b>31.80</b> |      |  |
| 7.    | Lenore Donker        | NDD                      | 32.17 | 201000080 | <b>31.88</b> |      |  |
| 8.    | Robin van Beek       | Aquapoldro               | 31.45 | 200903518 | <b>32.17</b> |      |  |
| 9.    | Nienke Lutikholt     | Groenlose Zwemvereniging | 34.21 | 201002396 | <b>32.97</b> |      |  |
| 10.   | Sophie van der Horst | Flevo                    | 33.45 | 201000246 | <b>34.02</b> |      |  |
| 11.   | Veera Yntema         | Groenlose Zwemvereniging | 33.23 | 200904330 | <b>34.28</b> |      |  |
| 12.   | Evelyne Nas          | NDD                      | 33.91 | 200902066 | <b>34.68</b> |      |  |
| 13.   | Sanne Wolsheimer     | De IJsselmeeuwen         | 34.01 | 200901646 | <b>34.85</b> |      |  |
| AFGEM | Milouck Frunt        | DWK                      | 32.32 | 200901664 |              |      |  |
| AFGEM | Britt Tjou-Tam-Sin   | RZC                      | 33.60 | 201000336 |              |      |  |
| AFGEM | Eva Eikelboom        | SG Octopus - ZVV         | 32.14 | 200903718 |              |      |  |
| AFGEM | Pien van Niersen     | SG Octopus - ZVV         | 33.64 | 201001610 |              |      |  |

Jeugd 1 en 2

|       |                       |                  |       |           |              |      |  |
|-------|-----------------------|------------------|-------|-----------|--------------|------|--|
| 1.    | Nicole Groeneveld     | Batavia Swim     | 30.83 | 200804824 | <b>30.13</b> |      |  |
| 2.    | Jinte van Ginkel      | DWK              | 30.41 | 200701286 | <b>30.45</b> |      |  |
| 3.    | Laura Volkers         | DWK              | 30.37 | 200800056 | <b>30.56</b> |      |  |
| 4.    | Merle Baumeister      | ESCA Zwemmen     | 30.97 | 200803026 | <b>30.58</b> | FJ 1 |  |
| 5.    | Daphne van der Wielen | Olympia          | 31.08 | 200800220 | <b>30.58</b> | FJ 2 |  |
| 6.    | Danique van de Werken | De Meer          | 30.86 | 200701672 | <b>30.63</b> |      |  |
| 7.    | Britt Hopman          | SG Octopus - ZVV | 30.23 | 200702688 | <b>30.83</b> |      |  |
| 8.    | Frédérique Beenen     | Aquapoldro       | 30.84 | 200804444 | <b>31.02</b> |      |  |
| 9.    | Tess Wakker           | De Rijn          | 31.03 | 200700154 | <b>31.06</b> |      |  |
| 10.   | Jet Rötter            | Livo             | 31.13 | 200803192 | <b>31.94</b> |      |  |
| 11.   | Dana Eelderink        | De Berkelduikers | 29.72 | 200803086 | <b>32.41</b> |      |  |
| 12.   | Sophie Hoekstra       | Triton Putten    | 32.21 | 200802594 | <b>32.61</b> |      |  |
| 13.   | Elise van der Wielen  | Olympia          | 32.92 | 200700346 | <b>33.50</b> |      |  |
| AFGEM | Inke Versluis         | Olympia          | 32.20 | 200800218 |              |      |  |

Senioren 1 en 2

|       |                        |                  |       |           |              |  |  |
|-------|------------------------|------------------|-------|-----------|--------------|--|--|
| 1.    | Merith Janssen         | RZC              | 29.49 | 200600106 | <b>29.56</b> |  |  |
| 2.    | Britt Meisner          | SG Octopus - ZVV | 31.06 | 200600658 | <b>30.02</b> |  |  |
| 3.    | Pien Ooijman           | De Berkelduikers | 30.78 | 200504500 | <b>30.50</b> |  |  |
| 4.    | Senna Levering         | DWK              | 29.68 | 200603892 | <b>30.52</b> |  |  |
| 5.    | Azra Guler             | NDD              | 29.98 | 200503054 | <b>30.67</b> |  |  |
| 6.    | Anna Kamphuis          | DWK              | 31.29 | 200600334 | <b>30.81</b> |  |  |
| 7.    | Sabine Uytdewilligen   | ESCA Zwemmen     | 31.03 | 200502654 | <b>31.04</b> |  |  |
| 8.    | Luna Uytdewilligen     | ESCA Zwemmen     | 31.28 | 200601922 | <b>31.05</b> |  |  |
| 9.    | Kayleigh van Vliet     | TZC Vahalis      | 32.20 | 200604982 | <b>32.17</b> |  |  |
| 10.   | Megan Wierda           | Olympia          | 32.73 | 200500454 | <b>32.68</b> |  |  |
| 11.   | Jennifer Helmink       | Montferland      | 32.86 | 200502524 | <b>33.33</b> |  |  |
| 12.   | Jolijn van der Toorren | Triton Putten    | 33.54 | 200604980 | <b>34.30</b> |  |  |
| 13.   | Lois Hofman            | SG Octopus - ZVV | 32.83 | 200602040 | <b>34.79</b> |  |  |
| AFGEM | M. Wolff van Wülfing   | Proteus          | 30.21 | 200501330 |              |  |  |
| AFGEM | Sterre Karmiggelt      | De IJsselmeeuwen | 31.63 | 200601786 |              |  |  |

Senioren

|    |                      |                  |       |           |              |  |  |
|----|----------------------|------------------|-------|-----------|--------------|--|--|
| 1. | Merel van den Heuvel | De Meer          | 29.33 | 200201784 | <b>28.87</b> |  |  |
| 2. | Sanne Landman        | ESCA Zwemmen     | 29.27 | 200304762 | <b>29.33</b> |  |  |
| 3. | Welmoed Doornbos     | De IJsselmeeuwen | 29.74 | 200203352 | <b>29.69</b> |  |  |
| 4. | Sheila ten Voorde    | SG Octopus - ZVV | 29.84 | 199904538 | <b>29.79</b> |  |  |
| 5. | Nienke Verploeg      | Olympia          | 30.60 | 200000438 | <b>30.02</b> |  |  |
| 6. | Rose Lether          | ESCA Zwemmen     | 30.29 | 200403330 | <b>30.14</b> |  |  |
| 7. | Laura ter Stege      | CWW Swimteam     | 29.75 | 199602364 | <b>30.18</b> |  |  |
| 8. | Ellen ter Stege      | ESCA Zwemmen     | 30.26 | 199900604 | <b>30.20</b> |  |  |

Programmanr. 508, Dames, 50m vrije slag, Senioren

| rang  | naam                | vereniging       | intijd |           | tijd         | RT | Para |
|-------|---------------------|------------------|--------|-----------|--------------|----|------|
| 9.    | Iris van Gijtenbeek | De Berkelduikers | 30.41  | 200001636 | <b>30.40</b> |    |      |
| 10.   | Britt Biemans       | Olympia          | 30.83  | 200400080 | <b>30.43</b> |    |      |
| 11.   | Chimene Gommans     | Olympia          | 30.36  | 200304396 | <b>30.62</b> |    |      |
| 12.   | Isa van Ditshuizen  | De Berkelduikers | 30.38  | 200201002 | <b>30.85</b> |    |      |
| 13.   | Hannah Elting       | ESCA Zwemmen     | 30.62  | 200402702 | <b>30.90</b> |    |      |
| AFGEM | Aniek Garritsen     | De IJsselmeeuwen | 28.90  | 199504290 |              |    |      |
| AFGEM | Nienke Lammers      | De Rijn          | 30.40  | 200200806 |              |    |      |

Programmanr. 509  
22/6/2024 - 16:53

Heren, 100m schoolslag

Heren, All-in  
Resultaten

| rang   | naam                | vereniging       | intijd  | tijd      | RT             | Para | 50m   | 100m    |
|--|---------------------|------------------|---------|-----------|----------------|------|-------|---------|
| <b>Junioren 1 en 2</b>                                       |                     |                  |         |           |                |      |       |         |
| 1.   | Daniël Hofman       | SG Octopus - ZVV | 1:27.25 | 201000417 | <b>1:22.03</b> |      | 38.76 | 1:22.03 |
| 2.   | Fynn Montagne       | De Meer          | 1:26.14 | 201001155 | <b>1:24.06</b> |      | 39.81 | 1:24.06 |
| 3.   | Jesse Jolink        | ESCA Zwemmen     | 1:32.52 | 201000401 | <b>1:29.17</b> |      | 42.25 | 1:29.17 |
| 4.   | Tergel Naagii       | SG Octopus - ZVV | 1:33.14 | 201002253 | <b>1:30.42</b> |      | 42.85 | 1:30.42 |
| 5.   | Daan Abrahamse      | De Vrije Slag    | 1:29.55 | 201001869 | <b>1:30.92</b> |      | 42.12 | 1:30.92 |
| 6.   | Barna Esmat         | Aquapoldro       | 1:32.09 | 201000125 | <b>1:31.49</b> |      | 42.79 | 1:31.49 |
| 7.   | Joshua Ortiz Ramos  | NDD              | 1:34.48 | 201001677 | <b>1:32.38</b> |      | 43.30 | 1:32.38 |
| 8.   | Rashed Al Mardini   | De Vrije Slag    | 1:32.42 | 201001231 | <b>1:37.99</b> |      | 44.68 | 1:37.99 |
| 9.   | Sjors Pijl          | Flevo            | 1:44.16 | 201100865 | <b>1:38.22</b> |      | 47.66 | 1:38.22 |
| 10.  | Aurel Starink       | NDD              | 1:44.39 | 201100793 | <b>1:38.98</b> |      | 46.32 | 1:38.98 |
| 11.  | Tim Claassens       | ZV Zaltbommel    | 1:30.75 | 201001303 | <b>1:39.35</b> |      | 43.13 | 1:39.35 |
| 12.  | Manuel Meijers      | De Rijn          | 1:37.65 | 201002289 | <b>1:39.39</b> |      | 47.14 | 1:39.39 |
| 13.  | Loáye Ben Chaikh    | TZC Vahalis      | 1:45.37 | 201100439 | <b>1:42.94</b> |      | 48.71 | 1:42.94 |
| 14.  | Thijn Schwartz      | De IJsselmeeuwen | 1:49.58 | 201102361 | <b>1:46.37</b> |      | 49.26 | 1:46.37 |
| 15.  | Kane van Middendorp | DWK              | 1:50.83 | 201101537 | <b>1:47.75</b> |      | 50.92 | 1:47.75 |
| DIS  | Tygo Spaan          | ZV Overbetuwe    | 1:47.16 | 201100605 |                |      |       |         |
| <i>SL - Het keer- en/of eindpunt met één hand aangetikt.</i> |                     |                  |         |           |                |      |       |         |
| AFGEM  | Kick Tomassen       | De Berkelduikers | 1:49.17 | 201102953 |                |      |       |         |

**Junioren 3 en 4**

|     |                       |                      |         |           |                |  |       |         |
|-----|-----------------------|----------------------|---------|-----------|----------------|--|-------|---------|
| 1.  | Enna Lamers           | ZV Overbetuwe        | 1:24.19 | 200800899 | <b>1:20.14</b> |  | 37.37 | 1:20.14 |
| 2.  | Mees van der Burg     | Olympia              | 1:25.90 | 200900515 | <b>1:23.61</b> |  | 37.90 | 1:23.61 |
| 3.  | Jelmer Kruijt         | Olympia              | 1:27.71 | 200900525 | <b>1:24.45</b> |  | 38.93 | 1:24.45 |
| 4.  | Thymo Smits           | Livo                 | 1:28.85 | 200802073 | <b>1:26.81</b> |  | 40.46 | 1:26.81 |
| 5.  | Fabian Bruil          | Aquapoldro           | 1:31.09 | 200900533 | <b>1:28.33</b> |  | 41.17 | 1:28.33 |
| 6.  | Philipp Schindler     | ESCA Zwemmen         | 1:30.97 | 200801865 | <b>1:29.63</b> |  | 42.04 | 1:29.63 |
| 7.  | Max van Gasteren      | Olympia              | 1:32.00 | 200800005 | <b>1:31.66</b> |  | 42.47 | 1:31.66 |
| 8.  | Stijn de Lange        | SG Wijchen-Gelenberg | 1:35.95 | 200901397 | <b>1:31.91</b> |  | 42.42 | 1:31.91 |
| 9.  | Tyrell Koreman        | Batavia Swim         | 1:36.50 | 200803833 | <b>1:34.51</b> |  | 43.60 | 1:34.51 |
| 10. | Finn Sonneveld        | ZV Zaltbommel        | 1:34.42 | 200800153 | <b>1:35.93</b> |  | 44.99 | 1:35.93 |
| 11. | Stijn Meisner         | SG Octopus - ZVV     | 1:27.46 | 200900017 | <b>1:37.49</b> |  | 43.48 | 1:37.49 |
| 12. | Koen Stevens O'Reilly | Aquapoldro           | 1:43.32 | 200803657 | <b>1:39.17</b> |  | 47.37 | 1:39.17 |
| 13. | Kosta Sidiropoulos    | Triton Putten        | 1:51.95 | 200902793 | <b>1:54.92</b> |  | 53.03 | 1:54.92 |

**Jeugd 1 en 2**

|       |                     |                  |         |           |                |  |       |         |
|-------|---------------------|------------------|---------|-----------|----------------|--|-------|---------|
| 1.    | Kjetil van Gasteren | Olympia          | 1:18.75 | 200600405 | <b>1:16.26</b> |  | 35.11 | 1:16.26 |
| 2.    | Timo Bourgonje      | SG Octopus - ZVV | 1:20.24 | 200700599 | <b>1:19.03</b> |  | 37.44 | 1:19.03 |
| 3.    | Kai Ticheloven      | NDD              | 1:24.72 | 200600941 | <b>1:21.12</b> |  | 37.15 | 1:21.12 |
| 4.    | Jorinus Luitjes     | Triton Putten    | 1:23.76 | 200603947 | <b>1:21.83</b> |  | 37.11 | 1:21.83 |
| 5.    | Thijs Pijl          | Flevo            | 1:29.34 | 200601979 | <b>1:28.45</b> |  | 40.56 | 1:28.45 |
| 6.    | Joost Pollmann      | ZV Overbetuwe    | 1:34.74 | 200603521 | <b>1:37.59</b> |  | 44.97 | 1:37.59 |
| AFGEM | Kaj Folkerts        | De Rijn          | 1:22.01 | 200700067 |                |  |       |         |



Programmanr. 509, Heren, 100m schoolslag

Senioren 1 en 2

|    |                 |                      |         |           |                |       |         |
|----|-----------------|----------------------|---------|-----------|----------------|-------|---------|
| 1. | Dries Mostert   | DWK                  | 1:15.04 | 200400995 | <b>1:14.30</b> | 34.96 | 1:14.30 |
| 2. | Phi Pham        | De Vrije Slag        | 1:16.84 | 200400899 | <b>1:15.35</b> | 35.87 | 1:15.35 |
| 3. | Tobias Huizing  | Neptunus             | 1:22.70 | 200502115 | <b>1:21.31</b> | 39.20 | 1:21.31 |
| 4. | Cassian Janssen | RZC                  | 1:20.64 | 200500331 | <b>1:23.17</b> | 39.35 | 1:23.17 |
| 5. | Rick Hermans    | SG Wijchen-Gelenberg | 1:25.49 | 200501793 | <b>1:27.40</b> | 41.34 | 1:27.40 |

Senioren

|     |                       |                      |         |           |                |       |         |
|-----|-----------------------|----------------------|---------|-----------|----------------|-------|---------|
| 1.  | Mees Laar             | ESCA Zwemmen         | 1:10.26 | 199601719 | <b>1:11.55</b> | 33.33 | 1:11.55 |
| 2.  | Thijs de Geus         | Olympia              | 1:14.43 | 200200349 | <b>1:12.72</b> | 33.34 | 1:12.72 |
| 3.  | Richard van der Horst | De Meer              | 1:13.19 | 199700179 | <b>1:12.91</b> | 34.65 | 1:12.91 |
| 4.  | Joop Tuppe            | TZC Vahalis          | 1:14.36 | 200100581 | <b>1:13.10</b> | 33.76 | 1:13.10 |
| 5.  | Hans Stoffers         | DWK                  | 1:10.97 | 199604027 | <b>1:13.23</b> | 32.90 | 1:13.23 |
| 6.  | Jack Beaujon          | Olympia              | 1:15.05 | 200304251 | <b>1:14.23</b> | 33.66 | 1:14.23 |
| 7.  | Tim de Vrugt          | ESCA Zwemmen         | 1:17.30 | 199306719 | <b>1:14.79</b> | 33.86 | 1:14.79 |
| 8.  | Mattias Meijers       | RZC                  | 1:18.37 | 200001975 | <b>1:15.25</b> | 34.44 | 1:15.25 |
| 9.  | Bartho Visser         | Triton Putten        | 1:17.41 | 200005595 | <b>1:19.73</b> | 37.33 | 1:19.73 |
| 10. | Ivar Regelink         | DWV                  | 1:20.10 | 200102707 | <b>1:20.15</b> | 37.41 | 1:20.15 |
| 11. | Alex Vermeulen        | Aquapoldro           | 1:18.56 | 198905811 | <b>1:21.16</b> | 37.04 | 1:21.16 |
| 12. | Bart Maas             | SG Wijchen-Gelenberg | 1:19.66 | 199901777 | <b>1:25.34</b> | 38.13 | 1:25.34 |
| 13. | Wolter Graaf          | Triton Putten        | 1:31.78 | 200105593 | <b>1:32.27</b> | 42.53 | 1:32.27 |

Programmanr. 510  
22/6/2024 - 17:12

Dames, 100m rugslag

Dames, All-in  
Resultaten

| rang  | naam                 | vereniging       | intijd  | tijd      | RT Para             | 50m   | 100m    |
|---|----------------------|------------------|---------|-----------|---------------------|-------|---------|
| <b>Junioren 1 en 2</b>  |                      |                  |         |           |                     |       |         |
| 1.  | Meila Broenink       | Batavia Swim     | 1:26.38 | 201102332 | <b>1:24.98</b> FJ 1 | 41.86 | 1:24.98 |
| 2.  | Nikita van den Berg  | SG Octopus - ZVV | 1:24.40 | 201102130 | <b>1:24.98</b> FJ 2 | 41.79 | 1:24.98 |
| 3.  | Melissa ter Horst    | ZV Overbetuwe    | 1:27.95 | 201100678 | <b>1:26.52</b>      | 42.88 | 1:26.52 |
| 4.  | Naomi Bits           | TZC Vahalis      | 1:29.88 | 201100908 | <b>1:26.56</b>      | 43.28 | 1:26.56 |
| 5.  | Kensi de Lange       | De Meer          | 1:28.48 | 201100276 | <b>1:26.97</b>      | 42.27 | 1:26.97 |
| 6.  | Gerlin van de Krol   | DWK              | 1:30.40 | 201101412 | <b>1:29.22</b>      | 43.69 | 1:29.22 |
| 7.  | Linn Frunt           | DWK              | 1:30.59 | 201101420 | <b>1:30.26</b>      | 44.84 | 1:30.26 |
| 8.  | Linde Bakkenes       | DWK              | 1:39.20 | 201201662 | <b>1:33.94</b>      | 45.68 | 1:33.94 |
| 9.  | Margarita Litvak     | ZV Zaltbommel    | 1:40.30 | 201202124 | <b>1:34.90</b>      | 45.03 | 1:34.90 |
| 10.   | Jynthe Koppenaal     | RZC              | 1:33.91 | 201200396 | <b>1:35.54</b>      | 45.99 | 1:35.54 |
| 11.   | Isabelle Meeuwenberg | De Rijn          | 1:38.66 | 201200086 | <b>1:43.28</b>      | 49.03 | 1:43.28 |
| DIS   | Ciska den Oudsten    | ZV Zaltbommel    | 1:38.19 | 201200694 |                     |       |         |
| <i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i> |                      |                  |         |           |                     |       |         |

AFGEM Nynke Roerdink Livo 1:37.12 201200428

Junioren 3 en 4

|       |                     |                         |         |           |                |       |         |
|-------|---------------------|-------------------------|---------|-----------|----------------|-------|---------|
| 1.    | Evi Giesbers        | TZC Vahalis             | 1:18.45 | 200901536 | <b>1:17.64</b> | 37.84 | 1:17.64 |
| 2.    | Milouck Frunt       | DWK                     | 1:16.42 | 200901664 | <b>1:17.80</b> | 38.69 | 1:17.80 |
| 3.    | Megan Stalenhoef    | TZC Vahalis             | 1:22.66 | 201002606 | <b>1:20.16</b> | 40.04 | 1:20.16 |
| 4.    | Sofie van Poecke    | DWK                     | 1:21.03 | 201001448 | <b>1:20.58</b> | 39.56 | 1:20.58 |
| 5.    | Enieke Lijftogt     | De Vrije Slag           | 1:22.71 | 201001322 | <b>1:21.40</b> | 39.71 | 1:21.40 |
| 6.    | Froukje van Leeuwen | De Berkelduikers        | 1:18.28 | 200901208 | <b>1:22.30</b> | 39.94 | 1:22.30 |
| 7.    | Robin van Beek      | Aquapoldro              | 1:22.00 | 200903518 | <b>1:22.40</b> | 40.15 | 1:22.40 |
| 8.    | Lenore Donker       | NDD                     | 1:25.37 | 201000080 | <b>1:22.79</b> | 41.34 | 1:22.79 |
| 9.    | Pleun Schouten      | De IJsselmeeuwen        | 1:24.25 | 201002106 | <b>1:22.92</b> | 40.52 | 1:22.92 |
| 10.   | Nienke Luttkholt    | Groenlose Zwemverenigin | 1:27.53 | 201002396 | <b>1:28.51</b> | 42.55 | 1:28.51 |
| 11.   | Evelyne Nas         | NDD                     | 1:28.42 | 200902066 | <b>1:30.02</b> | 45.60 | 1:30.02 |
| AFGEM | Ilse Krabben        | Livo                    | 1:29.75 | 200902304 |                |       |         |
| AFGEM | Eva Eikelboom       | SG Octopus - ZVV        | 1:24.07 | 200903718 |                |       |         |
| NG    | Tessa Zevenbergen   | Aquapoldro              | 1:21.51 | 201002662 |                |       |         |

Programmanr. 510, Dames, 100m rugslag

Jeugd 1 en 2

|       |                      |                  |         |           |                |       |         |
|-------|----------------------|------------------|---------|-----------|----------------|-------|---------|
| 1.    | Nynke van Leeuwen    | De Berkelduikers | 1:18.71 | 200701272 | <b>1:15.87</b> | 37.16 | 1:15.87 |
| 2.    | Jinte van Ginkel     | DWK              | 1:16.42 | 200701286 | <b>1:16.27</b> | 37.55 | 1:16.27 |
| 3.    | Imke Riefel          | NDD              | 1:15.09 | 200801994 | <b>1:16.31</b> | 36.75 | 1:16.31 |
| 4.    | Gitte Defoort        | CWW Swimteam     | 1:19.67 | 200801680 | <b>1:18.13</b> | 37.69 | 1:18.13 |
| 5.    | Sophie Hoekstra      | Triton Putten    | 1:19.10 | 200802594 | <b>1:18.72</b> | 38.20 | 1:18.72 |
| 6.    | D. van der Wielen    | Olympia          | 1:18.53 | 200800220 | <b>1:19.37</b> | 38.83 | 1:19.37 |
| 7.    | Izzi Klomp           | DWV              | 1:20.07 | 200802558 | <b>1:20.29</b> | 39.63 | 1:20.29 |
| 8.    | Tess Wakker          | De Rijn          | 1:19.30 | 200700154 | <b>1:20.74</b> | 39.61 | 1:20.74 |
| 9.    | Frédérique Beenen    | Aquapoldro       | 1:17.60 | 200804444 | <b>1:21.73</b> | 39.58 | 1:21.73 |
| 10.   | Jet Rötter           | Livo             | 1:22.60 | 200803192 | <b>1:22.14</b> | 41.04 | 1:22.14 |
| 11.   | Elise van der Wielen | Olympia          | 1:22.67 | 200700346 | <b>1:23.03</b> | 40.76 | 1:23.03 |
| 12.   | Merle Baumeister     | ESCA Zwemmen     | 1:21.66 | 200803026 | <b>1:23.97</b> | 41.32 | 1:23.97 |
| 13.   | Dana Elderink        | De Berkelduikers | 1:18.90 | 200803086 | <b>1:28.27</b> | 42.06 | 1:28.27 |
| AFGEM | Inke Versluis        | Olympia          | 1:21.36 | 200800218 |                |       |         |

Senioren 1 en 2

|       |                        |                  |         |           |                |       |         |
|-------|------------------------|------------------|---------|-----------|----------------|-------|---------|
| 1.    | Pien Ooijman           | De Berkelduikers | 1:14.86 | 200504500 | <b>1:15.22</b> | 37.14 | 1:15.22 |
| 2.    | Anna Kamphuis          | DWK              | 1:14.16 | 200600334 | <b>1:15.38</b> | 36.71 | 1:15.38 |
| 3.    | Britt Meisner          | SG Octopus - ZVV | 1:17.25 | 200600658 | <b>1:16.90</b> | 36.21 | 1:16.90 |
| 4.    | Sabine Uytdewilligen   | ESCA Zwemmen     | 1:18.38 | 200502654 | <b>1:18.22</b> | 38.31 | 1:18.22 |
| 5.    | Jolijn van der Toorren | Triton Putten    | 1:18.16 | 200604980 | <b>1:19.81</b> | 39.75 | 1:19.81 |
| 6.    | Jennifer Helmink       | Montferland      | 1:19.40 | 200502524 | <b>1:21.12</b> | 38.86 | 1:21.12 |
| 7.    | Cato Wiggers           | RZC              | 1:24.63 | 200602170 | <b>1:24.28</b> | 40.04 | 1:24.28 |
| 8.    | Megan Wierda           | Olympia          | 1:26.46 | 200500454 | <b>1:24.64</b> | 41.66 | 1:24.64 |
| 9.    | Madelief van Steeg     | Triton Putten    | 1:19.74 | 200602602 | <b>1:24.75</b> | 41.16 | 1:24.75 |
| AFGEM | M. Wolff van Wülfing   | Proteus          | 1:22.53 | 200501330 |                |       |         |
| AFGEM | Luna Uytdewilligen     | ESCA Zwemmen     | 1:21.03 | 200601922 |                |       |         |
| AFGEM | Kyra van Veenhuizen    | Triton Putten    | 1:21.38 | 200601032 |                |       |         |
| AFGEM | Lois Hofman            | SG Octopus - ZVV | 1:22.86 | 200602040 |                |       |         |

Senioren

|       |                       |                  |         |           |                |       |         |
|-------|-----------------------|------------------|---------|-----------|----------------|-------|---------|
| 1.    | M. van Langevelde     | ESCA Zwemmen     | 1:10.12 | 199803160 | <b>1:09.82</b> | 34.21 | 1:09.82 |
| 2.    | Sanne Landman         | ESCA Zwemmen     | 1:10.80 | 200304762 | <b>1:12.67</b> | 34.87 | 1:12.67 |
| 3.    | Merel van den Heuvel  | De Meer          | 1:13.23 | 200201784 | <b>1:12.92</b> | 34.57 | 1:12.92 |
| 4.    | Elmi Roelofsen        | SG Octopus - ZVV | 1:16.16 | 199008198 | <b>1:13.73</b> | 35.48 | 1:13.73 |
| 5.    | Nienke Verploeg       | Olympia          | 1:14.66 | 200000438 | <b>1:14.81</b> | 36.14 | 1:14.81 |
| 6.    | Ellen ter Stege       | ESCA Zwemmen     | 1:15.27 | 199900604 | <b>1:15.57</b> | 36.79 | 1:15.57 |
| 7.    | Esther van Maastricht | Montferland      | 1:17.31 | 198802836 | <b>1:17.79</b> | 37.61 | 1:17.79 |
| 8.    | Imogen Oldfield       | RZC              | 1:19.56 | 199806046 | <b>1:18.67</b> | 37.86 | 1:18.67 |
| 9.    | Isa van Ditshuizen    | De Berkelduikers | 1:15.32 | 200201002 | <b>1:18.84</b> | 38.07 | 1:18.84 |
| 10.   | Iris van Gijtenbeek   | De Berkelduikers | 1:17.72 | 200001636 | <b>1:19.42</b> | 38.72 | 1:19.42 |
| 11.   | Daphne van Rees       | SG Octopus - ZVV | 1:19.17 | 200301766 | <b>1:19.90</b> | 39.11 | 1:19.90 |
| 12.   | Hannah Elting         | ESCA Zwemmen     | 1:19.85 | 200402702 | <b>1:20.50</b> | 38.40 | 1:20.50 |
| 13.   | Chimene Gommans       | Olympia          | 1:19.58 | 200304396 | <b>1:22.16</b> | 39.44 | 1:22.16 |
| AFGEM | Aniek Garritsen       | De IJsselmeewen  | 1:12.69 | 199504290 |                |       |         |

Programmanr. 511  
22/6/2024 - 17:32

Heren, 50m rugslag

Heren, All-in  
Resultaten

| rang                   | naam                 | vereniging    | intijd | tijd      | RT           | Para |
|------------------------|----------------------|---------------|--------|-----------|--------------|------|
| <b>Junioren 1 en 2</b> |                      |               |        |           |              |      |
| 1.                     | Gerco van Dijk       | Olympia       | 36.91  | 201000997 | <b>34.66</b> |      |
| 2.                     | Jesse Jolink         | ESCA Zwemmen  | 35.95  | 201000401 | <b>35.23</b> |      |
| 3.                     | Barna Esmat          | Aquapoldro    | 36.30  | 201000125 | <b>35.46</b> |      |
| 4.                     | Daan Abrahamse       | De Vrije Slag | 36.58  | 201001869 | <b>35.53</b> |      |
| 5.                     | Jamie van Veenendaal | TZC Vahalis   | 36.58  | 201001361 | <b>35.97</b> |      |
| 6.                     | Fynn Montagne        | De Meer       | 37.61  | 201001155 | <b>36.79</b> |      |
| 7.                     | Tim Claassens        | ZV Zaltbommel | 35.93  | 201001303 | <b>36.95</b> |      |
| 8.                     | Retief van Gasteren  | Olympia       | 37.80  | 201000067 | <b>36.96</b> |      |
| 9.                     | Aurel Starink        | NDD           | 40.01  | 201100793 | <b>37.48</b> |      |
| 10.                    | Joshua Ortiz Ramos   | NDD           | 38.46  | 201001677 | <b>39.33</b> |      |
| 11.                    | Twan Wallerbos       | Livo          | 40.36  | 201000967 | <b>40.15</b> |      |
| 12.                    | Rashed Al Mardini    | De Vrije Slag | 40.35  | 201001231 | <b>41.22</b> |      |

Programmanr. 511, Jongens, 50m rugslag, Junioren 1 en 2

| rang  | naam                | vereniging       | intijd |           | tijd         | RT | Para |
|-------|---------------------|------------------|--------|-----------|--------------|----|------|
| 13.   | Manuel Meijers      | De Rijn          | 42.02  | 201002289 | <b>41.47</b> |    |      |
| 14.   | Giao Bao Pham       | De Vrije Slag    | 40.00  | 201001095 | <b>41.93</b> |    |      |
| 15.   | Justin Peters       | NDD              | 42.72  | 201101639 | <b>43.17</b> |    |      |
| 16.   | Sjors Pijl          | Flevo            | 46.49  | 201100865 | <b>44.62</b> |    |      |
| 17.   | Kane van Middendorp | DWK              | 45.77  | 201101537 | <b>44.73</b> |    |      |
| 18.   | Tygo Spaan          | ZV Overbetuwe    | 48.03  | 201100605 | <b>46.72</b> |    |      |
| 19.   | Thijn Schwartz      | De IJsselmeeuwen | 52.28  | 201102361 | <b>49.63</b> |    |      |
| AFGEM | Kick Tomassen       | De Berkelduikers | 50.74  | 201102953 |              |    |      |

Junioren 3 en 4

|   |                       |                      |       |           |              |      |  |
|---|-----------------------|----------------------|-------|-----------|--------------|------|--|
| 1.  | Levi Simonse          | De Vrije Slag        | 33.59 | 200900259 | <b>33.07</b> |      |  |
| 2.  | Stijn Krol            | Aquapoldro           | 33.20 | 200804011 | <b>33.61</b> |      |  |
| 3.  | Jelmer Kruijt         | Olympia              | 34.52 | 200900525 | <b>34.09</b> |      |  |
| 4.  | Quinten Bijl          | De IJsselmeeuwen     | 36.52 | 200801881 | <b>34.72</b> |      |  |
| 5.  | Thymo Smits           | Livo                 | 35.10 | 200802073 | <b>35.29</b> |      |  |
| 6.  | Stijn de Lange        | SG Wijchen-Gelenberg | 34.79 | 200901397 | <b>35.79</b> |      |  |
| 7.  | Mees van der Burg     | Olympia              | 37.47 | 200900515 | <b>37.56</b> |      |  |
| 8.  | Brian Blankespoor     | De Vrije Slag        | 36.14 | 200801133 | <b>37.57</b> |      |  |
| 9.  | Kosta Sidiropoulos    | Triton Putten        | 38.54 | 200902793 | <b>37.78</b> | FJ 1 |  |
| 10.   | Timon Wierper         | De Vrije Slag        | 38.50 | 200801573 | <b>37.78</b> | FJ 2 |  |
| 11.   | Koen Stevens O'Reilly | Aquapoldro           | 39.38 | 200803657 | <b>38.87</b> |      |  |
| 12.   | Finn Sonneveld        | ZV Zaltbommel        | 39.22 | 200800153 | <b>38.94</b> |      |  |
| DIS   | Max van Gasteren      | Olympia              | 34.10 | 200800005 |              |      |  |
| <i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i> |                       |                      |       |           |              |      |  |
| AFGEM   | Teun Verschure        | De IJsselmeeuwen     | 36.11 | 200902763 |              |      |  |

Jeugd 1 en 2

|    |                       |                  |       |           |              |  |  |
|----|-----------------------|------------------|-------|-----------|--------------|--|--|
| 1. | Kjetil van Gasteren   | Olympia          | 31.61 | 200600405 | <b>31.57</b> |  |  |
| 2. | Timo Bourgonje        | SG Octopus - ZVV | 32.77 | 200700599 | <b>34.23</b> |  |  |
| 3. | Tim Looijen           | Wahoo Swimming   | 34.98 | 200700325 | <b>34.50</b> |  |  |
| 4. | Rutger van der Knijff | De Vrije Slag    | 36.00 | 200600541 | <b>35.28</b> |  |  |
| 5. | Kai Ticheloven        | NDD              | 37.24 | 200600941 | <b>36.14</b> |  |  |
| 6. | Machiel de Gier       | De Vrije Slag    | 39.39 | 200704037 | <b>36.81</b> |  |  |
| 7. | Thijs Pijl            | Flevo            | 35.57 | 200601979 | <b>36.92</b> |  |  |
| 8. | Jorinus Luitjes       | Triton Putten    | 37.31 | 200603947 | <b>37.56</b> |  |  |
| 9. | Joost Pollmann        | ZV Overbetuwe    | 36.79 | 200603521 | <b>38.60</b> |  |  |
| NG | Andrew Evertsz        | Neptunus         | 32.79 | 200701147 |              |  |  |

Senioren 1 en 2

|    |                |                      |       |           |              |  |  |
|----|----------------|----------------------|-------|-----------|--------------|--|--|
| 1. | Dries Mostert  | DWK                  | 33.03 | 200400995 | <b>32.35</b> |  |  |
| 2. | Tobias Huizing | Neptunus             | 33.66 | 200502115 | <b>32.84</b> |  |  |
| 3. | Jorim Hebbink  | De Berkelduikers     | 32.67 | 200401957 | <b>33.20</b> |  |  |
| 4. | Phi Pham       | De Vrije Slag        | 34.02 | 200400899 | <b>34.15</b> |  |  |
| 5. | Rick Hermans   | SG Wijchen-Gelenberg | 35.23 | 200501793 | <b>36.43</b> |  |  |

Senioren

|     |                   |                      |       |           |              |      |  |
|-----|-------------------|----------------------|-------|-----------|--------------|------|--|
| 1.  | Mike Schel        | ESCA Zwemmen         | 28.92 | 199403279 | <b>29.82</b> |      |  |
| 2.  | Joop Tuppe        | TZC Vahalis          | 29.95 | 200100581 | <b>30.26</b> |      |  |
| 3.  | Hans Stoffers     | DWK                  | 30.27 | 199604027 | <b>31.44</b> | FJ 1 |  |
| 4.  | Delano Weijn      | Aquapoldro           | 30.13 | 200003965 | <b>31.44</b> | FJ 2 |  |
| 5.  | Ivar Regelink     | DWV                  | 30.24 | 200102707 | <b>31.76</b> |      |  |
| 6.  | Rick Theunissen   | SG Wijchen-Gelenberg | 31.81 | 200101257 | <b>31.82</b> |      |  |
| 7.  | Alex Vermeulen    | Aquapoldro           | 30.70 | 198905811 | <b>33.14</b> |      |  |
| 8.  | Jack Beaujon      | Olympia              | 32.15 | 200304251 | <b>33.25</b> |      |  |
| 9.  | Bartho Visser     | Triton Putten        | 33.58 | 200005595 | <b>33.57</b> |      |  |
| 10. | Remco van Krieken | Wahoo Swimming       | 31.62 | 200300325 | <b>34.01</b> |      |  |
| 11. | Bart Maas         | SG Wijchen-Gelenberg | 33.01 | 199901777 | <b>36.62</b> |      |  |
| 12. | Wolter Graaf      | Triton Putten        | 45.35 | 200105593 | <b>44.26</b> |      |  |

Programmanr. 512  
22/6/2024 - 17:44

Dames, 200m wisselslag

Dames, All-in  
Resultaten

| rang naam   | vereniging       | intijd            | tijd           | RTPara | 50m   | 100m    | 150m    | 200m    |
|---|------------------|-------------------|----------------|--------|-------|---------|---------|---------|
| <b>Junioren 1 en 2</b>  |                  |                   |                |        |       |         |         |         |
| 1. Gerlin van de Krol   | DWK              | 3:10.54 201101412 | <b>2:55.99</b> |        | 41.79 | 1:29.35 | 2:13.96 | 2:55.99 |
| 2. Femke Mandema  | Flevo            | 3:12.98 201100396 | <b>3:00.36</b> |        | 40.18 | 1:26.18 | 2:19.42 | 3:00.36 |
| 3. Melissa ter Horst  | ZV Overbetuwe    | 3:15.18 201100678 | <b>3:07.82</b> |        | 43.57 | 1:31.84 | 2:25.02 | 3:07.82 |
| 4. Eva Spelt  | DWK              | 3:14.03 201100878 | <b>3:17.27</b> |        | 49.49 | 1:45.10 | 2:34.37 | 3:17.27 |
| 5. Joleine Nas  | NDD              | 3:52.98 201200486 | <b>3:17.93</b> |        | 44.76 | 1:37.23 | 2:34.21 | 3:17.93 |
| 6. Linn Frunt   | DWK              | 3:22.71 201101420 | <b>3:20.64</b> |        | 50.06 | 1:40.10 | 2:38.36 | 3:20.64 |
| 7. Nicole Krabben   | Livo             | 3:21.32 201101144 | <b>3:20.92</b> |        | 46.32 | 1:37.62 | 2:34.29 | 3:20.92 |
| 8. Tess Wolterink   | Livo             | 3:21.44 201101148 | <b>3:25.06</b> |        | 47.36 | 1:41.68 | 2:41.51 | 3:25.06 |
| 9. Djinthe Verweij  | TZC Vahalis      | 3:39.12 201200590 | <b>3:30.68</b> |        | 50.53 | 1:42.83 | 2:43.65 | 3:30.68 |
| 10. Margarita Litvak  | ZV Zaltbommel    | 3:51.11 201202124 | <b>3:38.00</b> |        | 56.21 | 1:51.33 | 2:47.29 | 3:38.00 |
| 11. Ciska den Oudsten   | ZV Zaltbommel    | 4:05.58 201200694 | <b>3:38.45</b> | FJ 1   | 52.18 | 1:46.58 | 2:45.97 | 3:38.45 |
| 12. Isa Ligtermoet  | Triton Putten    | 3:30.67 201200310 | <b>3:38.45</b> | FJ 2   | 48.69 | 1:46.16 | 2:48.98 | 3:38.45 |
| AFGEM L. Wolff van Wulfing  | Proteus          | 3:21.48 201101888 |                |        |       |         |         |         |
| AFGEM Silke Jetten  | NDD              | 3:41.65 201200302 |                |        |       |         |         |         |
| <b>Junioren 3 en 4</b>  |                  |                   |                |        |       |         |         |         |
| 1. Ruby Hut   | Wahoo Swimming   | 2:55.66 200901842 | <b>2:50.03</b> |        | 37.46 | 1:23.02 | 2:11.39 | 2:50.03 |
| 2. Sofie van Poecke   | DWK              | 2:55.42 201001448 | <b>2:50.37</b> |        | 37.59 | 1:22.61 | 2:13.01 | 2:50.37 |
| 3. Enieke Lijftogt  | De Vrije Slag    | 3:01.74 201001322 | <b>2:55.10</b> |        | 38.33 | 1:23.70 | 2:16.53 | 2:55.10 |
| 4. Robin van Beek   | Aquapoldro       | 2:55.93 200903518 | <b>2:55.16</b> |        | 38.04 | 1:23.12 | 2:13.94 | 2:55.16 |
| 5. Megan Stalenhoef   | TZC Vahalis      | 3:01.65 201002606 | <b>2:59.18</b> |        | 39.61 | 1:24.19 | 2:17.87 | 2:59.18 |
| 6. Froukje van Leeuwen  | De Berkelduikers | 2:54.98 200901208 | <b>2:59.43</b> |        | 39.62 | 1:24.89 | 2:16.83 | 2:59.43 |
| 7. Milouck Frunt  | DWK              | 2:59.16 200901664 | <b>3:01.31</b> |        | 42.15 | 1:27.06 | 2:21.10 | 3:01.31 |
| 8. Lenore Donker  | NDD              | 3:00.46 201000080 | <b>3:02.44</b> |        | 42.58 | 1:28.31 | 2:22.86 | 3:02.44 |
| 9. Sophie van der Horst   | Flevo            | 3:12.73 201000246 | <b>3:03.81</b> |        | 39.09 | 1:27.62 | 2:23.00 | 3:03.81 |
| 10. Ilse Krabben  | Livo             | 3:04.59 200902304 | <b>3:04.56</b> |        | 40.92 | 1:30.23 | 2:21.75 | 3:04.56 |
| 11. Evelyne Nas   | NDD              | 3:19.51 200902066 | <b>3:11.59</b> |        | 43.02 | 1:31.93 | 2:28.78 | 3:11.59 |
| 12. Valesca Schuurman   | Neptunus         | 3:18.69 201001486 | <b>3:27.82</b> |        | 43.99 | 1:38.29 | 2:37.07 | 3:27.82 |
| AFGEM Britt Tjou-Tam-Sin  | RZC              | 3:12.16 201000336 |                |        |       |         |         |         |
| AFGEM Eva Eikelboom   | SG Octopus - ZVV | 2:57.78 200903718 |                |        |       |         |         |         |
| <b>Jeugd 1 en 2</b>   |                  |                   |                |        |       |         |         |         |
| 1. Imke Riefel  | NDD              | 2:47.94 200801994 | <b>2:43.63</b> |        | 34.88 | 1:16.90 | 2:04.79 | 2:43.63 |
| 2. Nynke van Leeuwen  | De Berkelduikers | 2:45.10 200701272 | <b>2:44.19</b> |        | 35.25 | 1:17.27 | 2:07.81 | 2:44.19 |
| 3. Britt Hopman   | SG Octopus - ZVV | 2:46.72 200702688 | <b>2:45.42</b> |        | 36.29 | 1:21.65 | 2:09.39 | 2:45.42 |
| 4. Mandy Siebelink  | ESCA Zwemmen     | 2:52.24 200700582 | <b>2:48.45</b> |        | 38.33 | 1:23.71 | 2:08.58 | 2:48.45 |
| 5. Laura Volkers  | DWK              | 2:50.30 200800056 | <b>2:50.09</b> |        | 35.27 | 1:14.39 | 2:10.18 | 2:50.09 |
| 6. D. van de Werken   | De Meer          | 2:54.43 200701672 | <b>2:50.85</b> |        | 37.29 | 1:24.41 | 2:12.27 | 2:50.85 |
| 7. Tess Wakker  | De Rijn          | 2:56.62 200700154 | <b>2:51.82</b> |        | 36.43 | 1:22.35 | 2:13.28 | 2:51.82 |
| 8. Inke Versluis  | Olympia          | 2:52.13 200800218 | <b>2:54.26</b> |        | 37.92 | 1:23.55 | 2:14.57 | 2:54.26 |
| 9. Merle Baumeister   | ESCA Zwemmen     | 2:57.78 200803026 | <b>2:55.69</b> |        | 38.12 | 1:25.72 | 2:19.25 | 2:55.69 |
| 10. D. van der Wielen   | Olympia          | 2:55.40 200800220 | <b>2:56.46</b> |        | 39.02 | 1:23.34 | 2:15.85 | 2:56.46 |
| 11. Frédérique Beenen   | Aquapoldro       | 2:54.92 200804444 | <b>2:56.80</b> |        | 37.12 | 1:23.81 | 2:16.07 | 2:56.80 |
| 12. Jet Rötter  | Livo             | 2:56.75 200803192 | <b>2:58.20</b> |        | 41.47 | 1:25.97 | 2:16.60 | 2:58.20 |
| 13. Dana Eelderink  | De Berkelduikers | 2:54.26 200803086 | <b>3:10.33</b> |        | 43.55 | 1:33.81 | 2:25.49 | 3:10.33 |
| <b>Senioren 1 en 2</b>  |                  |                   |                |        |       |         |         |         |
| 1. Pien Ooijman   | De Berkelduikers | 2:51.41 200504500 | <b>2:45.49</b> |        | 37.98 | 1:19.51 | 2:06.82 | 2:45.49 |
| 2. Senna Levering   | DWK              | 2:44.13 200603892 | <b>2:47.66</b> |        | 36.32 | 1:20.56 | 2:07.59 | 2:47.66 |
| 3. Anna Kamphuis  | DWK              | 2:50.20 200600334 | <b>2:49.97</b> |        | 36.38 | 1:18.42 | 2:09.99 | 2:49.97 |
| 4. Luna Uytdeuilligen   | ESCA Zwemmen     | 2:55.98 200601922 | <b>2:53.73</b> |        | 37.19 | 1:22.43 | 2:13.87 | 2:53.73 |
| 5. Azra Guler   | NDD              | 2:46.84 200503054 | <b>2:54.51</b> |        | 39.09 | 1:24.86 | 2:15.87 | 2:54.51 |
| 6. Jennifer Helmink   | Montferland      | 3:00.83 200502524 | <b>2:58.51</b> |        | 40.57 | 1:26.33 | 2:17.63 | 2:58.51 |
| 7. Madelief van Steeg   | Triton Putten    | 3:07.39 200602602 | <b>3:04.26</b> |        | 42.65 | 1:27.77 | 2:21.54 | 3:04.26 |
| 8. Daphne Jonkers   | De IJsselmeeuwen | 4:36.40 200605288 | <b>4:40.37</b> |        | 59.42 | 2:11.17 | 3:39.19 | 4:40.37 |
| DIS Lois Hofman   | SG Octopus - ZVV | 2:55.91 200602040 |                |        |       |         |         |         |
| <i>SC - De bewegingen van de armen met afwisselende bewegingen en/of niet te allen tijde gelijktijdig uitgevoerd.</i> |                  |                   |                |        |       |         |         |         |
| AFGEM M. Wolff van Wulfing  | Proteus          | 3:04.26 200501330 |                |        |       |         |         |         |
| AFGEM Sterre Karmiggelt   | De IJsselmeeuwen | 2:55.71 200601786 |                |        |       |         |         |         |

Programmanr. 512, Meisjes, 200m wisselslag, Senioren 1 en 2

| rang naam                 | vereniging        | intijd  | tijd      | RT             | Para | 50m   | 100m    | 150m    | 200m    |
|---------------------------|-------------------|---------|-----------|----------------|------|-------|---------|---------|---------|
| AFGEM Kyra van Veenhuizen | Triton Putten     | 3:09.84 | 200601032 |                |      |       |         |         |         |
| <b>Senioren</b>           |                   |         |           |                |      |       |         |         |         |
| 1. Sanne Landman          | ESCA Zwemmen      | 2:40.23 | 200304762 | <b>2:42.18</b> |      | 33.14 | 1:14.21 | 2:03.11 | 2:42.18 |
| 2. C. van der Horst       | De Meer           | 2:46.16 | 199400616 | <b>2:44.67</b> |      | 37.09 | 1:22.37 | 2:07.39 | 2:44.67 |
| 3. Isa van Ditshuizen     | De Berkelduikers  | 2:46.93 | 200201002 | <b>2:46.48</b> |      | 35.36 | 1:18.29 | 2:05.37 | 2:46.48 |
| 4. Sheila ten Voorde      | SG Octopus - ZVV  | 2:48.83 | 199904538 | <b>2:47.86</b> |      | 36.31 | 1:18.64 | 2:07.98 | 2:47.86 |
| 5. Welmoed Doornbos       | De IJsselmeewuven | 2:51.29 | 200203352 | <b>2:52.23</b> |      | 34.57 | 1:21.25 | 2:13.88 | 2:52.23 |
| 6. Iris van Gijtenbeek    | De Berkelduikers  | 2:55.54 | 200001636 | <b>2:53.90</b> |      | 36.80 | 1:20.37 | 2:13.82 | 2:53.90 |
| 7. Daphne van Rees        | SG Octopus - ZVV  | 2:59.99 | 200301766 | <b>3:00.41</b> |      | 39.74 | 1:25.09 | 2:17.96 | 3:00.41 |
| 8. Marloes Berenpas       | De Berkelduikers  | 3:29.56 | 200204754 | <b>3:28.80</b> |      | 51.00 | 1:47.50 | 2:44.12 | 3:28.80 |
| AFGEM Aniek Garritsen     | De IJsselmeewuven | 2:46.17 | 199504290 |                |      |       |         |         |         |
| AFGEM Nienke Lammers      | De Rijn           | 2:59.67 | 200200806 |                |      |       |         |         |         |

Programmanr. 513  
22/6/2024 - 18:24

Heren, 4 x 100m vrije slag

Heren, All-in Resultaten

| rang                      | vereniging   | intijd  | tijd           | RT | Para |
|---------------------------|--|---------|----------------|----|------|
| 1. ESCA Zwemmen 1         | ESCA Zwemmen   | 3:49.55 | <b>3:50.14</b> |    |      |
|                           | Tim de Vrucht 93 27.07 57.80 Mike Schel 94 27.26 57.50                 |         |                |    |      |
|                           | Sander de Vrucht 89 26.41 56.07 Mees Laar 96 27.96 58.77               |         |                |    |      |
| 2. RZC 1                  | RZC  | 4:08.16 | <b>4:08.16</b> |    |      |
|                           | Gerrit Rochat 05 29.09 1:02.18 Mattias Meijers 00 29.31 1:02.55        |         |                |    |      |
|                           | Damián van den Anker 08 30.40 1:03.32 Cassian Janssen 05 28.28 1:00.11 |         |                |    |      |
| 3. SG Wijchen-Gelenberg 1 | SG Wijchen-Gelenberg   | 4:07.40 | <b>4:11.62</b> |    |      |
|                           | Rick Hermans 05 31.39 1:05.76 Stijn de Lange 09 31.57 1:05.16          |         |                |    |      |
|                           | Bart Maas 99 29.47 1:03.34 Rick Theunissen 01 27.49 57.36              |         |                |    |      |
| 4. Aquapoldro 1           | Aquapoldro   | 4:16.22 | <b>4:19.56</b> |    |      |
|                           | Alex Vermeulen 89 29.15 1:01.54 Koen Stevens O'Reilly 08 33.62 1:13.30 |         |                |    |      |
|                           | Stijn Krol 08 30.51 1:04.10 Delano Weijn 00 28.46 1:00.62              |         |                |    |      |
| 5. Triton Putten 1        | Triton Putten  | 4:33.35 | <b>4:41.87</b> |    |      |
|                           | Kosta Sidiropoulos 09 33.58 1:13.97 Wolter Graaf 01 33.89 1:09.74      |         |                |    |      |
|                           | Jorinus Luitjes 06 32.60 1:11.49 Bartho Visser 00 30.92 1:06.67        |         |                |    |      |
| AFGEM De IJsselmeewuven 1 | De IJsselmeewuven  | 4:32.51 |                |    |      |

Programmanr. 514  
22/6/2024 - 18:29

Dames, 4 x 100m vrije slag

Dames, All-in Resultaten

| rang                  | vereniging  | intijd  | tijd           | RT | Para |
|-----------------------|---|---------|----------------|----|------|
| 1. ESCA Zwemmen 1     | ESCA Zwemmen  | 4:28.35 | <b>4:23.40</b> |    |      |
|                       | Rose Lether 04 30.93 1:05.70 Sabine Uytdevilligen 05 31.81 1:05.70      |         |                |    |      |
|                       | Hannah Elting 04 31.58 1:07.73 Ellen ter Stege 99 30.23 1:04.27         |         |                |    |      |
| 2. Olympia 1          | Olympia   | 4:28.62 | <b>4:25.42</b> |    |      |
|                       | Britt Biemans 04 31.69 1:06.25 Daphne van der Wielen 08 32.49 1:08.12   |         |                |    |      |
|                       | Chimene Gommans 03 31.19 1:06.52 Nienke Verploeg 00 30.62 1:04.53       |         |                |    |      |
| 3. DWK 1              | DWK   | 4:36.60 | <b>4:28.55</b> |    |      |
|                       | Jinte van Ginkel 07 31.40 1:05.78 Milouck Frunt 09 33.17 1:09.71        |         |                |    |      |
|                       | Anna Kamphuis 06 32.07 1:07.44 Senna Levering 06 31.42 1:05.62          |         |                |    |      |
| 4. SG Octopus - ZVV 1 | SG Octopus - ZVV  | 4:25.43 | <b>4:29.29</b> |    |      |
|                       | Sheila ten Voorde 99 31.98 1:08.87 Daphne van Rees 03 32.83 1:09.43     |         |                |    |      |
|                       | Britt Meisner 06 31.81 1:07.87 Elmi Roelofsens 90 28.89 1:03.12         |         |                |    |      |
| 5. RZC 1              | RZC   | 4:45.20 | <b>4:49.30</b> |    |      |
|                       | Sabina Klijn 10 39.22 1:23.24 Imogen Oldfield 98 32.63 1:10.09          |         |                |    |      |
|                       | Cato Wiggers 06 33.19 1:09.75 Merith Janssen 06 30.72 1:06.22           |         |                |    |      |
| 6. SG Octopus - ZVV 2 | SG Octopus - ZVV  | 4:43.08 | <b>4:52.73</b> |    |      |
|                       | Lois Hofman 06 34.32 1:11.25 Sanne Eilander 11 35.41 1:13.08            |         |                |    |      |
|                       | Nikita van den Berg 11 36.53 1:17.25 Britt Hopman 07 33.90 1:11.15      |         |                |    |      |
| 7. Livo 1             | Livo  | 5:11.03 | <b>5:13.39</b> |    |      |
|                       | Ilse Krabben 09 34.10 1:11.68 Tess Wolterink 11 39.32 1:19.87           |         |                |    |      |
|                       | Nicole Krabben 11 41.75 1:27.95 Jet Rötter 08 35.33 1:13.89             |         |                |    |      |
| 8. Triton Putten 1    | Triton Putten   | 4:56.44 | <b>5:15.12</b> |    |      |
|                       | Sophie Hoekstra 08 34.72 1:12.42 Madelief van Steeg 06 37.59 1:19.84    |         |                |    |      |
|                       | Isa Ligtermoet 12 42.22 1:26.87 Jolijn van der Toorren 06 35.65 1:15.99 |         |                |    |      |



Programmanr. 514, Dames, 4 x 100m vrije slag, Dames, All-in

| rang  | vereniging         | intijd           | tijd    | RT | Para |
|-------|--------------------|------------------|---------|----|------|
| AFGEM | De IJsselmeeuwen 1 | De IJsselmeeuwen | 4:38.53 |    |      |
| NG    | De Meer 1          | De Meer          | 4:37.85 |    |      |

Programmanr. 601  
23/6/2024 - 15:00

Gemengd, 4 x 100m wisselslag

All-in  
Resultaten

| rang  | vereniging             | intijd        | tijd           | RT      | Para                  |
|-------|------------------------|---------------|----------------|---------|-----------------------|
| 1.    | De Meer 1              | De Meer       | <b>4:46.07</b> |         |                       |
|       | Ruben Zirkzee          | 09            | 34.11          | 1:10.74 | Richard van der Horst |
|       | Chantal van der Horst  | 94            | 38.62          | 1:21.89 | Eline van Gemert      |
| 2.    | RZC 1                  | RZC           | <b>4:57.41</b> |         |                       |
|       | Gerrit Rochat          | 05            | 34.39          | 1:12.06 | Damián van den Anker  |
|       | Imogen Oldfield        | 98            | 38.92          | 1:24.74 | Merith Janssen        |
| 3.    | Triton Putten 1        | Triton Putten | <b>5:04.50</b> |         |                       |
|       | Jolijn van der Toorren | 06            | 39.44          | 1:19.95 | Bartho Visser         |
|       | Jorinus Luitjes        | 06            | 37.01          | 1:22.23 | Susanne van de Geest  |
| 4.    | Livo 1                 | Livo          | <b>5:33.88</b> |         |                       |
|       | Thymo Smits            | 08            | 38.52          | 1:20.57 | Sophie Schuirink      |
|       | Jet Rötter             | 08            | 41.05          | 1:28.83 | Twan Wallerbos        |
| AFGEM | Neptunus 1             | Neptunus      | 5:33.99        |         |                       |

Programmanr. 602  
23/6/2024 - 15:06

Heren, 100m vlinderslag

Heren, All-in  
Resultaten

| rang                   | naam               | vereniging       | intijd  | tijd      | RT             | Para | 50m   | 100m    |
|------------------------|--------------------|------------------|---------|-----------|----------------|------|-------|---------|
| <b>Junioren 1 en 2</b> |                    |                  |         |           |                |      |       |         |
| 1.                     | Daniël Hofman      | SG Octopus - ZVV | 1:25.10 | 201000417 | <b>1:14.45</b> |      | 34.42 | 1:14.45 |
| 2.                     | Joshua Ortiz Ramos | NDD              | 1:33.65 | 201001677 | <b>1:23.10</b> |      | 38.02 | 1:23.10 |
| 3.                     | Giao Bao Pham      | De Vrije Slag    | 1:31.22 | 201001095 | <b>1:23.49</b> | FJ 1 | 38.71 | 1:23.49 |
| 4.                     | Barna Esmat        | Aquapoldro       | 1:25.02 | 201000125 | <b>1:23.49</b> | FJ 2 | 37.92 | 1:23.49 |
| 5.                     | Tergel Naagii      | SG Octopus - ZVV | 1:33.48 | 201002253 | <b>1:23.49</b> | FJ 3 | 35.39 | 1:23.49 |
| 6.                     | Maarten de Haas    | Olympia          | 1:37.47 | 201100049 | <b>1:28.00</b> |      | 39.68 | 1:28.00 |
| 7.                     | Aurel Starink      | NDD              | 1:42.22 | 201100793 | <b>1:32.98</b> |      | 42.22 | 1:32.98 |
| 8.                     | Henk Mostert       | De Vrije Slag    | 1:36.17 | 201000231 | <b>1:33.94</b> |      | 43.57 | 1:33.94 |
| 9.                     | Mikai ten Haaff    | Livo             | 2:04.08 | 201001365 | <b>1:44.71</b> |      | 46.90 | 1:44.71 |
| 10.                    | Tygo Spaan         | ZV Overbetuwe    | 2:01.25 | 201100605 | <b>2:09.70</b> |      | 57.86 | 2:09.70 |

**Junioren 3 en 4**

|     |                       |                         |         |           |                |  |       |         |
|-----|-----------------------|-------------------------|---------|-----------|----------------|--|-------|---------|
| 1.  | Enna Lamers           | ZV Overbetuwe           | 1:16.31 | 200800899 | <b>1:09.96</b> |  | 32.63 | 1:09.96 |
| 2.  | Fabian Bruil          | Aquapoldro              | 1:25.45 | 200900533 | <b>1:20.79</b> |  | 36.66 | 1:20.79 |
| 3.  | Daniël Heutinck       | Groenlose Zwemverenigin | 1:23.17 | 200903011 | <b>1:21.29</b> |  | 34.58 | 1:21.29 |
| 4.  | Stijn de Lange        | SG Wijchen-Gelenberg    | 1:30.69 | 200901397 | <b>1:21.92</b> |  | 35.73 | 1:21.92 |
| 5.  | Max van Gasteren      | Olympia                 | 1:35.76 | 200800005 | <b>1:24.57</b> |  | 36.28 | 1:24.57 |
| 6.  | Stijn Meisner         | SG Octopus - ZVV        | 1:31.18 | 200900017 | <b>1:25.04</b> |  | 37.08 | 1:25.04 |
| 7.  | Ruben Zirkzee         | De Meer                 | 1:20.46 | 200900571 | <b>1:25.81</b> |  | 37.58 | 1:25.81 |
| 8.  | D. van den Anker      | RZC                     | 1:19.57 | 200802079 | <b>1:27.60</b> |  | 37.32 | 1:27.60 |
| 9.  | Bram van Tongeren     | Zuiderzeezwemmers       | 1:29.86 | 200903497 | <b>1:28.15</b> |  | 36.90 | 1:28.15 |
| 10. | J. Wolff van Wulfing  | Proteus                 | 1:35.40 | 200902471 | <b>1:28.27</b> |  | 41.76 | 1:28.27 |
| 11. | Koen Stevens O'Reilly | Aquapoldro              | 1:42.68 | 200803657 | <b>1:29.07</b> |  | 39.95 | 1:29.07 |
| 12. | Thymo Smits           | Livo                    | 1:39.16 | 200802073 | <b>1:34.67</b> |  | 42.15 | 1:34.67 |
| DIS | Jelmer Kruijt         | Olympia                 | 1:17.67 | 200900525 |                |  |       |         |

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Programmanr. 602, Heren, 100m vlinderslag

Jeugd 1 en 2

|       |                     |                      |         |           |                |       |         |
|-------|---------------------|----------------------|---------|-----------|----------------|-------|---------|
| 1.    | Tim Bongers         | RZC                  | 1:08.06 | 200600075 | <b>1:04.32</b> | 29.68 | 1:04.32 |
| 2.    | Odo McCarthy        | ZV Overbetuwe        | 1:10.05 | 200700307 | <b>1:05.83</b> | 30.86 | 1:05.83 |
| 3.    | Timo Bourgonje      | SG Octopus - ZVV     | 1:11.03 | 200700599 | <b>1:11.05</b> | 32.28 | 1:11.05 |
| 4.    | Thijs Pijl          | Flevo                | 1:14.30 | 200601979 | <b>1:11.81</b> | 32.98 | 1:11.81 |
| 5.    | Kjetil van Gasteren | Olympia              | 1:11.81 | 200600405 | <b>1:12.25</b> | 32.15 | 1:12.25 |
| 6.    | Gyan Spaan          | ZV Overbetuwe        | 1:13.03 | 200701061 | <b>1:15.39</b> | 35.06 | 1:15.39 |
| 7.    | Martijn de Groot    | SG Wijchen-Gelenberg | 1:16.56 | 200701801 | <b>1:17.04</b> | 34.51 | 1:17.04 |
| 8.    | Kai Ticheloven      | NDD                  | 1:17.04 | 200600941 | <b>1:17.36</b> | 34.71 | 1:17.36 |
| 9.    | Joost Pollmann      | ZV Overbetuwe        | 1:21.73 | 200603521 | <b>1:22.49</b> | 36.35 | 1:22.49 |
| AFGEM | Kaj Folkerts        | De Rijn              | 1:08.76 | 200700067 |                |       |         |

Senioren 1 en 2

|    |                |                      |         |           |                |       |         |
|----|----------------|----------------------|---------|-----------|----------------|-------|---------|
| 1. | Jorim Hebbink  | De Berkelduikers     | 1:07.78 | 200401957 | <b>1:06.43</b> | 30.29 | 1:06.43 |
| 2. | Joost Brugmans | RZC                  | 1:07.95 | 200500391 | <b>1:08.67</b> | 30.25 | 1:08.67 |
| 3. | Phi Pham       | De Vrije Slag        | 1:13.07 | 200400899 | <b>1:11.07</b> | 32.76 | 1:11.07 |
| 4. | Gerrit Rochat  | RZC                  | 1:09.69 | 200500393 | <b>1:11.83</b> | 32.87 | 1:11.83 |
| NG | Rick Hermans   | SG Wijchen-Gelenberg | 1:11.33 | 200501793 |                |       |         |

Senioren

|     |                       |                      |         |           |                |       |         |
|-----|-----------------------|----------------------|---------|-----------|----------------|-------|---------|
| 1.  | Thijs de Geus         | Olympia              | 1:01.80 | 200200349 | <b>1:01.43</b> | 27.92 | 1:01.43 |
| 2.  | Rick Theunissen       | SG Wijchen-Gelenberg | 1:03.20 | 200101257 | <b>1:03.63</b> | 30.12 | 1:03.63 |
| 3.  | Hans Stoffers         | DWK                  | 1:03.69 | 199604027 | <b>1:04.33</b> | 29.54 | 1:04.33 |
| 4.  | Wessel Haverkamp      | ESCA Zwemmen         | 1:03.80 | 200204755 | <b>1:04.94</b> | 29.88 | 1:04.94 |
| 5.  | Ivan Brummelman       | De Berkelduikers     | 1:05.26 | 200301167 | <b>1:05.15</b> | 30.51 | 1:05.15 |
| 6.  | Renzo Meester         | Flevo                | 1:05.22 | 200202897 | <b>1:06.21</b> | 30.80 | 1:06.21 |
| 7.  | Sander Burgers        | NDD                  | 1:09.60 | 200103671 | <b>1:06.38</b> | 31.29 | 1:06.38 |
| 8.  | Rik Schipper          | De Vrije Slag        | 1:05.91 | 199901121 | <b>1:07.23</b> | 30.21 | 1:07.23 |
| 9.  | Ivar Regelink         | DWV                  | 1:08.90 | 200102707 | <b>1:08.48</b> | 31.01 | 1:08.48 |
| 10. | Tim de Vrugt          | ESCA Zwemmen         | 1:06.88 | 199306719 | <b>1:08.75</b> | 30.46 | 1:08.75 |
| 11. | Richard van der Horst | De Meer              | 1:08.33 | 199700179 | <b>1:09.20</b> | 31.08 | 1:09.20 |
| 12. | Bart Maas             | SG Wijchen-Gelenberg | 1:05.04 | 199901777 | <b>1:12.18</b> | 32.09 | 1:12.18 |
| 13. | Wolter Graaf          | Triton Putten        | 1:38.47 | 200105593 | <b>1:34.50</b> | 41.23 | 1:34.50 |

Programmanr. 603  
23/6/2024 - 15:25

Dames, 100m vrije slag

Dames, All-in  
Resultaten

| rang                   | naam                 | vereniging       | intijd  | tijd      | RT Para | 50m   | 100m    |
|------------------------|----------------------|------------------|---------|-----------|---------|-------|---------|
| <b>Junioren 1 en 2</b> |                      |                  |         |           |         |       |         |
| 1.                     | Anna Berkhout        | TZC Vahalis      | 1:16.75 | 201100080 |         | 34.50 | 1:12.24 |
| 2.                     | Sanne Eilander       | SG Octopus - ZVV | 1:16.37 | 201102514 |         | 35.48 | 1:12.81 |
| 3.                     | Femke Mandema        | Flevo            | 1:17.82 | 201100396 |         | 36.20 | 1:13.77 |
| 4.                     | Nikita van den Berg  | SG Octopus - ZVV | 1:16.07 | 201102130 |         | 35.67 | 1:14.13 |
| 5.                     | Tess Wolterink       | Livo             | 1:18.77 | 201101148 |         | 36.76 | 1:15.58 |
| 6.                     | Nastya Kovtunenکو    | RZC              | 1:16.84 | 201102278 |         | 35.86 | 1:15.69 |
| 7.                     | Linn Frunt           | DWK              | 1:17.21 | 201101420 |         | 37.10 | 1:16.43 |
| 8.                     | Isabelle Meeuwenberg | De Rijn          | 1:19.98 | 201200086 |         | 36.79 | 1:18.84 |
| 9.                     | Nynke Roerdink       | Livo             | 1:21.08 | 201200428 |         | 37.58 | 1:19.10 |
| 10.                    | Liv Jolink           | ESCA Zwemmen     | 1:22.69 | 201201908 |         | 38.37 | 1:19.47 |
| 11.                    | Djinthe Verweij      | TZC Vahalis      | 1:23.03 | 201200590 |         | 37.90 | 1:20.15 |
| 12.                    | Jynthe Koppenaal     | RZC              | 1:24.45 | 201200396 |         | 39.06 | 1:21.77 |
| 13.                    | Isa Ligtermoet       | Triton Putten    | 1:26.15 | 201200310 |         | 40.36 | 1:23.65 |
| 14.                    | Eloise Gerringa      | Batavia Swim     | 1:26.28 | 201200548 |         | 40.55 | 1:28.33 |

Junioren 3 en 4

|    |                     |                         |         |           |                |       |         |
|----|---------------------|-------------------------|---------|-----------|----------------|-------|---------|
| 1. | Pleun Schouten      | De IJsselmeeuwen        | 1:10.44 | 201002106 | <b>1:07.26</b> | 32.28 | 1:07.26 |
| 2. | Nikki Nekkers       | Groenlose Zwemverenigin | 1:06.00 | 200902086 | <b>1:07.80</b> | 32.75 | 1:07.80 |
| 3. | Milouck Frunt       | DWK                     | 1:11.47 | 200901664 | <b>1:07.84</b> | 32.19 | 1:07.84 |
| 4. | Robin van Beek      | Aquapoldro              | 1:09.86 | 200903518 | <b>1:07.89</b> | 32.56 | 1:07.89 |
| 5. | Tess Dugandzic      | Zuiderzeezwemmers       | 1:08.51 | 201002908 | <b>1:08.06</b> | 33.69 | 1:08.06 |
| 6. | Froukje van Leeuwen | De Berkelduikers        | 1:09.11 | 200901208 | <b>1:09.61</b> | 33.31 | 1:09.61 |
|    | Megan Stalenhoef    | TZC Vahalis             | 1:11.04 | 201002606 | <b>1:09.61</b> | 32.73 | 1:09.61 |

Programmanr. 603, Meisjes, 100m vrije slag, Junioren 3 en 4

| rang  | naam                 | vereniging       | intijd  | tijd      | RT Para        | 50m   | 100m    |
|-------|----------------------|------------------|---------|-----------|----------------|-------|---------|
| 8.    | Ilse Krabben         | Livo             | 1:12.42 | 200902304 | <b>1:09.96</b> | 32.89 | 1:09.96 |
| 9.    | Lenore Donker        | NDD              | 1:10.65 | 201000080 | <b>1:10.29</b> | 33.76 | 1:10.29 |
| 10.   | Sophie van der Horst | Flevo            | 1:17.86 | 201000246 | <b>1:13.11</b> | 35.28 | 1:13.11 |
| 11.   | Lana Zuidwijk        | Neptunus         | 1:13.84 | 201001988 | <b>1:14.55</b> | 35.62 | 1:14.55 |
| 12.   | Sanne Wolsheimer     | De IJsselmeeuwen | 1:18.42 | 200901646 | <b>1:19.53</b> | 36.95 | 1:19.53 |
| AFGEM | Eva Eikelboom        | SG Octopus - ZVV | 1:08.77 | 200903718 |                |       |         |
| AFGEM | Pien van Niersen     | SG Octopus - ZVV | 1:17.65 | 201001610 |                |       |         |
| NG    | Sabina Klijn         | RZC              | 1:15.17 | 201000050 |                |       |         |

Jeugd 1 en 2

|       |                      |                      |         |           |                |       |         |
|-------|----------------------|----------------------|---------|-----------|----------------|-------|---------|
| 1.    | Rosalie Bressers     | RZC                  | 1:06.02 | 200703820 | <b>1:05.72</b> | 32.11 | 1:05.72 |
| 2.    | Jinte van Ginkel     | DWK                  | 1:06.81 | 200701286 | <b>1:06.01</b> | 31.69 | 1:06.01 |
| 3.    | Britt Hopman         | SG Octopus - ZVV     | 1:07.26 | 200702688 | <b>1:06.59</b> | 32.88 | 1:06.59 |
| 4.    | Nicole Groeneveld    | Batavia Swim         | 1:06.70 | 200804824 | <b>1:06.90</b> | 32.36 | 1:06.90 |
| 5.    | D. van de Werken     | De Meer              | 1:06.96 | 200701672 | <b>1:07.75</b> | 32.49 | 1:07.75 |
| 6.    | Merle Baumeister     | ESCA Zwemmen         | 1:07.94 | 200803026 | <b>1:08.45</b> | 33.25 | 1:08.45 |
| 7.    | Gitte Defoort        | CWW Swimteam         | 1:12.06 | 200801680 | <b>1:09.39</b> | 32.61 | 1:09.39 |
| 8.    | Jet Rötter           | Livo                 | 1:09.85 | 200803192 | <b>1:10.90</b> | 32.37 | 1:10.90 |
| 9.    | Mandy Siebelink      | ESCA Zwemmen         | 1:10.00 | 200700582 | <b>1:10.95</b> | 33.68 | 1:10.95 |
| 10.   | Elise van der Wielen | Olympia              | 1:12.06 | 200700346 | <b>1:11.16</b> | 33.50 | 1:11.16 |
| 11.   | Sam Toonen Dekkers   | SG Wijchen-Gelenberg | 1:12.29 | 200703316 | <b>1:11.22</b> | 33.37 | 1:11.22 |
| 12.   | Tess Wakker          | De Rijn              | 1:08.26 | 200700154 | <b>1:11.43</b> | 33.92 | 1:11.43 |
| 13.   | Dana Eelderink       | De Berkelduikers     | 1:07.93 | 200803086 | <b>1:14.34</b> | 35.04 | 1:14.34 |
| AFGEM | Frédérique Beenen    | Aquapoldro           | 1:07.36 | 200804444 |                |       |         |
| AFGEM | Inke Versluis        | Olympia              | 1:09.93 | 200800218 |                |       |         |
| AFGEM | D. van der Wielen    | Olympia              | 1:09.20 | 200800220 |                |       |         |

Senioren 1 en 2

|     |                       |                  |         |           |                |       |         |
|-----|-----------------------|------------------|---------|-----------|----------------|-------|---------|
| 1.  | Iris de Schrijver     | CWW Swimteam     | 1:06.70 | 200600536 | <b>1:05.47</b> | 31.34 | 1:05.47 |
| 2.  | Sabine Uytdewilligen  | ESCA Zwemmen     | 1:07.62 | 200502654 | <b>1:05.78</b> | 31.66 | 1:05.78 |
| 3.  | Senna Levering        | DWK              | 1:05.48 | 200603892 | <b>1:05.79</b> | 31.41 | 1:05.79 |
| 4.  | Luna Uytdewilligen    | ESCA Zwemmen     | 1:09.13 | 200601922 | <b>1:07.02</b> | 32.43 | 1:07.02 |
| 5.  | Pien Ooijman          | De Berkelduikers | 1:07.06 | 200504500 | <b>1:07.47</b> | 32.00 | 1:07.47 |
| 6.  | Britt Meisner         | SG Octopus - ZVV | 1:07.02 | 200600658 | <b>1:07.61</b> | 31.59 | 1:07.61 |
| 7.  | Loes van Schriek      | Montferland      | 1:06.22 | 200503372 | <b>1:07.80</b> | 32.60 | 1:07.80 |
| 8.  | Bloem Muijlaert       | SG Octopus - ZVV | 1:05.64 | 200602754 | <b>1:07.80</b> | 32.27 | 1:07.80 |
| 9.  | M. Wolff van Wülffing | Proteus          | 1:07.16 | 200501330 | <b>1:07.89</b> | 32.51 | 1:07.89 |
| 10. | Anna Kamphuis         | DWK              | 1:07.10 | 200600334 | <b>1:08.83</b> | 32.54 | 1:08.83 |
| 11. | Kayleigh van Vliet    | TZC Vahalis      | 1:09.82 | 200604982 | <b>1:10.86</b> | 33.34 | 1:10.86 |
| 12. | Luna Al Bana          | TZC Vahalis      | 1:09.45 | 200503280 | <b>1:11.93</b> | 33.89 | 1:11.93 |
| 13. | Susanne van de Geest  | Triton Putten    | 1:10.87 | 200605018 | <b>1:13.37</b> | 35.19 | 1:13.37 |
| NG  | Azra Guler            | NDD              | 1:06.98 | 200503054 |                |       |         |

Senioren

|       |                       |                  |         |           |                |       |         |
|-------|-----------------------|------------------|---------|-----------|----------------|-------|---------|
| 1.    | Merel van den Heuvel  | De Meer          | 1:05.00 | 200201784 | <b>1:04.69</b> | 30.54 | 1:04.69 |
| 2.    | Welmoed Doornbos      | De IJsselmeeuwen | 1:04.58 | 200203352 | <b>1:04.93</b> | 31.01 | 1:04.93 |
| 3.    | Sheila ten Voorde     | SG Octopus - ZVV | 1:07.01 | 199904538 | <b>1:05.91</b> | 31.47 | 1:05.91 |
| 4.    | Janine de Groot       | NDD              | 1:04.80 | 199500092 | <b>1:06.01</b> | 31.64 | 1:06.01 |
| 5.    | Chantal van der Horst | De Meer          | 1:06.50 | 199400616 | <b>1:06.17</b> | 32.59 | 1:06.17 |
| 6.    | Leonie Veldhuis       | SG Octopus - ZVV | 1:08.65 | 200301768 | <b>1:06.78</b> | 31.87 | 1:06.78 |
| 7.    | Britt Biemans         | Olympia          | 1:05.68 | 200400080 | <b>1:06.84</b> | 31.74 | 1:06.84 |
| 8.    | Laura ter Stege       | CWW Swimteam     | 1:06.48 | 199602364 | <b>1:07.02</b> | 30.93 | 1:07.02 |
| 9.    | Ellen ter Stege       | ESCA Zwemmen     | 1:05.43 | 199900604 | <b>1:07.14</b> | 31.86 | 1:07.14 |
| 10.   | Iris van Gijtenbeek   | De Berkelduikers | 1:06.39 | 200001636 | <b>1:07.52</b> | 32.30 | 1:07.52 |
| 11.   | Daphne van Rees       | SG Octopus - ZVV | 1:08.64 | 200301766 | <b>1:09.05</b> | 33.19 | 1:09.05 |
| AFGEM | Aniek Garritsen       | De IJsselmeeuwen | 1:05.09 | 199504290 |                |       |         |
| NG    | Lieke van Hofwegen    | De Rijn          | 1:07.28 | 200105144 |                |       |         |

Programmanr. 604  
23/6/2024 - 15:44

Heren, 50m schoolslag

Heren, All-in  
Resultaten

| rang                   | naam                 | vereniging           | intijd |           | tijd         | RT   | Para |
|------------------------|----------------------|----------------------|--------|-----------|--------------|------|------|
| <b>Junioren 1 en 2</b> |                      |                      |        |           |              |      |      |
| 1.                     | Daniël Hofman        | SG Octopus - ZVV     | 38.47  | 201000417 | <b>37.42</b> |      |      |
| 2.                     | Barna Esmat          | Aquapoldro           | 41.91  | 201000125 | <b>39.97</b> |      |      |
| 3.                     | Tim Claassens        | ZV Zaltbommel        | 39.48  | 201001303 | <b>40.57</b> |      |      |
| 4.                     | Jamie van Veenendaal | TZC Vahalis          | 42.24  | 201001361 | <b>40.80</b> | FJ 1 |      |
| 5.                     | Jesse Jolink         | ESCA Zwemmen         | 41.73  | 201000401 | <b>40.80</b> | FJ 2 |      |
| 6.                     | Retief van Gasteren  | Olympia              | 42.57  | 201000067 | <b>41.13</b> |      |      |
| 7.                     | Tergel Naagii        | SG Octopus - ZVV     | 43.61  | 201002253 | <b>41.20</b> |      |      |
| 8.                     | Rashed Al Mardini    | De Vrije Slag        | 40.53  | 201001231 | <b>41.69</b> |      |      |
| 9.                     | Maarten de Haas      | Olympia              | 44.40  | 201100049 | <b>43.41</b> |      |      |
| 10.                    | Justin Peters        | NDD                  | 44.88  | 201101639 | <b>44.56</b> |      |      |
| 11.                    | Sjors Pijl           | Flevo                | 49.23  | 201100865 | <b>44.81</b> |      |      |
| 12.                    | Aurel Starink        | NDD                  | 48.35  | 201100793 | <b>45.06</b> |      |      |
| 13.                    | Thijn Schwartz       | De IJsselmeeuwen     | 48.55  | 201102361 | <b>49.87</b> |      |      |
| AFGEM                  | Kick Tomassen        | De Berkelduikers     | 48.04  | 201102953 |              |      |      |
| NG                     | Loáye Ben Chaikh     | TZC Vahalis          | 44.99  | 201100439 |              |      |      |
| <b>Junioren 3 en 4</b> |                      |                      |        |           |              |      |      |
| 1.                     | Enna Lamers          | ZV Overbetuwe        | 36.92  | 200800899 | <b>36.08</b> |      |      |
| 2.                     | Levi Simonse         | De Vrije Slag        | 38.16  | 200900259 | <b>36.22</b> |      |      |
| 3.                     | Jelmer Kruijt        | Olympia              | 38.60  | 200900525 | <b>38.29</b> |      |      |
| 4.                     | Thymo Smits          | Livo                 | 40.03  | 200802073 | <b>39.51</b> |      |      |
| 5.                     | Stijn de Lange       | SG Wijchen-Gelenberg | 40.53  | 200901397 | <b>39.98</b> |      |      |
| 6.                     | Teun Verschure       | De IJsselmeeuwen     | 44.22  | 200902763 | <b>40.35</b> |      |      |
| 7.                     | Fabian Bruil         | Aquapoldro           | 40.99  | 200900533 | <b>40.56</b> |      |      |
| 8.                     | Max van Gasteren     | Olympia              | 40.36  | 200800005 | <b>40.60</b> | FJ 1 |      |
| 9.                     | Stijn Meisner        | SG Octopus - ZVV     | 39.95  | 200900017 | <b>40.60</b> | FJ 2 |      |
| 10.                    | Brian Blankespoor    | De Vrije Slag        | 42.26  | 200801133 | <b>40.96</b> |      |      |
| 11.                    | Tyrell Koreman       | Batavia Swim         | 42.21  | 200803833 | <b>41.19</b> |      |      |
| 12.                    | Timon Wierper        | De Vrije Slag        | 41.95  | 200801573 | <b>41.69</b> |      |      |
| 13.                    | Finn Sonneveld       | ZV Zaltbommel        | 44.44  | 200800153 | <b>43.94</b> |      |      |
| <b>Jeugd 1 en 2</b>    |                      |                      |        |           |              |      |      |
| 1.                     | Odo McCarthy         | ZV Overbetuwe        | 34.67  | 200700307 | <b>33.79</b> |      |      |
| 2.                     | Gyan Spaan           | ZV Overbetuwe        | 34.50  | 200701061 | <b>35.05</b> |      |      |
| 3.                     | Tim Bongers          | RZC                  | 35.79  | 200600075 | <b>35.95</b> |      |      |
| 4.                     | Kai Ticheloven       | NDD                  | 36.98  | 200600941 | <b>36.03</b> |      |      |
| 5.                     | Timo Bourgonje       | SG Octopus - ZVV     | 36.44  | 200700599 | <b>36.11</b> |      |      |
| 6.                     | Ryan Bleumink        | De Berkelduikers     | 37.36  | 200601257 | <b>36.44</b> |      |      |
| 7.                     | Jorinus Luitjes      | Triton Putten        | 37.17  | 200603947 | <b>36.66</b> |      |      |
| 8.                     | Thijs Pijl           | Flevo                | 40.35  | 200601979 | <b>39.42</b> |      |      |
| 9.                     | Martijn de Groot     | SG Wijchen-Gelenberg | 39.39  | 200701801 | <b>40.19</b> |      |      |
| 10.                    | Sam Polderman        | Olympia              | 41.27  | 200700887 | <b>40.95</b> |      |      |
| 11.                    | Machiel de Gier      | De Vrije Slag        | 42.57  | 200704037 | <b>42.46</b> |      |      |
| 12.                    | Tristan Hinkema      | Neptunus             | 43.66  | 200603281 | <b>43.69</b> |      |      |
| 13.                    | Joost Pollmann       | ZV Overbetuwe        | 44.27  | 200603521 | <b>44.17</b> |      |      |
| AFGEM                  | Kaj Folkerts         | De Rijn              | 37.97  | 200700067 |              |      |      |
| <b>Senioren 1 en 2</b> |                      |                      |        |           |              |      |      |
| 1.                     | Joost Brugmans       | RZC                  | 34.70  | 200500391 | <b>34.84</b> |      |      |
| 2.                     | Cassian Janssen      | RZC                  | 35.46  | 200500331 | <b>36.28</b> |      |      |
| 3.                     | Tobias Huizing       | Neptunus             | 38.26  | 200502115 | <b>38.43</b> |      |      |
| 4.                     | Rick Hermans         | SG Wijchen-Gelenberg | 39.07  | 200501793 | <b>39.39</b> |      |      |

Programmanr. 604, Heren, 50m schoolslag

Senioren

|       |                       |                      |       |           |              |
|-------|-----------------------|----------------------|-------|-----------|--------------|
| 1.    | Hans Stoffers         | DWK                  | 32.41 | 199604027 | <b>32.50</b> |
| 2.    | Thijs de Geus         | Olympia              | 33.03 | 200200349 | <b>32.76</b> |
| 3.    | Joop Tuppe            | TZC Vahalis          | 33.26 | 200100581 | <b>32.90</b> |
| 4.    | Mattias Meijers       | RZC                  | 35.06 | 200001975 | <b>34.58</b> |
| 5.    | Richard van der Horst | De Meer              | 34.55 | 199700179 | <b>34.97</b> |
| 6.    | Bartho Visser         | Triton Putten        | 34.83 | 200005595 | <b>35.52</b> |
| 7.    | Bart Maas             | SG Wijchen-Gelenberg | 36.61 | 199901777 | <b>37.76</b> |
| 8.    | Wolter Graaf          | Triton Putten        | 42.05 | 200105593 | <b>41.07</b> |
| AFGEM | Martijn de Vries      | De IJsselmeeuwen     | 37.41 | 200003557 |              |

Programmanr. 605  
23/6/2024 - 15:56

Dames, 50m vlinderslag

Dames, All-in  
Resultaten

| rang                   | naam                    | vereniging       | intijd | tijd      | RT           | Para |
|------------------------|-------------------------|------------------|--------|-----------|--------------|------|
| <b>Junioren 1 en 2</b> |                         |                  |        |           |              |      |
| 1.                     | Femke Mandema           | Flevo            | 41.51  | 201100396 | <b>37.06</b> |      |
| 2.                     | Kensi de Lange          | De Meer          | 38.75  | 201100276 | <b>38.37</b> | FJ 1 |
| 3.                     | Sanne Eilander          | SG Octopus - ZVV | 40.32  | 201102514 | <b>38.37</b> | FJ 2 |
| 4.                     | Melissa ter Horst       | ZV Overbetuwe    | 40.44  | 201100678 | <b>38.65</b> |      |
| 5.                     | Gerlin van de Krol      | DWK              | 42.45  | 201101412 | <b>39.36</b> |      |
| 6.                     | Margot van Vianen       | Olympia          | 41.85  | 201200080 | <b>40.01</b> |      |
| 7.                     | Anna Berkhout           | TZC Vahalis      | 42.62  | 201100080 | <b>40.04</b> |      |
| 8.                     | Nikita van den Berg     | SG Octopus - ZVV | 41.86  | 201102130 | <b>41.54</b> |      |
| 9.                     | Eloise Gerringa         | Batavia Swim     | 45.14  | 201200548 | <b>43.39</b> |      |
| 10.                    | Nynke Roerdink          | Livo             | 48.31  | 201200428 | <b>44.98</b> |      |
| 11.                    | Isa Ligtermoet          | Triton Putten    | 44.41  | 201200310 | <b>46.68</b> |      |
| 12.                    | Ciska den Oudsten       | ZV Zaltbommel    | 49.50  | 201200694 | <b>48.67</b> |      |
| 13.                    | Philene Sweeris         | Olympia          | 46.73  | 201200234 | <b>49.21</b> |      |
| AFGEM                  | Linde Wolff van Wulfing | Proteus          | 40.86  | 201101888 |              |      |

Junioren 3 en 4

|       |                      |                   |       |           |              |      |
|-------|----------------------|-------------------|-------|-----------|--------------|------|
| 1.    | Evi Giesbers         | TZC Vahalis       | 35.07 | 200901536 | <b>34.19</b> |      |
| 2.    | Tess Dugandzic       | Zuiderzeezwemmers | 36.41 | 201002908 | <b>34.61</b> |      |
| 3.    | Juno Nijhuis         | RZC               | 35.38 | 200900294 | <b>34.82</b> |      |
| 4.    | Pleun Schouten       | De IJsselmeeuwen  | 35.72 | 201002106 | <b>34.87</b> |      |
| 5.    | Froukje van Leeuwen  | De Berkelduikers  | 35.09 | 200901208 | <b>35.40</b> |      |
| 6.    | Sophie van der Horst | Flevo             | 35.65 | 201000246 | <b>35.52</b> |      |
| 7.    | Robin van Beek       | Aquapoldro        | 37.51 | 200903518 | <b>35.85</b> |      |
| 8.    | Megan Stalenhoef     | TZC Vahalis       | 36.62 | 201002606 | <b>36.23</b> | FJ 1 |
| 9.    | Ilse Krabben         | Livo              | 37.29 | 200902304 | <b>36.23</b> | FJ 2 |
| 10.   | Anne Starink         | De Meer           | 38.67 | 201003994 | <b>36.84</b> |      |
| 11.   | Lenore Donker        | NDD               | 37.53 | 201000080 | <b>37.32</b> |      |
| 12.   | Evelyne Nas          | NDD               | 38.75 | 200902066 | <b>38.93</b> |      |
| 13.   | Sanne Wolsheimer     | De IJsselmeeuwen  | 42.02 | 200901646 | <b>39.36</b> |      |
| AFGEM | Eva Eikelboom        | SG Octopus - ZVV  | 36.98 | 200903718 |              |      |
| NG    | Sabina Klijn         | RZC               | 38.96 | 201000050 |              |      |

Jeugd 1 en 2

|       |                       |                  |       |           |              |  |
|-------|-----------------------|------------------|-------|-----------|--------------|--|
| 1.    | Laura Volkers         | DWK              | 35.16 | 200800056 | <b>32.67</b> |  |
| 2.    | Nynke van Leeuwen     | De Berkelduikers | 33.27 | 200701272 | <b>33.13</b> |  |
| 3.    | Tess Wakker           | De Rijn          | 33.27 | 200700154 | <b>33.17</b> |  |
| 4.    | Felice Baris          | NDD              | 34.37 | 200701822 | <b>34.21</b> |  |
| 5.    | Inke Versluis         | Olympia          | 33.79 | 200800218 | <b>34.39</b> |  |
| 6.    | Rosalie Bressers      | RZC              | 36.33 | 200703820 | <b>34.47</b> |  |
| 7.    | Danique van de Werken | De Meer          | 34.47 | 200701672 | <b>34.82</b> |  |
| 8.    | Daphne van der Wielen | Olympia          | 35.04 | 200800220 | <b>35.31</b> |  |
| 9.    | Merle Baumeister      | ESCA Zwemmen     | 35.40 | 200803026 | <b>36.06</b> |  |
| 10.   | Elise van der Wielen  | Olympia          | 36.29 | 200700346 | <b>36.54</b> |  |
|       | Sophie Schuirink      | Livo             | 36.47 | 200802450 | <b>36.54</b> |  |
|       | Mandy Siebelink       | ESCA Zwemmen     | 36.44 | 200700582 | <b>36.54</b> |  |
| 13.   | Dana Eelderink        | De Berkelduikers | 34.69 | 200803086 | <b>41.45</b> |  |
| AFGEM | Frédérique Beenen     | Aquapoldro       | 35.86 | 200804444 |              |  |



Programmanr. 605, Dames, 50m vlinderslag

Senioren 1 en 2

|       |                        |                  |       |           |              |
|-------|------------------------|------------------|-------|-----------|--------------|
| 1.    | Merith Janssen         | RZC              | 32.79 | 200600106 | <b>32.57</b> |
| 2.    | Loes van Schriek       | Montferland      | 33.16 | 200503372 | <b>33.58</b> |
| 3.    | Iris de Schrijver      | CWW Swimteam     | 33.76 | 200600536 | <b>33.90</b> |
| 4.    | Anna Kamphuis          | DWK              | 34.25 | 200600334 | <b>34.13</b> |
|       | Luna Uytdewilligen     | ESCA Zwemmen     | 34.68 | 200601922 | <b>34.13</b> |
| 6.    | Sabine Uytdewilligen   | ESCA Zwemmen     | 34.30 | 200502654 | <b>34.21</b> |
| 7.    | Cato Wiggers           | RZC              | 36.29 | 200602170 | <b>35.38</b> |
| 8.    | Luna Al Bana           | TZC Vahalis      | 34.48 | 200503280 | <b>36.60</b> |
| 9.    | Lois Hofman            | SG Octopus - ZVV | 36.38 | 200602040 | <b>36.89</b> |
| 10.   | Jolijn van der Toorren | Triton Putten    | 35.48 | 200604980 | <b>37.10</b> |
| 11.   | Jennifer Helmink       | Montferland      | 35.76 | 200502524 | <b>37.22</b> |
| 12.   | M. Wolff van Wülfing   | Proteus          | 36.18 | 200501330 | <b>38.74</b> |
| AFGEM | Sterre Karmiggelt      | De IJsselmeeuwen | 35.15 | 200601786 |              |
| NG    | Azra Guler             | NDD              | 34.37 | 200503054 |              |

Senioren

|       |                           |                  |       |           |                   |
|-------|---------------------------|------------------|-------|-----------|-------------------|
| 1.    | Elmi Roelofsen            | SG Octopus - ZVV | 31.14 | 199008198 | <b>31.15</b>      |
| 2.    | Ayla van Leeuwen          | TZC Vahalis      | 31.14 | 200401980 | <b>31.45</b>      |
| 3.    | Welmoed Doornbos          | De IJsselmeeuwen | 31.83 | 200203352 | <b>32.19</b>      |
| 4.    | Isa van Ditshuizen        | De Berkelduikers | 32.69 | 200201002 | <b>32.58</b>      |
| 5.    | Merel van den Heuvel      | De Meer          | 33.15 | 200201784 | <b>32.82</b>      |
| 6.    | Ellen ter Stege           | ESCA Zwemmen     | 32.86 | 199900604 | <b>32.88</b>      |
| 7.    | Britt Biemans             | Olympia          | 34.24 | 200400080 | <b>33.29</b>      |
| 8.    | Ruth Ambting              | Montferland      | 33.54 | 200402030 | <b>34.10</b> FJ 1 |
| 9.    | Iris van Gijtenbeek       | De Berkelduikers | 34.02 | 200001636 | <b>34.10</b> FJ 2 |
| 10.   | J. van Suntenmaartensdijk | DWV              | 32.86 | 200202152 | <b>34.37</b>      |
| 11.   | Maud Tempel               | Montferland      | 33.97 | 200402136 | <b>34.84</b>      |
| 12.   | Sheila ten Voorde         | SG Octopus - ZVV | 33.30 | 199904538 | <b>35.33</b>      |
| 13.   | Janine de Groot           | NDD              | 34.14 | 199500092 | <b>36.05</b>      |
| AFGEM | Aniek Garritsen           | De IJsselmeeuwen | 30.88 | 199504290 |                   |

Programmanr. 606  
23/6/2024 - 16:09

Jongens, 4 x 100m vrije slag  
wordt samen gezwommen met 607

Junioren  
Resultaten

| rang | vereniging   | intijd           | tijd    | RT                | Para             |
|------|--|------------------|---------|-------------------|------------------|
| 1.   | De Vrije Slag 1  | De Vrije Slag    | 4:33.68 | <b>4:37.18</b>    |                  |
|      | Rashed Al Mardini  | 10 37.38         | 1:19.79 | Brian Blankespoor | 08 30.17 1:03.84 |
|      | Levi Simonse   | 09 31.59         | 1:04.55 | Timon Wierper     | 08 31.20 1:09.00 |
| DIS  | De IJsselmeeuwen 1   | De IJsselmeeuwen | 5:34.17 |                   |                  |
|      | <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i> |                  |         |                   |                  |
|      | Quinten Bijl, Jacob Garrett, Thijn Schwartz, Teun Verschure            |                  |         |                   |                  |

Programmanr. 607  
23/6/2024 - 16:16

Meisjes, 4 x 100m vrije slag  
wordt samen gezwommen met 606

Junioren  
Resultaten

| rang  | vereniging         | intijd           | tijd    | RT               | Para             |
|-------|--------------------|------------------|---------|------------------|------------------|
| 1.    | Livo 1             | Livo             | 5:17.91 | <b>5:13.56</b>   |                  |
|       | Tess Wolterink     | 11 36.55         | 1:16.91 | Nynke Roerdink   | 12 39.79 1:21.48 |
|       | Nicole Krabben     | 11 40.26         | 1:24.07 | Ilse Krabben     | 09 32.83 1:11.10 |
| 2.    | De IJsselmeeuwen 1 | De IJsselmeeuwen | 5:29.59 | <b>5:22.61</b>   |                  |
|       | Pleun Schouten     | 10 33.58         | 1:10.58 | Christa Horstman | 09 38.87 1:24.37 |
|       | Elize Horstman     | 12 40.71         | 1:28.48 | Sanne Wolsheimer | 09 36.81 1:19.18 |
| AFGEM | SG Octopus - ZVV 1 | SG Octopus - ZVV | 4:58.86 |                  |                  |

Programmanr. 608  
23/6/2024 - 16:37

Heren, 50m vrije slag

Heren, All-in  
Resultaten

| rang                   | naam                 | vereniging       | intijd |           | tijd         | RT | Para |
|------------------------|----------------------|------------------|--------|-----------|--------------|----|------|
| <b>Junioren 1 en 2</b> |                      |                  |        |           |              |    |      |
| 1.                     | Gerco van Dijk       | Olympia          | 30.75  | 201000997 | <b>28.95</b> |    |      |
| 2.                     | Jesse Jolink         | ESCA Zwemmen     | 29.78  | 201000401 | <b>29.37</b> |    |      |
| 3.                     | Tim Claassens        | ZV Zaltbommel    | 31.02  | 201001303 | <b>29.76</b> |    |      |
| 4.                     | Barna Esmat          | Aquapoldro       | 31.42  | 201000125 | <b>30.96</b> |    |      |
| 5.                     | Joshua Ortiz Ramos   | NDD              | 32.19  | 201001677 | <b>31.29</b> |    |      |
| 6.                     | Jamie van Veenendaal | TZC Vahalis      | 32.58  | 201001361 | <b>31.36</b> |    |      |
| 7.                     | Giao Bao Pham        | De Vrije Slag    | 33.13  | 201001095 | <b>32.52</b> |    |      |
| 8.                     | Twan Wallerbos       | Livo             | 33.31  | 201000967 | <b>32.60</b> |    |      |
| 9.                     | Retief van Gasteren  | Olympia          | 31.87  | 201000067 | <b>32.74</b> |    |      |
| 10.                    | Rashed Al Mardini    | De Vrije Slag    | 33.64  | 201001231 | <b>33.41</b> |    |      |
| 11.                    | Justin Peters        | NDD              | 34.32  | 201101639 | <b>33.96</b> |    |      |
| 12.                    | Tygo Spaan           | ZV Overbetuwe    | 38.41  | 201100605 | <b>37.63</b> |    |      |
| 13.                    | Thijn Schwartz       | De IJsselmeeuwen | 39.14  | 201102361 | <b>38.14</b> |    |      |
| 14.                    | Sjors Pijl           | Flevo            | 40.34  | 201100865 | <b>38.74</b> |    |      |
| AFGEM                  | Kick Tomassen        | De Berkelduikers | 40.42  | 201102953 |              |    |      |

**Junioren 3 en 4**

|     |                         |                      |       |           |              |  |  |
|-----|-------------------------|----------------------|-------|-----------|--------------|--|--|
| 1.  | Enna Lamers             | ZV Overbetuwe        | 27.94 | 200800899 | <b>27.54</b> |  |  |
| 2.  | Brian Blankespoor       | De Vrije Slag        | 28.38 | 200801133 | <b>27.85</b> |  |  |
| 3.  | Stijn de Lange          | SG Wijchen-Gelenberg | 32.35 | 200901397 | <b>28.25</b> |  |  |
| 4.  | Thymo Smits             | Livo                 | 28.06 | 200802073 | <b>28.36</b> |  |  |
| 5.  | Levi Simonse            | De Vrije Slag        | 29.44 | 200900259 | <b>28.54</b> |  |  |
| 6.  | Teun Verschure          | De IJsselmeeuwen     | 30.95 | 200902763 | <b>29.02</b> |  |  |
| 7.  | Damián van den Anker    | RZC                  | 28.39 | 200802079 | <b>29.68</b> |  |  |
| 8.  | Max van Gasteren        | Olympia              | 29.85 | 200800005 | <b>30.22</b> |  |  |
| 9.  | Levy de Rijke           | De Rijn              | 29.75 | 200800425 | <b>30.54</b> |  |  |
| 10. | Quinten Bijl            | De IJsselmeeuwen     | 31.57 | 200801881 | <b>30.58</b> |  |  |
| 11. | Timon Wierper           | De Vrije Slag        | 31.51 | 200801573 | <b>30.93</b> |  |  |
| 12. | Jurre Wolff van Wulfing | Proteus              | 33.64 | 200902471 | <b>32.47</b> |  |  |
| 13. | Finn Sonneveld          | ZV Zaltbommel        | 33.97 | 200800153 | <b>33.56</b> |  |  |

**Jeugd 1 en 2**

|       |                     |                      |       |           |              |  |  |
|-------|---------------------|----------------------|-------|-----------|--------------|--|--|
| 1.    | Ryan Bleumink       | De Berkelduikers     | 26.26 | 200601257 | <b>26.16</b> |  |  |
| 2.    | Odo McCarthy        | ZV Overbetuwe        | 26.15 | 200700307 | <b>26.52</b> |  |  |
| 3.    | Kjetil van Gasteren | Olympia              | 26.92 | 200600405 | <b>27.05</b> |  |  |
| 4.    | Timo Bourgonje      | SG Octopus - ZVV     | 27.18 | 200700599 | <b>27.33</b> |  |  |
| 5.    | Kai Ticheloven      | NDD                  | 28.45 | 200600941 | <b>28.59</b> |  |  |
| 6.    | Gyan Spaan          | ZV Overbetuwe        | 28.05 | 200701061 | <b>28.80</b> |  |  |
| 7.    | Martijn de Groot    | SG Wijchen-Gelenberg | 28.73 | 200701801 | <b>28.81</b> |  |  |
| 8.    | Thijs Pijl          | Flevo                | 28.67 | 200601979 | <b>28.97</b> |  |  |
| 9.    | Jorinus Luitjes     | Triton Putten        | 31.26 | 200603947 | <b>30.90</b> |  |  |
| 10.   | Joost Pollmann      | ZV Overbetuwe        | 31.44 | 200603521 | <b>31.35</b> |  |  |
| 11.   | Tristan Hinkema     | Neptunus             | 30.65 | 200603281 | <b>31.41</b> |  |  |
| 12.   | Machiel de Gier     | De Vrije Slag        | 33.28 | 200704037 | <b>31.70</b> |  |  |
| 13.   | Sam Polderman       | Olympia              | 33.16 | 200700887 | <b>33.86</b> |  |  |
| AFGEM | Kaj Folkerts        | De Rijn              | 27.57 | 200700067 |              |  |  |

**Senioren 1 en 2**

|    |                 |                      |       |           |              |  |  |
|----|-----------------|----------------------|-------|-----------|--------------|--|--|
| 1. | Joost Brugmans  | RZC                  | 26.35 | 200500391 | <b>26.34</b> |  |  |
| 2. | Cassian Janssen | RZC                  | 26.49 | 200500331 | <b>27.14</b> |  |  |
| 3. | Jorim Hebbink   | De Berkelduikers     | 27.08 | 200401957 | <b>27.21</b> |  |  |
| 4. | Phi Pham        | De Vrije Slag        | 27.98 | 200400899 | <b>28.06</b> |  |  |
| 5. | Tobias Huizing  | Neptunus             | 28.29 | 200502115 | <b>29.01</b> |  |  |
| 6. | Gerrit Rochat   | RZC                  | 29.96 | 200500393 | <b>29.54</b> |  |  |
| 7. | Rick Hermans    | SG Wijchen-Gelenberg | 29.47 | 200501793 | <b>29.82</b> |  |  |

Programmanr. 608, Heren, 50m vrije slag

Senioren

|       |                  |                      |       |           |              |      |
|-------|------------------|----------------------|-------|-----------|--------------|------|
| 1.    | Thijs de Geus    | Olympia              | 24.95 | 200200349 | <b>25.35</b> |      |
| 2.    | Joop Tuppe       | TZC Vahalis          | 25.45 | 200100581 | <b>25.73</b> |      |
| 3.    | Rik Schipper     | De Vrije Slag        | 25.55 | 199901121 | <b>25.78</b> |      |
| 4.    | Ivan Brummelman  | De Berkelduikers     | 25.84 | 200301167 | <b>26.00</b> |      |
| 5.    | Ivar Regelink    | DWV                  | 26.34 | 200102707 | <b>26.33</b> |      |
| 6.    | Tim de Vrugt     | ESCA Zwemmen         | 26.12 | 199306719 | <b>26.56</b> |      |
| 7.    | Rick Theunissen  | SG Wijchen-Gelenberg | 26.30 | 200101257 | <b>26.73</b> |      |
| 8.    | Wessel Haverkamp | ESCA Zwemmen         | 26.13 | 200204755 | <b>27.35</b> |      |
| 9.    | Sander Burgers   | NDD                  | 27.42 | 200103671 | <b>27.36</b> |      |
| 10.   | Bartho Visser    | Triton Putten        | 26.90 | 200005595 | <b>27.46</b> |      |
| 11.   | Bart Maas        | SG Wijchen-Gelenberg | 27.47 | 199901777 | <b>29.01</b> | FJ 1 |
| 12.   | Mattias Meijers  | RZC                  | 28.57 | 200001975 | <b>29.01</b> | FJ 2 |
| 13.   | Wolter Graaf     | Triton Putten        | 31.06 | 200105593 | <b>29.97</b> |      |
| AFGEM | Martijn de Vries | De IJsselmeeuwen     | 28.69 | 200003557 |              |      |

Programmanr. 609  
23/6/2024 - 16:48

Dames, 100m schoolslag

Dames, All-in  
Resultaten

| rang                   | naam                 | vereniging       | intijd  | tijd      | RT Para        | 50m   | 100m    |
|------------------------|----------------------|------------------|---------|-----------|----------------|-------|---------|
| <b>Junioren 1 en 2</b> |                      |                  |         |           |                |       |         |
| 1.                     | Femke Mandema        | Flevo            | 1:39.49 | 201100396 | <b>1:35.24</b> | 45.85 | 1:35.24 |
| 2.                     | Naomi Bits           | TZC Vahalis      | 1:40.36 | 201100908 | <b>1:36.16</b> | 45.96 | 1:36.16 |
| 3.                     | Melissa ter Horst    | ZV Overbetuwe    | 1:40.06 | 201100678 | <b>1:36.90</b> | 45.99 | 1:36.90 |
| 4.                     | Isabelle Meeuwenberg | De Rijn          | 1:41.32 | 201200086 | <b>1:39.47</b> | 46.55 | 1:39.47 |
| 5.                     | Amber Burgmans       | Olympia          | 1:43.04 | 201100502 | <b>1:40.43</b> | 46.27 | 1:40.43 |
| 6.                     | Sanne Eilander       | SG Octopus - ZVV | 1:40.72 | 201102514 | <b>1:42.89</b> | 48.69 | 1:42.89 |
| 7.                     | Eliza Fokink         | NDD              | 1:42.88 | 201102008 | <b>1:43.52</b> | 48.33 | 1:43.52 |
| 8.                     | Emma Kronenburg      | ZV Overbetuwe    | 1:51.29 | 201202454 | <b>1:43.84</b> | 46.90 | 1:43.84 |
| 9.                     | Nicole Krabben       | Livo             | 1:45.85 | 201101144 | <b>1:46.32</b> | 50.30 | 1:46.32 |
| 10.                    | Liv Jolink           | ESCA Zwemmen     | 1:47.32 | 201201908 | <b>1:46.64</b> | 50.05 | 1:46.64 |
| 11.                    | Jynthe Koppenaal     | RZC              | 1:48.76 | 201200396 | <b>1:47.09</b> | 49.41 | 1:47.09 |
| 12.                    | Nynke Roerdink       | Livo             | 1:45.90 | 201200428 | <b>1:48.27</b> | 51.08 | 1:48.27 |
| 13.                    | Isa Ligtermoet       | Triton Putten    | 1:48.87 | 201200310 | <b>1:49.57</b> | 51.04 | 1:49.57 |
| AFGEM                  | Johanna van Vliet    | Proteus          | 1:40.41 | 201102104 |                |       |         |

Junioren 3 en 4

|       |                       |                         |         |           |                |       |         |
|-------|-----------------------|-------------------------|---------|-----------|----------------|-------|---------|
| 1.    | Juno Nijhuis          | RZC                     | 1:27.43 | 200900294 | <b>1:25.27</b> | 40.44 | 1:25.27 |
| 2.    | Robin van Beek        | Aquapoldro              | 1:29.30 | 200903518 | <b>1:28.07</b> | 41.33 | 1:28.07 |
| 3.    | Iris Meijer           | RZC                     | 1:30.51 | 201000614 | <b>1:28.99</b> | 41.02 | 1:28.99 |
| 4.    | Nienke Lutikholt      | Groenlose Zwemverenigin | 1:33.81 | 201002396 | <b>1:30.01</b> | 42.62 | 1:30.01 |
| 5.    | Nikki Nekkers         | Groenlose Zwemverenigin | 1:34.53 | 200902086 | <b>1:31.29</b> | 43.38 | 1:31.29 |
| 6.    | Megan Stalenhoef      | TZC Vahalis             | 1:30.67 | 201002606 | <b>1:31.44</b> | 43.55 | 1:31.44 |
| 7.    | Lenore Donker         | NDD                     | 1:38.60 | 201000080 | <b>1:35.02</b> | 44.95 | 1:35.02 |
| 8.    | Pleun Schouten        | De IJsselmeeuwen        | 1:33.34 | 201002106 | <b>1:35.23</b> | 45.68 | 1:35.23 |
| 9.    | Liss Wakker           | De Rijn                 | 1:31.34 | 201000140 | <b>1:36.51</b> | 44.55 | 1:36.51 |
| 10.   | Jolijn van de Burgwal | DWK                     | 1:40.13 | 200903594 | <b>1:36.63</b> | 45.69 | 1:36.63 |
| 11.   | Lana Zuidwijk         | Neptunus                | 1:36.13 | 201001988 | <b>1:39.81</b> | 46.83 | 1:39.81 |
| 12.   | Sanne Wolsheimer      | De IJsselmeeuwen        | 1:47.44 | 200901646 | <b>1:46.59</b> | 49.84 | 1:46.59 |
| 13.   | Christa Horstman      | De IJsselmeeuwen        | 1:51.18 | 200900742 | <b>1:49.70</b> | 50.28 | 1:49.70 |
| AFGEM | Ilse Krabben          | Livo                    | 1:29.67 | 200902304 |                |       |         |
| AFGEM | Eva Eikelboom         | SG Octopus - ZVV        | 1:29.05 | 200903718 |                |       |         |

Jeugd 1 en 2

|    |                      |                  |         |           |                |       |         |
|----|----------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | D. van de Werken     | De Meer          | 1:24.93 | 200701672 | <b>1:25.01</b> | 40.01 | 1:25.01 |
| 2. | Jinte van Ginkel     | DWK              | 1:25.51 | 200701286 | <b>1:25.93</b> | 40.80 | 1:25.93 |
| 3. | Mandy Siebelink      | ESCA Zwemmen     | 1:26.36 | 200700582 | <b>1:26.52</b> | 40.00 | 1:26.52 |
| 4. | Britt Hopman         | SG Octopus - ZVV | 1:26.55 | 200702688 | <b>1:27.56</b> | 41.78 | 1:27.56 |
| 5. | Nynke van Leeuwen    | De Berkelduikers | 1:31.18 | 200701272 | <b>1:28.99</b> | 41.40 | 1:28.99 |
| 6. | Elise van der Wielen | Olympia          | 1:31.00 | 200700346 | <b>1:29.16</b> | 41.82 | 1:29.16 |
| 7. | Jet Rötter           | Livo             | 1:27.00 | 200803192 | <b>1:29.80</b> | 41.64 | 1:29.80 |
| 8. | Inke Versluis        | Olympia          | 1:27.72 | 200800218 | <b>1:32.09</b> | 42.86 | 1:32.09 |
| 9. | D. van der Wielen    | Olympia          | 1:29.10 | 200800220 | <b>1:33.07</b> | 42.73 | 1:33.07 |

Programmanr. 609, Meisjes, 100m schoolslag, Jeugd 1 en 2

| rang | naam             | vereniging       | intijd  | tijd      | RT Para        | 50m   | 100m    |
|------|------------------|------------------|---------|-----------|----------------|-------|---------|
| 10.  | Tess Wakker      | De Rijn          | 1:32.31 | 200700154 | <b>1:33.29</b> | 44.10 | 1:33.29 |
| 11.  | Sofie Gubbens    | ESCA Zwemmen     | 1:35.40 | 200704788 | <b>1:33.48</b> | 44.02 | 1:33.48 |
| 12.  | Sophie Schuirink | Livo             | 1:32.76 | 200802450 | <b>1:33.57</b> | 43.68 | 1:33.57 |
| 13.  | Ilse Hoentjen    | De Berkelduikers | 1:35.40 | 200802580 | <b>1:33.84</b> | 44.35 | 1:33.84 |
| 14.  | Dana Eelderink   | De Berkelduikers | 1:29.85 | 200803086 | <b>1:35.79</b> | 44.31 | 1:35.79 |

Senioren 1 en 2

|     |                      |                  |         |           |                |       |         |
|-----|----------------------|------------------|---------|-----------|----------------|-------|---------|
| 1.  | Britt Meisner        | SG Octopus - ZVV | 1:25.02 | 200600658 | <b>1:21.92</b> | 38.33 | 1:21.92 |
| 2.  | Senna Levering       | DWK              | 1:22.54 | 200603892 | <b>1:22.14</b> | 39.10 | 1:22.14 |
| 3.  | Bloem Muijlaert      | SG Octopus - ZVV | 1:24.24 | 200602754 | <b>1:25.16</b> | 40.52 | 1:25.16 |
| 4.  | Kayleigh van Vliet   | TZC Vahalis      | 1:27.28 | 200604982 | <b>1:25.91</b> | 39.86 | 1:25.91 |
| 5.  | Pien Ooijman         | De Berkelduikers | 1:30.08 | 200504500 | <b>1:27.50</b> | 40.82 | 1:27.50 |
| 6.  | Iris de Schrijver    | CWW Swimteam     | 1:28.05 | 200600536 | <b>1:29.53</b> | 42.19 | 1:29.53 |
| 7.  | Anna Kamphuis        | DWK              | 1:30.77 | 200600334 | <b>1:29.68</b> | 41.56 | 1:29.68 |
| 8.  | Jennifer Helmink     | Montferland      | 1:31.91 | 200502524 | <b>1:30.71</b> | 42.43 | 1:30.71 |
| 9.  | Lois Hofman          | SG Octopus - ZVV | 1:33.58 | 200602040 | <b>1:32.51</b> | 44.01 | 1:32.51 |
| 10. | Cato Wiggers         | RZC              | 1:31.41 | 200602170 | <b>1:32.82</b> | 42.36 | 1:32.82 |
| 11. | Loes van Schriek     | Montferland      | 1:28.47 | 200503372 | <b>1:32.98</b> | 42.95 | 1:32.98 |
| 12. | Susanne van de Geest | Triton Putten    | 1:32.49 | 200605018 | <b>1:34.27</b> | 43.78 | 1:34.27 |
| 13. | Madelief van Steeg   | Triton Putten    | 1:34.97 | 200602602 | <b>1:35.01</b> | 44.42 | 1:35.01 |

Senioren

|     |                       |                  |         |           |                     |       |         |
|-----|-----------------------|------------------|---------|-----------|---------------------|-------|---------|
| 1.  | Eline van Gemert      | De Meer          | 1:19.44 | 199505458 | <b>1:20.94</b>      | 38.52 | 1:20.94 |
| 2.  | Isa van Ditshuizen    | De Berkelduikers | 1:23.07 | 200201002 | <b>1:21.82</b>      | 38.69 | 1:21.82 |
| 3.  | Merel van den Heuvel  | De Meer          | 1:23.79 | 200201784 | <b>1:21.95</b>      | 38.19 | 1:21.95 |
| 4.  | Britt Biemans         | Olympia          | 1:22.85 | 200400080 | <b>1:22.32</b> FJ 1 | 38.79 | 1:22.32 |
| 5.  | Chantal van der Horst | De Meer          | 1:19.29 | 199400616 | <b>1:22.32</b> FJ 2 | 39.34 | 1:22.32 |
| 6.  | Imogen Oldfield       | RZC              | 1:26.72 | 199806046 | <b>1:25.14</b>      | 39.31 | 1:25.14 |
| 7.  | Esther van Maastrigt  | Montferland      | 1:28.67 | 198802836 | <b>1:27.62</b>      | 41.43 | 1:27.62 |
| 8.  | Janine de Groot       | NDD              | 1:27.10 | 199500092 | <b>1:28.13</b>      | 41.30 | 1:28.13 |
| 9.  | Leonie Veldhuis       | SG Octopus - ZVV | 1:27.92 | 200301768 | <b>1:28.77</b>      | 42.55 | 1:28.77 |
| 10. | Sheila ten Voorde     | SG Octopus - ZVV | 1:26.39 | 199904538 | <b>1:29.29</b>      | 42.32 | 1:29.29 |
| 11. | Welmoed Doornbos      | De IJsselmeeuwen | 1:26.00 | 200203352 | <b>1:29.87</b>      | 41.33 | 1:29.87 |
| 12. | Laura ter Stege       | CWW Swimteam     | 1:28.42 | 199602364 | <b>1:30.09</b>      | 41.33 | 1:30.09 |
| NG  | Lieke van Hofwegen    | De Rijn          | 1:25.10 | 200105144 |                     |       |         |

Programmanr. 610  
23/6/2024 - 17:12

Heren, 100m rugslag

Heren, All-in  
Resultaten

| rang                   | naam                 | vereniging       | intijd  | tijd      | RT Para        | 50m   | 100m    |
|------------------------|----------------------|------------------|---------|-----------|----------------|-------|---------|
| <b>Junioren 1 en 2</b> |                      |                  |         |           |                |       |         |
| 1.                     | Gerco van Dijk       | Olympia          | 1:20.57 | 201000997 | <b>1:15.99</b> | 37.65 | 1:15.99 |
| 2.                     | Barna Esmat          | Aquapoldro       | 1:18.86 | 201000125 | <b>1:16.98</b> | 37.58 | 1:16.98 |
| 3.                     | Jamie van Veenendaal | TZC Vahalis      | 1:21.22 | 201001361 | <b>1:18.22</b> | 38.86 | 1:18.22 |
| 4.                     | Aurel Starink        | NDD              | 1:27.89 | 201100793 | <b>1:20.91</b> | 40.52 | 1:20.91 |
| 5.                     | Joshua Ortiz Ramos   | NDD              | 1:29.80 | 201001677 | <b>1:23.49</b> | 40.34 | 1:23.49 |
| 6.                     | Retief van Gasteren  | Olympia          | 1:25.73 | 201000067 | <b>1:24.84</b> | 41.83 | 1:24.84 |
| 7.                     | Manuel Meijers       | De Rijn          | 1:27.83 | 201002289 | <b>1:26.14</b> | 42.07 | 1:26.14 |
| 8.                     | Tim Claassens        | ZV Zaltbommel    | 1:23.62 | 201001303 | <b>1:26.15</b> | 39.86 | 1:26.15 |
| 9.                     | Sjors Pijl           | Flevo            | 1:45.32 | 201100865 | <b>1:34.71</b> | 47.62 | 1:34.71 |
| 10.                    | Tygo Spaan           | ZV Overbetuwe    | 1:41.50 | 201100605 | <b>1:46.01</b> | 50.66 | 1:46.01 |
| 11.                    | Thijn Schwartz       | De IJsselmeeuwen | 1:51.87 | 201102361 | <b>1:49.74</b> | 50.94 | 1:49.74 |
| DIS                    | Henk Mostert         | De Vrije Slag    | 1:29.94 | 201000231 |                |       |         |

*RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.*

|       |               |                  |         |           |  |  |  |
|-------|---------------|------------------|---------|-----------|--|--|--|
| AFGEM | Kick Tomassen | De Berkelduikers | 1:53.63 | 201102953 |  |  |  |
|-------|---------------|------------------|---------|-----------|--|--|--|

Programmanr. 610, Heren, 100m rugslag

Junioren 3 en 4

|     |                      |                      |         |           |                |       |         |
|-----|----------------------|----------------------|---------|-----------|----------------|-------|---------|
| 1.  | Enna Lamers          | ZV Overbetuwe        | 1:09.89 | 200800899 | <b>1:07.30</b> | 33.05 | 1:07.30 |
| 2.  | Ruben Zirkzee        | De Meer              | 1:11.27 | 200900571 | <b>1:10.62</b> | 34.48 | 1:10.62 |
| 3.  | Levi Simonse         | De Vrije Slag        | 1:15.43 | 200900259 | <b>1:14.03</b> | 35.48 | 1:14.03 |
| 4.  | Teun Verschure       | De IJsselmeewuven    | 1:19.85 | 200902763 | <b>1:16.64</b> | 37.05 | 1:16.64 |
| 5.  | Jelmer Kruijt        | Olympia              | 1:19.46 | 200900525 | <b>1:17.28</b> | 37.53 | 1:17.28 |
| 6.  | Max van Gasteren     | Olympia              | 1:17.61 | 200800005 | <b>1:18.24</b> | 36.96 | 1:18.24 |
| 7.  | Stijn de Lange       | SG Wijchen-Gelenberg | 1:19.31 | 200901397 | <b>1:19.58</b> | 39.24 | 1:19.58 |
| 8.  | Brian Blankespoor    | De Vrije Slag        | 1:20.63 | 200801133 | <b>1:20.68</b> | 39.07 | 1:20.68 |
| 9.  | Thymo Smits          | Livo                 | 1:17.51 | 200802073 | <b>1:21.05</b> | 39.34 | 1:21.05 |
| 10. | Finn Sonneveld       | ZV Zaltbommel        | 1:23.99 | 200800153 | <b>1:21.47</b> | 40.17 | 1:21.47 |
| 11. | J. Wolff van Wulfing | Proteus              | 1:26.05 | 200902471 | <b>1:29.31</b> | 44.97 | 1:29.31 |
| DIS | Quinten Bijl         | De IJsselmeewuven    | 1:26.67 | 200801881 |                |       |         |

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.

Jeugd 1 en 2

|    |                     |                  |         |           |                |       |         |
|----|---------------------|------------------|---------|-----------|----------------|-------|---------|
| 1. | Kjetil van Gasteren | Olympia          | 1:08.84 | 200600405 | <b>1:08.15</b> | 32.49 | 1:08.15 |
| 2. | Timo Bourgonje      | SG Octopus - ZVV | 1:09.38 | 200700599 | <b>1:09.94</b> | 33.04 | 1:09.94 |
| 3. | Gyan Spaan          | ZV Overbetuwe    | 1:12.49 | 200701061 | <b>1:12.88</b> | 34.64 | 1:12.88 |
| 4. | Thijs Pijl          | Flevo            | 1:16.62 | 200601979 | <b>1:18.17</b> | 37.03 | 1:18.17 |
| 5. | Joost Pollmann      | ZV Overbetuwe    | 1:20.70 | 200603521 | <b>1:18.56</b> | 38.01 | 1:18.56 |
| 6. | Jorinus Luitjes     | Triton Putten    | 1:17.68 | 200603947 | <b>1:21.30</b> | 38.22 | 1:21.30 |

Senioren 1 en 2

|    |                |                      |         |           |                |       |         |
|----|----------------|----------------------|---------|-----------|----------------|-------|---------|
| 1. | Tobias Huizing | Neptunus             | 1:11.89 | 200502115 | <b>1:12.43</b> | 36.21 | 1:12.43 |
| 2. | Phi Pham       | De Vrije Slag        | 1:13.68 | 200400899 | <b>1:13.79</b> | 35.69 | 1:13.79 |
| 3. | Rick Hermans   | SG Wijchen-Gelenberg | 1:14.31 | 200501793 | <b>1:16.55</b> | 37.67 | 1:16.55 |

Senioren

|    |                 |                      |         |           |                |       |         |
|----|-----------------|----------------------|---------|-----------|----------------|-------|---------|
| 1. | Hans Stoffers   | DWK                  | 1:06.86 | 199604027 | <b>1:07.88</b> | 32.61 | 1:07.88 |
| 2. | Rick Theunissen | SG Wijchen-Gelenberg | 1:06.43 | 200101257 | <b>1:09.35</b> | 33.87 | 1:09.35 |
| 3. | Bartho Visser   | Triton Putten        | 1:11.79 | 200005595 | <b>1:11.16</b> | 35.21 | 1:11.16 |
| 4. | Sander Burgers  | NDD                  | 1:13.06 | 200103671 | <b>1:12.43</b> | 34.64 | 1:12.43 |
| 5. | Bart Maas       | SG Wijchen-Gelenberg | 1:11.89 | 199901777 | <b>1:18.20</b> | 37.62 | 1:18.20 |
| 6. | Wolter Graaf    | Triton Putten        | 1:37.81 | 200105593 | <b>1:34.94</b> | 45.18 | 1:34.94 |

Programmanr. 611  
23/6/2024 - 17:26

Dames, 50m rugslag

Dames, All-in  
Resultaten

| rang                   | naam                 | vereniging       | intijd | tijd      | RT           | Para |
|------------------------|----------------------|------------------|--------|-----------|--------------|------|
| <b>Junioren 1 en 2</b> |                      |                  |        |           |              |      |
| 1.                     | Nikita van den Berg  | SG Octopus - ZVV | 41.55  | 201102130 | <b>38.73</b> |      |
| 2.                     | Femke Mandema        | Flevo            | 41.97  | 201100396 | <b>38.95</b> |      |
| 3.                     | Melissa ter Horst    | ZV Overbetuwe    | 40.94  | 201100678 | <b>39.53</b> |      |
| 4.                     | Naomi Bits           | TZC Vahalis      | 40.85  | 201100908 | <b>39.57</b> |      |
| 5.                     | Tess Wolterink       | Livo             | 42.57  | 201101148 | <b>40.90</b> |      |
| 6.                     | Kensi de Lange       | De Meer          | 43.83  | 201100276 | <b>40.98</b> |      |
| 7.                     | Iris Veld            | Aquapoldro       | 42.37  | 201102260 | <b>42.40</b> |      |
| 8.                     | Jynthe Koppenaal     | RZC              | 42.59  | 201200396 | <b>43.98</b> |      |
| 9.                     | Isabelle Meeuwenberg | De Rijn          | 45.78  | 201200086 | <b>44.43</b> |      |
| 10.                    | Nynke Roerdink       | Livo             | 44.12  | 201200428 | <b>44.80</b> |      |
| 11.                    | Ciska den Oudsten    | ZV Zaltbommel    | 44.75  | 201200694 | <b>45.15</b> |      |
| 12.                    | Emma Kronenburg      | ZV Overbetuwe    | 42.98  | 201202454 | <b>45.65</b> |      |
| AFGEM                  | Silke Jetten         | NDD              | 43.81  | 201200302 |              |      |



Programmanr. 611, Dames, 50m rugslag

Junioren 3 en 4

|       |                      |                          |       |           |              |
|-------|----------------------|--------------------------|-------|-----------|--------------|
| 1.    | Froukje van Leeuwen  | De Berkelduikers         | 35.47 | 200901208 | <b>35.67</b> |
| 2.    | Milouck Frunt        | DWK                      | 35.13 | 200901664 | <b>35.83</b> |
| 3.    | Evi Giesbers         | TZC Vahalis              | 35.94 | 200901536 | <b>35.90</b> |
| 4.    | Tess Dugandzic       | Zuiderzeezwemmers        | 36.59 | 201002908 | <b>36.25</b> |
| 5.    | Robin van Beek       | Aquapoldro               | 38.54 | 200903518 | <b>37.07</b> |
| 6.    | Megan Stalenhoef     | TZC Vahalis              | 37.15 | 201002606 | <b>37.68</b> |
| 7.    | Evelyne Nas          | NDD                      | 39.06 | 200902066 | <b>38.02</b> |
| 8.    | Nienke Luttkholt     | Groenlose Zwemvereniging | 39.73 | 201002396 | <b>38.34</b> |
| 9.    | Lenore Donker        | NDD                      | 38.30 | 201000080 | <b>38.94</b> |
| 10.   | Pleun Schouten       | De IJsselmeeuwen         | 39.30 | 201002106 | <b>39.64</b> |
| 11.   | Sophie van der Horst | Flevo                    | 40.83 | 201000246 | <b>39.90</b> |
| AFGEM | Ilse Krabben         | Livo                     | 41.03 | 200902304 |              |
| AFGEM | Eva Eikelboom        | SG Octopus - ZVV         | 38.78 | 200903718 |              |
| AFGEM | Nena van Amerongen   | NDD                      | 40.85 | 201002188 |              |

Jeugd 1 en 2

|       |                       |                  |       |           |              |
|-------|-----------------------|------------------|-------|-----------|--------------|
| 1.    | Nynke van Leeuwen     | De Berkelduikers | 35.66 | 200701272 | <b>34.25</b> |
| 2.    | Imke Riefel           | NDD              | 34.59 | 200801994 | <b>34.77</b> |
| 3.    | Jinte van Ginkel      | DWK              | 35.15 | 200701286 | <b>35.10</b> |
| 4.    | Rosalie Bressers      | RZC              | 35.70 | 200703820 | <b>36.15</b> |
| 5.    | Daphne van der Wielen | Olympia          | 35.61 | 200800220 | <b>36.28</b> |
| 6.    | Nicole Groeneveld     | Batavia Swim     | 38.54 | 200804824 | <b>36.45</b> |
| 7.    | Britt Hopman          | SG Octopus - ZVV | 38.48 | 200702688 | <b>37.27</b> |
| 8.    | Merle Baumeister      | ESCA Zwemmen     | 38.42 | 200803026 | <b>37.77</b> |
| 9.    | Felice Baris          | NDD              | 36.89 | 200701822 | <b>38.05</b> |
| 10.   | Elise van der Wielen  | Olympia          | 38.50 | 200700346 | <b>38.47</b> |
| 11.   | Tess Wakker           | De Rijn          | 37.21 | 200700154 | <b>38.50</b> |
| 12.   | Jet Rötter            | Livo             | 38.09 | 200803192 | <b>38.57</b> |
| AFGEM | Frédérique Beenen     | Aquapoldro       | 36.20 | 200804444 |              |
| AFGEM | Anique Gravemaker     | De Rijn          | 38.26 | 200700022 |              |
| AFGEM | Inke Versluis         | Olympia          | 36.80 | 200800218 |              |
| AFGEM | Sophie Hoekstra       | Triton Putten    | 37.30 | 200802594 |              |

Senioren 1 en 2

|       |                       |                  |       |           |              |
|-------|-----------------------|------------------|-------|-----------|--------------|
| 1.    | Merith Janssen        | RZC              | 32.80 | 200600106 | <b>33.78</b> |
| 2.    | Anna Kamphuis         | DWK              | 34.33 | 200600334 | <b>34.54</b> |
| 3.    | Sabine Uytdewilligen  | ESCA Zwemmen     | 35.31 | 200502654 | <b>35.28</b> |
| 4.    | Britt Meisner         | SG Octopus - ZVV | 34.74 | 200600658 | <b>35.39</b> |
| 5.    | Pien Ooijman          | De Berkelduikers | 35.00 | 200504500 | <b>35.51</b> |
| 6.    | Bloem Muijlaert       | SG Octopus - ZVV | 36.00 | 200602754 | <b>36.75</b> |
| 7.    | Luna Uytdewilligen    | ESCA Zwemmen     | 37.39 | 200601922 | <b>37.27</b> |
| 8.    | Jolijn van der Tooren | Triton Putten    | 35.43 | 200604980 | <b>37.39</b> |
| 9.    | Kyra van Veenhuizen   | Triton Putten    | 37.98 | 200601032 | <b>37.77</b> |
| 10.   | Jennifer Helmink      | Montferland      | 37.94 | 200502524 | <b>38.05</b> |
| 11.   | Madelief van Steeg    | Triton Putten    | 38.58 | 200602602 | <b>39.61</b> |
| AFGEM | Sterre Karmiggelt     | De IJsselmeeuwen | 35.98 | 200601786 |              |
| AFGEM | Maartje Vriesen       | Neptunus         | 37.61 | 200604796 |              |
| NG    | Azra Guler            | NDD              | 36.89 | 200503054 |              |

Senioren

|       |                      |                  |       |           |              |
|-------|----------------------|------------------|-------|-----------|--------------|
| 1.    | Elmi Roelofsen       | SG Octopus - ZVV | 33.84 | 199008198 | <b>32.79</b> |
| 2.    | Merel van den Heuvel | De Meer          | 35.27 | 200201784 | <b>33.25</b> |
| 3.    | Eline van Gemert     | De Meer          | 32.97 | 199505458 | <b>34.01</b> |
| 4.    | Ellen ter Stege      | ESCA Zwemmen     | 34.23 | 199900604 | <b>34.32</b> |
| 5.    | Janine de Groot      | NDD              | 33.95 | 199500092 | <b>34.94</b> |
| 6.    | Isa van Ditshuizen   | De Berkelduikers | 36.38 | 200201002 | <b>35.23</b> |
| 7.    | Iris van Gijtenbeek  | De Berkelduikers | 35.79 | 200001636 | <b>35.62</b> |
| 8.    | Maud Tempel          | Montferland      | 36.14 | 200402136 | <b>36.39</b> |
| 9.    | Esther van Maastrigt | Montferland      | 36.00 | 198802836 | <b>36.46</b> |
| 10.   | Imogen Oldfield      | RZC              | 36.78 | 199806046 | <b>36.65</b> |
| 11.   | Daphne van Rees      | SG Octopus - ZVV | 37.83 | 200301766 | <b>37.49</b> |
| 12.   | Welmoed Doornbos     | De IJsselmeeuwen | 36.10 | 200203352 | <b>37.82</b> |
| AFGEM | Aniek Garritsen      | De IJsselmeeuwen | 33.05 | 199504290 |              |

Programmanr. 612  
23/6/2024 - 17:39

Heren, 200m wisselslag

Heren, All-in  
Resultaten

| rang naam   | vereniging    | intijd            | tijd           | RTPara | 50m   | 100m    | 150m    | 200m    |
|---|---------------|-------------------|----------------|--------|-------|---------|---------|---------|
| <b>Junioren 1 en 2</b>  |               |                   |                |        |       |         |         |         |
| 1. Fynn Montagne  | De Meer       | 2:58.20 201001155 | <b>2:46.73</b> |        | 35.01 | 1:20.21 | 2:08.30 | 2:46.73 |
| 2. Barna Esmat  | Aquapoldro    | 2:56.30 201000125 | <b>2:53.42</b> |        | 39.31 | 1:23.83 | 2:14.93 | 2:53.42 |
| 3. Retief van Gasteren  | Olympia       | 2:59.71 201000067 | <b>2:54.24</b> |        | 37.42 | 1:21.10 | 2:13.16 | 2:54.24 |
| 4. J. van Veenendaal  | TZC Vahalis   | 3:07.49 201001361 | <b>2:57.19</b> |        | 39.63 | 1:24.88 | 2:17.94 | 2:57.19 |
| 5. Tim Claassens  | ZV Zaltbommel | 3:14.38 201001303 | <b>3:05.82</b> |        | 42.26 | 1:28.13 | 2:24.42 | 3:05.82 |
| 6. Manuel Meijers   | De Rijn       | 3:12.40 201002289 | <b>3:10.66</b> |        | 43.64 | 1:31.73 | 2:23.23 | 3:10.66 |
| 7. Sjors Pijl   | Flevo         | 3:18.43 201100865 | <b>3:14.94</b> |        | 45.15 | 1:35.58 | 2:30.09 | 3:14.94 |
| 8. Mikai ten Haaff  | Livo          | 3:41.70 201001365 | <b>3:17.71</b> |        | 47.44 | 1:37.60 | 2:34.17 | 3:17.71 |
| 9. Twan Wallerbos   | Livo          | 3:26.24 201000967 | <b>3:21.33</b> |        | 49.97 | 1:40.79 | 2:37.39 | 3:21.33 |
| DIS Tygo Spaan  | ZV Overbetuwe | 3:39.96 201100605 |                |        |       |         |         |         |
| <i>VN - Niet gehele race aan het wateroppervlak gebleven (geldt niet voor keerpunt en 1e 15 m na start en keerpunt)</i> |               |                   |                |        |       |         |         |         |

AFGEM Kick Tomassen De Berkelduikers 3:51.25 201102953

**Junioren 3 en 4**

|   |                      |                   |                |  |       |         |         |         |
|---|----------------------|-------------------|----------------|--|-------|---------|---------|---------|
| 1. Ruben Zirkzee  | De Meer              | 2:44.46 200900571 | <b>2:36.72</b> |  | 35.26 | 1:12.62 | 2:00.28 | 2:36.72 |
| 2. Jelmer Kruijt  | Olympia              | 2:44.92 200900525 | <b>2:43.19</b> |  | 33.19 | 1:14.43 | 2:04.30 | 2:43.19 |
| 3. Brian Blankespoor  | De Vrije Slag        | 2:54.50 200801133 | <b>2:45.95</b> |  | 36.57 | 1:21.41 | 2:11.53 | 2:45.95 |
| 4. Fabian Bruil   | Aquapoldro           | 2:55.75 200900533 | <b>2:47.94</b> |  | 36.97 | 1:18.54 | 2:10.36 | 2:47.94 |
| 5. Max van Gasteren   | Olympia              | 2:54.64 200800005 | <b>2:50.10</b> |  | 35.43 | 1:16.10 | 2:07.05 | 2:50.10 |
| 6. D. van den Anker   | RZC                  | 2:52.39 200802079 | <b>2:50.68</b> |  | 36.15 | 1:21.31 | 2:15.65 | 2:50.68 |
| 7. Thymo Smits  | Livo                 | 3:00.45 200802073 | <b>2:53.09</b> |  | 40.19 | 1:24.88 | 2:15.18 | 2:53.09 |
| 8. Stijn de Lange   | SG Wijchen-Gelenberg | 2:57.04 200901397 | <b>2:57.35</b> |  | 37.27 | 1:23.18 | 2:18.50 | 2:57.35 |
| 9. Timon Wierper  | De Vrije Slag        | 2:55.36 200801573 | <b>3:00.28</b> |  | 38.58 | 1:22.49 | 2:18.57 | 3:00.28 |
| 10. K. Stevens O'Reilly   | Aquapoldro           | 3:09.95 200803657 | <b>3:01.93</b> |  | 41.31 | 1:29.78 | 2:21.85 | 3:01.93 |
| 11. Bram van Tongeren   | Zuiderzeewimmers     | 3:09.24 200903497 | <b>3:04.11</b> |  | 39.05 | 1:27.53 | 2:22.52 | 3:04.11 |
| 12. Finn Sonneveld  | ZV Zaltbommel        | 3:06.24 200800153 | <b>3:04.25</b> |  | 43.22 | 1:29.12 | 2:25.69 | 3:04.25 |
| 13. J. Wolff van Wulfing  | Proteus              | 3:09.82 200902471 | <b>3:06.40</b> |  | 42.30 | 1:29.02 | 2:26.10 | 3:06.40 |
| DIS Daniël Heutinck   | Groenlose Zwemvereni | 3:04.41 200903011 | <b>2:55.24</b> |  | 35.81 | 1:23.64 | 2:15.60 | 2:55.24 |
| <i>RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten., RH</i> |                      |                   |                |  |       |         |         |         |

**Jeugd 1 en 2**

|   |                      |                   |                |  |       |         |         |         |
|---|----------------------|-------------------|----------------|--|-------|---------|---------|---------|
| 1. Timo Bourgonje   | SG Octopus - ZVV     | 2:35.71 200700599 | <b>2:29.95</b> |  | 32.38 | 1:11.02 | 1:56.05 | 2:29.95 |
| 2. Kjetil van Gasteren  | Olympia              | 2:37.73 200600405 | <b>2:34.78</b> |  | 32.35 | 1:12.48 | 1:56.94 | 2:34.78 |
| 3. Gyan Spaan   | ZV Overbetuwe        | 2:37.58 200701061 | <b>2:38.21</b> |  | 34.69 | 1:15.06 | 2:00.73 | 2:38.21 |
| 4. Thijs Pijl   | Flevo                | 2:46.70 200601979 | <b>2:43.73</b> |  | 33.63 | 1:18.61 | 2:07.99 | 2:43.73 |
| 5. Martijn de Groot   | SG Wijchen-Gelenberg | 2:41.13 200701801 | <b>2:44.19</b> |  | 34.75 | 1:17.37 | 2:06.09 | 2:44.19 |
| 6. Kai Ticheloven   | NDD                  | 2:52.85 200600941 | <b>2:50.23</b> |  | 35.10 | 1:20.75 | 2:11.12 | 2:50.23 |
| 7. Tristan Hinkema  | Neptunus             | 3:04.29 200603281 | <b>3:00.11</b> |  | 40.48 | 1:26.00 | 2:18.81 | 3:00.11 |
| DIS Jorinus Luitjes   | Triton Putten        | 2:50.90 200603947 |                |  |       |         |         |         |
| <i>RF - Nadat het contact met de wand is verbroken na het keerpunt de rugligging niet aangenomen.</i> |                      |                   |                |  |       |         |         |         |

AFGEM Kaj Folkerts De Rijn 2:29.87 200700067

**Senioren 1 en 2**

|                    |                      |                   |                |  |       |         |         |         |
|--------------------|----------------------|-------------------|----------------|--|-------|---------|---------|---------|
| 1. Cassian Janssen | RZC                  | 2:30.42 200500331 | <b>2:31.09</b> |  | 30.62 | 1:07.36 | 1:54.19 | 2:31.09 |
| 2. Phi Pham        | De Vrije Slag        | 2:36.51 200400899 | <b>2:32.60</b> |  | 33.95 | 1:13.79 | 1:56.30 | 2:32.60 |
| 3. Jorim Hebbink   | De Berkelduikers     | 2:36.29 200401957 | <b>2:33.67</b> |  | 31.22 | 1:11.02 | 1:58.55 | 2:33.67 |
| 4. Gerrit Rochat   | RZC                  | 2:35.34 200500393 | <b>2:39.13</b> |  | 32.61 | 1:12.95 | 2:00.30 | 2:39.13 |
| 5. Rick Hermans    | SG Wijchen-Gelenberg | 2:40.34 200501793 | <b>2:44.97</b> |  | 32.88 | 1:16.37 | 2:05.78 | 2:44.97 |

Programmanr. 612, Heren, 200m wisselslag

Senioren

|                     |                      |         |           |                |       |         |         |         |
|---------------------|----------------------|---------|-----------|----------------|-------|---------|---------|---------|
| 1. Joop Tuppe       | TZC Vahalis          | 2:27.93 | 200100581 | <b>2:21.89</b> | 30.34 | 1:06.27 | 1:49.21 | 2:21.89 |
| 2. Thijs de Geus    | Olympia              | 2:24.57 | 200200349 | <b>2:22.17</b> | 28.21 | 1:05.79 | 1:48.70 | 2:22.17 |
| 3. Ivan Brummelman  | De Berkelduikers     | 2:32.11 | 200301167 | <b>2:26.91</b> | 30.69 | 1:09.43 | 1:53.32 | 2:26.91 |
| 4. Hans Stoffers    | DWK                  | 2:25.80 | 199604027 | <b>2:27.68</b> | 29.79 | 1:07.87 | 1:52.13 | 2:27.68 |
| 5. R. van der Horst | De Meer              | 2:28.24 | 199700179 | <b>2:27.88</b> | 32.43 | 1:12.65 | 1:52.83 | 2:27.88 |
| 6. Tim de Vrugt     | ESCA Zwemmen         | 2:31.25 | 199306719 | <b>2:31.64</b> | 30.27 | 1:09.71 | 1:55.48 | 2:31.64 |
| 7. Sander Burgers   | NDD                  | 2:35.78 | 200103671 | <b>2:34.95</b> | 33.74 | 1:15.17 | 2:00.57 | 2:34.95 |
| 8. Renzo Meester    | Flevo                | 2:38.41 | 200202897 | <b>2:37.70</b> | 31.12 | 1:14.82 | 2:02.27 | 2:37.70 |
| 9. Rick Theunissen  | SG Wijchen-Gelenberg | 2:36.45 | 200101257 | <b>2:40.70</b> | 32.65 | 1:12.08 | 2:03.89 | 2:40.70 |
| 10. Bartho Visser   | Triton Putten        | 2:38.70 | 200005595 | <b>2:52.11</b> | 36.04 | 1:19.91 | 2:10.52 | 2:52.11 |

Programmanr. 613  
23/6/2024 - 18:13

Dames, 4 x 100m wisselslag

Dames, All-in  
Resultaten

| rang  | vereniging            | intijd           | tijd    | RT                    | Para             |
|-------|-----------------------|------------------|---------|-----------------------|------------------|
| 1.    | De Meer 1             | De Meer          | 4:56.17 | <b>5:00.26</b>        |                  |
|       | Merel van den Heuvel  | 02 34.64         | 1:12.48 | Chantal van der Horst | 94 36.98 1:19.94 |
|       | Eline van Gemert      | 95 36.94         | 1:20.15 | Danique van de Werken | 07 31.20 1:07.69 |
| 2.    | ESCA Zwemmen 1        | ESCA Zwemmen     | 5:09.46 | <b>5:02.70</b>        |                  |
|       | Ellen ter Stege       | 99 36.49         | 1:15.21 | Luna Uytdevilligen    | 06 34.79 1:15.97 |
|       | Mandy Siebelink       | 07 39.32         | 1:25.37 | Sabine Uytdevilligen  | 05 31.27 1:06.15 |
| 3.    | DWK 1                 | DWK              | 5:03.81 | <b>5:03.64</b>        |                  |
|       | Anna Kamphuis         | 06 36.77         | 1:15.81 | Laura Volkers         | 08 33.56 1:18.04 |
|       | Senna Levering        | 06 39.15         | 1:24.79 | Jinte van Ginkel      | 07 30.87 1:05.00 |
| 4.    | SG Octopus - ZVV 1    | SG Octopus - ZVV | 5:01.40 | <b>5:07.03</b>        |                  |
|       | Bloem Muijaert        | 06 37.91         | 1:19.56 | Elmi Roelofsen        | 90 33.76 1:16.85 |
|       | Britt Meisner         | 06 38.81         | 1:24.13 | Sheila ten Voorde     | 99 30.91 1:06.49 |
| 5.    | RZC 1                 | RZC              | 5:08.88 | <b>5:13.13</b>        |                  |
|       | Merith Janssen        | 06 36.49         | 1:18.10 | Juno Nijhuis          | 09 36.89 1:23.68 |
|       | Imogen Oldfield       | 98 38.88         | 1:25.56 | Rosalie Bressers      | 07 31.89 1:05.79 |
| 6.    | NDD 1                 | NDD              | 5:08.73 | <b>5:17.33</b>        |                  |
|       | Imke Riefel           | 08 36.80         | 1:17.27 | Felice Baris          | 07 35.43 1:21.32 |
|       | Janine de Groot       | 95 41.14         | 1:28.96 | Lenore Donker         | 10 33.20 1:09.78 |
| 7.    | SG Octopus - ZVV 2    | SG Octopus - ZVV | 5:15.44 | <b>5:19.23</b>        |                  |
|       | Daphne van Rees       | 03 38.82         | 1:20.20 | Leonie Veldhuis       | 03 36.24 1:19.62 |
|       | Britt Hopman          | 07 42.30         | 1:28.89 | Lois Hofman           | 06 34.01 1:10.52 |
| 8.    | Olympia 1             | Olympia          | 5:14.12 | <b>5:24.82</b>        |                  |
|       | Daphne van der Wielen | 08 41.26         | 1:25.02 | Inke Versluis         | 08 37.24 1:22.47 |
|       | Elise van der Wielen  | 07 42.25         | 1:31.09 | Britt Biemans         | 04 36.20 1:06.24 |
| 9.    | Montferland 1         | Montferland      | 5:12.30 | <b>5:25.55</b>        |                  |
|       | Maud Tempel           | 04 39.01         | 1:20.40 | Ruth Ambting          | 04 34.43 1:19.84 |
|       | Esther van Maastrigt  | 88 40.59         | 1:26.36 | Loes van Schriek      | 05 34.64 1:18.95 |
| 10.   | Livo 1                | Livo             | 5:39.74 | <b>5:59.41</b>        |                  |
|       | Jet Rötter            | 08 42.11         | 1:25.29 | Sophie Schuirink      | 08 39.11 1:27.24 |
|       | Nicole Krabben        | 11 50.95         | 1:48.05 | Nynke Roerdink        | 12 37.04 1:18.83 |
| AFGEM | De IJsselmeewen 1     | De IJsselmeewen  | 5:17.30 |                       |                  |
| AFGEM | Neptunus 1            | Neptunus         | 5:45.56 |                       |                  |
| AFGEM | Triton Putten 1       | Triton Putten    | 5:35.54 |                       |                  |

Programmanr. 614  
23/6/2024 - 18:25

Heren, 4 x 100m wisselslag

Heren, All-in  
Resultaten

| rang | vereniging             | intijd               | tijd    | RT               | Para             |
|------|------------------------|----------------------|---------|------------------|------------------|
| 1.   | SG Wijchen-Gelenberg 1 | SG Wijchen-Gelenberg | 4:38.70 | <b>4:44.69</b>   |                  |
|      | Rick Hermans           | 05 36.39             | 1:14.32 | Rick Theunissen  | 01 29.55 1:03.94 |
|      | Bart Maas              | 99 38.18             | 1:23.96 | Martijn de Groot | 07 29.66 1:02.47 |
| 2.   | SG Octopus - ZVV 1     | SG Octopus - ZVV     | 5:15.82 | <b>5:03.32</b>   |                  |
|      | Timo Bourgonje         | 07 35.26             | 1:12.82 | Daniël Hofman    | 10 33.34 1:13.78 |
|      | Stijn Meisner          | 09 39.81             | 1:26.28 | Tergel Naagij    | 10 32.35 1:10.44 |