

1 - zaterdag 21 juni 2025

21/6/2025 - 14:00

Programmanr. 101  
21/6/2025 - 14:00

Heren, 50m rugslag

Senioren Open  
Resultaten

| rang               | naam                 | vereniging           | intijd | tijd      | RT                |
|--------------------|----------------------|----------------------|--------|-----------|-------------------|
| <b>Onder 14</b>    |                      |                      |        |           |                   |
| 1.                 | Thijs Noordman       | De Berkelduikers     | 37.55  | 201301489 | <b>36.92</b>      |
| 2.                 | Kane van Middendorp  | DWK                  | 38.80  | 201101537 | <b>37.68</b>      |
| 3.                 | Aurel Starink        | NDD                  | 37.40  | 201100793 | <b>38.73</b>      |
| 4.                 | Fido Hulstijn        | CWW                  | 38.71  | 201300775 | <b>38.92</b>      |
| 5.                 | Thijn Eekhoff        | CWW                  | 38.10  | 201300037 | <b>39.43</b>      |
| 6.                 | Justin Peters        | NDD                  | 39.88  | 201101639 | <b>39.84</b>      |
| 7.                 | Jesse van Dijk       | Olympia              | 40.40  | 201300001 | <b>40.03</b>      |
| 8.                 | Mick van Nistelrooij | NDD                  | 40.56  | 201201813 | <b>40.29</b>      |
| 9.                 | Julian van der Ende  | CWW                  | 42.83  | 201300353 | <b>41.46</b>      |
| 10.                | Tim Burgerhart       | DWK                  | 43.80  | 201200435 | <b>41.88</b>      |
| 11.                | Jannick Versluis     | Olympia              | 41.14  | 201200117 | <b>42.23</b>      |
| 12.                | Teun Gulikers        | Aqua-Novio'94        | 44.25  | 201201501 | <b>43.48</b>      |
| AFGEM              | Tobias Verhoef       | Nunspeet             | 41.21  | 201201955 |                   |
| <b>Onder 16</b>    |                      |                      |        |           |                   |
| 1.                 | Xander Koperdraat    | Z & PC Triton Putten | 35.02  | 201001695 | <b>31.95</b>      |
| 2.                 | Jelmer Kruijt        | Olympia              | 32.29  | 200900525 | <b>32.82</b>      |
| 3.                 | Levi Simonse         | De Vrije Slag        | 32.70  | 200900259 | <b>33.18</b> FJ 1 |
| 4.                 | Ruben Zirkzee        | ZV De Meer           | 33.94  | 200900571 | <b>33.18</b> FJ 2 |
| 5.                 | Daan Abrahamse       | De Vrije Slag        | 34.38  | 201001869 | <b>33.98</b>      |
| 6.                 | Barna Esmat          | Aquapoldro           | 36.17  | 201000125 | <b>34.04</b>      |
| 7.                 | Gerco van Dijk       | Olympia              | 34.51  | 201000997 | <b>34.15</b>      |
| 8.                 | Lukas van Veen       | Flevo                | 34.34  | 201002395 | <b>34.69</b>      |
| 9.                 | Coen Sikking         | DWV                  | 34.06  | 200901831 | <b>35.11</b>      |
| 10.                | Mees van der Burg    | Olympia              | 35.92  | 200900515 | <b>35.39</b>      |
| 11.                | Michaël Banse        | De Vrije Slag        | 35.68  | 200903751 | <b>35.93</b>      |
| 12.                | Jamie van Veenendaal | TZC Vahalis          | 35.50  | 201001361 | <b>36.89</b>      |
| <b>Onder 18</b>    |                      |                      |        |           |                   |
| 1.                 | Jelle van Mullekom   | RZC                  | 31.40  | 200801267 | <b>31.64</b>      |
| 2.                 | Timo Bourgonje       | SG Octopus - ZVV     | 33.04  | 200700599 | <b>33.82</b>      |
| 3.                 | Max van Gasteren     | Olympia              | 33.48  | 200800005 | <b>34.03</b> FJ 1 |
| 4.                 | Stijn Krol           | Aquapoldro           | 31.68  | 200804011 | <b>34.03</b> FJ 2 |
| 5.                 | Thymo Smits          | ZPC Livo             | 33.69  | 200802073 | <b>34.90</b>      |
| 6.                 | Machiel de Gier      | De Vrije Slag        | 36.71  | 200704037 | <b>34.92</b>      |
| 7.                 | Finn Sonneveld       | ZV Zaltbommel        | 36.10  | 200800153 | <b>36.29</b>      |
| 8.                 | Brian Blankespoor    | De Vrije Slag        | 37.96  | 200801133 | <b>36.31</b>      |
| 9.                 | Tom Helmink          | NDD                  | 40.45  | 200804093 | <b>41.14</b>      |
| 10.                | Timon Wierper        | De Vrije Slag        | 40.67  | 200801573 | <b>41.79</b>      |
| AFGEM              | Marius Beernink      | Nunspeet             | 38.25  | 200803361 |                   |
| NG                 | Damiën van den Anker | RZC                  | 37.40  | 200802079 |                   |
| NG                 | Martijn de Groot     | SG Wijchen-Gelenberg | 33.09  | 200701801 |                   |
| <b>Onder 20</b>    |                      |                      |        |           |                   |
| 1.                 | Joost Brugmans       | RZC                  | 31.88  | 200500391 | <b>34.69</b>      |
| 2.                 | Bas van Middelkoop   | RZC                  | 32.65  | 200600363 | <b>36.64</b>      |
| AFGEM              | Rick Hermans         | SG Wijchen-Gelenberg | 35.23  | 200501793 |                   |
| <b>20 en ouder</b> |                      |                      |        |           |                   |
| 1.                 | Joop Tuppe           | TZC Vahalis          | 29.90  | 200100581 | <b>31.31</b>      |
| 2.                 | Mick van Kempen      | CWW                  | 32.10  | 200203375 | <b>31.76</b>      |
| 3.                 | Johan Krakou         | De Rijn              | 31.31  | 199101311 | <b>32.03</b>      |
| 4.                 | Delano Weijn         | Aquapoldro           | 30.60  | 200003965 | <b>32.30</b>      |
| 5.                 | Ivar Regelink        | DWV                  | 30.24  | 200102707 | <b>32.39</b>      |
| 6.                 | Hans Stoffers        | DWK                  | 31.03  | 199604027 | <b>32.92</b>      |
| 7.                 | Alex Vermeulen       | Aquapoldro           | 31.70  | 198905811 | <b>32.98</b>      |
| 8.                 | Tim de Vrugt         | ENC Arnhem           | 33.92  | 199306719 | <b>33.42</b>      |
| 9.                 | Phi Pham             | De Vrije Slag        | 35.15  | 200400899 | <b>35.28</b>      |

Programmanr. 101, Heren, 50m rugslag, 20 en ouder

| rang | naam          | vereniging           | intijd |           | tijd         | RT |
|------|---------------|----------------------|--------|-----------|--------------|----|
| 10.  | Bartho Visser | Z & PC Triton Putten | 33.13  | 200005595 | <b>35.45</b> |    |
| 11.  | Jorim Hebbink | De Berkelduikers     | 32.65  | 200401957 | <b>35.80</b> |    |
| 12.  | Danny Rekers  | Nunspeet             | 34.18  | 200201459 | <b>36.10</b> |    |

Programmanr. 102  
21/6/2025 - 14:13

Dames, 50m schoolslag

Senioren Open  
Resultaten

| rang            | naam                    | vereniging           | intijd |           | tijd         | RT |
|-----------------|-------------------------|----------------------|--------|-----------|--------------|----|
| <b>Onder 14</b> |                         |                      |        |           |              |    |
| 1.              | Maud Sellis             | SG Octopus - ZVV     | 40.59  | 201101172 | <b>41.57</b> |    |
| 2.              | Eva Spelt               | DWK                  | 40.41  | 201100878 | <b>41.58</b> |    |
| 3.              | Naomi Bits              | TZC Vahalis          | 42.97  | 201100908 | <b>44.07</b> |    |
| 4.              | Melissa ter Horst       | ZV Overbetuwe        | 42.63  | 201100678 | <b>44.18</b> |    |
| 5.              | Meila Broenink          | Batavia Swim         | 42.09  | 201102332 | <b>44.36</b> |    |
| 6.              | Dirrianne Morren        | SG Octopus - ZVV     | 42.91  | 201203410 | <b>44.54</b> |    |
| 7.              | Marlies van Diepenbeek  | Zuiderzeeswimmers    | 44.49  | 201103094 | <b>44.55</b> |    |
| 8.              | Sofie Besselink         | Montferland          | 43.88  | 201103120 | <b>44.80</b> |    |
| 9.              | Emma Kronenburg         | ZV Overbetuwe        | 44.98  | 201202454 | <b>45.27</b> |    |
| 10.             | Femke Mandema           | Flevo                | 43.50  | 201100396 | <b>45.45</b> |    |
| 11.             | Isabelle Meeuwenberg    | De Rijn              | 45.51  | 201200086 | <b>45.70</b> |    |
| 12.             | Sara Hol                | BZC Dolfijnen        | 45.13  | 201200208 | <b>45.74</b> |    |
| 13.             | Linde Wolff van Wulfing | Proteus              | 43.32  | 201101888 | <b>46.46</b> |    |
| 14.             | Isa Ligtermoet          | Z & PC Triton Putten | 46.45  | 201200310 | <b>47.26</b> |    |
| 15.             | Sara de Vries           | SG Octopus - ZVV     | 46.21  | 201203466 | <b>47.31</b> |    |
| 16.             | Laure Eekhoff           | CWW                  | 45.36  | 201100674 | <b>47.36</b> |    |
| DIS             | Nikita van den Berg     | SG Octopus - ZVV     | 42.05  | 201102130 |              |    |

*SP - 1 of meerdere neerwaartse (stuwende) vlinderbeenslagen gemaakt na de 1e schoolslagbeenslag.*

|       |                  |          |       |           |  |  |
|-------|------------------|----------|-------|-----------|--|--|
| AFGEM | Naomi van 't Hul | Nunspeet | 44.34 | 201100264 |  |  |
|-------|------------------|----------|-------|-----------|--|--|

**Onder 16**

|       |                      |                          |       |           |              |  |
|-------|----------------------|--------------------------|-------|-----------|--------------|--|
| 1.    | Lynn Rozendal        | NDD                      | 37.58 | 200901038 | <b>38.47</b> |  |
| 2.    | Nienke Lutikholt     | Groenlose Zwemvereniging | 40.09 | 201002396 | <b>39.80</b> |  |
| 3.    | Ruby Hut             | Wahoo Swimming           | 38.91 | 200901842 | <b>40.48</b> |  |
| 4.    | Robin van Beek       | Aquapoldro               | 39.58 | 200903518 | <b>40.54</b> |  |
| 5.    | Ilse Krabben         | ZPC Livo                 | 39.09 | 200902304 | <b>40.61</b> |  |
| 6.    | Yara Wegman          | DWK                      | 40.84 | 200901472 | <b>40.80</b> |  |
| 7.    | Sophie van der Horst | Flevo                    | 40.09 | 201000246 | <b>42.12</b> |  |
| 8.    | Megan Stalenhoef     | TZC Vahalis              | 40.55 | 201002606 | <b>42.13</b> |  |
| 9.    | Lenore Donker        | NDD                      | 43.81 | 201000080 | <b>42.70</b> |  |
| 10.   | Lilli Zachert        | Wahoo Swimming           | 43.30 | 200904394 | <b>43.76</b> |  |
| 11.   | Berber McCarthy      | ZV Overbetuwe            | 43.91 | 200901466 | <b>44.20</b> |  |
| 12.   | Sanne Wolsheimer     | De IJsselmeeuwen         | 43.76 | 200901646 | <b>44.37</b> |  |
| 13.   | Enieke Lijftogt      | De Vrije Slag            | 41.73 | 201001322 | <b>44.77</b> |  |
| 14.   | Froukje van Leeuwen  | De Berkelduikers         | 43.06 | 200901208 | <b>44.85</b> |  |
| 15.   | Pleun Schouten       | De IJsselmeeuwen         | 40.60 | 201002106 | <b>45.04</b> |  |
| 16.   | Liss Wakker          | De Rijn                  | 42.64 | 201000140 | <b>46.57</b> |  |
| AFGEM | Eva Eikelboom        | SG Octopus - ZVV         | 40.64 | 200903718 |              |  |
| NG    | Thirza van Kampen    | Nunspeet                 | 39.92 | 201002754 |              |  |

**Onder 18**

|                                 |                       |                  |       |           |              |  |
|---------------------------------|-----------------------|------------------|-------|-----------|--------------|--|
| 1.                              | Nynke van Leeuwen     | De Berkelduikers | 39.71 | 200701272 | <b>39.82</b> |  |
| 2.                              | Elke van Dorst        | CWW              | 41.32 | 200702816 | <b>40.26</b> |  |
| 3.                              | Inke Versluis         | Olympia          | 40.47 | 200800218 | <b>40.92</b> |  |
| 4.                              | Daphne van der Wielen | Olympia          | 39.43 | 200800220 | <b>40.94</b> |  |
| 5.                              | Elise van der Wielen  | Olympia          | 40.22 | 200700346 | <b>41.77</b> |  |
| 6.                              | Mandy Siebelink       | ENC Arnhem       | 39.75 | 200700582 | <b>42.58</b> |  |
| 7.                              | Jet Rötter            | ZPC Livo         | 40.27 | 200803192 | <b>42.76</b> |  |
| 8.                              | Dana Eelderink        | De Berkelduikers | 40.35 | 200803086 | <b>43.83</b> |  |
| <i>Heeft met tape gezwommen</i> |                       |                  |       |           |              |  |
| 9.                              | Britt Hopman          | SG Octopus - ZVV | 40.54 | 200702688 | <b>44.57</b> |  |
| 10.                             | Rosalie Bressers      | RZC              | 44.79 | 200703820 | <b>44.72</b> |  |
| 11.                             | Tess Wakker           | De Rijn          | 40.63 | 200700154 | <b>44.93</b> |  |
| 12.                             | Relinde Fokkink       | Montferland      | 47.70 | 200802986 | <b>47.68</b> |  |

Programmanr. 102, Meisjes, 50m schoolslag, Onder 18

| rang  | naam             | vereniging       | intijd | tijd      | RT |
|-------|------------------|------------------|--------|-----------|----|
| AFGEM | Eva Boevink      | De IJsselmeeuwen | 40.96  | 200800434 |    |
| AFGEM | Sophie Schuirink | ZPC Livo         | 41.89  | 200802450 |    |
| NG    | Lieke Mater      | RZC              | 40.91  | 200803384 |    |

Onder 20

|                                                                 |                  |                  |         |           |              |
|-----------------------------------------------------------------|------------------|------------------|---------|-----------|--------------|
| 1.                                                              | Femke Vermeulen  | Olympia          | 38.95   | 200602292 | <b>39.96</b> |
| 2.                                                              | Anna Kamphuis    | DWK              | 40.11   | 200600334 | <b>40.51</b> |
| 3.                                                              | Jennifer Helmink | Montferland      | 41.23   | 200502524 | <b>42.07</b> |
| 4.                                                              | Cecilia van Dam  | De Rijn          | 41.34   | 200502110 | <b>44.10</b> |
| 5.                                                              | Lois Hofman      | SG Octopus - ZVV | 42.79   | 200602040 | <b>44.23</b> |
| DIS                                                             | Sophie Velsink   | Aquapoldro       | 52.27   | 200503930 |              |
| AA - De start ingezet voor het startsignaal (en wel gezwommen). |                  |                  |         |           |              |
| AFGEM                                                           | Daphne Jonkers   | De IJsselmeeuwen | 1:08.64 | 200605288 | SB14         |
| AFGEM                                                           | Milou Klaassen   | BZC Dolfijnen    | 40.72   | 200501614 |              |
| AFGEM                                                           | Azra Guler       | NDD              | 40.97   | 200503054 |              |

20 en ouder

|       |                       |                  |       |           |              |
|-------|-----------------------|------------------|-------|-----------|--------------|
| 1.    | Merel van den Heuvel  | ZV De Meer       | 36.72 | 200201784 | <b>37.64</b> |
| 2.    | Aline Meuleman        | ZPC Livo         | 36.26 | 200401136 | <b>37.95</b> |
| 3.    | Sanne Landman         | ENC Arnhem       | 37.40 | 200304762 | <b>38.49</b> |
| 4.    | Imogen Oldfield       | RZC              | 38.20 | 199806046 | <b>39.73</b> |
| 5.    | Chantal van der Horst | ZV De Meer       | 37.96 | 199400616 | <b>39.86</b> |
| 6.    | Leonie Veldhuis       | SG Octopus - ZVV | 40.62 | 200301768 | <b>39.96</b> |
| 7.    | Lieke van Hofwegen    | De Rijn          | 38.70 | 200105144 | <b>40.42</b> |
| 8.    | Ellen ter Stege       | ENC Arnhem       | 38.87 | 199900604 | <b>40.56</b> |
| 9.    | Laura ter Stege       | CWW              | 39.90 | 199602364 | <b>41.02</b> |
| 10.   | Esther van Maastricht | Montferland      | 39.45 | 198802836 | <b>41.39</b> |
| 11.   | Sheila ten Voorde     | SG Octopus - ZVV | 39.63 | 199904538 | <b>41.52</b> |
| 12.   | Aniek Garritsen       | De IJsselmeeuwen | 42.22 | 199504290 | <b>42.80</b> |
| 13.   | Chantal Veldhuis      | Aquapoldro       | 47.51 | 200102434 | <b>49.32</b> |
| AFGEM | Welmoed Doornbos      | De IJsselmeeuwen | 38.75 | 200203352 |              |

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Heren, 50m vlinderslag

Senioren Open  
Resultaten

| rang     | naam                  | vereniging       | intijd | tijd      | RT                |
|----------|-----------------------|------------------|--------|-----------|-------------------|
| Onder 14 |                       |                  |        |           |                   |
| 1.       | Lucas Bruijn          | Batavia Swim     | 36.88  | 201100127 | <b>32.04</b>      |
| 2.       | Justin Peters         | NDD              | 36.36  | 201101639 | <b>34.82</b>      |
| 3.       | Hugo Hulstijn         | CWW              | 34.95  | 201100297 | <b>35.84</b>      |
| 4.       | Aurel Starink         | NDD              | 37.65  | 201100793 | <b>36.67</b>      |
| 5.       | Thijs Noordman        | De Berkelduikers | 38.25  | 201301489 | <b>37.33</b> FJ 1 |
| 6.       | Cris Bakker           | ZV Zaltbommel    | 40.84  | 201200275 | <b>37.53</b> FJ 2 |
| 7.       | Fido Hulstijn         | CWW              | 36.70  | 201300775 | <b>38.34</b>      |
| 8.       | Kane van Middendorp   | DWK              | 39.80  | 201101537 | <b>38.97</b>      |
| 9.       | Thijn Eekhoff         | CWW              | 37.18  | 201300037 | <b>38.98</b>      |
| 10.      | David van de Wetering | DWK              | 38.11  | 201201973 | <b>39.30</b>      |
| 11.      | Tim Burgerhart        | DWK              | 39.51  | 201200435 | <b>39.70</b>      |
| 12.      | Jesse van Dijk        | Olympia          | 39.08  | 201300001 | <b>41.46</b>      |

Onder 16

|     |                      |                      |       |           |                   |
|-----|----------------------|----------------------|-------|-----------|-------------------|
| 1.  | Jelmer Kruijt        | Olympia              | 29.33 | 200900525 | <b>29.45</b>      |
| 2.  | Levi Simonse         | De Vrije Slag        | 30.88 | 200900259 | <b>29.67</b>      |
| 3.  | Xander Koperdraat    | Z & PC Triton Putten | 32.91 | 201001695 | <b>30.77</b>      |
| 4.  | Daniël Tintu         | ENC Arnhem           | 32.09 | 201003173 | <b>31.10</b>      |
| 5.  | Robby Pisters        | RZC                  | 33.43 | 201000101 | <b>32.36</b>      |
| 6.  | Bram van Tongeren    | Zuiderzeeswimmers    | 33.85 | 200903497 | <b>32.57</b> FJ 1 |
| 7.  | Daan Abrahamse       | De Vrije Slag        | 34.38 | 201001869 | <b>32.57</b> FJ 2 |
| 8.  | Fabian Bruil         | Aquapoldro           | 32.80 | 200900533 | <b>32.69</b>      |
| 9.  | Barna Esmat          | Aquapoldro           | 34.16 | 201000125 | <b>33.82</b>      |
| 10. | Ruben Zirkzee        | ZV De Meer           | 32.80 | 200900571 | <b>34.11</b>      |
| 11. | Jamie van Veenendaal | TZC Vahalis          | 33.79 | 201001361 | <b>34.40</b>      |

Programmanr. 103, Jongens, 50m vlinderslag, Onder 16

| rang | naam             | vereniging | intijd |           | tijd         | RT |
|------|------------------|------------|--------|-----------|--------------|----|
| 12.  | Morris Opgenoort | CWW        | 34.60  | 201001143 | <b>36.61</b> |    |

Onder 18

|       |                      |                      |       |           |              |      |
|-------|----------------------|----------------------|-------|-----------|--------------|------|
| 1.    | Enna Lamers          | ZV Overbetuwe        | 28.62 | 200800899 | <b>28.78</b> |      |
| 2.    | Tim Looijen          | Wahoo Swimming       | 29.51 | 200700325 | <b>29.34</b> | FJ 1 |
| 3.    | Stijn Krol           | Aquapoldro           | 28.98 | 200804011 | <b>29.34</b> | FJ 2 |
| 4.    | Thomas Bergmans      | CWW                  | 29.55 | 200801663 | <b>29.98</b> |      |
| 5.    | Timo Bourgonje       | SG Octopus - ZVV     | 31.09 | 200700599 | <b>31.95</b> |      |
| 6.    | Max van Gasteren     | Olympia              | 32.21 | 200800005 | <b>32.18</b> |      |
| 7.    | Tom Helmink          | NDD                  | 35.31 | 200804093 | <b>34.42</b> |      |
| 8.    | Thymo Smits          | ZPC Livo             | 32.60 | 200802073 | <b>34.98</b> |      |
| 9.    | Brian Blankespoor    | De Vrije Slag        | 36.60 | 200801133 | <b>35.40</b> |      |
| 10.   | Timon Wierper        | De Vrije Slag        | 37.05 | 200801573 | <b>39.50</b> |      |
| AFGEM | Marius Beernink      | Nunspeet             | 31.94 | 200803361 |              |      |
| NG    | Damián van den Anker | RZC                  | 32.67 | 200802079 |              |      |
| NG    | Martijn de Groot     | SG Wijchen-Gelenberg | 30.98 | 200701801 |              |      |

Onder 20

|    |                     |         |       |           |              |  |
|----|---------------------|---------|-------|-----------|--------------|--|
| 1. | Max Donselaar       | RZC     | 28.96 | 200600945 | <b>28.07</b> |  |
| 2. | Kjetil van Gasteren | Olympia | 29.17 | 200600405 | <b>30.23</b> |  |
| 3. | Gerrit Rochat       | RZC     | 30.80 | 200500393 | <b>31.87</b> |  |
| 4. | Bas van Middelkoop  | RZC     | 31.05 | 200600363 | <b>32.64</b> |  |

20 en ouder

|     |                 |                      |       |           |              |      |
|-----|-----------------|----------------------|-------|-----------|--------------|------|
| 1.  | Sander de Vrugt | ENC Arnhem           | 27.69 | 198903499 | <b>27.57</b> |      |
| 2.  | Hans Stoffers   | DWK                  | 28.24 | 199604027 | <b>28.69</b> |      |
| 3.  | Tim de Vrugt    | ENC Arnhem           | 29.26 | 199306719 | <b>28.79</b> |      |
| 4.  | Jack Beaujon    | Olympia              | 27.92 | 200304251 | <b>29.25</b> | FJ 1 |
| 5.  | Renzo Meester   | Flevo                | 28.72 | 200202897 | <b>29.25</b> | FJ 2 |
| 6.  | Jorim Hebbink   | De Berkelduikers     | 29.38 | 200401957 | <b>29.45</b> |      |
|     | Dries Mostert   | DWK                  | 29.43 | 200400995 | <b>29.45</b> |      |
| 8.  | Delano Weijn    | Aquapoldro           | 28.78 | 200003965 | <b>29.90</b> | FJ 1 |
| 9.  | Alex Vermeulen  | Aquapoldro           | 30.04 | 198905811 | <b>29.90</b> | FJ 2 |
| 10. | Ivar Regelink   | DWV                  | 29.26 | 200102707 | <b>30.02</b> |      |
| 11. | Bob de Vries    | SG Octopus - ZVV     | 29.54 | 196601101 | <b>30.29</b> |      |
| 12. | Bartho Visser   | Z & PC Triton Putten | 30.28 | 200005595 | <b>33.28</b> |      |

Programmanr. 104  
21/6/2025 - 14:39

Dames, 50m vrije slag

Senioren Open  
Resultaten

| rang | naam | vereniging | intijd |  | tijd | RT |
|------|------|------------|--------|--|------|----|
|------|------|------------|--------|--|------|----|

Onder 14

|     |                     |                  |       |           |              |      |
|-----|---------------------|------------------|-------|-----------|--------------|------|
| 1.  | Maira Iseger        | DWK              | 32.51 | 201101908 | <b>30.92</b> |      |
| 2.  | Sara Hol            | BZC Dolfijnen    | 32.60 | 201200208 | <b>32.01</b> |      |
| 3.  | Fenne Vaartjes      | Batavia Swim     | 33.26 | 201201810 | <b>32.03</b> |      |
| 4.  | Laure Eekhoff       | CWW              | 32.50 | 201100674 | <b>32.44</b> |      |
| 5.  | Naomi Bits          | TZC Vahalis      | 32.58 | 201100908 | <b>32.65</b> |      |
| 6.  | Linn Frunt          | DWK              | 32.90 | 201101420 | <b>32.67</b> |      |
| 7.  | Melissa ter Horst   | ZV Overbetuwe    | 32.65 | 201100678 | <b>32.78</b> |      |
| 8.  | Nilouh Monteiro     | Wahoo Swimming   | 33.61 | 201303108 | <b>32.81</b> |      |
| 9.  | Meila Broenink      | Batavia Swim     | 32.74 | 201102332 | <b>32.95</b> | FJ 1 |
| 10. | Sanne Eilander      | SG Octopus - ZVV | 32.52 | 201102514 | <b>32.95</b> | FJ 2 |
| 11. | Femke Mandema       | Flevo            | 33.07 | 201100396 | <b>32.95</b> | FJ 3 |
| 12. | Caro Uyttenboogaart | NDD              | 33.26 | 201101610 | <b>33.37</b> |      |
| 13. | Elin Hut            | Wahoo Swimming   | 34.22 | 201300020 | <b>33.80</b> |      |
| 14. | Linde Bakkenes      | DWK              | 35.18 | 201201662 | <b>33.86</b> |      |
| 15. | Nynke Roerdink      | ZPC Livo         | 34.04 | 201200428 | <b>35.00</b> |      |

Programmanr. 104, Dames, 50m vrije slag

Onder 16

|       |                      |                  |       |           |              |      |
|-------|----------------------|------------------|-------|-----------|--------------|------|
| 1.    | Lenore Donker        | NDD              | 31.32 | 201000080 | <b>30.60</b> | FJ 1 |
| 2.    | Eva Eikelboom        | SG Octopus - ZVV | 32.14 | 200903718 | <b>30.60</b> | FJ 2 |
| 3.    | Liss Wakker          | De Rijn          | 29.49 | 201000140 | <b>30.80</b> |      |
| 4.    | Dautsen Vaartjes     | Batavia Swim     | 31.04 | 201003490 | <b>30.84</b> |      |
| 5.    | Ilse Krabben         | ZPC Livo         | 30.99 | 200902304 | <b>31.05</b> |      |
| 6.    | Sophie van der Horst | Flevo            | 30.54 | 201000246 | <b>31.08</b> |      |
| 7.    | Pleun Schouten       | De IJsselmeeuwen | 30.67 | 201002106 | <b>31.13</b> |      |
| 8.    | Gaby Kouwen          | RZC              | 31.34 | 201001060 | <b>31.68</b> |      |
| 9.    | Maite Opgenoort      | CWW              | 31.95 | 201001464 | <b>31.80</b> |      |
| 10.   | Robin van Beek       | Aquapoldro       | 31.60 | 200903518 | <b>31.97</b> |      |
| 11.   | Froukje van Leeuwen  | De Berkelduikers | 30.75 | 200901208 | <b>32.29</b> |      |
| 12.   | Megan Stalenhoef     | TZC Vahalis      | 31.80 | 201002606 | <b>32.50</b> |      |
| 13.   | Milouck Frunt        | DWK              | 31.72 | 200901664 | <b>32.67</b> |      |
| 14.   | Enieke Lijftogt      | De Vrije Slag    | 31.80 | 201001322 | <b>33.31</b> |      |
| 15.   | Evelyn Nas           | NDD              | 31.65 | 200902066 | <b>33.60</b> |      |
| AFGEM | Elin Das             | NDD              | 30.97 | 200901036 |              |      |

Onder 18

|                                 |                       |                          |       |           |              |  |
|---------------------------------|-----------------------|--------------------------|-------|-----------|--------------|--|
| 1.                              | Danique van de Werken | ZV De Meer               | 29.84 | 200701672 | <b>30.23</b> |  |
| 2.                              | Laura Volkers         | DWK                      | 30.99 | 200800056 | <b>30.95</b> |  |
| 3.                              | Daphne van der Wielen | Olympia                  | 30.13 | 200800220 | <b>31.18</b> |  |
| 4.                              | Elke van Dorst        | CWW                      | 33.08 | 200702816 | <b>31.21</b> |  |
| 5.                              | Tess Wakker           | De Rijn                  | 30.78 | 200700154 | <b>31.37</b> |  |
| 6.                              | Inke Versluis         | Olympia                  | 31.59 | 200800218 | <b>31.68</b> |  |
| 7.                              | Gitte Defoort         | CWW                      | 32.61 | 200801680 | <b>31.76</b> |  |
| 8.                              | Britt Hopman          | SG Octopus - ZVV         | 31.61 | 200702688 | <b>31.82</b> |  |
| 9.                              | Elise van der Wielen  | Olympia                  | 31.44 | 200700346 | <b>32.55</b> |  |
| 10.                             | Jet Rötter            | ZPC Livo                 | 31.13 | 200803192 | <b>32.66</b> |  |
| 11.                             | Dana Eelderink        | De Berkelduikers         | 31.16 | 200803086 | <b>33.35</b> |  |
| <i>Heeft met tape gezwommen</i> |                       |                          |       |           |              |  |
| 12.                             | Relinde Fokkink       | Montferland              | 36.07 | 200802986 | <b>35.00</b> |  |
| 13.                             | Nienke Koster         | Groenlose Zwemvereniging | 37.46 | 200703996 | <b>39.07</b> |  |
| AFGEM                           | Eva Boevink           | De IJsselmeeuwen         | 30.71 | 200800434 |              |  |
| AFGEM                           | Sophie Schuurink      | ZPC Livo                 | 32.07 | 200802450 |              |  |
| AFGEM                           | Merle Baumeister      | ENC Arnhem               | 30.44 | 200803026 |              |  |
| AFGEM                           | Malica Schuurman      | ENC Arnhem               | 30.67 | 200703042 |              |  |
| NG                              | Marleen Mulder        | Nunspeet                 | 33.80 | 200701102 |              |  |
| NG                              | Lieke Mater           | RZC                      | 31.12 | 200803384 |              |  |

Onder 20

|                                 |                       |                  |       |           |              |     |
|---------------------------------|-----------------------|------------------|-------|-----------|--------------|-----|
| 1.                              | Merith Janssen        | RZC              | 29.49 | 200600106 | <b>29.89</b> |     |
| 2.                              | Luna Uytendwilligen   | ENC Arnhem       | 30.34 | 200601922 | <b>30.09</b> |     |
| 3.                              | Senna Levering        | DWK              | 29.78 | 200603892 | <b>30.13</b> |     |
| 4.                              | Anna Kamphuis         | DWK              | 30.45 | 200600334 | <b>30.26</b> |     |
| 5.                              | Femke Vermeulen       | Olympia          | 30.75 | 200602292 | <b>31.18</b> |     |
| 6.                              | Cecilia van Dam       | De Rijn          | 29.78 | 200502110 | <b>31.32</b> |     |
| 7.                              | Sabine Uytendwilligen | ENC Arnhem       | 30.56 | 200502654 | <b>31.40</b> |     |
| <i>Heeft met tape gezwommen</i> |                       |                  |       |           |              |     |
| 8.                              | Yanou Vaessen         | DWK              | 31.83 | 200603666 | <b>33.31</b> |     |
| 9.                              | Sanne Arends          | DWV              | 33.00 | 200605048 | <b>33.37</b> |     |
| 10.                             | Jennifer Helmink      | Montferland      | 32.88 | 200502524 | <b>34.64</b> |     |
| 11.                             | Sophie Velsink        | Aquapoldro       | 38.40 | 200503930 | <b>39.40</b> |     |
| 12.                             | Daphne Jonkers        | De IJsselmeeuwen | 43.14 | 200605288 | <b>44.91</b> | 215 |
| AFGEM                           | Milou Klaassen        | BZC Dolfijnen    | 30.02 | 200501614 |              |     |
| AFGEM                           | Azra Guler            | NDD              | 29.98 | 200503054 |              |     |

20 en ouder

|    |                      |                  |       |           |              |      |
|----|----------------------|------------------|-------|-----------|--------------|------|
| 1. | Marjes Butz          | RZC              | 28.19 | 199901502 | <b>28.49</b> |      |
| 2. | Aline Meuleman       | ZPC Livo         | 28.25 | 200401136 | <b>29.08</b> |      |
| 3. | Merel van den Heuvel | ZV De Meer       | 28.87 | 200201784 | <b>29.51</b> |      |
| 4. | Sanne Landman        | ENC Arnhem       | 29.33 | 200304762 | <b>29.88</b> |      |
| 5. | Aniek Garritsen      | De IJsselmeeuwen | 28.90 | 199504290 | <b>30.07</b> |      |
| 6. | Eline van Gemert     | ZV De Meer       | 28.42 | 199505458 | <b>30.24</b> |      |
| 7. | Nienke Verploeg      | Olympia          | 29.94 | 200000438 | <b>30.51</b> |      |
| 8. | Hannah Elting        | ENC Arnhem       | 30.59 | 200402702 | <b>30.56</b> | FJ 1 |

Programmanr. 104, Dames, 50m vrije slag, 20 en ouder

| rang  | naam                  | vereniging       | intijd | tijd      | RT                |
|-------|-----------------------|------------------|--------|-----------|-------------------|
| 9.    | Sheila ten Voorde     | SG Octopus - ZVV | 29.79  | 199904538 | <b>30.56</b> FJ 2 |
| 10.   | Ellen ter Stege       | ENC Arnhem       | 29.93  | 199900604 | <b>30.80</b>      |
| 11.   | Laura ter Stege       | CWW              | 30.84  | 199602364 | <b>30.92</b>      |
| 12.   | Leonie Veldhuis       | SG Octopus - ZVV | 31.89  | 200301768 | <b>30.95</b>      |
| 13.   | Nynke Jansen          | Batavia Swim     | 31.29  | 200404914 | <b>31.61</b>      |
| 14.   | Chantal van der Horst | ZV De Meer       | 30.79  | 199400616 | <b>31.64</b>      |
| 15.   | Lieke van Hofwegen    | De Rijn          | 30.99  | 200105144 | <b>32.86</b>      |
| AFGEM | Welmoed Doornbos      | De IJsselmeeuwen | 29.51  | 200203352 |                   |

Dames Para Open

|    |                |                  |       |           |     |              |     |
|----|----------------|------------------|-------|-----------|-----|--------------|-----|
| 1. | Daphne Jonkers | De IJsselmeeuwen | 43.14 | 200605288 | S14 | <b>44.91</b> | 215 |
|----|----------------|------------------|-------|-----------|-----|--------------|-----|

Programmanr. 105

Gemengd, 4 x 100m wisselslag

Senioren Open

21/6/2025 - 14:54

Resultaten

| rang            | vereniging              | intijd         | tijd                    | RT      |
|-----------------|-------------------------|----------------|-------------------------|---------|
| <b>Onder 16</b> |                         |                |                         |         |
| 1.              | CWW 1                   | <b>5:19.11</b> | <b>5:34.29</b>          |         |
|                 | Laure Eekhoff 11        | 1:26.24        | Morris Opgenoort 10     | 1:27.83 |
|                 | Hugo Hulstijn 11        | 1:31.96        | Maite Opgenoort 10      | 1:08.26 |
| 2.              | DWK 2                   | <b>5:38.11</b> | <b>5:43.79</b>          |         |
|                 | Milouck Frunt 09        | 1:24.70        | Kane van Middendorp 11  | 1:32.34 |
|                 | Tim Burgerhart 12       | 1:33.01        | Linn Frunt 11           | 1:13.74 |
| 3.              | ZV De Meer 2            | <b>5:45.03</b> | <b>5:46.44</b>          |         |
|                 | Karel Lengkeek 10       | 1:29.01        | Anne Starink 10         | 1:31.19 |
|                 | Ruben Zirkzee 09        | 1:26.59        | Kensi de Lange 11       | 1:19.65 |
| 4.              | De Rijn 1               | <b>5:43.04</b> | <b>5:59.65</b>          |         |
|                 | Marthe van Haeringen 12 | 1:34.89        | Manuel Meijers 10       | 1:29.00 |
|                 | Sytze Andrea 10         | 1:34.69        | Isabelle Meeuwenberg 12 | 1:21.07 |

Senioren Open

|    |                       |                  |         |                      |    |         |
|----|-----------------------|------------------|---------|----------------------|----|---------|
| 1. | ENC Arnhem 1          | ENC Arnhem       | 4:39.93 | 4:52.14              |    |         |
|    | Ellen ter Stege       | 99               | 1:21.27 | Sander de Vrugt      | 89 | 1:03.89 |
|    | Tim de Vrugt          | 93               | 1:18.94 | Sabine Uytdevilligen | 05 | 1:08.04 |
| 2. | ZV De Meer 1          | ZV De Meer       | 4:40.23 | 4:58.39              |    |         |
|    | Merel van den Heuvel  | 02               | 1:18.93 | Raisa Schasfoort     | 04 | 1:23.34 |
|    | Richard van der Horst | 97               | 1:16.15 | Sjors Spronk         | 00 | 59.97   |
| 3. | Olympia 1             | Olympia          | 4:37.12 | 4:58.71              |    |         |
|    | Elise van der Wielen  | 07               | 1:23.92 | Jack Beaujon         | 03 | 1:06.63 |
|    | Femke Vermeulen       | 06               | 1:33.44 | Thijs de Geus        | 02 | 54.72   |
| 4. | DWK 1                 | DWK              | 4:48.51 | 5:00.75              |    |         |
|    | Yanou Vaessen         | 06               | 1:23.12 | Hans Stoffers        | 96 | 1:11.17 |
|    | Dries Mostert         | 04               | 1:16.04 | Yara Wegman          | 09 | 1:10.42 |
| 5. | SG Octopus - ZVV 1    | SG Octopus - ZVV | 4:58.98 | 5:05.72              |    |         |
|    | Ilse Wild             | 04               | 1:19.67 | Timo Bourgonje       | 07 | 1:12.25 |
|    | Lois Hofman           | 06               | 1:34.20 | Casper Muselaers     | 96 | 59.60   |
| 6. | RZC 1                 | RZC              | 4:52.84 | 5:08.20              |    |         |
|    | Max Donselaar         | 06               | 1:14.31 | Tom Pisters          | 08 | 1:10.31 |
|    | Imogen Oldfield       | 98               | 1:31.26 | Gaby Kouwen          | 10 | 1:12.32 |
| 7. | De Berkelduikers 1    | De Berkelduikers | 5:05.52 | 5:20.01              |    |         |
|    | Thijs Noordman        | 13               | 1:25.04 | Jorim Hebbink        | 04 | 1:13.05 |
|    | Nynke van Leeuwen     | 07               | 1:32.54 | Froukje van Leeuwen  | 09 | 1:09.38 |
| 8. | Flevo 1               | Flevo            | 5:00.01 | 5:22.79              |    |         |
|    | Lukas van Veen        | 10               | 1:20.25 | Renzo Meester        | 02 | 1:08.85 |
|    | Sophie van der Horst  | 10               | 1:41.52 | Femke Mandema        | 11 | 1:12.17 |

Programmanr. 106  
21/6/2025 - 15:06

Dames, 100m vlinderslag

Senioren Open  
Resultaten

| rang                                                                                                                    | naam                    | vereniging               | intijd  | tijd      | RT                  |
|-------------------------------------------------------------------------------------------------------------------------|-------------------------|--------------------------|---------|-----------|---------------------|
| <b>Onder 14</b>                                                                                                         |                         |                          |         |           |                     |
| 1.                                                                                                                      | Maud Sellis             | SG Octopus - ZVV         | 1:23.21 | 201101172 | <b>1:22.51</b>      |
| 2.                                                                                                                      | Naomi Bits              | TZC Vahalis              | 1:23.41 | 201100908 | <b>1:24.79</b>      |
| 3.                                                                                                                      | Sanne Eilander          | SG Octopus - ZVV         | 1:29.62 | 201102514 | <b>1:26.09</b>      |
| 4.                                                                                                                      | Anna Berkhout           | TZC Vahalis              | 1:26.72 | 201100080 | <b>1:26.33</b>      |
| 5.                                                                                                                      | Meila Broenink          | Batavia Swim             | 1:25.77 | 201102332 | <b>1:29.40</b>      |
| 6.                                                                                                                      | Melissa ter Horst       | ZV Overbetuwe            | 1:30.92 | 201100678 | <b>1:33.80</b>      |
| 7.                                                                                                                      | Nikita van den Berg     | SG Octopus - ZVV         | 1:29.34 | 201102130 | <b>1:34.09</b> FJ 1 |
| 8.                                                                                                                      | Sophia Heusinkveld      | De Berkelduikers         | 1:34.34 | 201301552 | <b>1:34.09</b> FJ 2 |
| 9.                                                                                                                      | Linde Wolff van Wulfing | Proteus                  | 1:26.59 | 201101888 | <b>1:35.55</b>      |
| 10.                                                                                                                     | Joleine Nas             | NDD                      | 1:35.55 | 201200486 | <b>1:38.50</b>      |
| 11.                                                                                                                     | Sophia van Gent         | CWW                      | 1:39.54 | 201302482 | <b>1:39.03</b>      |
| 12.                                                                                                                     | Jynthe Koppenaal        | RZC                      | 1:36.18 | 201200396 | <b>1:40.62</b>      |
| 13.                                                                                                                     | Eva Spelt               | DWK                      | 1:48.81 | 201100878 | <b>1:45.33</b>      |
| 14.                                                                                                                     | Kim Dorgelo             | ZV De Meer               | 1:46.47 | 201103904 | <b>1:46.31</b>      |
| 15.                                                                                                                     | Keysha Kasima           | Batavia Swim             | 1:40.30 | 201101158 | <b>1:47.26</b>      |
| 16.                                                                                                                     | Emma Kronenburg         | ZV Overbetuwe            | 1:47.83 | 201202454 | <b>1:58.00</b>      |
| AFGEM                                                                                                                   | Naomi van 't Hul        | Nunspeet                 | 1:25.62 | 201100264 |                     |
| AFGEM                                                                                                                   | Philene Sweeris         | Olympia                  | 1:33.56 | 201200234 |                     |
| NG                                                                                                                      | Mirre van der Straaten  | RZC                      | 1:25.13 | 201100026 |                     |
| <b>Onder 16</b>                                                                                                         |                         |                          |         |           |                     |
| 1.                                                                                                                      | Gaby Kouwen             | RZC                      | 1:20.91 | 201001060 | <b>1:18.03</b>      |
| 2.                                                                                                                      | Sabina Klijn            | RZC                      | 1:23.34 | 201000050 | <b>1:22.42</b>      |
| 3.                                                                                                                      | Eva Eikelboom           | SG Octopus - ZVV         | 1:20.89 | 200903718 | <b>1:24.71</b>      |
| 4.                                                                                                                      | Robin van Beek          | Aquapoldro               | 1:22.98 | 200903518 | <b>1:25.64</b>      |
| 5.                                                                                                                      | Lenore Donker           | NDD                      | 1:24.32 | 201000080 | <b>1:27.08</b>      |
| 6.                                                                                                                      | Pleun Schouten          | De IJsselmeeuwen         | 1:17.74 | 201002106 | <b>1:29.01</b>      |
| 7.                                                                                                                      | Evelyne Nas             | NDD                      | 1:24.54 | 200902066 | <b>1:29.94</b> FJ 1 |
| 8.                                                                                                                      | Lilli Zachert           | Wahoo Swimming           | 1:28.95 | 200904394 | <b>1:29.94</b> FJ 2 |
| 9.                                                                                                                      | Ilse Krabben            | ZPC Livo                 | 1:24.43 | 200902304 | <b>1:32.18</b>      |
| 10.                                                                                                                     | Anne Starink            | ZV De Meer               | 1:27.98 | 201003994 | <b>1:34.48</b>      |
| 11.                                                                                                                     | Nienke Lutikholt        | Groenlose Zwemvereniging | 1:44.28 | 201002396 | <b>1:39.69</b>      |
| 12.                                                                                                                     | Sanne Wolsheimer        | De IJsselmeeuwen         | 1:35.00 | 200901646 | <b>1:41.70</b>      |
| 13.                                                                                                                     | Eloise Kwakkel          | RZC                      | 1:45.22 | 200900630 | <b>1:42.65</b>      |
| NG                                                                                                                      | Fleur Horst             | Nunspeet                 | 1:54.18 | 201003312 |                     |
| NG                                                                                                                      | Thirza van Kampen       | Nunspeet                 | 1:34.63 | 201002754 |                     |
| <b>Onder 18</b>                                                                                                         |                         |                          |         |           |                     |
| 1.                                                                                                                      | Danique van de Werken   | ZV De Meer               | 1:17.66 | 200701672 | <b>1:18.65</b>      |
| 2.                                                                                                                      | Inke Versluis           | Olympia                  | 1:18.81 | 200800218 | <b>1:22.06</b>      |
| 3.                                                                                                                      | Laura Volkers           | DWK                      | 1:20.30 | 200800056 | <b>1:28.59</b>      |
| 4.                                                                                                                      | Elise van der Wielen    | Olympia                  | 1:22.26 | 200700346 | <b>1:30.22</b>      |
| 5.                                                                                                                      | Mandy Siebelink         | ENC Arnhem               | 1:21.07 | 200700582 | <b>1:30.83</b>      |
| 6.                                                                                                                      | Relinde Fokkink         | Montferland              | 1:34.40 | 200802986 | <b>1:34.90</b>      |
| DIS                                                                                                                     | Nienke Koster           | Groenlose Zwemvereniging | 1:41.84 | 200703996 |                     |
| <i>VN - Niet gehele race aan het wateroppervlak gebleven (geldt niet voor keerpunt en 1e 15 m na start en keerpunt)</i> |                         |                          |         |           |                     |
| AFGEM                                                                                                                   | Sophie Schuirink        | ZPC Livo                 | 1:24.88 | 200802450 |                     |
| AFGEM                                                                                                                   | Merle Baumeister        | ENC Arnhem               | 1:23.20 | 200803026 |                     |
| <b>Onder 20</b>                                                                                                         |                         |                          |         |           |                     |
| 1.                                                                                                                      | Anna Kamphuis           | DWK                      | 1:17.84 | 200600334 | <b>1:18.80</b>      |
| 2.                                                                                                                      | Milou Klaassen          | BZC Dolfijnen            | 1:19.51 | 200501614 | <b>1:19.66</b>      |
| 3.                                                                                                                      | Senna Levering          | DWK                      | 1:23.02 | 200603892 | <b>1:25.09</b>      |
| 4.                                                                                                                      | Femke Vermeulen         | Olympia                  | 1:23.88 | 200602292 | <b>1:32.23</b>      |
| 5.                                                                                                                      | Jennifer Helmink        | Montferland              | 1:27.45 | 200502524 | <b>1:33.51</b>      |
| 6.                                                                                                                      | Daphne Jonkers          | De IJsselmeeuwen         | 2:06.11 | 200605288 | <b>2:17.06</b>      |
|                                                                                                                         |                         |                          |         | S14       | 100                 |

Programmanr. 106, Dames, 100m vlinderslag

20 en ouder

|       |                       |                  |         |           |                     |
|-------|-----------------------|------------------|---------|-----------|---------------------|
| 1.    | Aniek Garritsen       | De IJsselmeeuwen | 1:14.73 | 199504290 | <b>1:15.90</b>      |
| 2.    | Sanne Landman         | ENC Arnhem       | 1:14.41 | 200304762 | <b>1:16.88</b>      |
| 3.    | Leonie Veldhuis       | SG Octopus - ZVV | 1:16.95 | 200301768 | <b>1:19.05</b> FJ 1 |
| 4.    | Welmoed Doornbos      | De IJsselmeeuwen | 1:12.85 | 200203352 | <b>1:19.05</b> FJ 2 |
| 5.    | Chantal van der Horst | ZV De Meer       | 1:17.73 | 199400616 | <b>1:23.63</b>      |
| 6.    | Raisa Schasfoort      | ZV De Meer       | 1:16.22 | 200400294 | <b>1:25.18</b>      |
| 7.    | Cindy Hendriks        | CWW              | 1:16.00 | 199207672 | <b>1:28.68</b>      |
| 8.    | Nynke Jansen          | Batavia Swim     | 1:22.70 | 200404914 | <b>1:29.23</b>      |
| 9.    | Chantal Veldhuis      | Aquapoldro       | 1:40.50 | 200102434 | <b>1:48.05</b>      |
| AFGEM | Merel van den Heuvel  | ZV De Meer       | 1:16.24 | 200201784 |                     |

Programmanr. 107  
21/6/2025 - 15:26

Heren, 100m vrije slag

Senioren Open  
Resultaten

| rang            | naam                 | vereniging       | intijd  | tijd      | RT             |
|-----------------|----------------------|------------------|---------|-----------|----------------|
| <b>Onder 14</b> |                      |                  |         |           |                |
| 1.              | Maarten de Haas      | Olympia          | 1:07.08 | 201100049 | <b>1:07.66</b> |
| 2.              | Aurel Starink        | NDD              | 1:09.58 | 201100793 | <b>1:09.29</b> |
| 3.              | Cris Bakker          | ZV Zaltbommel    | 1:13.99 | 201200275 | <b>1:09.34</b> |
| 4.              | Kane van Middendorp  | DWK              | 1:14.00 | 201101537 | <b>1:11.39</b> |
| 5.              | Hugo Hulstijn        | CWW              | 1:04.72 | 201100297 | <b>1:11.56</b> |
| 6.              | Ward Ferweda         | Aquapoldro       | 1:14.47 | 201202959 | <b>1:12.79</b> |
| 7.              | Justin Peters        | NDD              | 1:14.57 | 201101639 | <b>1:12.96</b> |
| 8.              | Thijn Eekhoff        | CWW              | 1:12.06 | 201300037 | <b>1:13.44</b> |
| 9.              | Thijs Noordman       | De Berkelduikers | 1:14.48 | 201301489 | <b>1:16.05</b> |
| 10.             | Julian van der Ende  | CWW              | 1:18.93 | 201300353 | <b>1:16.09</b> |
| 11.             | Jesse van Dijk       | Olympia          | 1:16.66 | 201300001 | <b>1:18.35</b> |
| 12.             | Mick van Nistelrooij | NDD              | 1:18.00 | 201201813 | <b>1:20.10</b> |
| 13.             | Tim Burgerhart       | DWK              | 1:18.62 | 201200435 | <b>1:20.25</b> |
| AFGEM           | Tobias Verhoef       | Nunspeet         | 1:18.73 | 201201955 |                |

Onder 16

|     |                     |                   |         |           |                |
|-----|---------------------|-------------------|---------|-----------|----------------|
| 1.  | Jelmer Kruijt       | Olympia           | 59.80   | 200900525 | <b>1:01.22</b> |
| 2.  | Levi Simonse        | De Vrije Slag     | 1:05.11 | 200900259 | <b>1:02.91</b> |
| 3.  | Daniël Tintu        | ENC Arnhem        | 1:06.45 | 201003173 | <b>1:03.85</b> |
| 4.  | Daan Abrahamse      | De Vrije Slag     | 1:04.71 | 201001869 | <b>1:04.02</b> |
| 5.  | Robby Pisters       | RZC               | 1:04.74 | 201000101 | <b>1:04.05</b> |
| 6.  | Barna Esmat         | Aquapoldro        | 1:03.78 | 201000125 | <b>1:04.55</b> |
| 7.  | Fabian Bruil        | Aquapoldro        | 1:00.88 | 200900533 | <b>1:05.03</b> |
| 8.  | Coen Sikking        | DWV               | 1:05.22 | 200901831 | <b>1:06.84</b> |
| 9.  | Ruben Zirkzee       | ZV De Meer        | 1:00.19 | 200900571 | <b>1:07.48</b> |
| 10. | Bram van Tongeren   | Zuiderzeeswimmers | 1:04.42 | 200903497 | <b>1:07.92</b> |
| 11. | Retief van Gasteren | Olympia           | 1:06.48 | 201000067 | <b>1:07.96</b> |
| 12. | Sytze Andrea        | De Rijn           | 1:07.20 | 201000261 | <b>1:10.09</b> |
| 13. | Morris Opgenoort    | CWW               | 1:08.63 | 201001143 | <b>1:10.27</b> |

Onder 18

|     |                      |                      |         |           |                |
|-----|----------------------|----------------------|---------|-----------|----------------|
| 1.  | Thomas Bergmans      | CWW                  | 1:00.75 | 200801663 | <b>59.33</b>   |
| 2.  | Enna Lamers          | ZV Overbetuwe        | 58.30   | 200800899 | <b>59.36</b>   |
| 3.  | Brian Blankespoor    | De Vrije Slag        | 1:02.07 | 200801133 | <b>1:00.77</b> |
| 4.  | Timo Bourgonje       | SG Octopus - ZVV     | 58.22   | 200700599 | <b>1:00.89</b> |
| 5.  | Tim Looijen          | Wahoo Swimming       | 1:01.80 | 200700325 | <b>1:02.57</b> |
| 6.  | Stijn Krol           | Aquapoldro           | 1:00.76 | 200804011 | <b>1:03.35</b> |
| 7.  | Thymo Smits          | ZPC Livo             | 1:00.48 | 200802073 | <b>1:03.89</b> |
| 8.  | Tom Pisters          | RZC                  | 1:02.82 | 200801119 | <b>1:04.01</b> |
| 9.  | Finn Sonneveld       | ZV Zaltbommel        | 1:07.79 | 200800153 | <b>1:08.61</b> |
| 10. | Machiel de Gier      | De Vrije Slag        | 1:12.12 | 200704037 | <b>1:12.11</b> |
| 11. | Timon Wierper        | De Vrije Slag        | 1:11.50 | 200801573 | <b>1:13.25</b> |
| NG  | Damián van den Anker | RZC                  | 1:02.78 | 200802079 |                |
| NG  | Martijn de Groot     | SG Wijchen-Gelenberg | 1:03.15 | 200701801 |                |

Programmanr. 107, Heren, 100m vrije slag

Onder 20

|       |                     |                      |         |           |                |
|-------|---------------------|----------------------|---------|-----------|----------------|
| 1.    | Cassian Janssen     | RZC                  | 58.29   | 200500331 | <b>59.80</b>   |
| 2.    | Kjetil van Gasteren | Olympia              | 58.22   | 200600405 | <b>1:00.45</b> |
| 3.    | Max Donselaar       | RZC                  | 1:00.42 | 200600945 | <b>1:02.01</b> |
| 4.    | Bas van Middelkoop  | RZC                  | 58.36   | 200600363 | <b>1:02.38</b> |
| 5.    | Gerrit Rochat       | RZC                  | 1:01.79 | 200500393 | <b>1:03.72</b> |
| 6.    | Joost Brugmans      | RZC                  | 58.46   | 200500391 | <b>1:03.73</b> |
| 7.    | Ruben de Wildt      | BZC Dolfijnen        | 1:01.27 | 200601109 | <b>1:03.80</b> |
| AFGEM | Rick Hermans        | SG Wijchen-Gelenberg | 1:04.39 | 200501793 |                |

20 en ouder

|     |                  |                  |         |           |                     |
|-----|------------------|------------------|---------|-----------|---------------------|
| 1.  | Casper Muselaers | SG Octopus - ZVV | 54.73   | 199600399 | <b>55.42</b>        |
| 2.  | Thijs de Geus    | Olympia          | 54.93   | 200200349 | <b>56.44</b>        |
| 3.  | Mick van Kempen  | CWW              | 55.27   | 200203375 | <b>57.63</b>        |
| 4.  | Marten Straatsma | Proteus          | 57.42   | 200104449 | <b>57.91</b>        |
| 5.  | Tim de Vrugt     | ENC Arnhem       | 56.17   | 199306719 | <b>58.78</b>        |
| 6.  | Joop Tuppe       | TZC Vahalis      | 58.18   | 200100581 | <b>59.22</b>        |
| 7.  | Dries Mostert    | DWK              | 58.77   | 200400995 | <b>59.42</b>        |
| 8.  | Jack Beaujon     | Olympia          | 57.35   | 200304251 | <b>1:00.57</b>      |
| 9.  | Ivar Regelink    | DWV              | 57.81   | 200102707 | <b>1:02.07</b>      |
| 10. | Delano Weijn     | Aquapoldro       | 59.05   | 200003965 | <b>1:02.86</b>      |
| 11. | Alex Vermeulen   | Aquapoldro       | 59.43   | 198905811 | <b>1:03.22</b> FJ 1 |
| 12. | Jorim Hebbink    | De Berkelduikers | 1:01.03 | 200401957 | <b>1:03.22</b> FJ 2 |
| 13. | Johan Krakou     | De Rijn          | 59.48   | 199101311 | <b>1:03.24</b>      |
| 14. | Renzo Meester    | Flevo            | 59.53   | 200202897 | <b>1:04.19</b>      |

Programmanr. 108  
21/6/2025 - 16:04

Dames, 100m rugslag

Senioren Open  
Resultaten

| rang            | naam                   | vereniging        | intijd  | tijd      | RT             |
|-----------------|------------------------|-------------------|---------|-----------|----------------|
| <b>Onder 14</b> |                        |                   |         |           |                |
| 1.              | Marlies van Diepenbeek | Zuiderzeeswimmers | 1:22.39 | 201103094 | <b>1:23.10</b> |
| 2.              | Laure Eekhoff          | CWW               | 1:20.93 | 201100674 | <b>1:24.36</b> |
| 3.              | Maud Sellis            | SG Octopus - ZVV  | 1:20.32 | 201101172 | <b>1:24.82</b> |
| 4.              | Meila Broenink         | Batavia Swim      | 1:21.72 | 201102332 | <b>1:25.36</b> |
| 5.              | Elin Hut               | Wahoo Swimming    | 1:23.09 | 201300020 | <b>1:26.26</b> |
| 6.              | Nikita van den Berg    | SG Octopus - ZVV  | 1:24.05 | 201102130 | <b>1:26.47</b> |
| 7.              | Melissa ter Horst      | ZV Overbetuwe     | 1:24.85 | 201100678 | <b>1:26.49</b> |
| 8.              | Nilouh Monteiro        | Wahoo Swimming    | 1:28.08 | 201303108 | <b>1:26.54</b> |
| 9.              | Linn Frunt             | DWK               | 1:25.17 | 201101420 | <b>1:28.51</b> |
| 10.             | Elsa Scholting         | BZC Dolfijnen     | 1:26.81 | 201300806 | <b>1:28.66</b> |
| 11.             | Sara Hol               | BZC Dolfijnen     | 1:26.82 | 201200208 | <b>1:29.52</b> |
| 12.             | Maira Iseger           | DWK               | 1:26.29 | 201101908 | <b>1:31.59</b> |
| 13.             | Emma Kronenburg        | ZV Overbetuwe     | 1:30.45 | 201202454 | <b>1:31.60</b> |
| 14.             | Nynke Roerdink         | ZPC Livo          | 1:29.65 | 201200428 | <b>1:34.34</b> |

Onder 16

|       |                     |                  |         |           |                     |
|-------|---------------------|------------------|---------|-----------|---------------------|
| 1.    | Lynn Rozendal       | NDD              | 1:13.60 | 200901038 | <b>1:17.34</b>      |
| 2.    | Lenore Donker       | NDD              | 1:18.53 | 201000080 | <b>1:19.93</b> FJ 1 |
| 3.    | Tessa Zevenbergen   | Aquapoldro       | 1:16.49 | 201002662 | <b>1:19.93</b> FJ 2 |
| 4.    | Gaby Kouwen         | RZC              | 1:21.41 | 201001060 | <b>1:22.04</b>      |
| 5.    | Liss Wakker         | De Rijn          | 1:15.17 | 201000140 | <b>1:23.13</b>      |
| 6.    | Milouck Frunt       | DWK              | 1:16.19 | 200901664 | <b>1:23.30</b>      |
| 7.    | Robin van Beek      | Aquapoldro       | 1:19.91 | 200903518 | <b>1:23.86</b>      |
| 8.    | Sabina Klijn        | RZC              | 1:22.80 | 201000050 | <b>1:24.89</b>      |
| 9.    | Anne Starink        | ZV De Meer       | 1:22.82 | 201003994 | <b>1:26.55</b>      |
| 10.   | Enieke Lijftogt     | De Vrije Slag    | 1:21.40 | 201001322 | <b>1:26.63</b>      |
| 11.   | Froukje van Leeuwen | De Berkelduikers | 1:18.28 | 200901208 | <b>1:27.54</b>      |
| 12.   | Lilli Zachert       | Wahoo Swimming   | 1:27.48 | 200904394 | <b>1:28.64</b>      |
| 13.   | Evelyne Nas         | NDD              | 1:22.29 | 200902066 | <b>1:28.89</b>      |
| 14.   | Pleun Schouten      | De IJsselmeeuwen | 1:21.78 | 201002106 | <b>1:32.71</b>      |
| AFGEM | Eva Eikelboom       | SG Octopus - ZVV | 1:18.32 | 200903718 |                     |

Programmanr. 108, Dames, 100m rugslag

Onder 18

|                                 |                       |                  |         |           |                |
|---------------------------------|-----------------------|------------------|---------|-----------|----------------|
| 1.                              | Gitte Defoort         | CWW              | 1:17.02 | 200801680 | <b>1:15.95</b> |
| 2.                              | Rosalie Bressers      | RZC              | 1:15.60 | 200703820 | <b>1:20.31</b> |
| 3.                              | Nynke van Leeuwen     | De Berkelduikers | 1:15.87 | 200701272 | <b>1:21.19</b> |
| 4.                              | Dana Eelderink        | De Berkelduikers | 1:18.90 | 200803086 | <b>1:21.52</b> |
| <i>Heeft met tape gezwommen</i> |                       |                  |         |           |                |
| 5.                              | Tess Wakker           | De Rijn          | 1:18.63 | 200700154 | <b>1:21.76</b> |
| 6.                              | Elke van Dorst        | CWW              | 1:24.40 | 200702816 | <b>1:24.77</b> |
| 7.                              | Elise van der Wielen  | Olympia          | 1:20.23 | 200700346 | <b>1:24.95</b> |
| 8.                              | Daphne van der Wielen | Olympia          | 1:17.68 | 200800220 | <b>1:26.89</b> |
| 9.                              | Jet Rötter            | ZPC Livo         | 1:21.31 | 200803192 | <b>1:27.33</b> |
| 10.                             | Relinde Fokkink       | Montferland      | 1:29.45 | 200802986 | <b>1:32.67</b> |
| AFGEM                           | Britt Hopman          | SG Octopus - ZVV | 1:18.63 | 200702688 |                |
| AFGEM                           | Inke Versluis         | Olympia          | 1:19.32 | 200800218 |                |
| AFGEM                           | Sophie Schuurink      | ZPC Livo         | 1:36.90 | 200802450 |                |
| AFGEM                           | Merle Baumeister      | ENC Arnhem       | 1:21.18 | 200803026 |                |

Onder 20

|                                 |                        |                  |         |           |                |
|---------------------------------|------------------------|------------------|---------|-----------|----------------|
| 1.                              | Senna Levering         | DWK              | 1:16.62 | 200603892 | <b>1:20.89</b> |
| 2.                              | Cecilia van Dam        | De Rijn          | 1:16.41 | 200502110 | <b>1:21.12</b> |
| 3.                              | Yanou Vaessen          | DWK              | 1:19.16 | 200603666 | <b>1:22.67</b> |
| 4.                              | Sabine Uytendewilligen | ENC Arnhem       | 1:18.22 | 200502654 | <b>1:23.07</b> |
| <i>Heeft met tape gezwommen</i> |                        |                  |         |           |                |
| 5.                              | Lois Hofman            | SG Octopus - ZVV | 1:21.83 | 200602040 | <b>1:25.31</b> |
| 6.                              | Jennifer Helmink       | Montferland      | 1:19.40 | 200502524 | <b>1:26.17</b> |
| AFGEM                           | Azra Guler             | NDD              | 1:17.51 | 200503054 |                |

20 en ouder

|     |                      |                  |         |           |                |
|-----|----------------------|------------------|---------|-----------|----------------|
| 1.  | Merel van den Heuvel | ZV De Meer       | 1:11.66 | 200201784 | <b>1:15.60</b> |
| 2.  | Nienke Verploeg      | Olympia          | 1:14.51 | 200000438 | <b>1:16.76</b> |
| 3.  | Marjes Butz          | RZC              | 1:12.88 | 199901502 | <b>1:16.92</b> |
| 4.  | Aniek Garritsen      | De IJsselmeeuwen | 1:11.99 | 199504290 | <b>1:17.03</b> |
| 5.  | Ilse Wild            | SG Octopus - ZVV | 1:20.01 | 200401812 | <b>1:19.83</b> |
| 6.  | Esther van Maastrigt | Montferland      | 1:17.79 | 198802836 | <b>1:22.97</b> |
| 7.  | Imogen Oldfield      | RZC              | 1:18.67 | 199806046 | <b>1:23.19</b> |
| 8.  | Eline van Gemert     | ZV De Meer       | 1:13.41 | 199505458 | <b>1:23.71</b> |
| 9.  | Nynke Jansen         | Batavia Swim     | 1:19.88 | 200404914 | <b>1:31.21</b> |
| 10. | Chantal Veldhuis     | Aquapoldro       | 1:32.88 | 200102434 | <b>1:37.30</b> |

Programmanr. 109  
21/6/2025 - 16:24

Heren, 100m schoolslag

Senioren Open  
Resultaten

| rang     | naam                | vereniging       | intijd  | tijd      | RT                  |
|----------|---------------------|------------------|---------|-----------|---------------------|
| Onder 14 |                     |                  |         |           |                     |
| 1.       | Guust Heijne        | DWK              | 1:28.69 | 201202139 | <b>1:24.49</b>      |
| 2.       | Maarten de Haas     | Olympia          | 1:28.99 | 201100049 | <b>1:30.92</b>      |
| 3.       | Aurel Starink       | NDD              | 1:29.66 | 201100793 | <b>1:32.01</b>      |
| 4.       | Tim Burgerhart      | DWK              | 1:41.07 | 201200435 | <b>1:33.01</b>      |
| 5.       | Thijn Eekhoff       | CWW              | 1:30.24 | 201300037 | <b>1:33.31</b> FJ 1 |
| 6.       | Hugo Hulstijn       | CWW              | 1:26.42 | 201100297 | <b>1:33.31</b> FJ 2 |
| 7.       | Fido Hulstijn       | CWW              | 1:30.51 | 201300775 | <b>1:34.89</b>      |
| 8.       | Ward Ferweda        | Aquapoldro       | 1:34.98 | 201202959 | <b>1:35.30</b>      |
| 9.       | Maurits Nagelvoort  | DWK              | 1:44.14 | 201200519 | <b>1:37.86</b>      |
| 10.      | Kane van Middendorp | DWK              | 1:44.11 | 201101537 | <b>1:40.23</b>      |
| 11.      | Cris Bakker         | ZV Zaltbommel    | 1:46.36 | 201200275 | <b>1:46.02</b>      |
| 12.      | Milan Bakker        | De Berkelduikers | 1:46.16 | 201201337 | <b>1:50.87</b>      |
| DIS      | Thijs Noordman      | De Berkelduikers | 1:41.46 | 201301489 |                     |

AA - De start ingezet voor het startsignaal (en wel gezwommen).

Programmanr. 109, Heren, 100m schoolslag

Onder 16

|     |                      |                      |         |           |                |
|-----|----------------------|----------------------|---------|-----------|----------------|
| 1.  | Mees van der Burg    | Olympia              | 1:20.76 | 200900515 | <b>1:21.71</b> |
| 2.  | Jelmer Kruijt        | Olympia              | 1:21.81 | 200900525 | <b>1:25.03</b> |
| 3.  | Ruben Zirkzee        | ZV De Meer           | 1:20.55 | 200900571 | <b>1:26.39</b> |
| 4.  | Barna Esmat          | Aquapoldro           | 1:24.86 | 201000125 | <b>1:27.54</b> |
| 5.  | Xander Koperdraat    | Z & PC Triton Putten | 1:21.20 | 201001695 | <b>1:27.73</b> |
| 6.  | Jared van de Ven     | Aquapoldro           | 1:30.96 | 201003813 | <b>1:28.26</b> |
| 7.  | Coen Sikking         | DWV                  | 1:25.07 | 200901831 | <b>1:28.91</b> |
| 8.  | Retief van Gasteren  | Olympia              | 1:26.75 | 201000067 | <b>1:29.93</b> |
| 9.  | Robby Pisters        | RZC                  | 1:33.72 | 201000101 | <b>1:30.81</b> |
| 10. | Jamie van Veenendaal | TZC Vahalis          | 1:26.79 | 201001361 | <b>1:31.37</b> |
| 11. | Fabian Bruil         | Aquapoldro           | 1:27.68 | 200900533 | <b>1:31.82</b> |
| 12. | Daan Abrahamse       | De Vrije Slag        | 1:28.89 | 201001869 | <b>1:32.86</b> |
| 13. | Sytze Andrea         | De Rijn              | 1:28.70 | 201000261 | <b>1:33.67</b> |
| NG  | Rashed Al Mardini    | De Vrije Slag        | 1:35.61 | 201001231 |                |

Onder 18

|       |                   |                      |         |           |                |
|-------|-------------------|----------------------|---------|-----------|----------------|
| 1.    | Timo Bourgonje    | SG Octopus - ZVV     | 1:19.03 | 200700599 | <b>1:22.55</b> |
| 2.    | Thomas Bergmans   | CWW                  | 1:19.87 | 200801663 | <b>1:24.63</b> |
| 3.    | Tom Pisters       | RZC                  | 1:22.28 | 200801119 | <b>1:25.23</b> |
| 4.    | Brian Blankespoor | De Vrije Slag        | 1:27.53 | 200801133 | <b>1:31.52</b> |
| 5.    | Finn Sonneveld    | ZV Zaltbommel        | 1:31.16 | 200800153 | <b>1:35.30</b> |
| 6.    | Machiel de Gier   | De Vrije Slag        | 1:31.02 | 200704037 | <b>1:35.52</b> |
| 7.    | Timon Wierper     | De Vrije Slag        | 1:32.97 | 200801573 | <b>1:35.98</b> |
| 8.    | Tom Helmink       | NDD                  | 1:50.45 | 200804093 | <b>1:47.21</b> |
| AFGEM | Marius Beernink   | Nunspeet             | 1:26.68 | 200803361 |                |
| AFGEM | Thijs Brouns      | Nunspeet             | 1:34.29 | 200803281 |                |
| NG    | Martijn de Groot  | SG Wijchen-Gelenberg | 1:28.14 | 200701801 |                |

Onder 20

|    |                     |         |         |           |                |
|----|---------------------|---------|---------|-----------|----------------|
| 1. | Kjetil van Gasteren | Olympia | 1:14.82 | 200600405 | <b>1:18.01</b> |
|----|---------------------|---------|---------|-----------|----------------|

20 en ouder

|     |                       |                      |         |           |                |
|-----|-----------------------|----------------------|---------|-----------|----------------|
| 1.  | Richard van der Horst | ZV De Meer           | 1:12.91 | 199700179 | <b>1:15.98</b> |
| 2.  | Dries Mostert         | DWK                  | 1:13.53 | 200400995 | <b>1:17.20</b> |
| 3.  | Thijs de Geus         | Olympia              | 1:12.72 | 200200349 | <b>1:17.56</b> |
| 4.  | Phi Pham              | De Vrije Slag        | 1:19.16 | 200400899 | <b>1:17.61</b> |
| 5.  | Joop Tuppe            | TZC Vahalis          | 1:13.10 | 200100581 | <b>1:18.44</b> |
| 6.  | Jack Beaujon          | Olympia              | 1:13.85 | 200304251 | <b>1:19.81</b> |
| 7.  | Hans Stoffers         | DWK                  | 1:10.97 | 199604027 | <b>1:20.19</b> |
| 8.  | Danny Rekers          | Nunspeet             | 1:18.65 | 200201459 | <b>1:23.39</b> |
| 9.  | Marten Straatsma      | Proteus              | 1:18.93 | 200104449 | <b>1:23.51</b> |
| 10. | Bartho Visser         | Z & PC Triton Putten | 1:18.32 | 200005595 | <b>1:24.01</b> |
| 11. | Alex Vermeulen        | Aquapoldro           | 1:18.56 | 198905811 | <b>1:24.32</b> |
| 12. | Renzo Meester         | Flevo                | 1:21.11 | 200202897 | <b>1:34.43</b> |

Programmanr. 110  
21/6/2025 - 16:43

Dames, 200m wisselslag

Senioren Open  
Resultaten

| rang     | naam                | vereniging       | intijd  | tijd      | RT             | 100m | 200m    |
|----------|---------------------|------------------|---------|-----------|----------------|------|---------|
| Onder 14 |                     |                  |         |           |                |      |         |
| 1.       | Maud Sellis         | SG Octopus - ZVV | 2:53.44 | 201101172 | <b>2:58.89</b> |      | 2:58.89 |
| 2.       | Sanne Eilander      | SG Octopus - ZVV | 3:00.02 | 201102514 | <b>3:03.25</b> |      | 3:03.25 |
| 3.       | Melissa ter Horst   | ZV Overbetuwe    | 2:57.35 | 201100678 | <b>3:04.05</b> |      | 3:04.05 |
| 4.       | Fenne Vaartjes      | Batavia Swim     | 3:09.49 | 201201810 | <b>3:08.31</b> |      | 3:08.31 |
| 5.       | Linn Frunt          | DWK              | 3:03.39 | 201101420 | <b>3:08.34</b> |      | 3:08.34 |
| 6.       | Laure Eekhoff       | CWW              | 2:57.95 | 201100674 | <b>3:08.45</b> |      | 3:08.45 |
| 7.       | Nikita van den Berg | SG Octopus - ZVV | 3:09.50 | 201102130 | <b>3:08.64</b> |      | 3:08.64 |
| 8.       | Naomi Bits          | TZC Vahalis      | 3:06.40 | 201100908 | <b>3:09.93</b> |      | 3:09.93 |
| 9.       | Sophia Heusinkveld  | De Berkelduikers | 3:16.02 | 201301552 | <b>3:10.60</b> |      | 3:10.60 |
| 10.      | Sophia van Gent     | CWW              | 3:09.02 | 201302482 | <b>3:13.86</b> |      | 3:13.86 |
| 11.      | Kensi de Lange      | ZV De Meer       | 3:05.50 | 201100276 | <b>3:16.02</b> |      | 3:16.02 |

Programmanr. 110, Meisjes, 200m wisselslag, Onder 14

| rang | naam                   | vereniging    | intijd  | tijd      | RT             | 100m | 200m    |
|------|------------------------|---------------|---------|-----------|----------------|------|---------|
| 12.  | Jynthe Koppenaal       | RZC           | 3:14.38 | 201200396 | <b>3:17.98</b> |      | 3:17.98 |
| 13.  | Joleine Nas            | NDD           | 3:10.80 | 201200486 | <b>3:22.59</b> |      | 3:22.59 |
| 14.  | Emma Kronenburg        | ZV Overbetuwe | 3:20.38 | 201202454 | <b>3:34.79</b> |      | 3:34.79 |
| NG   | Mirre van der Straaten | RZC           | 3:08.43 | 201100026 |                |      |         |

Onder 16

|     |                      |                  |         |           |                |  |         |
|-----|----------------------|------------------|---------|-----------|----------------|--|---------|
| 1.  | Lynn Rozendal        | NDD              | 2:40.83 | 200901038 | <b>2:47.49</b> |  | 2:47.49 |
| 2.  | Gaby Kouwen          | RZC              | 2:51.58 | 201001060 | <b>2:51.95</b> |  | 2:51.95 |
| 3.  | Eva Eikelboom        | SG Octopus - ZVV | 2:50.82 | 200903718 | <b>2:52.28</b> |  | 2:52.28 |
| 4.  | Tessa Zevenbergen    | Aquapoldro       | 2:47.83 | 201002662 | <b>2:53.13</b> |  | 2:53.13 |
| 5.  | Maite Opgenoort      | CWW              | 2:55.95 | 201001464 | <b>2:57.20</b> |  | 2:57.20 |
| 6.  | Lenore Donker        | NDD              | 2:53.18 | 201000080 | <b>2:58.10</b> |  | 2:58.10 |
| 7.  | Sabina Klijn         | RZC              | 2:54.52 | 201000050 | <b>2:59.55</b> |  | 2:59.55 |
| 8.  | Sophie van der Horst | Flevo            | 2:52.15 | 201000246 | <b>2:59.82</b> |  | 2:59.82 |
| 9.  | Ruby Hut             | Wahoo Swimming   | 2:50.03 | 200901842 | <b>3:01.48</b> |  | 3:01.48 |
| 10. | Enieke Lijftogt      | De Vrije Slag    | 2:55.10 | 201001322 | <b>3:05.00</b> |  | 3:05.00 |
| 11. | Froukje van Leeuwen  | De Berkelduikers | 2:57.68 | 200901208 | <b>3:06.70</b> |  | 3:06.70 |
| 12. | Ilse Krabben         | ZPC Livo         | 3:01.51 | 200902304 | <b>3:07.21</b> |  | 3:07.21 |
| 13. | Pleun Schouten       | De IJsselmeeuwen | 2:59.69 | 201002106 | <b>3:07.26</b> |  | 3:07.26 |
| 14. | Liss Wakker          | De Rijn          | 3:04.05 | 201000140 | <b>3:09.61</b> |  | 3:09.61 |
| 15. | Milouck Frunt        | DWK              | 3:01.32 | 200901664 | <b>3:13.41</b> |  | 3:13.41 |

Onder 18

|       |                      |                         |         |           |                |  |         |
|-------|----------------------|-------------------------|---------|-----------|----------------|--|---------|
| 1.    | D. van de Werken     | ZV De Meer              | 2:51.98 | 200701672 | <b>2:48.94</b> |  | 2:48.94 |
| 2.    | Britt Hopman         | SG Octopus - ZVV        | 2:45.42 | 200702688 | <b>2:54.88</b> |  | 2:54.88 |
| 3.    | Rosalie Bressers     | RZC                     | 2:52.00 | 200703820 | <b>2:56.55</b> |  | 2:56.55 |
| 4.    | Inke Versluis        | Olympia                 | 2:54.26 | 200800218 | <b>2:56.60</b> |  | 2:56.60 |
| 5.    | Laura Volkers        | DWK                     | 2:49.67 | 200800056 | <b>2:57.48</b> |  | 2:57.48 |
| 6.    | Elke van Dorst       | CWW                     | 3:00.51 | 200702816 | <b>3:00.40</b> |  | 3:00.40 |
| 7.    | Mandy Siebelink      | ENC Arnhem              | 2:48.45 | 200700582 | <b>3:02.26</b> |  | 3:02.26 |
| 8.    | Tess Wakker          | De Rijn                 | 2:49.51 | 200700154 | <b>3:03.69</b> |  | 3:03.69 |
| 9.    | Jet Rötter           | ZPC Livo                | 2:58.20 | 200803192 | <b>3:07.28</b> |  | 3:07.28 |
| 10.   | Elise van der Wielen | Olympia                 | 2:56.31 | 200700346 | <b>3:07.57</b> |  | 3:07.57 |
| 11.   | Relinde Fokkink      | Montferland             | 3:25.95 | 200802986 | <b>3:27.95</b> |  | 3:27.95 |
| 12.   | Nienke Koster        | Groenlose Zwemverenigin | 3:37.24 | 200703996 | <b>3:55.23</b> |  | 3:55.23 |
| AFGEM | D. van der Wielen    | Olympia                 | 2:56.46 | 200800220 |                |  |         |
| AFGEM | Dana Eelderink       | De Berkelduikers        | 3:09.56 | 200803086 |                |  |         |
| AFGEM | Sophie Schuirink     | ZPC Livo                | 3:19.16 | 200802450 |                |  |         |
| AFGEM | Merle Baumeister     | ENC Arnhem              | 2:55.69 | 200803026 |                |  |         |

Onder 20

|       |                      |                  |         |           |                |  |         |
|-------|----------------------|------------------|---------|-----------|----------------|--|---------|
| 1.    | Milou Klaassen       | BZC Dolfijnen    | 2:48.73 | 200501614 | <b>2:51.19</b> |  | 2:51.19 |
| 2.    | Merith Janssen       | RZC              | 2:57.76 | 200600106 | <b>2:54.66</b> |  | 2:54.66 |
| 3.    | Lois Hofman          | SG Octopus - ZVV | 2:55.91 | 200602040 | <b>3:00.66</b> |  | 3:00.66 |
| 4.    | Luna Uytendewilligen | ENC Arnhem       | 2:52.04 | 200601922 | <b>3:01.64</b> |  | 3:01.64 |
| 5.    | Jennifer Helmink     | Montferland      | 2:58.51 | 200502524 | <b>3:07.10</b> |  | 3:07.10 |
| 6.    | Yanou Vaessen        | DWK              | 3:01.24 | 200603666 | <b>3:10.29</b> |  | 3:10.29 |
| AFGEM | Daphne Jonkers       | De IJsselmeeuwen | 4:40.37 | 200605288 | SM14           |  |         |

20 en ouder

|       |                       |                  |         |           |                |  |         |
|-------|-----------------------|------------------|---------|-----------|----------------|--|---------|
| 1.    | Merel van den Heuvel  | ZV De Meer       | 2:40.86 | 200201784 | <b>2:45.93</b> |  | 2:45.93 |
| 2.    | Sanne Landman         | ENC Arnhem       | 2:42.18 | 200304762 | <b>2:46.29</b> |  | 2:46.29 |
| 3.    | Nienke Verploeg       | Olympia          | 2:44.27 | 200000438 | <b>2:48.16</b> |  | 2:48.16 |
| 4.    | Aniek Garritsen       | De IJsselmeeuwen | 2:50.80 | 199504290 | <b>2:49.70</b> |  | 2:49.70 |
| 5.    | Sheila ten Voorde     | SG Octopus - ZVV | 2:47.86 | 199904538 | <b>2:53.75</b> |  | 2:53.75 |
| 6.    | Ellen ter Stege       | ENC Arnhem       | 2:45.67 | 199900604 | <b>2:54.58</b> |  | 2:54.58 |
| 7.    | Chantal van der Horst | ZV De Meer       | 2:44.67 | 199400616 | <b>2:57.35</b> |  | 2:57.35 |
| 8.    | Raisa Schasfoort      | ZV De Meer       | 2:57.35 | 200400294 | <b>2:57.37</b> |  | 2:57.37 |
| 9.    | Imogen Oldfield       | RZC              | 3:05.06 | 199806046 | <b>3:02.10</b> |  | 3:02.10 |
| 10.   | Chantal Veldhuis      | Aquapoldro       | 3:21.59 | 200102434 | <b>3:33.54</b> |  | 3:33.54 |
| AFGEM | Welmoed Doornbos      | De IJsselmeeuwen | 2:52.23 | 200203352 |                |  |         |
| AFGEM | Cindy Hendriks        | CWW              | 2:59.49 | 199207672 |                |  |         |

Programmanr. 111  
21/6/2025 - 17:26

Heren, 4 x 100m vrije slag

Senioren Open  
Resultaten

| rang            | vereniging             | intijd  | tijd           | RT      |
|-----------------|------------------------|---------|----------------|---------|
| <b>Onder 16</b> |                        |         |                |         |
| 1.              | Olympia 2              | 4:36.14 | <b>4:39.64</b> |         |
|                 | Mees van der Burg 09   | 1:07.42 | 11             | 1:08.10 |
|                 | Jesse van Dijk 13      | 1:15.68 | 10             | 1:08.44 |
| 2.              | CWW 1                  | 4:41.56 | <b>4:52.37</b> |         |
|                 | Julian van der Ende 13 | 1:16.32 | 10             | 1:09.73 |
|                 | Thijn Eekhoff 13       | 1:13.58 | 11             | 1:12.74 |
| 3.              | DWK 1                  | 5:15.20 | <b>5:17.10</b> |         |
|                 | Tim Burgerhart 12      | 1:19.02 | 12             | 1:21.35 |
|                 | Kane van Middendorp 11 | 1:14.55 | 12             | 1:22.18 |

Senioren Open

|    |                        |         |                |         |
|----|------------------------|---------|----------------|---------|
| 1. | CWW 2                  | 3:50.26 | <b>3:53.11</b> |         |
|    | Twan van Engen 05      | 59.91   | 08             | 59.21   |
|    | Mees Peters 05         | 56.53   | 02             | 57.46   |
| 2. | ENC Arnhem 1           | 3:56.90 | <b>3:56.58</b> |         |
|    | Daniël Tintu 10        | 1:02.79 | 89             | 57.17   |
|    | Tim de Vrugt 93        | 58.41   | 94             | 58.21   |
| 3. | Olympia 1              | 3:50.30 | <b>4:00.74</b> |         |
|    | Thijs de Geus 02       | 56.68   | 09             | 1:01.81 |
|    | Kjetil van Gasteren 06 | 1:01.65 | 03             | 1:00.60 |
| 4. | RZC 1                  | 3:55.53 | <b>4:07.29</b> |         |
|    | Joost Brugmans 05      | 1:03.95 | 06             | 1:02.06 |
|    | Cassian Janssen 05     | 1:00.25 | 06             | 1:01.03 |
| 5. | De Vrije Slag 1        | 4:14.45 | <b>4:16.14</b> |         |
|    | Levi Simonse 09        | 1:03.44 | 04             | 1:03.89 |
|    | Daan Abrahamse 10      | 1:05.39 | 08             | 1:03.42 |
| 6. | Aquapoldro 1           | 4:23.85 | <b>4:23.70</b> |         |
|    | Ward Ferweda 12        | 1:14.84 | 08             | 1:03.02 |
|    | Delano Weijn 00        | 1:03.92 | 89             | 1:01.92 |
| 7. | ZPC Livo 1             | 4:41.50 | <b>4:41.17</b> |         |
|    | Stan Roerdink 10       | 1:13.07 | 10             | 1:12.06 |
|    | Mikai ten Haaff 10     | 1:11.67 | 08             | 1:04.37 |
| NG | RZC 2                  | 4:12.13 |                |         |

Programmanr. 112  
21/6/2025 - 17:37

Dames, 4 x 100m vrije slag

Senioren Open  
Resultaten

| rang            | vereniging          | intijd  | tijd           | RT      |
|-----------------|---------------------|---------|----------------|---------|
| <b>Onder 16</b> |                     |         |                |         |
| 1.              | SG Octopus - ZVV 2  | 4:51.16 | <b>4:56.67</b> |         |
|                 | Maud Sellis 11      | 1:12.17 | 11             | 1:14.87 |
|                 | Dirrianne Morren 12 | 1:22.24 | 09             | 1:07.39 |
| 2.              | Wahoo Swimming 1    | 4:52.72 | <b>4:57.74</b> |         |
|                 | Nilouh Monteiro 13  | 1:13.77 | 09             | 1:15.28 |
|                 | Elin Hut 13         | 1:16.49 | 09             | 1:12.20 |
| 3.              | DWK 1               | 4:43.89 | <b>5:00.20</b> |         |
|                 | Milouck Frunt 09    | 1:16.95 | 11             | 1:10.27 |
|                 | Linn Frunt 11       | 1:19.07 | 12             | 1:13.91 |

Programmanr. 112, Dames, 4 x 100m vrije slag

Senioren Open

|    |                       |                  |         |         |         |
|----|-----------------------|------------------|---------|---------|---------|
| 1. | SG Octopus - ZVV 1    | SG Octopus - ZVV | 4:25.15 | 4:37.23 |         |
|    | Leonie Veldhuis       | 03               | 1:07.60 | 07      | 1:12.22 |
|    | Ilse Wild             | 04               | 1:06.91 | 99      | 1:10.50 |
| 2. | ENC Arnhem 1          | ENC Arnhem       | 4:23.46 | 4:37.41 |         |
|    | Sabine Uyt dewilligen | 05               | 1:09.63 | 06      | 1:12.56 |
|    | Sanne Landman         | 03               | 1:07.23 | 99      | 1:07.99 |
| 3. | ZV De Meer 1          | ZV De Meer       | 4:21.20 | 4:38.53 |         |
|    | Chantal van der Horst | 94               | 1:10.12 | 95      | 1:12.08 |
|    | Merel van den Heuvel  | 02               | 1:07.46 | 07      | 1:08.87 |
| 4. | CWW 1                 | CWW              | 4:31.52 | 4:39.76 |         |
|    | Gitte Defoort         | 08               | 1:10.87 | 96      | 1:09.45 |
|    | Elke van Dorst        | 07               | 1:10.80 | 08      | 1:08.64 |
| 5. | Olympia 1             | Olympia          | 4:30.72 | 4:44.02 |         |
|    | Nienke Verploeg       | 00               | 1:08.42 | 06      | 1:13.59 |
|    | Elise van der Wielen  | 07               | 1:13.38 | 08      | 1:08.63 |
| 6. | ZPC Livo 1            | ZPC Livo         | 4:30.87 | 4:47.41 |         |
|    | Nynke Roerdink        | 12               | 1:14.36 | 09      | 1:12.08 |
|    | Jet Rötter            | 08               | 1:15.67 | 04      | 1:05.30 |
| 7. | De Rijn 1             | De Rijn          | 4:28.27 | 4:52.09 |         |
|    | Cecilia van Dam       | 05               | 1:10.67 | 07      | 1:14.42 |
|    | Lieke van Hofwegen    | 01               | 1:15.69 | 10      | 1:11.31 |
| NG | RZC 1                 | RZC              | 4:47.76 |         |         |

2 - zondag 22 juni 2025

22/6/2025 - 14:00

Programmanr. 201  
22/6/2025 - 14:00

Dames, 50m rugslag

Senioren Open  
Resultaten

| rang     | naam                   | vereniging               | intijd | tijd      | RT         |
|----------|------------------------|--------------------------|--------|-----------|------------|
| Onder 14 |                        |                          |        |           |            |
| 1.       | Sanne Eilander         | SG Octopus - ZVV         | 37.10  | 201102514 | 37.48      |
| 2.       | Marlies van Diepenbeek | Zuiderzeezwemmers        | 38.08  | 201103094 | 37.99      |
| 3.       | Maud Sellis            | SG Octopus - ZVV         | 37.43  | 201101172 | 38.41      |
| 4.       | Laure Eekhoff          | CWW                      | 39.69  | 201100674 | 38.42      |
| 5.       | Elin Hut               | Wahoo Swimming           | 40.82  | 201300020 | 39.04      |
| 6.       | Melissa ter Horst      | ZV Overbetuwe            | 38.81  | 201100678 | 39.11 FJ 1 |
| 7.       | Nikita van den Berg    | SG Octopus - ZVV         | 38.73  | 201102130 | 39.11 FJ 2 |
| 8.       | Laura Offermans        | ZV Zaltbommel            | 40.16  | 201300766 | 39.53      |
| 9.       | Naomi Bits             | TZC Vahalis              | 38.99  | 201100908 | 40.10      |
| 10.      | Sara Hol               | BZC Dolfijnen            | 39.57  | 201200208 | 40.54      |
| 11.      | Meila Broenink         | Batavia Swim             | 40.38  | 201102332 | 40.60      |
| 12.      | Jynthe Koppenaal       | RZC                      | 40.62  | 201200396 | 40.67      |
| 13.      | Nynke Roerdink         | ZPC Livo                 | 41.46  | 201200428 | 40.71      |
| 14.      | Linn Frunt             | DWK                      | 41.59  | 201101420 | 41.80      |
| 15.      | Fleur Claassens        | ZV Zaltbommel            | 40.61  | 201300036 | 41.93      |
| 16.      | Sofie Besselink        | Montferland              | 43.21  | 201103120 | 41.99      |
| 17.      | Kensi de Lange         | ZV De Meer               | 40.98  | 201100276 | 43.15      |
| Onder 16 |                        |                          |        |           |            |
| 1.       | Lynn Rozendal          | NDD                      | 33.83  | 200901038 | 35.83      |
| 2.       | Lenore Donker          | NDD                      | 35.82  | 201000080 | 36.72      |
| 3.       | Liss Wakker            | De Rijn                  | 33.77  | 201000140 | 36.83      |
| 4.       | Milouck Frunt          | DWK                      | 37.52  | 200901664 | 37.23      |
| 5.       | Froukje van Leeuwen    | De Berkelduikers         | 37.25  | 200901208 | 37.45      |
| 6.       | Sophie van der Horst   | Flevo                    | 36.14  | 201000246 | 37.49      |
| 7.       | Maite Opgenoort        | CWW                      | 37.36  | 201001464 | 37.85      |
| 8.       | Anne Starink           | ZV De Meer               | 39.96  | 201003994 | 38.06      |
| 9.       | Eva Eikelboom          | SG Octopus - ZVV         | 36.99  | 200903718 | 38.11      |
| 10.      | Robin van Beek         | Aquapoldro               | 37.08  | 200903518 | 38.38      |
| 11.      | Nienke Lutikholt       | Groenlose Zwemvereniging | 38.34  | 201002396 | 38.99      |
| 12.      | Yara Wegman            | DWK                      | 39.18  | 200901472 | 39.68      |
| 13.      | Evelyn Nas             | NDD                      | 37.33  | 200902066 | 39.70      |
| 14.      | Lilli Zachert          | Wahoo Swimming           | 39.98  | 200904394 | 39.80      |

Programmanr. 201, Meisjes, 50m rugslag, Onder 16

| rang  | naam           | vereniging       | intijd | tijd      | RT           |
|-------|----------------|------------------|--------|-----------|--------------|
| 15.   | Ilse Krabben   | ZPC Livo         | 39.56  | 200902304 | <b>40.79</b> |
| 16.   | Vera Donselaar | RZC              | 38.94  | 200900116 | <b>40.92</b> |
| 17.   | Pleun Schouten | De IJsselmeeuwen | 38.43  | 201002106 | <b>44.35</b> |
| AFGEM | Elin Das       | NDD              | 37.67  | 200901036 |              |

Onder 18

|       |                                 |                  |       |           |                   |
|-------|---------------------------------|------------------|-------|-----------|-------------------|
| 1.    | Dana Elderink                   | De Berkelduikers | 35.60 | 200803086 | <b>37.14</b> FJ 1 |
|       | <i>Heeft met tape gezwommen</i> |                  |       |           |                   |
| 2.    | Danique van de Werken           | ZV De Meer       | 36.11 | 200701672 | <b>37.14</b> FJ 2 |
| 3.    | Inke Versluis                   | Olympia          | 35.88 | 200800218 | <b>37.14</b> FJ 3 |
| 4.    | Rosalie Bressers                | RZC              | 35.83 | 200703820 | <b>37.70</b>      |
| 5.    | Britt Hopman                    | SG Octopus - ZVV | 36.58 | 200702688 | <b>38.04</b>      |
| 6.    | Elise van der Wielen            | Olympia          | 37.52 | 200700346 | <b>38.20</b>      |
| 7.    | Tess Wakker                     | De Rijn          | 39.10 | 200700154 | <b>38.55</b>      |
| 8.    | Elke van Dorst                  | CWW              | 39.72 | 200702816 | <b>39.62</b>      |
| 9.    | Sophie Schuirink                | ZPC Livo         | 41.03 | 200802450 | <b>41.82</b>      |
| AFGEM | Joyce Vlijm                     | Nunspeet         | 36.80 | 200700262 |                   |
| AFGEM | Merle Baumeister                | ENC Arnhem       | 37.14 | 200803026 |                   |

Onder 20

|       |                                 |                  |       |           |              |     |
|-------|---------------------------------|------------------|-------|-----------|--------------|-----|
| 1.    | Britt Meisner                   | SG Octopus - ZVV | 34.74 | 200600658 | <b>35.77</b> |     |
| 2.    | Cecilia van Dam                 | De Rijn          | 35.04 | 200502110 | <b>35.94</b> |     |
| 3.    | Senna Levering                  | DWK              | 37.71 | 200603892 | <b>35.95</b> |     |
| 4.    | Sabine Uytdewilligen            | ENC Arnhem       | 35.28 | 200502654 | <b>37.16</b> |     |
|       | <i>Heeft met tape gezwommen</i> |                  |       |           |              |     |
| 5.    | Luna Uytdewilligen              | ENC Arnhem       | 37.14 | 200601922 | <b>37.20</b> |     |
| 6.    | Yanou Vaessen                   | DWK              | 37.53 | 200603666 | <b>38.72</b> |     |
| 7.    | Jennifer Helmink                | Montferland      | 39.20 | 200502524 | <b>39.80</b> |     |
| 8.    | Daphne Jonkers                  | De IJsselmeeuwen | 55.08 | 200605288 | <b>56.84</b> | 166 |
| AFGEM | Azra Guler                      | NDD              | 36.52 | 200503054 |              |     |

20 en ouder

|       |                                                                                                          |                  |       |           |                   |  |
|-------|----------------------------------------------------------------------------------------------------------|------------------|-------|-----------|-------------------|--|
| 1.    | Aniek Garritsen                                                                                          | De IJsselmeeuwen | 33.19 | 199504290 | <b>34.43</b>      |  |
| 2.    | Eline van Gemert                                                                                         | ZV De Meer       | 32.97 | 199505458 | <b>35.62</b>      |  |
| 3.    | Iris van Gijtenbeek                                                                                      | De Berkelduikers | 35.62 | 200001636 | <b>36.11</b> FJ 1 |  |
| 4.    | Ellen ter Stege                                                                                          | ENC Arnhem       | 34.28 | 199900604 | <b>36.11</b> FJ 2 |  |
| 5.    | Janine de Groot                                                                                          | NDD              | 34.48 | 199500092 | <b>36.82</b>      |  |
| 6.    | Esther van Maastricht                                                                                    | Montferland      | 35.96 | 198802836 | <b>37.59</b>      |  |
| 7.    | Imogen Oldfield                                                                                          | RZC              | 36.46 | 199806046 | <b>38.77</b>      |  |
| DIS   | Britt Biemans                                                                                            | Olympia          | 37.39 | 200400080 |                   |  |
|       | <i>RA - Na start en/of keerpunt niet bij of voor de 15m met het hoofd het wateroppervlak doorbroken.</i> |                  |       |           |                   |  |
| AFGEM | Welmoed Doornbos                                                                                         | De IJsselmeeuwen | 36.30 | 200203352 |                   |  |
| AFGEM | Cindy Hendriks                                                                                           | CWW              | 39.11 | 199207672 |                   |  |
| NG    | Hannah Elting                                                                                            | ENC Arnhem       | 36.79 | 200402702 |                   |  |

Dames Para Open

|    |                |                  |       |           |     |              |     |
|----|----------------|------------------|-------|-----------|-----|--------------|-----|
| 1. | Daphne Jonkers | De IJsselmeeuwen | 55.08 | 200605288 | S14 | <b>56.84</b> | 166 |
|----|----------------|------------------|-------|-----------|-----|--------------|-----|

Programmanr. 202  
22/6/2025 - 14:15

Heren, 50m schoolslag

Senioren Open  
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|------|------------|--------|------|----|
|------|------|------------|--------|------|----|

Programmanr. 202, Heren, 50m schoolslag

Onder 14

|     |                     |                  |       |           |              |
|-----|---------------------|------------------|-------|-----------|--------------|
| 1.  | Maarten de Haas     | Olympia          | 39.23 | 201100049 | <b>38.05</b> |
| 2.  | Hugo Hulstijn       | CWW              | 39.07 | 201100297 | <b>39.29</b> |
| 3.  | Lucas Bruijn        | Batavia Swim     | 43.74 | 201100127 | <b>39.71</b> |
| 4.  | Aurel Starink       | NDD              | 40.23 | 201100793 | <b>40.89</b> |
| 5.  | Tim Burgerhart      | DWK              | 42.97 | 201200435 | <b>42.53</b> |
| 6.  | Ward Ferweda        | Aquapoldro       | 42.22 | 201202959 | <b>42.67</b> |
| 7.  | Fido Hulstijn       | CWW              | 42.35 | 201300775 | <b>43.34</b> |
| 8.  | Tim Wentink         | NDD              | 45.64 | 201102577 | <b>43.50</b> |
| 9.  | Maurits Nagelvoort  | DWK              | 47.41 | 201200519 | <b>44.18</b> |
| 10. | Kane van Middendorp | DWK              | 43.93 | 201101537 | <b>44.51</b> |
| 11. | Thijs Noordman      | De Berkelduikers | 46.19 | 201301489 | <b>46.64</b> |
| 12. | Cris Bakker         | ZV Zaltbommel    | 46.99 | 201200275 | <b>46.82</b> |

Onder 16

|     |                      |                      |       |           |              |
|-----|----------------------|----------------------|-------|-----------|--------------|
| 1.  | Mees van der Burg    | Olympia              | 36.22 | 200900515 | <b>35.59</b> |
| 2.  | Xander Koperdraat    | Z & PC Triton Putten | 37.90 | 201001695 | <b>36.01</b> |
| 3.  | Jelmer Kruijt        | Olympia              | 35.99 | 200900525 | <b>36.64</b> |
| 4.  | Levi Simonse         | De Vrije Slag        | 35.78 | 200900259 | <b>36.79</b> |
| 5.  | Coen Sikking         | DWV                  | 37.03 | 200901831 | <b>37.41</b> |
| 6.  | Tygo Beekers         | SG Wijchen-Gelenberg | 38.37 | 200901195 | <b>38.35</b> |
| 7.  | Ruben Zirkzee        | ZV De Meer           | 36.67 | 200900571 | <b>38.61</b> |
| 8.  | Barna Esmat          | Aquapoldro           | 37.38 | 201000125 | <b>38.92</b> |
| 9.  | Jamie van Veenendaal | TZC Vahalis          | 38.29 | 201001361 | <b>39.08</b> |
| 10. | Retief van Gasteren  | Olympia              | 39.42 | 201000067 | <b>39.86</b> |
| 11. | Sytze Andrea         | De Rijn              | 39.79 | 201000261 | <b>41.12</b> |
| 12. | Twan Wallerbos       | ZPC Livo             | 41.63 | 201000967 | <b>42.49</b> |

Onder 18

|       |                   |                      |       |           |                   |
|-------|-------------------|----------------------|-------|-----------|-------------------|
| 1.    | Enna Lamers       | ZV Overbetuwe        | 34.11 | 200800899 | <b>33.91</b>      |
| 2.    | Timo Bourgonje    | SG Octopus - ZVV     | 36.11 | 200700599 | <b>37.03</b>      |
| 3.    | Thomas Bergmans   | CWW                  | 36.85 | 200801663 | <b>37.21</b> FJ 1 |
| 4.    | Tim Looijen       | Wahoo Swimming       | 36.86 | 200700325 | <b>37.21</b> FJ 2 |
| 5.    | Tom Arians        | CWW                  | 36.81 | 200703219 | <b>38.36</b>      |
| 6.    | Brian Blankespoor | De Vrije Slag        | 41.05 | 200801133 | <b>40.60</b>      |
| 7.    | Martijn de Groot  | SG Wijchen-Gelenberg | 39.13 | 200701801 | <b>40.99</b>      |
| 8.    | Max van Gasteren  | Olympia              | 39.21 | 200800005 | <b>41.36</b>      |
| 9.    | Machiel de Gier   | De Vrije Slag        | 43.22 | 200704037 | <b>42.49</b>      |
| 10.   | Finn Sonneveld    | ZV Zaltbommel        | 41.49 | 200800153 | <b>42.53</b>      |
| 11.   | Timon Wierper     | De Vrije Slag        | 43.02 | 200801573 | <b>43.34</b>      |
| 12.   | Tom Helmink       | NDD                  | 50.41 | 200804093 | <b>47.17</b>      |
| AFGEM | Marius Beernink   | Nunspeet             | 40.07 | 200803361 |                   |

Onder 20

|    |                |                      |       |           |              |
|----|----------------|----------------------|-------|-----------|--------------|
| 1. | Ruben de Wildt | BZC Dolfijnen        | 34.33 | 200601109 | <b>34.41</b> |
| 2. | Ryan Bleumink  | De Berkelduikers     | 36.44 | 200601257 | <b>35.66</b> |
| 3. | Joost Brugmans | RZC                  | 34.68 | 200500391 | <b>36.11</b> |
| 4. | Rick Hermans   | SG Wijchen-Gelenberg | 39.07 | 200501793 | <b>41.57</b> |

20 en ouder

|     |                       |                      |       |           |                   |
|-----|-----------------------|----------------------|-------|-----------|-------------------|
| 1.  | Thijs de Geus         | Olympia              | 32.73 | 200200349 | <b>33.22</b>      |
| 2.  | Phi Pham              | De Vrije Slag        | 34.76 | 200400899 | <b>33.82</b>      |
| 3.  | Dries Mostert         | DWK                  | 33.58 | 200400995 | <b>34.26</b> FJ 1 |
| 4.  | Hans Stoffers         | DWK                  | 32.41 | 199604027 | <b>34.26</b> FJ 2 |
| 5.  | Joop Tuppe            | TZC Vahalis          | 32.79 | 200100581 | <b>34.90</b>      |
| 6.  | Marten Straatsma      | Proteus              | 36.63 | 200104449 | <b>34.98</b>      |
| 7.  | Richard van der Horst | ZV De Meer           | 34.97 | 199700179 | <b>35.12</b>      |
| 8.  | Danny Rekers          | Nunspeet             | 36.31 | 200201459 | <b>35.98</b>      |
| 9.  | Thijs Molendijk       | De Vrije Slag        | 36.60 | 199900477 | <b>36.91</b>      |
| 10. | Max Vlijm             | Nunspeet             | 36.11 | 200201937 | <b>38.44</b>      |
| 11. | Jorim Hebbink         | De Berkelduikers     | 36.71 | 200401957 | <b>40.39</b>      |
| 12. | Wolter Graaf          | Z & PC Triton Putten | 41.07 | 200105593 | <b>44.18</b>      |

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Dames, 50m vlinderslag

Senioren Open  
Resultaten

| rang            | naam                            | vereniging               | intijd | tijd      | RT                |
|-----------------|---------------------------------|--------------------------|--------|-----------|-------------------|
| <b>Onder 14</b> |                                 |                          |        |           |                   |
| 1.              | Femke Mandema                   | Flevo                    | 35.74  | 201100396 | <b>34.89</b>      |
| 2.              | Jaurieke Morren                 | SG Octopus - ZVV         | 37.73  | 201200292 | <b>34.97</b>      |
| 3.              | Maud Sellis                     | SG Octopus - ZVV         | 37.37  | 201101172 | <b>35.33</b>      |
| 4.              | Naomi Bits                      | TZC Vahalis              | 35.50  | 201100908 | <b>35.96</b>      |
| 5.              | Sanne Eilander                  | SG Octopus - ZVV         | 38.37  | 201102514 | <b>36.28</b>      |
| 6.              | Kensi de Lange                  | ZV De Meer               | 37.09  | 201100276 | <b>36.45</b>      |
| 7.              | Nilouh Monteiro                 | Wahoo Swimming           | 39.50  | 201303108 | <b>36.64</b>      |
| 8.              | Melissa ter Horst               | ZV Overbetuwe            | 38.33  | 201100678 | <b>37.83</b>      |
| 9.              | Elin Hut                        | Wahoo Swimming           | 37.99  | 201300020 | <b>37.98</b>      |
| 10.             | Laure Eekhoff                   | CWW                      | 37.35  | 201100674 | <b>38.18</b>      |
| 11.             | Laura Offermans                 | ZV Zaltbommel            | 39.78  | 201300766 | <b>38.23</b>      |
| 12.             | Meila Broenink                  | Batavia Swim             | 35.85  | 201102332 | <b>38.31</b>      |
| 13.             | Fleur Claassens                 | ZV Zaltbommel            | 38.54  | 201300036 | <b>38.99</b>      |
| AFGEM           | Linde Wolff van Wulfing         | Proteus                  | 37.53  | 201101888 |                   |
| AFGEM           | Margot van Vianen               | Olympia                  | 40.01  | 201200080 |                   |
| <b>Onder 16</b> |                                 |                          |        |           |                   |
| 1.              | Lynn Rozendal                   | NDD                      | 32.42  | 200901038 | <b>32.40</b>      |
| 2.              | Megan Stalenhoef                | TZC Vahalis              | 34.97  | 201002606 | <b>34.36</b>      |
| 3.              | Juno Nijhuis                    | RZC                      | 34.82  | 200900294 | <b>34.70</b> FJ 1 |
| 4.              | Eva Eikelboom                   | SG Octopus - ZVV         | 34.01  | 200903718 | <b>34.70</b> FJ 2 |
| 5.              | Lenore Donker                   | NDD                      | 35.74  | 201000080 | <b>35.53</b>      |
| 6.              | Robin van Beek                  | Aquapoldro               | 35.30  | 200903518 | <b>36.39</b>      |
| 7.              | Liss Wakker                     | De Rijn                  | 33.94  | 201000140 | <b>36.41</b>      |
| 8.              | Pleun Schouten                  | De IJsselmeeuwen         | 34.28  | 201002106 | <b>36.48</b>      |
| 9.              | Anne Starink                    | ZV De Meer               | 36.21  | 201003994 | <b>36.82</b>      |
| 10.             | Ilse Krabben                    | ZPC Livo                 | 36.23  | 200902304 | <b>36.95</b>      |
| 11.             | Froukje van Leeuwen             | De Berkelduikers         | 35.40  | 200901208 | <b>37.16</b>      |
| 12.             | Evelyne Nas                     | NDD                      | 36.48  | 200902066 | <b>37.44</b>      |
| 13.             | Janne van Sommeren              | DWV                      | 35.45  | 201003236 | <b>37.60</b>      |
| <b>Onder 18</b> |                                 |                          |        |           |                   |
| 1.              | Britt Hopman                    | SG Octopus - ZVV         | 33.86  | 200702688 | <b>33.42</b>      |
| 2.              | Tess Wakker                     | De Rijn                  | 33.17  | 200700154 | <b>33.48</b>      |
| 3.              | Inke Versluis                   | Olympia                  | 33.79  | 200800218 | <b>34.25</b>      |
| 4.              | Rosalie Bressers                | RZC                      | 34.02  | 200703820 | <b>34.33</b>      |
| 5.              | Sophie Schuirink                | ZPC Livo                 | 34.66  | 200802450 | <b>36.01</b>      |
| 6.              | Elise van der Wielen            | Olympia                  | 35.48  | 200700346 | <b>37.26</b>      |
| 7.              | Elke van Dorst                  | CWW                      | 36.05  | 200702816 | <b>39.06</b>      |
| 8.              | Marleen Mulder                  | Nunspeet                 | 40.16  | 200701102 | <b>40.80</b>      |
| 9.              | Nienke Koster                   | Groenlose Zwemvereniging | 44.97  | 200703996 | <b>49.89</b>      |
| AFGEM           | Joyce Vlijm                     | Nunspeet                 | 34.39  | 200700262 |                   |
| AFGEM           | Dana Eelderink                  | De Berkelduikers         | 35.18  | 200803086 |                   |
| AFGEM           | Merle Baumeister                | ENC Arnhem               | 35.40  | 200803026 |                   |
| AFGEM           | Mandy Siebelink                 | ENC Arnhem               | 36.44  | 200700582 |                   |
| <b>Onder 20</b> |                                 |                          |        |           |                   |
| 1.              | Milou Klaassen                  | BZC Dolfijnen            | 33.35  | 200501614 | <b>32.53</b>      |
| 2.              | Noor Polman                     | CWW                      | 33.54  | 200501248 | <b>33.23</b>      |
| 3.              | Anna Kamphuis                   | DWK                      | 33.78  | 200600334 | <b>33.60</b>      |
| 4.              | Senna Levering                  | DWK                      | 34.02  | 200603892 | <b>34.52</b>      |
| 5.              | Cecilia van Dam                 | De Rijn                  | 33.78  | 200502110 | <b>34.65</b>      |
| 6.              | Sanne Arends                    | DWV                      | 37.33  | 200605048 | <b>35.62</b>      |
| 7.              | Yanou Vaessen                   | DWK                      | 35.42  | 200603666 | <b>36.39</b>      |
| 8.              | Sabine Uytendewilligen          | ENC Arnhem               | 34.21  | 200502654 | <b>36.53</b>      |
|                 | <i>Heeft met tape gezwommen</i> |                          |        |           |                   |
| 9.              | Lois Hofman                     | SG Octopus - ZVV         | 36.38  | 200602040 | <b>38.11</b>      |
| 10.             | Jennifer Helmink                | Montferland              | 35.76  | 200502524 | <b>38.55</b>      |
| 11.             | Britt Meisner                   | SG Octopus - ZVV         | 39.73  | 200600658 | <b>40.27</b>      |
| AFGEM           | Azra Guler                      | NDD                      | 34.91  | 200503054 |                   |
| NG              | Ashley Otse                     | Aquapoldro               | 34.47  | 200502092 |                   |

Programmanr. 203, Dames, 50m vlinderslag

20 en ouder

|       |                       |                  |       |           |                   |
|-------|-----------------------|------------------|-------|-----------|-------------------|
| 1.    | Sanne Landman         | ENC Arnhem       | 30.81 | 200304762 | <b>30.54</b>      |
| 2.    | Ayla van Leeuwen      | TZC Vahalis      | 31.23 | 200401980 | <b>31.43</b>      |
| 3.    | Aniek Garritsen       | De IJsselmeeuwen | 31.55 | 199504290 | <b>32.32</b>      |
| 4.    | Welmoed Doornbos      | De IJsselmeeuwen | 31.10 | 200203352 | <b>32.37</b>      |
| 5.    | Merel van den Heuvel  | ZV De Meer       | 32.07 | 200201784 | <b>32.86</b> FJ 1 |
| 6.    | Rose Lether           | ENC Arnhem       | 32.21 | 200403330 | <b>32.86</b> FJ 2 |
| 7.    | Ellen ter Stege       | ENC Arnhem       | 32.81 | 199900604 | <b>33.18</b>      |
| 8.    | Leonie Veldhuis       | SG Octopus - ZVV | 34.97 | 200301768 | <b>33.84</b>      |
| 9.    | Lieke van Hofwegen    | De Rijn          | 34.04 | 200105144 | <b>34.26</b>      |
| 10.   | Britt Biemans         | Olympia          | 33.29 | 200400080 | <b>35.03</b>      |
| 11.   | Iris van Gijtenbeek   | De Berkelduikers | 34.02 | 200001636 | <b>35.69</b>      |
| 12.   | Sheila ten Voorde     | SG Octopus - ZVV | 34.57 | 199904538 | <b>35.84</b>      |
|       | Chantal van der Horst | ZV De Meer       | 34.64 | 199400616 | <b>35.84</b>      |
| AFGEM | Cindy Hendriks        | CWW              | 33.08 | 199207672 |                   |

Programmanr. 204  
22/6/2025 - 14:40

Heren, 50m vrije slag

Senioren Open  
Resultaten

| rang | naam | vereniging | intijd | tijd | RT |
|------|------|------------|--------|------|----|
|------|------|------------|--------|------|----|

Onder 14

|     |                      |                  |       |           |                   |
|-----|----------------------|------------------|-------|-----------|-------------------|
| 1.  | Lucas Bruijn         | Batavia Swim     | 31.12 | 201100127 | <b>28.45</b>      |
| 2.  | Maarten de Haas      | Olympia          | 29.80 | 201100049 | <b>29.75</b>      |
| 3.  | Aurel Starink        | NDD              | 30.59 | 201100793 | <b>30.17</b>      |
| 4.  | Hugo Hulstijn        | CWW              | 30.66 | 201100297 | <b>30.48</b>      |
| 5.  | Kane van Middendorp  | DWK              | 33.24 | 201101537 | <b>31.05</b>      |
| 6.  | Tim Wentink          | NDD              | 33.60 | 201102577 | <b>32.12</b>      |
| 7.  | Fido Hulstijn        | CWW              | 31.73 | 201300775 | <b>32.76</b>      |
| 8.  | Thijn Eekhoff        | CWW              | 33.03 | 201300037 | <b>32.81</b>      |
| 9.  | Thijs Noordman       | De Berkelduikers | 32.24 | 201301489 | <b>32.83</b>      |
| 10. | Ward Ferweda         | Aquapoldro       | 33.05 | 201202959 | <b>33.22</b>      |
| 11. | Jesse van Dijk       | Olympia          | 34.92 | 201300001 | <b>34.80</b>      |
| 12. | Mick van Nistelrooij | NDD              | 35.13 | 201201813 | <b>35.25</b> FJ 1 |
| 13. | Tim Burgerhart       | DWK              | 34.01 | 201200435 | <b>35.25</b> FJ 2 |
| 14. | Teun Gulikers        | Aqua-Novio'94    | 36.69 | 201201501 | <b>35.85</b>      |

Onder 16

|       |                      |                      |       |           |                   |
|-------|----------------------|----------------------|-------|-----------|-------------------|
| 1.    | Xander Koperdraat    | Z & PC Triton Putten | 27.92 | 201001695 | <b>27.48</b>      |
| 2.    | Levi Simonse         | De Vrije Slag        | 28.88 | 200900259 | <b>27.88</b>      |
| 3.    | Fabian Bruil         | Aquapoldro           | 28.45 | 200900533 | <b>28.37</b>      |
| 4.    | Robby Pisters        | RZC                  | 29.70 | 201000101 | <b>28.49</b>      |
| 5.    | Tim Claassens        | ZV Zaltbommel        | 29.13 | 201001303 | <b>28.76</b>      |
| 6.    | Coen Sikking         | DWV                  | 28.78 | 200901831 | <b>28.83</b> FJ 1 |
| 7.    | Mees van der Burg    | Olympia              | 28.78 | 200900515 | <b>28.83</b> FJ 2 |
| 8.    | Ruben Zirkzee        | ZV De Meer           | 27.69 | 200900571 | <b>28.96</b>      |
| 9.    | Jamie van Veenendaal | TZC Vahalis          | 29.74 | 201001361 | <b>29.13</b>      |
| 10.   | Barna Esmat          | Aquapoldro           | 30.55 | 201000125 | <b>29.32</b>      |
| 11.   | Morris Opgenoort     | CWW                  | 29.75 | 201001143 | <b>29.94</b>      |
| 12.   | Retief van Gasteren  | Olympia              | 29.35 | 201000067 | <b>30.02</b>      |
| 13.   | Lukas van Veen       | Flevo                | 30.51 | 201002395 | <b>30.30</b>      |
| AFGEM | Teun Verschure       | De IJsselmeeuwen     | 29.02 | 200902763 |                   |

Onder 18

|     |                      |                      |       |           |                   |
|-----|----------------------|----------------------|-------|-----------|-------------------|
| 1.  | Thomas Bergmans      | CWW                  | 26.07 | 200801663 | <b>26.26</b>      |
| 2.  | Jelle van Mullekom   | RZC                  | 25.86 | 200801267 | <b>26.37</b>      |
| 3.  | Enna Lamers          | ZV Overbetuwe        | 26.32 | 200800899 | <b>26.58</b>      |
| 4.  | Tom Pisters          | RZC                  | 26.89 | 200801119 | <b>27.39</b>      |
| 5.  | Brian Blankespoor    | De Vrije Slag        | 30.14 | 200801133 | <b>27.80</b>      |
| 6.  | Timo Bourgonje       | SG Octopus - ZVV     | 27.18 | 200700599 | <b>27.94</b>      |
| 7.  | Thymo Smits          | ZPC Livo             | 27.39 | 200802073 | <b>27.99</b> FJ 1 |
| 8.  | Damián van den Anker | RZC                  | 28.39 | 200802079 | <b>27.99</b> FJ 2 |
| 9.  | Tim Looijen          | Wahoo Swimming       | 28.31 | 200700325 | <b>28.15</b>      |
| 10. | Martijn de Groot     | SG Wijchen-Gelenberg | 27.80 | 200701801 | <b>28.42</b>      |
| 11. | Max van Gasteren     | Olympia              | 28.77 | 200800005 | <b>30.02</b>      |

Programmanr. 204, Jongens, 50m vrije slag, Onder 18

| rang | naam           | vereniging    | intijd | tijd      | RT           |
|------|----------------|---------------|--------|-----------|--------------|
| 12.  | Finn Sonneveld | ZV Zaltbommel | 31.54  | 200800153 | <b>30.89</b> |
| 13.  | Timon Wierper  | De Vrije Slag | 31.73  | 200801573 | <b>32.73</b> |

Onder 20

|    |                     |                      |       |           |              |
|----|---------------------|----------------------|-------|-----------|--------------|
| 1. | Ryan Bleumink       | De Berkelduikers     | 26.87 | 200601257 | <b>25.99</b> |
| 2. | Max Donselaar       | RZC                  | 26.17 | 200600945 | <b>26.11</b> |
| 3. | Kjetil van Gasteren | Olympia              | 26.23 | 200600405 | <b>27.02</b> |
| 4. | Cassian Janssen     | RZC                  | 26.60 | 200500331 | <b>27.21</b> |
| 5. | Joost Brugmans      | RZC                  | 26.18 | 200500391 | <b>27.22</b> |
| 6. | Ruben de Wildt      | BZC Dolfijnen        | 28.26 | 200601109 | <b>28.23</b> |
| 7. | Rick Hermans        | SG Wijchen-Gelenberg | 28.69 | 200501793 | <b>30.14</b> |

20 en ouder

|     |                  |                  |       |           |              |
|-----|------------------|------------------|-------|-----------|--------------|
| 1.  | Thijs de Geus    | Olympia          | 24.98 | 200200349 | <b>25.22</b> |
| 2.  | Mick van Kempen  | CWW              | 25.23 | 200203375 | <b>25.45</b> |
| 3.  | Marten Straatsma | Proteus          | 25.48 | 200104449 | <b>25.54</b> |
| 4.  | Dries Mostert    | DWK              | 26.25 | 200400995 | <b>26.32</b> |
| 5.  | Joop Tuppe       | TZC Vahalis      | 26.48 | 200100581 | <b>26.73</b> |
| 6.  | Ivar Regelink    | DWV              | 26.33 | 200102707 | <b>26.98</b> |
| 7.  | Tim de Vrugt     | ENC Arnhem       | 25.86 | 199306719 | <b>27.31</b> |
| 8.  | Thijs Molendijk  | De Vrije Slag    | 27.84 | 199900477 | <b>27.43</b> |
| 9.  | Johan Krakou     | De Rijn          | 26.83 | 199101311 | <b>27.54</b> |
| 10. | Jorim Hebbink    | De Berkelduikers | 26.90 | 200401957 | <b>28.09</b> |
| 11. | Phi Pham         | De Vrije Slag    | 28.41 | 200400899 | <b>28.15</b> |
| 12. | Renzo Meester    | Flevo            | 26.71 | 200202897 | <b>29.58</b> |
| DIS | Hans Stoffers    | DWK              | 26.64 | 199604027 | S15          |

VRB - Na start en/of keerpunt niet bij of voor de 15m met het hoofd het wateroppervlak doorbroken.

Programmanr. 205  
22/6/2025 - 14:52

Gemengd, 4 x 100m vrije slag

Senioren Open  
Resultaten

| rang | vereniging | intijd | tijd | RT |
|------|------------|--------|------|----|
|------|------------|--------|------|----|

Onder 16

|       |                       |            |         |                  |         |         |
|-------|-----------------------|------------|---------|------------------|---------|---------|
| 1.    | CWW 1                 | CWW        | 4:39.62 |                  | 4:46.99 |         |
|       | Sophia van Gent       | 13         | 1:17.34 | Morris Opgenoort | 10      | 1:06.49 |
|       | Maite Opgenoort       | 10         | 1:13.41 | Hugo Hulstijn    | 11      | 1:09.75 |
| 2.    | DWK 1                 | DWK        | 4:51.11 |                  | 4:56.55 |         |
|       | Kane van Middendorp   | 11         | 1:12.68 | Milouck Frunt    | 09      | 1:13.15 |
|       | Tim Burgerhart        | 12         | 1:18.28 | Linn Frunt       | 11      | 1:12.44 |
| 3.    | ZV De Meer 2          | ZV De Meer | 4:56.68 |                  | 5:08.74 |         |
|       | Ruben Zirkzee         | 09         | 1:10.47 | Kim Dorgelo      | 11      | 1:19.32 |
|       | Kay Vonk              | 13         | 1:25.03 | Anne Starink     | 10      | 1:13.92 |
| 4.    | DWK 2                 | DWK        | 5:07.98 |                  | 5:10.70 |         |
|       | Maurits Nagelvoort    | 12         | 1:23.81 | Linde Bakkenes   | 12      | 1:14.86 |
|       | David van de Wetering | 12         | 1:20.46 | Maira Iseger     | 11      | 1:11.57 |
| AFGEM | De Rijn 1             | De Rijn    | 5:08.32 |                  |         |         |
| AFGEM | Olympia 2             | Olympia    | 4:48.43 |                  |         |         |

Senioren Open

|    |                      |                  |         |                        |    |         |
|----|----------------------|------------------|---------|------------------------|----|---------|
| 1. | CWW 2                | CWW              | 4:07.30 | 4:13.86                |    |         |
|    | Mees Peters          | 05               | 56.48   | Fenna Reijmers         | 08 | 1:08.05 |
|    | Thomas Bergmans      | 08               | 1:00.84 | Laura ter Stege        | 96 | 1:08.49 |
| 2. | Olympia 1            | Olympia          | 4:12.38 | 4:24.30                |    |         |
|    | Britt Biemans        | 04               | 1:10.02 | Kjetil van Gasteren    | 06 | 1:02.21 |
|    | Inke Versluis        | 08               | 1:10.78 | Jelmer Kruijt          | 09 | 1:01.29 |
| 3. | ZV De Meer 1         | ZV De Meer       | 4:12.54 | 4:25.32                |    |         |
|    | Sjors Spronk         | 00               | 1:01.30 | Richard van der Horst  | 97 | 1:06.07 |
|    | Merel van den Heuvel | 02               | 1:07.49 | Daniëlle van de Werken | 07 | 1:10.46 |
| 4. | De Berkelduikers 1   | De Berkelduikers | 4:29.17 | 4:39.53                |    |         |
|    | Thijs Noordman       | 13               | 1:13.13 | Iris van Gijtenbeek    | 00 | 1:12.48 |
|    | Jorim Hebbink        | 04               | 1:03.47 | Froukje van Leeuwen    | 09 | 1:10.45 |

Programmanr. 205, Gemengd, 4 x 100m vrije slag, Senioren Open

| rang | vereniging              | intijd  | tijd               | RT      |
|------|-------------------------|---------|--------------------|---------|
| 5.   | Flevo 1                 | 4:26.44 | <b>4:46.61</b>     |         |
|      | Femke Mandema 11        | 1:15.02 | Lukas van Veen 10  | 1:11.10 |
|      | Sophie van der Horst 10 | 1:11.83 | Renzo Meester 02   | 1:08.66 |
| 6.   | ZV Overbetuwe 1         | 5:00.98 | <b>5:28.87</b>     |         |
|      | Emma Kronenburg 12      | 1:24.61 | Berber McCarthy 09 | 1:20.30 |
|      | Tygo Spaan 11           | 1:41.11 | Enna Lamers 08     | 1:02.85 |

Programmanr. 206  
22/6/2025 - 15:03

Heren, 100m vlinderslag

Senioren Open  
Resultaten

| rang                                                                                                                    | naam                 | vereniging       | intijd  | tijd      | RT             |
|-------------------------------------------------------------------------------------------------------------------------|----------------------|------------------|---------|-----------|----------------|
| <b>Onder 14</b>                                                                                                         |                      |                  |         |           |                |
| 1.                                                                                                                      | Hugo Hulstijn        | CWW              | 1:24.85 | 201100297 | <b>1:25.38</b> |
| 2.                                                                                                                      | Maarten de Haas      | Olympia          | 1:22.27 | 201100049 | <b>1:27.41</b> |
| 3.                                                                                                                      | Jesse van Dijk       | Olympia          | 1:32.17 | 201300001 | <b>1:30.31</b> |
| 4.                                                                                                                      | Cris Bakker          | ZV Zaltbommel    | 1:36.70 | 201200275 | <b>1:30.83</b> |
| 5.                                                                                                                      | Aurel Starink        | NDD              | 1:29.54 | 201100793 | <b>1:30.90</b> |
| 6.                                                                                                                      | Fido Hulstijn        | CWW              | 1:26.76 | 201300775 | <b>1:32.09</b> |
| 7.                                                                                                                      | Thijs Noordman       | De Berkelduikers | 1:30.24 | 201301489 | <b>1:32.90</b> |
| 8.                                                                                                                      | Kane van Middendorp  | DWK              | 1:29.53 | 201101537 | <b>1:34.31</b> |
| 9.                                                                                                                      | Ward Ferweda         | Aquapoldro       | 1:31.69 | 201202959 | <b>1:35.04</b> |
| 10.                                                                                                                     | Jannick Versluis     | Olympia          | 1:45.73 | 201200117 | <b>1:37.19</b> |
| 11.                                                                                                                     | Moreno Broenink      | Batavia Swim     | 1:59.85 | 201300941 | <b>1:56.73</b> |
| 12.                                                                                                                     | Kay Vonk             | ZV De Meer       | 1:50.98 | 201301077 | <b>2:07.09</b> |
| DIS                                                                                                                     | Tygo Spaan           | ZV Overbetuwe    | 1:42.44 | 201100605 |                |
| <i>VN - Niet gehele race aan het wateroppervlak gebleven (geldt niet voor keerpunt en 1e 15 m na start en keerpunt)</i> |                      |                  |         |           |                |
| DIS                                                                                                                     | Mick van Nistelrooij | NDD              | 1:59.49 | 201201813 |                |
| <i>VB - Beide armen niet gelijktijdig naar voren en/of gelijktijdig achterwaarts gebracht.</i>                          |                      |                  |         |           |                |
| AFGEM                                                                                                                   | Milan Bakker         | De Berkelduikers | 1:55.98 | 201201337 |                |
| AFGEM                                                                                                                   | Tim Burgerhart       | DWK              | 1:37.76 | 201200435 |                |

**Onder 16**

|                                                                                             |                         |                      |         |           |                |
|---------------------------------------------------------------------------------------------|-------------------------|----------------------|---------|-----------|----------------|
| 1.                                                                                          | Levi Simonse            | De Vrije Slag        | 1:12.22 | 200900259 | <b>1:10.96</b> |
| 2.                                                                                          | Robby Pisters           | RZC                  | 1:15.14 | 201000101 | <b>1:13.50</b> |
| 3.                                                                                          | Xander Koperdraat       | Z & PC Triton Putten | 1:38.39 | 201001695 | <b>1:13.71</b> |
| 4.                                                                                          | Bram van Tongeren       | Zuiderzeewemmers     | 1:15.97 | 200903497 | <b>1:17.09</b> |
| 5.                                                                                          | Lukas van Veen          | Flevo                | 1:20.77 | 201002395 | <b>1:20.84</b> |
| 6.                                                                                          | Barna Esmat             | Aquapoldro           | 1:21.48 | 201000125 | <b>1:22.31</b> |
| 7.                                                                                          | Manuel Meijers          | De Rijn              | 1:22.50 | 201002289 | <b>1:27.47</b> |
| 8.                                                                                          | Fabian Bruil            | Aquapoldro           | 1:17.67 | 200900533 | <b>1:27.64</b> |
| 9.                                                                                          | Tim Claassens           | ZV Zaltbommel        | 1:21.56 | 201001303 | <b>1:31.88</b> |
| 10.                                                                                         | Retief van Gasteren     | Olympia              | 1:23.51 | 201000067 | <b>1:32.32</b> |
| 11.                                                                                         | Mikai ten Haaff         | ZPC Livo             | 1:41.94 | 201001365 | <b>1:40.67</b> |
| 12.                                                                                         | Twan Wallerbos          | ZPC Livo             | 1:44.90 | 201000967 | <b>1:49.45</b> |
| DIS                                                                                         | Jurre Wolff van Wulfing | Proteus              | 1:27.86 | 200902471 |                |
| <i>VE - Afwisselende bewegingen van de benen of voeten ten opzichte van elkaar gemaakt.</i> |                         |                      |         |           |                |

**Onder 18**

|       |                      |                  |         |           |                |
|-------|----------------------|------------------|---------|-----------|----------------|
| 1.    | Enna Lamers          | ZV Overbetuwe    | 1:06.21 | 200800899 | <b>1:09.30</b> |
| 2.    | Timo Bourgonje       | SG Octopus - ZVV | 1:13.89 | 200700599 | <b>1:11.53</b> |
| 3.    | Tim Looijen          | Wahoo Swimming   | 1:11.50 | 200700325 | <b>1:12.95</b> |
| 4.    | Thomas Bergmans      | CWW              | 1:07.12 | 200801663 | <b>1:16.78</b> |
| 5.    | Damián van den Anker | RZC              | 1:18.89 | 200802079 | <b>1:18.08</b> |
| 6.    | Tom Helmink          | NDD              | 1:26.67 | 200804093 | <b>1:27.82</b> |
| 7.    | Finn Sonneveld       | ZV Zaltbommel    | 1:25.05 | 200800153 | <b>1:27.85</b> |
| 8.    | Machiel de Gier      | De Vrije Slag    | 1:29.83 | 200704037 | <b>1:28.32</b> |
| AFGEM | Marius Beernink      | Nunspeet         | 1:14.24 | 200803361 |                |
| AFGEM | Thymo Smits          | ZPC Livo         | 1:24.82 | 200802073 |                |

Programmanr. 206, Heren, 100m vlinderslag

Onder 20

|    |                     |         |         |           |         |
|----|---------------------|---------|---------|-----------|---------|
| 1. | Kjetil van Gasteren | Olympia | 1:10.25 | 200600405 | 1:15.02 |
|----|---------------------|---------|---------|-----------|---------|

20 en ouder

|     |                       |                      |         |           |         |      |
|-----|-----------------------|----------------------|---------|-----------|---------|------|
| 1.  | Thijs Molendijk       | De Vrije Slag        | 1:04.97 | 199900477 | 1:06.09 | FJ 1 |
| 2.  | Renzo Meester         | Flevo                | 1:04.31 | 200202897 | 1:06.09 | FJ 2 |
| 3.  | Tim de Vrugt          | ENC Arnhem           | 1:08.27 | 199306719 | 1:09.69 |      |
| 4.  | Hans Stoffers         | DWK                  | 1:04.14 | 199604027 | 1:09.90 |      |
| 5.  | Jorim Hebbink         | De Berkelduikers     | 1:06.43 | 200401957 | 1:11.49 |      |
| 6.  | Richard van der Horst | ZV De Meer           | 1:08.33 | 199700179 | 1:11.83 |      |
| 7.  | Sander Burgers        | NDD                  | 1:04.71 | 200103671 | 1:11.93 |      |
| 8.  | Ivar Regelink         | DWV                  | 1:08.48 | 200102707 | 1:13.70 |      |
| 9.  | Dries Mostert         | DWK                  | 1:07.45 | 200400995 | 1:14.85 |      |
| 10. | Phi Pham              | De Vrije Slag        | 1:19.93 | 200400899 | 1:18.45 |      |
| 11. | Danny Rekers          | Nunspeet             | 1:19.38 | 200201459 | 1:20.55 |      |
| 12. | Max Vlijm             | Nunspeet             | 1:18.72 | 200201937 | 1:21.21 |      |
| DIS | Wolter Graaf          | Z & PC Triton Putten | 1:32.51 | 200105593 |         |      |

AE - De aangegeven zwemslag niet uitgevoerd.

Programmanr. 207  
22/6/2025 - 15:22

Dames, 100m vrije slag

Senioren Open  
Resultaten

| rang     | naam                 | vereniging       | intijd  | tijd      | RT           |
|----------|----------------------|------------------|---------|-----------|--------------|
| Onder 14 |                      |                  |         |           |              |
| 1.       | Anna Berkhout        | TZC Vahalis      | 1:11.40 | 201100080 | 1:10.88      |
| 2.       | Maud Sellis          | SG Octopus - ZVV | 1:09.31 | 201101172 | 1:11.05      |
| 3.       | Linn Frunt           | DWK              | 1:11.72 | 201101420 | 1:11.99      |
| 4.       | Maira Iseger         | DWK              | 1:10.49 | 201101908 | 1:12.14      |
| 5.       | Nilouh Monteiro      | Wahoo Swimming   | 1:13.76 | 201303108 | 1:12.43      |
| 6.       | Femke Mandema        | Flevo            | 1:11.79 | 201100396 | 1:13.06 FJ 1 |
| 7.       | Melissa ter Horst    | ZV Overbetuwe    | 1:11.20 | 201100678 | 1:13.06 FJ 2 |
| 8.       | Meila Broenink       | Batavia Swim     | 1:11.48 | 201102332 | 1:14.09      |
| 9.       | Sanne Eilander       | SG Octopus - ZVV | 1:12.36 | 201102514 | 1:14.61      |
| 10.      | Laura Offermans      | ZV Zaltbommel    | 1:12.99 | 201300766 | 1:14.87      |
| 11.      | Naomi Bits           | TZC Vahalis      | 1:13.17 | 201100908 | 1:16.01      |
| 12.      | Linde Bakkenes       | DWK              | 1:13.68 | 201201662 | 1:17.47      |
| 13.      | Elin Hut             | Wahoo Swimming   | 1:17.40 | 201300020 | 1:18.23      |
| 14.      | Isabelle Meeuwenberg | De Rijn          | 1:18.14 | 201200086 | 1:18.41      |
| NG       | Djinthe Verweij      | TZC Vahalis      | 1:17.33 | 201200590 |              |

Onder 16

|       |                      |                  |         |           |         |      |
|-------|----------------------|------------------|---------|-----------|---------|------|
| 1.    | Lenore Donker        | NDD              | 1:07.36 | 201000080 | 1:07.83 |      |
| 2.    | Eva Eikelboom        | SG Octopus - ZVV | 1:07.59 | 200903718 | 1:08.18 |      |
| 3.    | Lynn Rozendal        | NDD              | 1:06.79 | 200901038 | 1:08.37 |      |
| 4.    | Pleun Schouten       | De IJsselmeeuwen | 1:05.84 | 201002106 | 1:09.62 |      |
| 5.    | Maite Opgenoort      | CWW              | 1:09.43 | 201001464 | 1:09.80 |      |
| 6.    | Liss Wakker          | De Rijn          | 1:05.18 | 201000140 | 1:10.43 |      |
| 7.    | Ruby Hut             | Wahoo Swimming   | 1:09.00 | 200901842 | 1:10.90 |      |
| 8.    | Ilse Krabben         | ZPC Livo         | 1:09.08 | 200902304 | 1:11.56 |      |
| 9.    | Yara Wegman          | DWK              | 1:11.68 | 200901472 | 1:11.68 |      |
| 10.   | Sophie van der Horst | Flevo            | 1:08.22 | 201000246 | 1:11.81 |      |
| 11.   | Froukje van Leeuwen  | De Berkelduikers | 1:07.23 | 200901208 | 1:12.69 |      |
| 12.   | Megan Stalenhoef     | TZC Vahalis      | 1:09.61 | 201002606 | 1:13.24 |      |
| 13.   | Robin van Beek       | Aquapoldro       | 1:07.89 | 200903518 | 1:14.28 | FJ 1 |
| 14.   | Milouck Frunt        | DWK              | 1:07.84 | 200901664 | 1:14.28 | FJ 2 |
| 15.   | Anne Starink         | ZV De Meer       | 1:12.41 | 201003994 | 1:16.78 |      |
| AFGEM | Elin Das             | NDD              | 1:08.42 | 200901036 |         |      |

Programmanr. 207, Dames, 100m vrije slag

Onder 18

|       |                       |                          |         |           |                |      |
|-------|-----------------------|--------------------------|---------|-----------|----------------|------|
| 1.    | Gitte Defoort         | CWW                      | 1:09.39 | 200801680 | <b>1:09.85</b> |      |
| 2.    | Britt Hopman          | SG Octopus - ZVV         | 1:06.59 | 200702688 | <b>1:10.66</b> | FJ 1 |
| 3.    | Tess Wakker           | De Rijn                  | 1:07.57 | 200700154 | <b>1:10.66</b> | FJ 2 |
| 4.    | Danique van de Werken | ZV De Meer               | 1:06.09 | 200701672 | <b>1:10.66</b> | FJ 3 |
| 5.    | Elise van der Wielen  | Olympia                  | 1:09.90 | 200700346 | <b>1:11.43</b> |      |
| 6.    | Elke van Dorst        | CWW                      | 1:11.96 | 200702816 | <b>1:11.45</b> |      |
| 7.    | Malica Schuurman      | ENC Arnhem               | 1:08.55 | 200703042 | <b>1:12.45</b> |      |
| 8.    | Sophie Schuurink      | ZPC Livo                 | 1:10.41 | 200802450 | <b>1:14.63</b> |      |
| 9.    | Nienke Koster         | Groenlose Zwemvereniging | 1:23.43 | 200703996 | <b>1:26.88</b> |      |
| 10.   | Marleen Mulder        | Nunspeet                 | 1:19.07 | 200701102 | <b>1:29.00</b> |      |
| AFGEM | Joyce Vlijm           | Nunspeet                 | 1:10.80 | 200700262 |                |      |
| AFGEM | Eva Boevink           | De IJsselmeeuwen         | 1:10.12 | 200800434 |                |      |
| AFGEM | Inke Versluis         | Olympia                  | 1:08.68 | 200800218 |                |      |
| AFGEM | Dana Eelderink        | De Berkelduikers         | 1:11.06 | 200803086 |                |      |
| AFGEM | Merle Baumeister      | ENC Arnhem               | 1:07.94 | 200803026 |                |      |
| AFGEM | Mandy Siebelink       | ENC Arnhem               | 1:10.00 | 200700582 |                |      |

Onder 20

|       |                  |                  |         |           |                |     |
|-------|------------------|------------------|---------|-----------|----------------|-----|
| 1.    | Merith Janssen   | RZC              | 1:05.22 | 200600106 | <b>1:06.03</b> |     |
| 2.    | Cecilia van Dam  | De Rijn          | 1:05.98 | 200502110 | <b>1:07.99</b> |     |
| 3.    | Anna Kamphuis    | DWK              | 1:07.18 | 200600334 | <b>1:08.01</b> |     |
| 4.    | Milou Klaassen   | BZC Dolfijnen    | 1:07.23 | 200501614 | <b>1:09.41</b> |     |
| 5.    | Lois Hofman      | SG Octopus - ZVV | 1:10.08 | 200602040 | <b>1:14.28</b> |     |
| 6.    | Yanou Vaessen    | DWK              | 1:12.84 | 200603666 | <b>1:15.38</b> |     |
| 7.    | Britt Meisner    | SG Octopus - ZVV | 1:07.02 | 200600658 | <b>1:15.82</b> |     |
| 8.    | Sanne Arends     | DWV              | 1:11.92 | 200605048 | <b>1:18.54</b> |     |
| 9.    | Jennifer Helmink | Montferland      | 1:14.75 | 200502524 | <b>1:18.57</b> |     |
| 10.   | Daphne Jonkers   | De IJsselmeeuwen | 1:41.24 | 200605288 | <b>1:46.37</b> | 166 |
| AFGEM | Azra Guler       | NDD              | 1:06.79 | 200503054 |                |     |
| NG    | Ashley Otse      | Aquapoldro       | 1:11.40 | 200502092 |                |     |

20 en ouder

|       |                       |                  |         |           |                |  |
|-------|-----------------------|------------------|---------|-----------|----------------|--|
| 1.    | Aline Meuleman        | ZPC Livo         | 1:01.53 | 200401136 | <b>1:03.89</b> |  |
| 2.    | Sanne Landman         | ENC Arnhem       | 1:04.48 | 200304762 | <b>1:05.47</b> |  |
| 3.    | Ayla van Leeuwen      | TZC Vahalis      | 1:07.15 | 200401980 | <b>1:06.47</b> |  |
| 4.    | Merel van den Heuvel  | ZV De Meer       | 1:03.92 | 200201784 | <b>1:06.99</b> |  |
| 5.    | Leonie Veldhuis       | SG Octopus - ZVV | 1:05.06 | 200301768 | <b>1:07.53</b> |  |
| 6.    | Aniek Garritsen       | De IJsselmeeuwen | 1:04.98 | 199504290 | <b>1:07.60</b> |  |
| 7.    | Rose Lether           | ENC Arnhem       | 1:05.70 | 200403330 | <b>1:08.47</b> |  |
| 8.    | Ellen ter Stege       | ENC Arnhem       | 1:06.18 | 199900604 | <b>1:09.04</b> |  |
| 9.    | Sheila ten Voorde     | SG Octopus - ZVV | 1:05.91 | 199904538 | <b>1:09.57</b> |  |
| 10.   | Chantal van der Horst | ZV De Meer       | 1:06.17 | 199400616 | <b>1:09.89</b> |  |
| 11.   | Iris van Gijtenbeek   | De Berkelduikers | 1:06.43 | 200001636 | <b>1:10.51</b> |  |
| 12.   | Janine de Groot       | NDD              | 1:05.90 | 199500092 | <b>1:10.62</b> |  |
| 13.   | Britt Biemans         | Olympia          | 1:05.68 | 200400080 | <b>1:11.24</b> |  |
| 14.   | Welmoed Doornbos      | De IJsselmeeuwen | 1:04.93 | 200203352 | <b>1:15.05</b> |  |
| AFGEM | Laura ter Stege       | CWW              | 1:06.72 | 199602364 |                |  |

Dames Para Open

|    |                |                  |         |           |     |                |     |
|----|----------------|------------------|---------|-----------|-----|----------------|-----|
| 1. | Daphne Jonkers | De IJsselmeeuwen | 1:41.24 | 200605288 | S14 | <b>1:46.37</b> | 166 |
|----|----------------|------------------|---------|-----------|-----|----------------|-----|

Programmanr. 208  
22/6/2025 - 16:03

Heren, 100m rugslag

Senioren Open  
Resultaten

| rang | naam | vereniging | intijd |  | tijd | RT |
|------|------|------------|--------|--|------|----|
|------|------|------------|--------|--|------|----|

#### Onder 14

|     |                      |                  |         |           |                |      |
|-----|----------------------|------------------|---------|-----------|----------------|------|
| 1.  | Aurel Starink        | NDD              | 1:20.91 | 201100793 | <b>1:21.86</b> |      |
| 2.  | Fido Hulstijn        | CWW              | 1:19.94 | 201300775 | <b>1:22.24</b> | FJ 1 |
| 3.  | Tim Wentink          | NDD              | 1:23.53 | 201102577 | <b>1:22.24</b> | FJ 2 |
| 4.  | Cris Bakker          | ZV Zaltbommel    | 1:23.43 | 201200275 | <b>1:22.86</b> |      |
| 5.  | Kane van Middendorp  | DWK              | 1:25.91 | 201101537 | <b>1:23.88</b> |      |
| 6.  | Thijs Noordman       | De Berkelduikers | 1:22.87 | 201301489 | <b>1:24.30</b> |      |
| 7.  | Mick van Nistelrooij | NDD              | 1:27.33 | 201201813 | <b>1:26.86</b> |      |
| 8.  | Thijn Eekhoff        | CWW              | 1:23.14 | 201300037 | <b>1:27.00</b> |      |
| 9.  | Jesse van Dijk       | Olympia          | 1:26.54 | 201300001 | <b>1:27.17</b> |      |
| 10. | Tim Burgerhart       | DWK              | 1:31.97 | 201200435 | <b>1:32.13</b> |      |
| 11. | Jannick Versluis     | Olympia          | 1:29.32 | 201200117 | <b>1:35.31</b> |      |
| 12. | Maurits Nagelvoort   | DWK              | 1:37.05 | 201200519 | <b>1:35.32</b> |      |
| 13. | Jens Blankespoor     | De Vrije Slag    | 1:39.76 | 201300079 | <b>1:37.06</b> |      |
| 14. | Moreno Broenink      | Batavia Swim     | 1:38.92 | 201300941 | <b>1:41.52</b> |      |
| 15. | Taha Al Mardini      | De Vrije Slag    | 1:42.92 | 201300755 | <b>1:47.98</b> |      |

#### Onder 16

|       |                         |                      |         |           |                |  |
|-------|-------------------------|----------------------|---------|-----------|----------------|--|
| 1.    | Levi Simonse            | De Vrije Slag        | 1:13.46 | 200900259 | <b>1:12.83</b> |  |
| 2.    | Gerco van Dijk          | Olympia              | 1:14.14 | 201000997 | <b>1:15.07</b> |  |
| 3.    | Jelmer Kruijt           | Olympia              | 1:12.51 | 200900525 | <b>1:15.60</b> |  |
| 4.    | Tygo Beekers            | SG Wijchen-Gelenberg | 1:17.47 | 200901195 | <b>1:16.17</b> |  |
| 5.    | Barna Esmat             | Aquapoldro           | 1:13.89 | 201000125 | <b>1:16.36</b> |  |
| 6.    | Lukas van Veen          | Flevo                | 1:15.67 | 201002395 | <b>1:19.11</b> |  |
| 7.    | Jamie van Veenendaal    | TZC Vahalis          | 1:17.73 | 201001361 | <b>1:20.36</b> |  |
| 8.    | Retief van Gasteren     | Olympia              | 1:19.77 | 201000067 | <b>1:20.90</b> |  |
| 9.    | Robby Pisters           | RZC                  | 1:18.64 | 201000101 | <b>1:21.51</b> |  |
| 10.   | Morris Opgenoort        | CWW                  | 1:17.91 | 201001143 | <b>1:24.69</b> |  |
| 11.   | Manuel Meijers          | De Rijn              | 1:22.93 | 201002289 | <b>1:25.51</b> |  |
| 12.   | Twan Wallerbos          | ZPC Livo             | 1:24.17 | 201000967 | <b>1:28.06</b> |  |
| 13.   | Mikai ten Haaff         | ZPC Livo             | 1:25.54 | 201001365 | <b>1:28.08</b> |  |
| 14.   | Jurre Wolff van Wulfing | Proteus              | 1:23.15 | 200902471 | <b>1:28.58</b> |  |
| 15.   | Giao Bao Pham           | De Vrije Slag        | 1:36.85 | 201001095 | <b>1:33.03</b> |  |
| AFGEM | Teun Verschure          | De IJsselmeeuwen     | 1:16.64 | 200902763 |                |  |

#### Onder 18

|       |                    |                      |         |           |                |  |
|-------|--------------------|----------------------|---------|-----------|----------------|--|
| 1.    | Jelle van Mullekom | RZC                  | 1:07.50 | 200801267 | <b>1:10.32</b> |  |
| 2.    | Timo Bourgonje     | SG Octopus - ZVV     | 1:09.38 | 200700599 | <b>1:13.98</b> |  |
| 3.    | Machiel de Gier    | De Vrije Slag        | 1:14.43 | 200704037 | <b>1:16.36</b> |  |
| 4.    | Martijn de Groot   | SG Wijchen-Gelenberg | 1:12.56 | 200701801 | <b>1:17.44</b> |  |
| 5.    | Max van Gasteren   | Olympia              | 1:13.75 | 200800005 | <b>1:18.35</b> |  |
| 6.    | Thymo Smits        | ZPC Livo             | 1:14.88 | 200802073 | <b>1:19.13</b> |  |
| 7.    | Finn Sonneveld     | ZV Zaltbommel        | 1:21.37 | 200800153 | <b>1:19.42</b> |  |
| 8.    | Brian Blankespoor  | De Vrije Slag        | 1:16.50 | 200801133 | <b>1:19.70</b> |  |
| 9.    | Timon Wierper      | De Vrije Slag        | 1:24.98 | 200801573 | <b>1:29.26</b> |  |
| 10.   | Tom Helmink        | NDD                  | 1:25.31 | 200804093 | <b>1:33.18</b> |  |
| AFGEM | Marius Beernink    | Nunspeet             | 1:21.53 | 200803361 |                |  |

#### Onder 20

|    |                |               |         |           |                |  |
|----|----------------|---------------|---------|-----------|----------------|--|
| 1. | Max Donselaar  | RZC           | 1:07.70 | 200600945 | <b>1:10.79</b> |  |
| 2. | Ruben de Wildt | BZC Dolfijnen | 1:08.73 | 200601109 | <b>1:10.94</b> |  |

#### 20 en ouder

|    |                  |                      |         |           |                |     |
|----|------------------|----------------------|---------|-----------|----------------|-----|
| 1. | Mick van Kempen  | CWW                  | 1:05.69 | 200203375 | <b>1:09.19</b> |     |
| 2. | Marten Straatsma | Proteus              | 1:08.04 | 200104449 | <b>1:10.42</b> |     |
| 3. | Hans Stoffers    | DWK                  | 1:07.88 | 199604027 | <b>1:12.45</b> | S15 |
| 4. | Johan Krakou     | De Rijn              | 1:08.97 | 199101311 | <b>1:13.89</b> |     |
| 5. | Max Vlijm        | Nunspeet             | 1:14.24 | 200201937 | <b>1:17.54</b> |     |
| 6. | Danny Rekers     | Nunspeet             | 1:14.34 | 200201459 | <b>1:18.00</b> |     |
| 7. | Phi Pham         | De Vrije Slag        | 1:18.95 | 200400899 | <b>1:18.74</b> |     |
| 8. | Wolter Graaf     | Z & PC Triton Putten | 1:34.94 | 200105593 | <b>1:42.95</b> |     |

Programmanr. 209  
22/6/2025 - 16:23

Dames, 100m schoolslag

Senioren Open  
Resultaten

| rang            | naam                 | vereniging       | intijd  | tijd      | RT             |
|-----------------|----------------------|------------------|---------|-----------|----------------|
| <b>Onder 14</b> |                      |                  |         |           |                |
| 1.              | Nikita van den Berg  | SG Octopus - ZVV | 1:31.40 | 201102130 | <b>1:33.92</b> |
| 2.              | Nina Tjallingii      | ENC Arnhem       | 1:31.41 | 201100096 | <b>1:34.49</b> |
| 3.              | Melissa ter Horst    | ZV Overbetuwe    | 1:33.72 | 201100678 | <b>1:37.00</b> |
| 4.              | Vera Magendans       | De Vrije Slag    | 1:42.37 | 201300436 | <b>1:38.23</b> |
| 5.              | Dirriane Morren      | SG Octopus - ZVV | 1:36.65 | 201203410 | <b>1:38.28</b> |
| 6.              | Meila Broenink       | Batavia Swim     | 1:31.55 | 201102332 | <b>1:38.48</b> |
| 7.              | Naomi Bits           | TZC Vahalis      | 1:34.73 | 201100908 | <b>1:39.61</b> |
| 8.              | Laura Offermans      | ZV Zaltbommel    | 1:37.37 | 201300766 | <b>1:40.11</b> |
| 9.              | Moiria Iseger        | DWK              | 1:33.33 | 201101908 | <b>1:40.65</b> |
| 10.             | Emma Kronenburg      | ZV Overbetuwe    | 1:39.81 | 201202454 | <b>1:41.52</b> |
| 11.             | Femke Mandema        | Flevo            | 1:33.86 | 201100396 | <b>1:44.32</b> |
| 12.             | Isabelle Meeuwenberg | De Rijn          | 1:39.47 | 201200086 | <b>1:44.88</b> |
| AFGEM           | Naomi van 't Hul     | Nunspeet         | 1:33.83 | 201100264 |                |
| NG              | Djinthe Verweij      | TZC Vahalis      | 1:40.25 | 201200590 |                |

**Onder 16**

|     |                      |                          |         |           |                |
|-----|----------------------|--------------------------|---------|-----------|----------------|
| 1.  | Juno Nijhuis         | RZC                      | 1:24.09 | 200900294 | <b>1:25.38</b> |
| 2.  | Ruby Hut             | Wahoo Swimming           | 1:25.33 | 200901842 | <b>1:27.99</b> |
| 3.  | Eva Eikelboom        | SG Octopus - ZVV         | 1:27.30 | 200903718 | <b>1:28.89</b> |
| 4.  | Robin van Beek       | Aquapoldro               | 1:27.56 | 200903518 | <b>1:30.97</b> |
| 5.  | Nienke Lutikholt     | Groenlose Zwemvereniging | 1:27.58 | 201002396 | <b>1:31.11</b> |
| 6.  | Yara Wegman          | DWK                      | 1:32.34 | 200901472 | <b>1:31.60</b> |
| 7.  | Ilse Krabben         | ZPC Livo                 | 1:29.67 | 200902304 | <b>1:32.72</b> |
| 8.  | Iris Meijer          | RZC                      | 1:28.99 | 201000614 | <b>1:33.52</b> |
| 9.  | Pleun Schouten       | De IJsselmeeuwen         | 1:30.82 | 201002106 | <b>1:35.72</b> |
| 10. | Megan Stalenhoef     | TZC Vahalis              | 1:30.67 | 201002606 | <b>1:36.71</b> |
| 11. | Sophie van der Horst | Flevo                    | 1:29.62 | 201000246 | <b>1:38.66</b> |
| NG  | Thirza van Kampen    | Nunspeet                 | 1:30.34 | 201002754 |                |

**Onder 18**

|                                                                                             |                       |                  |         |           |                |
|---------------------------------------------------------------------------------------------|-----------------------|------------------|---------|-----------|----------------|
| 1.                                                                                          | Danique van de Werken | ZV De Meer       | 1:24.31 | 200701672 | <b>1:27.85</b> |
| 2.                                                                                          | Inke Versluis         | Olympia          | 1:26.39 | 200800218 | <b>1:29.85</b> |
| 3.                                                                                          | Nynke van Leeuwen     | De Berkelduikers | 1:28.99 | 200701272 | <b>1:30.14</b> |
| 4.                                                                                          | Elise van der Wielen  | Olympia          | 1:28.18 | 200700346 | <b>1:32.77</b> |
| 5.                                                                                          | Mandy Siebelink       | ENC Arnhem       | 1:26.43 | 200700582 | <b>1:33.45</b> |
| 6.                                                                                          | Rosalie Bressers      | RZC              | 1:34.66 | 200703820 | <b>1:38.19</b> |
| 7.                                                                                          | Malica Schuurman      | ENC Arnhem       | 2:01.75 | 200703042 | <b>1:38.28</b> |
| 8.                                                                                          | Dana Eelderink        | De Berkelduikers | 1:31.51 | 200803086 | <b>1:38.42</b> |
| <i>Heeft met tape gezwommen</i>                                                             |                       |                  |         |           |                |
| 9.                                                                                          | Tess Wakker           | De Rijn          | 1:32.31 | 200700154 | <b>1:39.56</b> |
| 10.                                                                                         | Sophie Schuurink      | ZPC Livo         | 1:32.76 | 200802450 | <b>1:42.23</b> |
| DIS                                                                                         | Elke van Dorst        | CWW              | 1:33.11 | 200702816 |                |
| <i>SR - Meer dan 1 vlinderbeenslag gemaakt voordat de 1e schoolslagbeenslag is gemaakt.</i> |                       |                  |         |           |                |
| AFGEM                                                                                       | Joyce Vlijm           | Nunspeet         | 1:35.44 | 200700262 |                |
| AFGEM                                                                                       | Eva Boevink           | De IJsselmeeuwen | 1:27.70 | 200800434 |                |
| AFGEM                                                                                       | Britt Hopman          | SG Octopus - ZVV | 1:26.55 | 200702688 |                |

**Onder 20**

|       |                  |                  |         |           |                |
|-------|------------------|------------------|---------|-----------|----------------|
| 1.    | Lois Hofman      | SG Octopus - ZVV | 1:30.35 | 200602040 | <b>1:32.47</b> |
| 2.    | Jennifer Helmink | Montferland      | 1:30.71 | 200502524 | <b>1:33.16</b> |
| 3.    | Anna Kamphuis    | DWK              | 1:28.67 | 200600334 | <b>1:33.61</b> |
| AFGEM | Daphne Jonkers   | De IJsselmeeuwen | 2:28.26 | 200605288 | SB14           |
| AFGEM | Azra Guler       | NDD              | 1:31.04 | 200503054 |                |

Programmanr. 209, Dames, 100m schoolslag

20 en ouder

|       |                       |                  |         |           |                |
|-------|-----------------------|------------------|---------|-----------|----------------|
| 1.    | Aline Meuleman        | ZPC Livo         | 1:19.15 | 200401136 | <b>1:24.22</b> |
| 2.    | Eline van Gemert      | ZV De Meer       | 1:19.44 | 199505458 | <b>1:24.48</b> |
| 3.    | Merel van den Heuvel  | ZV De Meer       | 1:21.39 | 200201784 | <b>1:25.85</b> |
| 4.    | Chantal van der Horst | ZV De Meer       | 1:20.91 | 199400616 | <b>1:26.20</b> |
| 5.    | Sanne Landman         | ENC Arnhem       | 1:23.21 | 200304762 | <b>1:26.91</b> |
| 6.    | Ellen ter Stege       | ENC Arnhem       | 1:28.39 | 199900604 | <b>1:29.93</b> |
| 7.    | Leonie Veldhuis       | SG Octopus - ZVV | 1:26.34 | 200301768 | <b>1:30.36</b> |
| 8.    | Sheila ten Voorde     | SG Octopus - ZVV | 1:26.76 | 199904538 | <b>1:32.29</b> |
| 9.    | Imogen Oldfield       | RZC              | 1:25.14 | 199806046 | <b>1:33.23</b> |
| 10.   | Esther van Maastricht | Montferland      | 1:27.09 | 198802836 | <b>1:34.33</b> |
| 11.   | Britt Biemans         | Olympia          | 1:22.32 | 200400080 | <b>1:35.72</b> |
| 12.   | Lieke van Hofwegen    | De Rijn          | 1:25.10 | 200105144 | <b>1:37.71</b> |
| AFGEM | Welmoed Doornbos      | De IJsselmeeuwen | 1:26.00 | 200203352 |                |

Programmanr. 210  
22/6/2025 - 16:43

Heren, 200m wisselslag

Senioren Open  
Resultaten

| rang                                                                                        | naam                  | vereniging       | intijd  | tijd      | RT             | 100m | 200m    |
|---------------------------------------------------------------------------------------------|-----------------------|------------------|---------|-----------|----------------|------|---------|
| <b>Onder 14</b>                                                                             |                       |                  |         |           |                |      |         |
| 1.                                                                                          | Maarten de Haas       | Olympia          | 2:51.18 | 201100049 | <b>2:51.40</b> |      | 2:51.40 |
| 2.                                                                                          | Aurel Starink         | NDD              | 2:52.60 | 201100793 | <b>2:53.07</b> |      | 2:53.07 |
| 3.                                                                                          | Tim Wentink           | NDD              | 2:54.53 | 201102577 | <b>2:55.16</b> |      | 2:55.16 |
| 4.                                                                                          | Ward Ferweda          | Aquapoldro       | 3:07.64 | 201202959 | <b>3:05.47</b> |      | 3:05.47 |
| 5.                                                                                          | Fido Hulstijn         | CWW              | 2:54.82 | 201300775 | <b>3:05.85</b> |      | 3:05.85 |
| 6.                                                                                          | Kane van Middendorp   | DWK              | 3:06.70 | 201101537 | <b>3:06.88</b> |      | 3:06.88 |
| 7.                                                                                          | Thijs Noordman        | De Berkelduikers | 3:05.74 | 201301489 | <b>3:09.42</b> |      | 3:09.42 |
| 8.                                                                                          | Tim Burgerhart        | DWK              | 3:04.75 | 201200435 | <b>3:09.87</b> |      | 3:09.87 |
| 9.                                                                                          | Cris Bakker           | ZV Zaltbommel    | 3:21.19 | 201200275 | <b>3:14.37</b> |      | 3:14.37 |
| 10.                                                                                         | Jesse van Dijk        | Olympia          | 3:18.03 | 201300001 | <b>3:20.50</b> |      | 3:20.50 |
| 11.                                                                                         | Teun Gulikers         | Aqua-Novio'94    | 3:27.03 | 201201501 | <b>3:24.13</b> |      | 3:24.13 |
| 12.                                                                                         | Tygo Spaan            | ZV Overbetuwe    | 3:15.64 | 201100605 | <b>3:57.20</b> |      | 3:57.20 |
| DIS                                                                                         | Thijn Eekhoff         | CWW              | 2:56.89 | 201300037 |                |      |         |
| <i>RH - Het eindpunt niet in rugligging aangeraakt.</i>                                     |                       |                  |         |           |                |      |         |
| DIS                                                                                         | David van de Wetering | DWK              | 3:11.62 | 201201973 |                |      |         |
| <i>VE - Afwisselende bewegingen van de benen of voeten ten opzichte van elkaar gemaakt.</i> |                       |                  |         |           |                |      |         |

**Onder 16**

|     |                      |                      |         |           |                |  |         |
|-----|----------------------|----------------------|---------|-----------|----------------|--|---------|
| 1.  | Jelmer Kruijt        | Olympia              | 2:33.98 | 200900525 | <b>2:40.10</b> |  | 2:40.10 |
| 2.  | Gerco van Dijk       | Olympia              | 2:38.02 | 201000997 | <b>2:40.67</b> |  | 2:40.67 |
| 3.  | Xander Koperdraat    | Z & PC Triton Putten | 2:41.29 | 201001695 | <b>2:42.98</b> |  | 2:42.98 |
| 4.  | Bram van Tongeren    | Zuiderzeewimmers     | 2:43.94 | 200903497 | <b>2:48.73</b> |  | 2:48.73 |
| 5.  | Lukas van Veen       | Flevo                | 2:44.73 | 201002395 | <b>2:51.90</b> |  | 2:51.90 |
| 6.  | Tim Claassens        | ZV Zaltbommel        | 3:09.54 | 201001303 | <b>2:52.31</b> |  | 2:52.31 |
| 7.  | Barna Esmat          | Aquapoldro           | 2:48.54 | 201000125 | <b>2:52.81</b> |  | 2:52.81 |
| 8.  | Fabian Bruil         | Aquapoldro           | 2:52.76 | 200900533 | <b>2:53.04</b> |  | 2:53.04 |
| 9.  | Retief van Gasteren  | Olympia              | 2:48.23 | 201000067 | <b>2:55.08</b> |  | 2:55.08 |
| 10. | Giao Bao Pham        | De Vrije Slag        | 3:10.00 | 201001095 | <b>3:05.50</b> |  | 3:05.50 |
| 11. | J. Wolff van Wulfing | Proteus              | 2:59.43 | 200902471 | <b>3:08.11</b> |  | 3:08.11 |
| 12. | Jared van de Ven     | Aquapoldro           | 3:05.15 | 201003813 | <b>3:11.29</b> |  | 3:11.29 |
| 13. | Twan Wallerbos       | ZPC Livo             | 3:08.05 | 201000967 | <b>3:13.72</b> |  | 3:13.72 |
| 14. | Mikai ten Haaff      | ZPC Livo             | 3:07.60 | 201001365 | <b>3:17.20</b> |  | 3:17.20 |

**Onder 18**

|    |                   |                      |         |           |                |  |         |
|----|-------------------|----------------------|---------|-----------|----------------|--|---------|
| 1. | Thomas Bergmans   | CWW                  | 2:31.12 | 200801663 | <b>2:33.40</b> |  | 2:33.40 |
| 2. | Timo Bourgonje    | SG Octopus - ZVV     | 2:29.95 | 200700599 | <b>2:34.10</b> |  | 2:34.10 |
| 3. | Tim Looijen       | Wahoo Swimming       | 2:39.45 | 200700325 | <b>2:39.29</b> |  | 2:39.29 |
| 4. | D. van den Anker  | RZC                  | 2:45.99 | 200802079 | <b>2:42.64</b> |  | 2:42.64 |
| 5. | Tom Pisters       | RZC                  | 2:40.51 | 200801119 | <b>2:43.64</b> |  | 2:43.64 |
| 6. | Brian Blankespoor | De Vrije Slag        | 2:41.97 | 200801133 | <b>2:45.13</b> |  | 2:45.13 |
| 7. | Martijn de Groot  | SG Wijchen-Gelenberg | 2:44.19 | 200701801 | <b>2:57.57</b> |  | 2:57.57 |
| 8. | Finn Sonneveld    | ZV Zaltbommel        | 3:01.10 | 200800153 | <b>2:59.11</b> |  | 2:59.11 |

Programmanr. 210, Jongens, 200m wisselslag, Onder 18

| rang  | naam            | vereniging    | intijd  | tijd      | RT             | 100m | 200m    |
|-------|-----------------|---------------|---------|-----------|----------------|------|---------|
| 9.    | Machiel de Gier | De Vrije Slag | 2:56.97 | 200704037 | <b>3:00.86</b> |      | 3:00.86 |
| 10.   | Timon Wierper   | De Vrije Slag | 3:04.87 | 200801573 | <b>3:05.76</b> |      | 3:05.76 |
| AFGEM | Marius Beernink | Nunspeet      | 2:57.65 | 200803361 |                |      |         |

Onder 20

|    |                     |         |         |           |                |  |         |
|----|---------------------|---------|---------|-----------|----------------|--|---------|
| 1. | Kjetil van Gasteren | Olympia | 2:31.59 | 200600405 | <b>2:33.60</b> |  | 2:33.60 |
| 2. | Cassian Janssen     | RZC     | 2:28.99 | 200500331 | <b>2:48.61</b> |  | 2:48.61 |

20 en ouder

|     |                       |                      |         |           |                |      |         |
|-----|-----------------------|----------------------|---------|-----------|----------------|------|---------|
| 1.  | Richard van der Horst | ZV De Meer           | 2:27.88 | 199700179 | <b>2:32.42</b> |      | 2:32.42 |
| 2.  | Tim de Vrugt          | ENC Arnhem           | 2:28.02 | 199306719 | <b>2:32.70</b> |      | 2:32.70 |
| 3.  | Hans Stoffers         | DWK                  | 2:27.68 | 199604027 | <b>2:37.39</b> | SM15 | 2:37.39 |
| 4.  | Jorim Hebbink         | De Berkelduikers     | 2:32.53 | 200401957 | <b>2:40.91</b> |      | 2:40.91 |
| 5.  | Ivar Regelink         | DWV                  | 2:36.63 | 200102707 | <b>2:45.92</b> |      | 2:45.92 |
| 6.  | Phi Pham              | De Vrije Slag        | 2:43.26 | 200400899 | <b>2:48.66</b> |      | 2:48.66 |
| 7.  | Danny Rekers          | Nunspeet             | 2:48.17 | 200201459 | <b>2:49.73</b> | FJ 1 | 2:49.73 |
| 8.  | Max Vlijm             | Nunspeet             | 2:45.71 | 200201937 | <b>2:49.73</b> | FJ 2 | 2:49.73 |
| 9.  | Wolter Graaf          | Z & PC Triton Putten | 3:14.98 | 200105593 | <b>3:25.32</b> |      | 3:25.32 |
| DIS | Sander Burgers        | NDD                  | 2:25.90 | 200103671 |                |      |         |

AF - De aangegeven afstand niet uitgezwommen.

Programmanr. 211  
22/6/2025 - 17:20

Dames, 4 x 100m wisselslag

Senioren Open  
Resultaten

| rang     | vereniging             | intijd  | tijd               | RT      |
|----------|------------------------|---------|--------------------|---------|
| Onder 16 |                        |         |                    |         |
| 1.       | SG Octopus - ZVV 2     | 5:24.97 | <b>5:33.03</b>     |         |
|          | Maud Sellis 11         | 1:23.58 | Eva Eikelboom 09   | 1:22.06 |
|          | Nikita van den Berg 11 | 1:35.56 | Sanne Eilander 11  | 1:11.83 |
| 2.       | Wahoo Swimming 1       | 5:31.13 | <b>5:33.56</b>     |         |
|          | Elin Hut 13            | 1:24.54 | Lilli Zachert 09   | 1:29.64 |
|          | Ruby Hut 09            | 1:28.40 | Nilouh Monteiro 13 | 1:10.98 |
| 3.       | DWK 2                  | 5:39.14 | <b>5:57.22</b>     |         |
|          | Linde Bakkenes 12      | 1:33.84 | Linn Frunt 11      | 1:36.50 |
|          | Yara Wegman 09         | 1:34.49 | Maira Iseger 11    | 1:12.39 |
| 4.       | RZC 1                  | 5:58.29 | <b>6:03.93</b>     |         |
|          | Jynthe Koppenaal 12    | 1:29.34 | Vera Donselaar 09  | 1:43.30 |
|          | Iris Meijer 10         | 1:34.42 | Eloise Kwakkel 09  | 1:16.87 |
| AFGEM    | ZPC Livo 1             | 5:49.61 |                    |         |

Senioren Open

|       |                      |                  |         |                       |    |         |
|-------|----------------------|------------------|---------|-----------------------|----|---------|
| 1.    | ZV De Meer 1         | ZV De Meer       | 4:54.92 | 5:13.15               |    |         |
|       | Merel van den Heuvel | 02               | 1:16.41 | Chantal van der Horst | 94 | 1:23.21 |
|       | Eline van Gemert     | 95               | 1:24.32 | Danique van de Werken | 07 | 1:09.21 |
| 2.    | ENC Arnhem 1         | ENC Arnhem       | 5:06.17 | 5:16.22               |    |         |
|       | Ellen ter Stege      | 99               | 1:20.13 | Sanne Landman         | 03 | 1:15.90 |
|       | Mandy Siebelink      | 07               | 1:32.41 | Rose Lether           | 04 | 1:07.78 |
| 3.    | SG Octopus - ZVV 1   | SG Octopus - ZVV | 5:05.49 | 5:23.58               |    |         |
|       | Britt Meisner        | 06               | 1:21.29 | Leonie Veldhuis       | 03 | 1:20.40 |
|       | Sheila ten Voorde    | 99               | 1:31.22 | Britt Hopman          | 07 | 1:10.67 |
| 4.    | De Rijn 1            | De Rijn          | 5:10.64 | 5:33.30               |    |         |
|       | Tess Wakker          | 07               | 1:25.29 | Cecilia van Dam       | 05 | 1:23.88 |
|       | Lieke van Hofwegen   | 01               | 1:35.16 | Liss Wakker           | 10 | 1:08.97 |
| 5.    | DWK 1                | DWK              | 5:24.79 | 5:33.94               |    |         |
|       | Yanou Vaessen        | 06               | 1:23.62 | Senna Levering        | 06 | 1:23.23 |
|       | Anna Kamphuis        | 06               | 1:35.64 | Milouck Frunt         | 09 | 1:11.45 |
| 6.    | CWW 1                | CWW              | 5:37.46 | 5:44.54               |    |         |
|       | Laure Eekhoff        | 11               | 1:26.34 | Maite Opgenoort       | 10 | 1:26.34 |
|       | Elke van Dorst       | 07               | 1:32.92 | Sophia van Gent       | 13 | 1:18.94 |
| AFGEM | NDD 1                | NDD              | 5:09.58 |                       |    |         |

Programmanr. 212  
22/6/2025 - 17:33

Heren, 4 x 100m wisselslag

Senioren Open  
Resultaten

| rang                 | vereniging               | intijd  | tijd                  | RT      |
|----------------------|--------------------------|---------|-----------------------|---------|
| <b>Onder 16</b>      |                          |         |                       |         |
| 1.                   | Olympia                  | 4:56.97 | <b>5:11.53</b>        |         |
|                      | Gerco van Dijk 10        | 1:18.45 | Maarten de Haas 11    | 1:26.38 |
|                      | Mees van der Burg 09     | 1:22.08 | Jelmer Kruijt 09      | 1:04.62 |
| 2.                   | DWK                      | 6:08.18 | <b>6:26.26</b>        |         |
|                      | Kane van Middendorp 11   | 1:27.50 | Tim Burgerhart 12     | 1:41.71 |
|                      | David van de Wetering 12 | 1:51.88 | Maurits Nagelvoort 12 | 1:25.17 |
| <b>Senioren Open</b> |                          |         |                       |         |
| 1.                   | CWW                      | 4:25.09 | <b>4:32.34</b>        |         |
|                      | Tom Arians 07            | 1:11.35 | Mees Peters 05        | 1:21.47 |
|                      | Thomas Bergmans 08       | 1:22.58 | Mick van Kempen 02    | 36.94   |
| 2.                   | De Vrije Slag            | 4:39.19 | <b>4:33.51</b>        |         |
|                      | Thijs Molendijk 99       | 1:07.79 | Levi Simonse 09       | 1:08.80 |
|                      | Phi Pham 04              | 1:17.23 | Brian Blankespoor 08  | 59.69   |
| 3.                   | RZC                      | 4:36.94 | <b>4:47.64</b>        |         |
|                      | Max Donselaar 06         | 1:10.78 | Joost Brugmans 05     | 1:13.90 |
|                      | Tom Pisters 08           | 1:22.80 | Cassian Janssen 05    | 1:00.16 |
| 4.                   | ZPC Livo                 | 5:38.69 | <b>5:42.70</b>        |         |
|                      | Mikai ten Haaff 10       | 1:28.16 | Thymo Smits 08        | 1:29.75 |
|                      | Twan Wallerbos 10        | 1:33.19 | Stan Roerdink 10      | 1:11.60 |