

KNZB Zwemcompetitie BC Deel1  
nijkerk, 4-10-2025

Programmanr. 2  
4-10-2025 - 17:00

Jongens, 4 x 100m vrije slag

Onder 16  
Resultaten

| rang                  | vereniging | intijd  | tijd           | RT                 |
|-----------------------|------------|---------|----------------|--------------------|
| 1. Dwk 2 1            | Dwk 2      | 5:09.03 | <b>5:14.64</b> |                    |
| Kane van Middendorp   | 14         | 33.24   | 1:12.11        | Maurits Nagelvoort |
| David van de Wetering | 13         | 39.38   | 1:24.13        | Tim Burgerhart     |
|                       |            |         | 13             | 37.35              |
|                       |            |         | 13             | 36.99              |
|                       |            |         |                | 1:19.92            |
|                       |            |         |                | 1:18.48            |

Programmanr. 5  
4-10-2025 - 17:06

Jongens, 100m wisselslag

Onder 18  
Resultaten

| rang  | naam                | vereniging       | intijd  | tijd      | RT             | 50m  | 100m    |
|-------|---------------------|------------------|---------|-----------|----------------|------|---------|
| 1.    | Julian van Dijken   | De Woelwaters    | 1:14.57 | 200902203 | <b>1:13.63</b> |      | 1:13.63 |
| 2.    | Marius Beernink     | Nunspeet         | 1:16.40 | 200803361 | <b>1:14.21</b> | FJ 1 | 1:14.21 |
| 3.    | Wesley Korndewal    | Zpc Amersfoort 3 | 1:19.55 | 200900405 | <b>1:14.21</b> | FJ 2 | 1:14.21 |
| 4.    | Jayden Cijntje      | Zpc Amersfoort 3 | 1:23.62 | 200801741 | <b>1:15.25</b> |      | 1:15.25 |
| 5.    | Ruben Jonker        | De Woelwaters    | 1:21.51 | 200801863 | <b>1:16.12</b> |      | 1:16.12 |
| 6.    | Sverre de Wolf      | Zpc Amersfoort 3 | 1:17.56 | 200901415 | <b>1:17.38</b> |      | 1:17.38 |
| 7.    | Guus Pijl           | Flevo            | 1:20.75 | 200900691 | <b>1:17.86</b> |      | 1:17.86 |
| 8.    | Teun Wouterson      | Zpc Amersfoort 3 | 1:23.77 | 200900491 | <b>1:22.03</b> |      | 1:22.03 |
| 9.    | Kane van Middendorp | Dwk 2            | 1:21.84 | 201101537 | <b>1:23.12</b> |      | 1:23.12 |
| 10.   | Daan Kroeze         | Z&PC Hatto-Heim  | 1:33.95 | 201102351 | <b>1:24.34</b> |      | 1:24.34 |
| 11.   | Thijs Brouns        | Nunspeet         | 1:22.97 | 200803281 | <b>1:24.74</b> |      | 1:24.74 |
| AFGEM | Alon Meijer         | Flevo            | 1:40.74 | 200901551 |                |      |         |

Programmanr. 6  
4-10-2025 - 17:10

Meisjes, 100m wisselslag

Onder 18  
Resultaten

| rang | naam                  | vereniging       | intijd  | tijd      | RT             | 50m  | 100m    |
|------|-----------------------|------------------|---------|-----------|----------------|------|---------|
| 1.   | Laura Volkers         | Dwk 2            | 1:17.78 | 200800056 | <b>1:18.81</b> |      | 1:18.81 |
| 2.   | Daniela Malipiero     | Zpc Amersfoort 3 | 1:16.47 | 200900496 | <b>1:21.46</b> |      | 1:21.46 |
| 3.   | Jiska Smit            | De Woelwaters    | 1:22.60 | 200903526 | <b>1:22.05</b> |      | 1:22.05 |
| 4.   | Milouck Frunt         | Dwk 2            | 1:20.43 | 200901664 | <b>1:22.16</b> | FJ 1 | 1:22.16 |
| 5.   | Lara van den H.       | Zpc Amersfoort 3 | 1:22.27 | 200802712 | <b>1:22.16</b> | FJ 2 | 1:22.16 |
| 6.   | Naomi van 't Hul      | Nunspeet         | 1:22.47 | 201100264 | <b>1:22.63</b> |      | 1:22.63 |
| 7.   | Yara Wegman           | Dwk 2            | 1:22.43 | 200901472 | <b>1:26.87</b> |      | 1:26.87 |
| 8.   | Amy Rodenburg         | Zpc Amersfoort 3 | 1:25.30 | 200904480 | <b>1:27.46</b> |      | 1:27.46 |
| 9.   | Nathalie de Weerd     | Nunspeet         | 1:32.25 | 200804648 | <b>1:30.44</b> |      | 1:30.44 |
| 10.  | Jolijn van de Burgwal | Dwk 2            | 1:30.59 | 200903594 | <b>1:30.73</b> |      | 1:30.73 |
| 11.  | Rinna Leusink         | De Hokseberg     | 1:31.94 | 200900226 | <b>1:33.09</b> |      | 1:33.09 |
| 12.  | Elora Stindt          | De Woelwaters    | 1:32.88 | 200804780 | <b>1:37.06</b> |      | 1:37.06 |
| 13.  | Madelief Hahn         | De Woelwaters    | 1:40.00 | 200804738 | <b>1:43.86</b> |      | 1:43.86 |
| 14.  | Lieke Mandema         | Flevo            | 1:42.06 | 200803138 | <b>1:45.16</b> |      | 1:45.16 |
| DIS  | Vira Kostrova         | Nunspeet         | NT      | 200904544 |                |      |         |

SL - Het keer- en/of eindpunt met één hand aangetikt.

Programmanr. 8  
4-10-2025 - 17:15

Jongens, 100m rugslag

Onder 14  
Resultaten

| rang | naam                  | vereniging       | intijd  | tijd      | RT             | 50m   | 100m    |
|------|-----------------------|------------------|---------|-----------|----------------|-------|---------|
| 1.   | Joas Maasen           | Z&PC Hatto-Heim  | 1:52.51 | 201202411 | <b>1:29.38</b> | 45.21 | 1:29.38 |
| 2.   | Abel Visch            | De Hokseberg     | 1:40.29 | 201301875 | <b>1:30.48</b> | 44.35 | 1:30.48 |
| 3.   | David van de Wetering | Dwk 2            | 1:33.40 | 201201973 | <b>1:31.11</b> | 44.52 | 1:31.11 |
| 4.   | Thijmen van S.        | De Woelwaters    | NT      | 201301297 | <b>1:35.59</b> | 44.93 | 1:35.59 |
| 5.   | Phyllen Kuiper        | Zpc Amersfoort 3 | 1:37.01 | 201301407 | <b>1:36.02</b> | 49.09 | 1:36.02 |
| 6.   | Matthias de Vries     | Nunspeet         | 1:48.33 | 201301203 | <b>1:36.22</b> | 47.70 | 1:36.22 |
| 7.   | Nathan de Vries       | Nunspeet         | 1:49.12 | 201200761 | <b>1:40.76</b> | 49.24 | 1:40.76 |
| 8.   | Ali Osman Uzel        | Zpc Amersfoort 3 | NT      | 201202745 | <b>1:51.32</b> | 51.47 | 1:51.32 |

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nijkerk, 4-10-2025

Programmanr. 10  
4-10-2025 - 17:17

Meisjes, 100m rugslag

Onder 14  
Resultaten

| rang                                                                       | naam                | vereniging       | intijd  |           | tijd           | RT | 50m   | 100m    |
|----------------------------------------------------------------------------|---------------------|------------------|---------|-----------|----------------|----|-------|---------|
| 1.                                                                         | Femke van Duijn     | Dwk 2            | 1:35.24 | 201201070 | <b>1:28.77</b> |    | 44.33 | 1:28.77 |
| 2.                                                                         | Jinte Leusink       | De Hokseberg     | 1:33.10 | 201300026 | <b>1:29.96</b> |    | 43.92 | 1:29.96 |
| 3.                                                                         | Manou van Beek      | Dwk 2            | 1:34.04 | 201302484 | <b>1:30.13</b> |    | 43.72 | 1:30.13 |
| 4.                                                                         | Femke de Beir       | Zpc Amersfoort 3 | 1:52.80 | 201203492 | <b>1:34.26</b> |    | 45.34 | 1:34.26 |
| 5.                                                                         | Timi David          | Dwk 2            | 1:41.67 | 201300858 | <b>1:35.56</b> |    | 45.91 | 1:35.56 |
| 6.                                                                         | Nadine Overkleef    | Zpc Amersfoort 3 | 1:41.70 | 201302506 | <b>1:35.88</b> |    | 48.59 | 1:35.88 |
| 7.                                                                         | Loïs van Kerssen    | Triton Putten    | NT      | 201303266 | <b>1:36.46</b> |    |       | 1:36.46 |
| 8.                                                                         | Lisa Hoksberg       | De Woelwaters    | 1:59.47 | 201301566 | <b>1:37.57</b> |    | 46.95 | 1:37.57 |
| 9.                                                                         | Jada van Dijk       | Zpc Amersfoort 3 | 1:45.84 | 201300866 | <b>1:38.59</b> |    | 48.63 | 1:38.59 |
| 10.                                                                        | Isa Ligtermoet      | Triton Putten    | 1:38.97 | 201200310 | <b>1:38.64</b> |    | 48.43 | 1:38.64 |
| 11.                                                                        | Nine Toth           | Nunspeet         | 1:43.52 | 201300242 | <b>1:39.08</b> |    | 47.75 | 1:39.08 |
| 12.                                                                        | Noa Laman           | Zpc Amersfoort 3 | 2:00.20 | 201302266 | <b>1:40.17</b> |    | 49.50 | 1:40.17 |
| 13.                                                                        | Noeka de Groot      | De Woelwaters    | 1:44.48 | 201203072 | <b>1:40.45</b> |    | 49.93 | 1:40.45 |
| 14.                                                                        | Lyndsey de Jager    | Nunspeet         | NT      | 201302756 | <b>1:40.76</b> |    | 49.54 | 1:40.76 |
| 15.                                                                        | Sophie van der Kolk | De Hokseberg     | 1:44.03 | 201201936 | <b>1:41.16</b> |    | 50.27 | 1:41.16 |
| 16.                                                                        | Lily Varwijk        | Nunspeet         | 1:54.46 | 201202946 | <b>1:43.12</b> |    | 50.24 | 1:43.12 |
| 17.                                                                        | Lauren Bosch        | Z&PC Hatto-Heim  | 1:47.28 | 201302010 | <b>1:47.30</b> |    | 52.77 | 1:47.30 |
| 18.                                                                        | Elisheva Sattoe     | Dwk 2            | NT      | 201303054 | <b>1:50.52</b> |    | 53.03 | 1:50.52 |
| 19.                                                                        | Benthe van der Meer | De Woelwaters    | NT      | 201301574 | <b>1:51.53</b> |    | 54.27 | 1:51.53 |
| DIS                                                                        | Emma Buitelaar      | Flevo            | 1:50.42 | 201300204 |                |    |       |         |
| RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten. |                     |                  |         |           |                |    |       |         |
| DIS                                                                        | Felicia Smit        | De Woelwaters    | NT      | 201301564 |                |    |       |         |
| RE - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel.       |                     |                  |         |           |                |    |       |         |
| AFGEM                                                                      | Esmee ter Hoor      | Z&PC Hatto-Heim  | NT      | 201302770 |                |    |       |         |
| AFGEM                                                                      | Lana Pool           | De Woelwaters    | NT      | 201302360 |                |    |       |         |
| AFGEM                                                                      | Lizzy Stegeman      | Nunspeet         | 1:38.42 | 201300400 |                |    |       |         |

Programmanr. 11  
4-10-2025 - 17:25

Heren, 400m vrije slag

Senioren Open  
Resultaten

| rang | naam              | vereniging          | intijd  |           | tijd           | RT  |
|------|-------------------|---------------------|---------|-----------|----------------|-----|
| 1.   | Dries Mostert     | Dwk 2               | 4:52.73 | 200400995 | <b>4:44.81</b> |     |
|      | 50m: 31.23        | 31.23 150m:         |         | 250m:     | 350m:          |     |
|      | 100m: 1:07.02     | 35.79 200m: 2:21.13 |         | 300m:     | 400m: 4:44.81  |     |
| 2.   | Chester Marsman   | Zpc Amersfoort 3    | 4:40.50 | 196900671 | <b>4:45.96</b> |     |
|      | 50m: 31.24        | 31.24 150m:         |         | 250m:     | 350m:          |     |
|      | 100m: 1:06.92     | 35.68 200m: 2:19.64 |         | 300m:     | 400m: 4:45.96  |     |
| 3.   | Lars Jacobsen     | Dwk 2               | 4:40.35 | 199705453 | <b>4:46.01</b> | 692 |
|      | 50m: 30.76        | 30.76 150m:         |         | 250m:     | 350m:          |     |
|      | 100m: 1:05.70     | 34.94 200m: 2:19.72 |         | 300m:     | 400m: 4:46.01  |     |
| 4.   | Johan Remmits     | Zpc Amersfoort 3    | 4:44.60 | 196201159 | <b>4:46.60</b> |     |
|      | 50m: 32.76        | 32.76 150m:         |         | 250m:     | 350m:          |     |
|      | 100m: 1:09.20     | 36.44 200m: 2:23.49 |         | 300m:     | 400m: 4:46.60  |     |
| 5.   | Mats van de Weerd | Zpc Amersfoort 3    | 4:44.81 | 200101649 | <b>4:50.52</b> |     |
|      | 50m: 30.54        | 30.54 150m:         |         | 250m:     | 350m:          |     |
|      | 100m: 1:05.07     | 34.53 200m: 2:19.18 |         | 300m:     | 400m: 4:50.52  |     |
| 6.   | Rob van Vliet     | Zpc Amersfoort 3    | 4:50.88 | 198402459 | <b>4:58.93</b> |     |
|      | 50m: 31.83        | 31.83 150m:         |         | 250m:     | 350m:          |     |
|      | 100m: 1:07.60     | 35.77 200m: 2:22.74 |         | 300m:     | 400m: 4:58.93  |     |
| 7.   | Toine van Dijken  | De Woelwaters       | 4:45.51 | 200603465 | <b>5:04.28</b> |     |
|      | 50m: 32.94        | 32.94 150m:         |         | 250m:     | 350m:          |     |
|      | 100m: 1:09.46     | 36.52 200m: 2:24.85 |         | 300m:     | 400m: 5:04.28  |     |
| 8.   | Renzo Meester     | Flevo               | 5:05.96 | 200202897 | <b>5:09.44</b> |     |
|      | 50m: 33.17        | 33.17 150m:         |         | 250m:     | 350m:          |     |
|      | 100m: 1:10.58     | 37.41 200m: 2:30.81 |         | 300m:     | 400m: 5:09.44  |     |
| 9.   | Max Vlijm         | Nunspeet            | 4:59.15 | 200201937 | <b>5:16.03</b> |     |
|      | 50m: 33.32        | 33.32 150m:         |         | 250m:     | 350m:          |     |
|      | 100m: 1:10.85     | 37.53 200m: 2:30.85 |         | 300m:     | 400m: 5:16.03  |     |
| 10.  | Danny Rekers      | Nunspeet            | 5:28.63 | 200201459 | <b>5:17.39</b> |     |
|      | 50m: 33.28        | 33.28 150m:         |         | 250m:     | 350m:          |     |
|      | 100m: 1:11.13     | 37.85 200m: 2:31.61 |         | 300m:     | 400m: 5:17.39  |     |

KNZB Zwemcompetitie BC Deel1  
nijkerk, 4-10-2025

Programmanr. 11, Heren, 400m vrije slag, Senioren Open

| rang  | naam             | vereniging          | intijd  | tijd          | RT             |
|-------|------------------|---------------------|---------|---------------|----------------|
| 11.   | Nathan Pols      | De Hokseberg        | 5:18.16 | 200504127     | <b>5:17.88</b> |
|       | 50m: 32.91       | 32.91 150m:         | 250m:   | 350m:         |                |
|       | 100m: 1:11.12    | 38.21 200m: 2:32.70 | 300m:   | 400m: 5:17.88 |                |
| 12.   | Pieter Buitelaar | Flevo               | 5:29.13 | 197601693     | <b>5:25.92</b> |
|       | 50m: 32.95       | 32.95 150m:         | 250m:   | 350m:         |                |
|       | 100m: 1:12.20    | 39.25 200m: 2:36.28 | 300m:   | 400m: 5:25.92 |                |
| 13.   | Ruben Beldman    | De Hokseberg        | 5:32.57 | 200503575     | <b>5:37.26</b> |
|       | 50m: 34.82       | 34.82 150m:         | 250m:   | 350m:         |                |
|       | 100m: 1:14.26    | 39.44 200m: 2:38.56 | 300m:   | 400m: 5:37.26 |                |
| 14.   | Chiel Pols       | De Hokseberg        | 5:46.18 | 200700381     | <b>5:43.94</b> |
|       | 50m: 35.88       | 35.88 150m:         | 250m:   | 350m:         |                |
|       | 100m: 1:17.63    | 41.75 200m: 2:46.54 | 300m:   | 400m: 5:43.94 |                |
| 15.   | Wouter Priem     | De Woelwaters       | 5:50.97 | 200503885     | <b>5:50.14</b> |
|       | 50m: 35.04       | 35.04 150m:         | 250m:   | 350m:         |                |
|       | 100m: 1:16.34    | 41.30 200m: 2:46.24 | 300m:   | 400m: 5:50.14 |                |
| 16.   | Frans de Lange   | Flevo               | 5:47.64 | 199206249     | <b>6:00.69</b> |
|       | 50m: 37.82       | 37.82 150m:         | 250m:   | 350m:         |                |
|       | 100m: 1:21.26    | 43.44 200m: 2:53.07 | 300m:   | 400m: 6:00.69 |                |
| AFGEM | Edwin v. Norden  | Zpc Amersfoort 3    | 5:07.19 | 196300563     |                |

Programmanr. 12 Heren, 200m vrije slag Senioren Open  
4-10-2025 - 17:43 Resultaten

| rang | naam           | vereniging      | intijd  | tijd      | RT             | 50m   | 100m    | 150m    | 200m    |
|------|----------------|-----------------|---------|-----------|----------------|-------|---------|---------|---------|
| 1.   | Bartho Visser  | Triton Putten   | 2:21.97 | 200005595 | <b>2:24.27</b> | 31.85 | 1:08.73 | 1:46.79 | 2:24.27 |
| 2.   | Ruben Driessen | Z&PC Hatto-Heim | 2:30.65 | 200101659 | <b>2:37.72</b> | 34.25 | 1:13.05 | 1:54.99 | 2:37.72 |

Programmanr. 13 Dames, 400m vrije slag Senioren Open  
4-10-2025 - 17:47 Resultaten

| rang | naam                    | vereniging          | intijd  | tijd          | RT             |
|------|-------------------------|---------------------|---------|---------------|----------------|
| 1.   | Lidia v. Bon-Rosenbrand | Zpc Amersfoort 3    | 5:08.28 | 197000054     | <b>5:05.95</b> |
|      | 50m: 34.67              | 34.67 150m:         | 250m:   | 350m:         |                |
|      | 100m: 1:13.26           | 38.59 200m: 2:31.49 | 300m:   | 400m: 5:05.95 |                |
| 2.   | Senna Levering          | Dwk 2               | 5:10.12 | 200603892     | <b>5:12.72</b> |
|      | 50m: 34.83              | 34.83 150m:         | 250m:   | 350m:         |                |
|      | 100m: 1:13.25           | 38.42 200m: 2:33.29 | 300m:   | 400m: 5:12.72 |                |
| 3.   | Sterre Veersma          | Nunspeet            | 4:42.70 | 200203550     | <b>5:24.59</b> |
|      | 50m: 33.93              | 33.93 150m:         | 250m:   | 350m:         |                |
|      | 100m: 1:11.83           | 37.90 200m: 2:32.16 | 300m:   | 400m: 5:24.59 |                |
| 4.   | Anna Kamphuis           | Dwk 2               | 5:34.61 | 200600334     | <b>5:24.82</b> |
|      | 50m: 35.50              | 35.50 150m:         | 250m:   | 350m:         |                |
|      | 100m: 1:15.17           | 39.67 200m: 2:37.12 | 300m:   | 400m: 5:24.82 |                |
| 5.   | Mariëlle Visser         | Zpc Amersfoort 3    | NT      | 200500730     | <b>5:35.23</b> |
|      | 50m: 35.00              | 35.00 150m:         | 250m:   | 350m:         |                |
|      | 100m: 1:14.88           | 39.88 200m: 2:39.59 | 300m:   | 400m: 5:35.23 |                |
| 6.   | Michelle van Wijhe      | Zpc Amersfoort 3    | 5:54.13 | 200402196     | <b>5:36.62</b> |
|      | 50m: 37.00              | 37.00 150m:         | 250m:   | 350m:         |                |
|      | 100m: 1:18.80           | 41.80 200m: 2:45.80 | 300m:   | 400m: 5:36.62 |                |
| 7.   | Joyce Vlijm             | Nunspeet            | 5:41.99 | 200700262     | <b>5:45.50</b> |
|      | 50m: 37.02              | 37.02 150m:         | 250m:   | 350m:         |                |
|      | 100m: 1:19.84           | 42.82 200m: 2:50.39 | 300m:   | 400m: 5:45.50 |                |
| 8.   | Lotte Boone             | De Woelwaters       | 5:45.07 | 201101792     | <b>5:45.67</b> |
|      | 50m: 37.79              | 37.79 150m:         | 250m:   | 350m:         |                |
|      | 100m: 1:20.76           | 42.97 200m: 2:50.25 | 300m:   | 400m: 5:45.67 |                |
| 9.   | Manon Bultman           | De Hokseberg        | 6:26.10 | 200304214     | <b>5:46.85</b> |
|      | 50m: 37.08              | 37.08 150m:         | 250m:   | 350m:         |                |
|      | 100m: 1:19.64           | 42.56 200m: 2:48.75 | 300m:   | 400m: 5:46.85 |                |
| 10.  | Mila Smit               | Zpc Amersfoort 3    | 6:12.12 | 200704204     | <b>5:57.15</b> |
|      | 50m: 39.25              | 39.25 150m:         | 250m:   | 350m:         |                |
|      | 100m: 1:24.16           | 44.91 200m: 2:55.66 | 300m:   | 400m: 5:57.15 |                |
| 11.  | Daniëlle van Dam        | De Woelwaters       | 5:58.70 | 200602528     | <b>5:57.68</b> |
|      | 50m: 37.82              | 37.82 150m:         | 250m:   | 350m:         |                |
|      | 100m: 1:21.85           | 44.03 200m: 2:53.33 | 300m:   | 400m: 5:57.68 |                |

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nijkerk, 4-10-2025

Programmanr. 13, Dames, 400m vrije slag, Senioren Open

| rang                                          | naam                 | vereniging       | intijd        | tijd          | RT             |
|-----------------------------------------------|----------------------|------------------|---------------|---------------|----------------|
| 12.                                           | Amber Westerink      | De Hokseberg     | 5:50.19       | 200401078     | <b>6:22.07</b> |
|                                               | 50m: 38.38           | 38.38            | 150m: 3:01.97 | 250m: 6:22.07 | 350m: 6:22.07  |
|                                               | 100m: 1:24.38        | 46.00            | 200m: 3:01.97 | 300m: 6:22.07 | 400m: 6:22.07  |
| 13.                                           | Evi de Wit           | Flevo            | 6:49.54       | 200804326     | <b>6:52.43</b> |
|                                               | 50m: 41.16           | 41.16            | 150m: 3:16.23 | 250m: 6:52.43 | 350m: 6:52.43  |
|                                               | 100m: 1:30.09        | 48.93            | 200m: 3:16.23 | 300m: 6:52.43 | 400m: 6:52.43  |
| DIS                                           | Dannique Koolen      | Zpc Amersfoort 3 | 6:11.11       | 199904048     | S14            |
| AF - De aangegeven afstand niet uitgezwommen. |                      |                  |               |               |                |
| AFGEM                                         | Maddy van der Hoeven | Zpc Amersfoort 3 | 5:38.88       | 200401298     |                |
| AFGEM                                         | Annika de Wolf       | Zpc Amersfoort 3 | 5:12.08       | 200504774     |                |
| AFGEM                                         | Marleen Mulder       | Nunspeet         | 6:47.34       | 200701102     |                |

Programmanr. 14 Dames, 200m vrije slag Senioren Open  
4-10-2025 - 18:07 Resultaten

| rang | naam                 | vereniging      | intijd            | tijd           | RT | 50m   | 100m    | 150m    | 200m    |
|------|----------------------|-----------------|-------------------|----------------|----|-------|---------|---------|---------|
| 1.   | Milena Vlot          | Z&PC Hatto-Heim | NT 200003792      | <b>2:33.95</b> |    | 34.32 | 1:12.82 | 1:53.03 | 2:33.95 |
| 2.   | Madelief van Steeg   | Triton Putten   | 2:44.35 200602602 | <b>2:49.91</b> |    | 37.09 | 1:20.47 | 2:05.59 | 2:49.91 |
| 3.   | Grietje van der Hoek | Triton Putten   | 3:17.45 197401086 | <b>3:16.15</b> |    | 45.74 | 1:35.20 | 2:26.48 | 3:16.15 |

Programmanr. 16 Jongens, 100m vrije slag Onder 16  
4-10-2025 - 18:11 Resultaten

| rang | naam               | vereniging      | intijd            | tijd           | RT | 50m   | 100m    |
|------|--------------------|-----------------|-------------------|----------------|----|-------|---------|
| 1.   | Xander Koperdraat  | Triton Putten   | 1:00.43 201001695 | <b>58.74</b>   |    | 27.78 | 58.74   |
| 2.   | Bram van Barneveld | De Woelwaters   | 1:02.36 201103437 | <b>1:01.45</b> |    | 28.33 | 1:01.45 |
| 3.   | Bram van Putten    | De Hokseberg    | 1:07.46 201101097 | <b>1:04.57</b> |    | 30.74 | 1:04.57 |
| 4.   | Lukas van Veen     | Flevo           | 1:08.28 201002395 | <b>1:07.29</b> |    | 31.29 | 1:07.29 |
| 5.   | Raf Kersten        | De Woelwaters   | 1:17.04 201103215 | <b>1:14.26</b> |    | 33.77 | 1:14.26 |
| 6.   | Tim Burgerhart     | Dwk 2           | 1:17.24 201200435 | <b>1:16.07</b> |    | 35.95 | 1:16.07 |
| 7.   | Mark van Wijhe     | Nunspeet        | 1:21.77 201101671 | <b>1:17.01</b> |    | 36.53 | 1:17.01 |
| 8.   | Maurits Nagelvoort | Dwk 2           | 1:21.87 201200519 | <b>1:18.10</b> |    | 36.71 | 1:18.10 |
| 9.   | Thijs de Boer      | Z&PC Hatto-Heim | 1:29.40 201102701 | <b>1:19.38</b> |    | 37.59 | 1:19.38 |

Programmanr. 18 Meisjes, 100m vrije slag Onder 16  
4-10-2025 - 18:15 Resultaten

| rang  | naam                 | vereniging       | intijd            | tijd           | RT   | 50m   | 100m    |
|-------|----------------------|------------------|-------------------|----------------|------|-------|---------|
| 1.    | Lian Vonk            | Zpc Amersfoort 3 | 1:05.06 201001606 | <b>1:04.71</b> |      | 31.16 | 1:04.71 |
| 2.    | Yfke Wijnalda        | Zpc Amersfoort 3 | 1:06.35 201002618 | <b>1:06.84</b> |      | 32.28 | 1:06.84 |
| 3.    | Sophie van der Horst | Flevo            | 1:08.22 201000246 | <b>1:07.27</b> |      | 32.05 | 1:07.27 |
| 4.    | Myrthe Bruinsma      | Zpc Amersfoort 3 | 1:07.98 201101108 | <b>1:09.67</b> |      | 33.65 | 1:09.67 |
| 5.    | Bente Toth           | Zpc Amersfoort 3 | 1:11.76 201102818 | <b>1:10.42</b> | FJ 1 | 33.11 | 1:10.42 |
| 6.    | Linn Frunt           | Dwk 2            | 1:11.72 201101420 | <b>1:10.42</b> | FJ 2 |       | 1:10.42 |
| 7.    | Benedikta Holbach    | Zpc Amersfoort 3 | 1:07.67 201003220 | <b>1:10.65</b> |      | 33.64 | 1:10.65 |
| 8.    | Neomi Visch          | De Hokseberg     | 1:13.46 201101482 | <b>1:11.70</b> |      | 35.23 | 1:11.70 |
| 9.    | Jesse Rijnbeek       | Zpc Amersfoort 3 | 1:12.78 201000720 | <b>1:12.91</b> |      | 34.85 | 1:12.91 |
| 10.   | Eva Spelt            | Dwk 2            | 1:13.25 201100878 | <b>1:16.03</b> |      | 35.78 | 1:16.03 |
| 11.   | Tirza Smit           | De Woelwaters    | 1:26.32 201101794 | <b>1:19.64</b> |      | 37.37 | 1:19.64 |
| 12.   | Indy Frunt           | Dwk 2            | 1:24.73 201101410 | <b>1:24.55</b> |      | 39.46 | 1:24.55 |
| 13.   | Jessica Stegeman     | Nunspeet         | 1:23.72 201000776 | <b>1:25.77</b> |      | 40.32 | 1:25.77 |
| AFGEM | Arina Kostrova       | Nunspeet         | 1:42.58 201103946 |                |      |       |         |

KNZB Zwemcompetitie BC Deel1  
nijkerk, 4-10-2025

Programmanr. 20  
4-10-2025 - 18:40

Gemengd, 4 x 50m wisselslag

Onder 18  
Resultaten

| rang |                                                           | vereniging                   | intijd                                           | tijd                       | RT |
|------|-----------------------------------------------------------|------------------------------|--------------------------------------------------|----------------------------|----|
| 1.   | Zpc Amersfoort 1<br>Myrthe Bruinsma<br>Sverre de Wolf     | Zpc Amersfoort 3<br>14<br>16 | 2:12.89<br>Daniela Malipiero<br>Jayden Cijntje   | <b>2:13.03</b><br>16<br>17 |    |
| 2.   | De Woelwaters 1<br>Bram van Barneveld<br>Jiska Smit       | De Woelwaters<br>14<br>16    | 2:20.38<br>Julian van Dijken<br>Lotte Boone      | <b>2:19.65</b><br>16<br>14 |    |
| 3.   | Zpc Amersfoort 2<br>Wesley Korndewal<br>Benedikta Holbach | Zpc Amersfoort 3<br>16<br>15 | 2:22.80<br>Yfke Wijnalda<br>Teun Wouterson       | <b>2:22.37</b><br>15<br>16 |    |
| 4.   | Flevo 1<br>Lukas van Veen<br>Evi de Wit                   | Flevo<br>15<br>17            | 2:27.49<br>Sophie van der Horst<br>Guus Pijl     | <b>2:26.37</b><br>15<br>16 |    |
| 5.   | Dwk 2 1<br>Laura Volkers<br>Yara Wegman                   | Dwk 2<br>17<br>16            | 2:26.58<br>Kane van Middendorp<br>Tim Burgerhart | <b>2:26.63</b><br>14<br>13 |    |
| 6.   | De Hokseberg 1<br>Abel Visch<br>Jinte Leusink             | De Hokseberg<br>12<br>12     | 2:35.24<br>Bram van Putten<br>Neomi Visch        | <b>2:31.09</b><br>14<br>14 |    |
| 7.   | De Woelwaters 2<br>Elora Stindt<br>Noeka de Groot         | De Woelwaters<br>17<br>13    | 2:36.31<br>Ruben Jonker<br>Raf Kersten           | <b>2:36.09</b><br>17<br>14 |    |
| 8.   | Nunspeet 1<br>Naomi van 't Hul<br>Matthias de Vries       | Nunspeet<br>14<br>12         | 2:31.70<br>Nine Toth<br>Nathan de Vries          | <b>2:47.38</b><br>12<br>13 |    |

Programmanr. 22  
4-10-2025 - 18:43

Jongens, 50m vlinderslag

Onder 14  
Resultaten

| rang                                                                   | naam                   | vereniging       | intijd | tijd      | RT           |
|------------------------------------------------------------------------|------------------------|------------------|--------|-----------|--------------|
| 1.                                                                     | David van de Wetering  | Dwk 2            | 37.56  | 201201973 | <b>38.41</b> |
| 2.                                                                     | Abel Visch             | De Hokseberg     | 43.40  | 201301875 | <b>41.61</b> |
| 3.                                                                     | Joas Maasen            | Z&PC Hatto-Heim  | NT     | 201202411 | <b>46.30</b> |
| 4.                                                                     | Phyllen Kuiper         | Zpc Amersfoort 3 | 47.85  | 201301407 | <b>48.00</b> |
| 5.                                                                     | Nathan de Vries        | Nunspeet         | 50.73  | 201200761 | <b>48.56</b> |
| 6.                                                                     | Matthias de Vries      | Nunspeet         | 51.12  | 201301203 | <b>52.11</b> |
| 7.                                                                     | Ali Osman Uzel         | Zpc Amersfoort 3 | NT     | 201202745 | <b>59.29</b> |
| DIS                                                                    | Thijmen van Steinvoren | De Woelwaters    | 50.14  | 201301297 |              |
| VH - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt. |                        |                  |        |           |              |

Programmanr. 24  
4-10-2025 - 18:45

Meisjes, 50m vlinderslag

Onder 14  
Resultaten

| rang | naam                | vereniging       | intijd | tijd      | RT           |
|------|---------------------|------------------|--------|-----------|--------------|
| 1.   | Femke de Beir       | Zpc Amersfoort 3 | 47.76  | 201203492 | <b>38.87</b> |
| 2.   | Jinte Leusink       | De Hokseberg     | 41.75  | 201300026 | <b>39.82</b> |
| 3.   | Timi David          | Dwk 2            | 45.69  | 201300858 | <b>42.26</b> |
| 4.   | Isa Ligtermoet      | Triton Putten    | 44.41  | 201200310 | <b>43.27</b> |
| 5.   | Nadine Overkleeft   | Zpc Amersfoort 3 | NT     | 201302506 | <b>43.49</b> |
| 6.   | Femke van Duijn     | Dwk 2            | 48.38  | 201201070 | <b>44.84</b> |
| 7.   | Noa Laman           | Zpc Amersfoort 3 | 50.18  | 201302266 | <b>45.10</b> |
| 8.   | Felicia Smit        | De Woelwaters    | 45.12  | 201301564 | <b>45.23</b> |
| 9.   | Noeka de Groot      | De Woelwaters    | 47.90  | 201203072 | <b>46.33</b> |
| 10.  | Lisa Hoksberg       | De Woelwaters    | 48.21  | 201301566 | <b>46.58</b> |
| 11.  | Sophie van der Kolk | De Hokseberg     | 47.91  | 201201936 | <b>47.14</b> |
| 12.  | Nine Toth           | Nunspeet         | 50.86  | 201300242 | <b>49.18</b> |
| 13.  | Loïs van Kerssen    | Triton Putten    | NT     | 201303266 | <b>50.11</b> |
| 14.  | Lyndsey de Jager    | Nunspeet         | NT     | 201302756 | <b>50.15</b> |
| 15.  | Lily Varwijk        | Nunspeet         | 51.13  | 201202946 | <b>50.22</b> |
| 16.  | Lauren Bosch        | Z&PC Hatto-Heim  | 57.53  | 201302010 | <b>51.06</b> |
| 17.  | Jada van Dijk       | Zpc Amersfoort 3 | 48.58  | 201300866 | <b>51.20</b> |
| 18.  | Benthe van der Meer | De Woelwaters    | 57.38  | 201301574 | <b>57.56</b> |

KNZB Zwemcompetitie BC Deel1  
nijkerk, 4-10-2025

Programmanr. 24, Meisjes, 50m vlinderslag, Onder 14

| rang                                                                   | naam           | vereniging      | intijd  |           | tijd           | RT |
|------------------------------------------------------------------------|----------------|-----------------|---------|-----------|----------------|----|
| 19.                                                                    | Emma Buitelaar | Flevo           | 1:00.74 | 201300204 | <b>1:00.55</b> |    |
| DIS                                                                    | Manou van Beek | Dwk 2           | 47.03   | 201302484 |                |    |
| <i>AA - De start ingezet voor het startsignaal (en wel gezwommen).</i> |                |                 |         |           |                |    |
| AFGEM                                                                  | Esmee ter Hoor | Z&PC Hatto-Heim | NT      | 201302770 |                |    |
| AFGEM                                                                  | Lana Pool      | De Woelwaters   | 55.25   | 201302360 |                |    |
| AFGEM                                                                  | Lizzy Stegeman | Nunspeet        | 46.50   | 201300400 |                |    |

Programmanr. 25  
4-10-2025 - 18:49

Heren, 50m rugslag

Senioren Open  
Resultaten

| rang  | naam               | vereniging       | intijd |           | tijd         | RT   |
|-------|--------------------|------------------|--------|-----------|--------------|------|
| 1.    | Martijn Giezen     | Zpc Amersfoort 3 | 28.05  | 198500813 | <b>29.03</b> |      |
| 2.    | Dries Mostert      | Dwk 2            | 31.74  | 200400995 | <b>31.47</b> |      |
| 3.    | Chester Marsman    | Zpc Amersfoort 3 | 29.43  | 196900671 | <b>31.53</b> |      |
| 4.    | Mats van de Weerd  | Zpc Amersfoort 3 | 31.88  | 200101649 | <b>33.22</b> |      |
| 5.    | Eric van Amerongen | De Woelwaters    | 31.63  | 199201859 | <b>33.38</b> |      |
| 6.    | Renzo Meester      | Flevo            | 32.69  | 200202897 | <b>33.41</b> |      |
| 7.    | Danny Rekers       | Nunspeet         | 34.01  | 200201459 | <b>33.69</b> |      |
| 8.    | Rob van Vliet      | Zpc Amersfoort 3 | 32.74  | 198402459 | <b>33.74</b> |      |
| 9.    | Max Vlijm          | Nunspeet         | 32.54  | 200201937 | <b>34.19</b> |      |
| 10.   | Johan Remmits      | Zpc Amersfoort 3 | 33.35  | 196201159 | <b>34.49</b> |      |
| 11.   | Lars Jacobsen      | Dwk 2            | 32.78  | 199705453 | <b>34.63</b> |      |
| 12.   | Bartho Visser      | Triton Putten    | 33.13  | 200005595 | <b>34.92</b> |      |
| 13.   | Toine van Dijken   | De Woelwaters    | 32.04  | 200603465 | <b>34.97</b> |      |
| 14.   | Pieter Buitelaar   | Flevo            | 36.03  | 197601693 | <b>35.84</b> |      |
| 15.   | Ruben Beldman      | De Hokseberg     | 34.48  | 200503575 | <b>36.81</b> |      |
| 16.   | Nathan Pols        | De Hokseberg     | 35.64  | 200504127 | <b>37.48</b> |      |
| 17.   | Wouter Priem       | De Woelwaters    | 36.11  | 200503885 | <b>37.82</b> | FJ 1 |
| 18.   | Chiel Pols         | De Hokseberg     | 36.49  | 200700381 | <b>37.82</b> | FJ 2 |
| 19.   | Ruben Driessen     | Z&PC Hatto-Heim  | 35.77  | 200101659 | <b>38.54</b> |      |
| 20.   | Frans de Lange     | Flevo            | 36.10  | 199206249 | <b>38.68</b> |      |
| AFGEM | Edwin v. Norden    | Zpc Amersfoort 3 | 31.64  | 196300563 |              |      |

Programmanr. 26  
4-10-2025 - 18:53

Dames, 50m rugslag

Senioren Open  
Resultaten

| rang                                                                                                              | naam                    | vereniging       | intijd |           | tijd         | RT   |
|-------------------------------------------------------------------------------------------------------------------|-------------------------|------------------|--------|-----------|--------------|------|
| 1.                                                                                                                | Anna Kamphuis           | Dwk 2            | 34.13  | 200600334 | <b>34.36</b> |      |
| 2.                                                                                                                | Milena Vlot             | Z&PC Hatto-Heim  | NT     | 200003792 | <b>34.45</b> |      |
| 3.                                                                                                                | Sterre Veersma          | Nunspeet         | 33.10  | 200203550 | <b>34.97</b> |      |
| 4.                                                                                                                | Manon Bultman           | De Hokseberg     | 35.01  | 200304214 | <b>35.80</b> |      |
| 5.                                                                                                                | Joyce Vlijm             | Nunspeet         | 36.29  | 200700262 | <b>35.81</b> |      |
| 6.                                                                                                                | Mariëlle Visser         | Zpc Amersfoort 3 | 33.13  | 200500730 | <b>35.98</b> | FJ 1 |
| 7.                                                                                                                | Kim van Dijk            | Zpc Amersfoort 3 | 32.83  | 200702718 | <b>35.98</b> | FJ 2 |
| 8.                                                                                                                | Lidia v. Bon-Rosenbrand | Zpc Amersfoort 3 | 35.82  | 197000054 | <b>36.53</b> |      |
| 9.                                                                                                                | Michelle van Wijhe      | Zpc Amersfoort 3 | 37.17  | 200402196 | <b>38.25</b> |      |
| 10.                                                                                                               | Daniëlle van Dam        | De Woelwaters    | 37.81  | 200602528 | <b>38.44</b> |      |
| 11.                                                                                                               | Yanou Vaessen           | Dwk 2            | 37.53  | 200603666 | <b>38.64</b> |      |
| 12.                                                                                                               | Madelief van Steeg      | Triton Putten    | 38.58  | 200602602 | <b>39.01</b> |      |
| 13.                                                                                                               | Dannique Koolen         | Zpc Amersfoort 3 | 39.65  | 199904048 | <b>39.13</b> |      |
| 14.                                                                                                               | Evi de Wit              | Flevo            | 42.79  | 200804326 | <b>42.43</b> | FJ 1 |
| 15.                                                                                                               | Mila Smit               | Zpc Amersfoort 3 | 42.04  | 200704204 | <b>42.43</b> | FJ 2 |
| 16.                                                                                                               | Amber Westerink         | De Hokseberg     | 38.34  | 200401078 | <b>45.35</b> |      |
| 17.                                                                                                               | Elisheva Sattoo         | Dwk 2            | 52.48  | 201303054 | <b>50.07</b> |      |
| 18.                                                                                                               | Grietje van der Hoek    | Triton Putten    | 53.89  | 197401086 | <b>55.63</b> |      |
| DIS                                                                                                               | Lotte Boone             | De Woelwaters    | 41.82  | 201101792 |              |      |
| <i>RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.</i> |                         |                  |        |           |              |      |
| AFGEM                                                                                                             | Maddy van der Hoeven    | Zpc Amersfoort 3 | 37.18  | 200401298 |              |      |
| AFGEM                                                                                                             | Annika de Wolf          | Zpc Amersfoort 3 | 36.13  | 200504774 |              |      |
| AFGEM                                                                                                             | Marleen Mulder          | Nunspeet         | 36.85  | 200701102 |              |      |
| AFGEM                                                                                                             | Senna Levering          | Dwk 2            | 35.98  | 200603892 |              |      |

KNZB Zwemcompetitie BC Deel1  
nijkerk, 4-10-2025

Programmanr. 28  
4-10-2025 - 18:57

Jongens, 200m vrije slag

Onder 18  
Resultaten

| rang naam            | vereniging       | intijd            | tijd           | RT | 50m   | 100m    | 150m    | 200m    |
|----------------------|------------------|-------------------|----------------|----|-------|---------|---------|---------|
| 1. Wesley Korndewal  | Zpc Amersfoort 3 | 2:20.48 200900405 | <b>2:20.24</b> |    | 32.12 | 1:00.18 | 1:44.69 | 2:20.24 |
| 2. Julian van Dijken | De Woelwaters    | 2:18.17 200902203 | <b>2:21.35</b> |    | 30.52 | 1:05.90 | 1:43.69 | 2:21.35 |
| 3. Jayden Cijntje    | Zpc Amersfoort 3 | 2:33.79 200801741 | <b>2:27.84</b> |    | 32.16 | 1:08.61 | 1:48.05 | 2:27.84 |
| 4. Guus Pijl         | Flevo            | 2:34.16 200900691 | <b>2:33.56</b> |    | 36.19 | 1:15.64 | 1:55.38 | 2:33.56 |
| 5. Marius Beernink   | Nunspeet         | 2:53.90 200803361 | <b>2:37.97</b> |    | 38.49 | 1:14.51 | 1:56.61 | 2:37.97 |
| 6. Kane van M.       | Dwk 2            | 2:35.99 201101537 | <b>2:38.01</b> |    | 37.37 | 1:18.86 | 1:59.53 | 2:38.01 |
| 7. Ruben Jonker      | De Woelwaters    | 2:47.06 200801863 | <b>2:39.44</b> |    | 33.10 | 1:13.83 | 1:57.44 | 2:39.44 |
| 8. Teun Wouterson    | Zpc Amersfoort 3 | 2:46.01 200900491 | <b>2:39.87</b> |    | 38.07 | 1:18.42 | 2:00.24 | 2:39.87 |
| 9. Sverre de Wolf    | Zpc Amersfoort 3 | 2:35.03 200901415 | <b>2:40.92</b> |    | 34.37 | 1:13.86 | 1:56.90 | 2:40.92 |
| 10. Daan Kroeze      | Z&PC Hatto-Heim  | 3:27.36 201102351 | <b>2:55.68</b> |    | 38.82 | 1:24.64 | 2:11.85 | 2:55.68 |
| 11. Thijs Brouns     | Nunspeet         | 2:44.99 200803281 | <b>2:58.02</b> |    | 39.61 | 1:24.07 | 2:11.85 | 2:58.02 |
| AFGEM Alon Meijer    | Flevo            | 3:58.01 200901551 |                |    |       |         |         |         |

Programmanr. 30  
4-10-2025 - 19:05

Meisjes, 200m vrije slag

Onder 18  
Resultaten

| rang naam                | vereniging       | intijd            | tijd           | RT | 50m   | 100m    | 150m    | 200m    |
|--------------------------|------------------|-------------------|----------------|----|-------|---------|---------|---------|
| 1. Laura Volkers         | Dwk 2            | 2:21.23 200800056 | <b>2:27.00</b> |    | 33.51 | 1:10.93 | 1:49.40 | 2:27.00 |
| 2. Lara van den H.       | Zpc Amersfoort 3 | 2:33.03 200802712 | <b>2:33.67</b> |    | 33.60 | 1:12.36 | 1:52.77 | 2:33.67 |
| 3. Jiska Smit            | De Woelwaters    | 2:54.74 200903526 | <b>2:37.85</b> |    | 35.24 | 1:15.82 | 1:57.74 | 2:37.85 |
| 4. Daniela Malipiero     | Zpc Amersfoort 3 | 2:28.20 200900496 | <b>2:38.55</b> |    | 34.60 | 1:13.96 | 1:56.50 | 2:38.55 |
| 5. Amy Rodenburg         | Zpc Amersfoort 3 | 2:45.29 200904480 | <b>2:40.27</b> |    | 37.62 | 1:18.87 | 1:59.86 | 2:40.27 |
| 6. Milouck Frunt         | Dwk 2            | 2:30.45 200901664 | <b>2:41.30</b> |    | 36.50 | 1:17.63 | 1:59.15 | 2:41.30 |
| 7. Yara Wegman           | Dwk 2            | 2:39.77 200901472 | <b>2:45.78</b> |    |       | 1:19.18 | 2:03.09 | 2:45.78 |
| 8. Jolijn van de Burgwal | Dwk 2            | 2:54.28 200903594 | <b>2:53.59</b> |    | 38.71 | 1:22.82 | 2:08.21 | 2:53.59 |
| 9. Naomi van 't Hul      | Nunspeet         | 2:50.31 201100264 | <b>2:57.53</b> |    | 40.66 | 1:27.04 | 2:14.32 | 2:57.53 |
| 10. Nathalie de Weerd    | Nunspeet         | 3:07.44 200804648 | <b>3:03.21</b> |    | 40.14 | 1:26.64 | 2:15.67 | 3:03.21 |
| 11. Rinna Leusink        | De Hokseberg     | 3:09.19 200900226 | <b>3:05.44</b> |    | 38.69 | 1:25.53 | 2:16.71 | 3:05.44 |
| 12. Elora Stindt         | De Woelwaters    | 3:09.97 200804780 | <b>3:09.53</b> |    | 40.12 | 1:29.23 | 2:22.33 | 3:09.53 |
| 13. Lieke Mandema        | Flevo            | 3:16.21 200803138 | <b>3:18.54</b> |    | 44.89 | 1:35.67 | 2:28.47 | 3:18.54 |
| 14. Madelif Hahn         | De Woelwaters    | 3:58.63 200804738 | <b>3:41.08</b> |    | 45.59 | 1:40.40 | 2:40.90 | 3:41.08 |
| 15. Vira Kostrova        | Nunspeet         | NT 200904544      | <b>4:15.54</b> |    | 48.16 | 1:51.80 | 3:05.54 | 4:15.54 |

Programmanr. 32  
4-10-2025 - 19:13

Jongens, 100m schoolslag

Onder 16  
Resultaten

| rang naam             | vereniging      | intijd            | tijd           | RT | 50m   | 100m    |
|-----------------------|-----------------|-------------------|----------------|----|-------|---------|
| 1. Xander Koperdraat  | Triton Putten   | 1:19.19 201001695 | <b>1:19.34</b> |    | 37.09 | 1:19.34 |
| 2. Bram van Barneveld | De Woelwaters   | 1:21.74 201103437 | <b>1:19.49</b> |    | 36.57 | 1:19.49 |
| 3. Raf Kersten        | De Woelwaters   | 1:31.33 201103215 | <b>1:27.82</b> |    | 39.33 | 1:27.82 |
| 4. Lukas van Veen     | Flevo           | 1:41.37 201002395 | <b>1:29.25</b> |    | 40.70 | 1:29.25 |
| 5. Tim Burgerhart     | Dwk 2           | 1:32.09 201200435 | <b>1:30.02</b> |    | 42.57 | 1:30.02 |
| 6. Thijs de Boer      | Z&PC Hatto-Heim | 1:48.89 201102701 | <b>1:34.07</b> |    | 43.94 | 1:34.07 |
| 7. Mark van Wijhe     | Nunspeet        | 1:37.95 201101671 | <b>1:36.73</b> |    | 44.94 | 1:36.73 |
| 8. Maurits Nagelvoort | Dwk 2           | 1:38.53 201200519 | <b>1:38.85</b> |    | 46.43 | 1:38.85 |
| 9. Bram van Putten    | De Hokseberg    | 1:37.38 201101097 | <b>1:40.22</b> |    | 45.76 | 1:40.22 |

KNZB Zwemcompetitie BC Deel1  
nijkerk, 4-10-2025

Programmanr. 34  
4-10-2025 - 19:18

Meisjes, 100m schoolslag

Onder 16  
Resultaten

| rang  | naam                 | vereniging       | intijd  | tijd      | RT             | 50m   | 100m    |
|-------|----------------------|------------------|---------|-----------|----------------|-------|---------|
| 1.    | Benedikta Holbach    | Zpc Amersfoort 3 | 1:26.24 | 201003220 | <b>1:24.66</b> | 39.31 | 1:24.66 |
| 2.    | Sophie van der Horst | Flevo            | 1:29.62 | 201000246 | <b>1:31.10</b> | 42.19 | 1:31.10 |
| 3.    | Bente Toth           | Zpc Amersfoort 3 | 1:30.23 | 201102818 | <b>1:31.60</b> | 43.37 | 1:31.60 |
| 4.    | Myrthe Bruinsma      | Zpc Amersfoort 3 | 1:26.55 | 201101108 | <b>1:31.78</b> | 43.18 | 1:31.78 |
| 5.    | Lian Vonk            | Zpc Amersfoort 3 | 1:35.99 | 201001606 | <b>1:32.01</b> | 42.54 | 1:32.01 |
| 6.    | Yfke Wijnalda        | Zpc Amersfoort 3 | 1:35.66 | 201002618 | <b>1:37.16</b> | 46.49 | 1:37.16 |
| 7.    | Linn Frunt           | Dwk 2            | 1:37.11 | 201101420 | <b>1:38.49</b> | 46.77 | 1:38.49 |
| 8.    | Neomi Visch          | De Hokseberg     | 1:38.03 | 201101482 | <b>1:38.56</b> | 46.12 | 1:38.56 |
| 9.    | Tirza Smit           | De Woelwaters    | 1:41.64 | 201101794 | <b>1:39.71</b> | 45.72 | 1:39.71 |
| 10.   | Jesse Rijnbeek       | Zpc Amersfoort 3 | 1:39.52 | 201000720 | <b>1:42.59</b> | 47.06 | 1:42.59 |
| 11.   | Eva Spelt            | Dwk 2            | 1:34.56 | 201100878 | <b>1:43.34</b> | 48.74 | 1:43.34 |
| 12.   | Jessica Stegeman     | Nunspeet         | 1:44.66 | 201000776 | <b>1:49.17</b> | 49.85 | 1:49.17 |
| AFGEM | Arina Kostrova       | Nunspeet         | 1:47.78 | 201103946 |                |       |         |

Programmanr. 36  
4-10-2025 - 19:23

Heren, 4 x 50m wisselslag

Senioren Open  
Resultaten

| rang | vereniging            | intijd                      | tijd    | RT                  |
|------|-----------------------|-----------------------------|---------|---------------------|
| 1.   | Zpc Amersfoort 1      | Zpc Amersfoort 3            | 1:55.86 | <b>2:00.16</b>      |
|      | Martijn Giezen 40     | Chester Marsman 28.90       | 56      | 29.64               |
|      | Rob van Vliet 41      | Mats van de Weerd 34.81     | 24      | 26.81               |
| 2.   | De Woelwaters 1       | De Woelwaters               | 2:05.33 | <b>2:08.68</b>      |
|      | Toine van Dijken 19   | Eric van Amerongen 33.67    | 33      | 29.42               |
|      | Bram van Barneveld 14 | Julian van Dijken 36.07     | 16      | 29.52               |
| 3.   | Nunspeet 1            | Nunspeet                    | 2:13.18 | <b>2:13.61</b> FJ 1 |
|      | Max Vlijm 23          | Marius Beemink 34.45        | 17      | 31.72               |
|      | Danny Rekers 23       | Thijs Brouns 34.60          | 17      | 32.84               |
| 4.   | Flevo 1               | Flevo                       | 2:11.50 | <b>2:13.61</b> FJ 2 |
|      | Lukas van Veen 15     | Renzo Meester 35.85         | 23      | 29.47               |
|      | Pieter Buitelaar 49   | Guus Pijl 38.50             | 16      | 29.79               |
| 5.   | Dwk 2 1               | Dwk 2                       | 2:15.41 | <b>2:16.29</b>      |
|      | Lars Jacobsen 28      | David van de Wetering 34.54 | 13      | 38.29               |
|      | Dries Mostert 21      | Kane van Middendorp 32.69   | 14      | 30.77               |
| 6.   | De Hokseberg 1        | De Hokseberg                | 2:17.44 | <b>2:19.47</b>      |
|      | Bram van Putten 14    | Nathan Pols 37.04           | 20      | 31.41               |
|      | Chiel Pols 18         | Ruben Beldman 41.74         | 20      | 29.28               |

Programmanr. 38  
4-10-2025 - 19:26

Dames, 4 x 100m vrije slag

Senioren Open  
Resultaten

| rang | vereniging              | intijd           | tijd    | RT             |
|------|-------------------------|------------------|---------|----------------|
| 1.   | Zpc Amersfoort 1        | Zpc Amersfoort 3 | 4:20.40 | <b>4:29.50</b> |
|      | Lian Vonk 15            | 31.51            | 1:06.16 | 34.92          |
|      | Kim van Dijk 18         | 33.37            | 1:10.17 | 31.63          |
| 2.   | Dwk 2 1                 | Dwk 2            | 4:24.17 | <b>4:40.55</b> |
|      | Anna Kamphuis 19        | 1:07.25          | 34.92   | 31.93          |
|      | Milouck Frunt 16        | 1:12.17          | 32.12   | 35.81          |
| 3.   | Zpc Amersfoort 2        | Zpc Amersfoort 3 | 4:26.08 | <b>4:50.78</b> |
|      | Benedikta Holbach 15    | 35.12            | 1:14.73 | 38.74          |
|      | Myrthe Bruinsma 14      | 33.63            | 1:11.51 | 38.87          |
| 4.   | De Hokseberg 1          | De Hokseberg     | 4:56.10 | <b>5:03.04</b> |
|      | Neomi Visch 14          | 36.18            | 1:13.96 | 39.93          |
|      | Rinna Leusink 16        | 38.04            | 1:23.16 | 38.87          |
| 5.   | De Woelwaters 1         | De Woelwaters    | 5:02.48 | <b>5:05.13</b> |
|      | Jiska Smit 16           | 34.25            | 1:11.72 | 46.04          |
|      | Lotte Boone 14          | 37.23            | 1:18.95 | 46.81          |
| 6.   | De Woelwaters 2         | De Woelwaters    | 5:54.88 | <b>5:52.52</b> |
|      | Lisa Hoksberg 12        | 38.54            | 1:24.35 |                |
|      | Madelief Hahn 17        | 44.73            | 1:38.43 |                |
| 7.   | Flevo 1                 | Flevo            | 5:34.24 | <b>5:53.07</b> |
|      | Sophie van der Horst 15 | 34.23            | 1:11.95 |                |
|      | Evi de Wit 17           | 40.49            | 1:29.12 |                |

KNZB Zwemcompetitie BC Deel1  
nijkerk, 4-10-2025

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Programmanr. 38, Dames, 4 x 100m vrije slag, Senioren Open

| rang             | vereniging | intijd  | tijd | RT |
|------------------|------------|---------|------|----|
| AFGEM Nunspeet 1 | Nunspeet   | 4:45.53 |      |    |