

Lac deel 3
Wapenveld, 4-4-2026

Programmanr. 1
4-4-2026 - 14:45

Dames, 400m wisselslag

13 jaar en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Lyke Bellert	SG Octopus - ZVV	5:11.15	200701424	5:30.58
	50m: 34.26	34.26	150m: 2:38.05	250m: 4:15.27	350m: 5:30.58
	100m: 1:14.97	40.71	200m: 2:38.05	300m: 4:15.27	400m: 5:30.58
2.	Sophie van der Horst	Flevo	6:21.04	201000246	6:32.21
	50m: 38.38	38.38	150m: 3:06.63	250m: 5:04.08	350m: 6:32.21
	100m: 1:25.51	47.13	200m: 3:06.63	300m: 5:04.08	400m: 6:32.21
3.	Sophia de Dood	Zignea	6:40.80	201102152	6:48.90
	50m: 43.94	43.94	150m: 3:26.43	250m: 5:12.65	350m: 6:48.90
	100m: 1:38.86	54.92	200m: 3:26.43	300m: 5:12.65	400m: 6:48.90
4.	Eloise Gerringa	Batavia Swim	7:28.26	201200548	7:06.87
	50m: 43.99	43.99	150m: 3:28.89	250m: 5:30.35	350m: 7:06.87
	100m: 1:46.40	1:02.41	200m: 3:28.89	300m: 5:30.35	400m: 7:06.87
5.	Monique Kok	SG Octopus - ZVV	7:27.50	198605398	7:19.88
	50m: 49.56	49.56	150m: 3:39.14	250m: 5:32.47	350m: 7:19.88
	100m: 1:49.61	1:00.05	200m: 3:39.14	300m: 5:32.47	400m: 7:19.88
6.	Noëlla Liefers	SG Octopus - ZVV	7:31.48	200603560	7:25.97
	50m: 44.88	44.88	150m: 3:29.62	250m: 5:42.77	350m: 7:25.97
	100m: 1:42.75	57.87	200m: 3:29.62	300m: 5:42.77	400m: 7:25.97
AFGEM	Daphne van Rees	SG Octopus - ZVV	6:47.20	200301766	
DIS	Villő Toth	Musz	NT	14-003-0439	
	<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>				

Programmanr. 2
4-4-2026 - 15:00

Heren, 400m wisselslag

13 jaar en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Hunor Toth	Musz	5:05.90	14-003-0429	5:10.41
	50m: 33.76	33.76	150m: 2:34.28	250m: 4:00.72	350m: 5:10.41
	100m: 1:14.70	40.94	200m: 2:34.28	300m: 4:00.72	400m: 5:10.41
2.	Djulian Versteeg	Zignea	5:17.22	201002655	5:16.81
	50m: 30.41	30.41	150m: 2:32.31	250m: 4:08.81	350m: 5:16.81
	100m: 1:08.65	38.24	200m: 2:32.31	300m: 4:08.81	400m: 5:16.81
3.	Noud Assinck	Zignea	5:34.20	200900047	5:28.06
	50m: 34.90	34.90	150m: 2:41.52	250m: 4:14.89	350m: 5:28.06
	100m: 1:20.26	45.36	200m: 2:41.52	300m: 4:14.89	400m: 5:28.06
4.	Lukas van Veen	Flevo	5:51.23	201002395	5:52.85
	50m: 34.53	34.53	150m: 2:46.54	250m: 4:30.54	350m: 5:52.85
	100m: 1:18.14	43.61	200m: 2:46.54	300m: 4:30.54	400m: 5:52.85
5.	Frans de Lange	Flevo	6:45.90	199206249	6:43.43
	50m: 40.53	40.53	150m: 3:18.56	250m: 5:07.71	350m: 6:43.43
	100m: 1:32.16	51.63	200m: 3:18.56	300m: 5:07.71	400m: 6:43.43

Programmanr. 3
4-4-2026 - 15:15

400m vrije slag

6 - 10 jaar
Resultaten

rang	naam	vereniging	intijd	tijd	RT
AFGEM	Chris van Dijk	Flevo	NT	201500163	
	Dylan van Dijk	Flevo	NT	201600213	
	50m: 1:02.11	1:02.11	150m: 3:19.94	1:07.98	250m: 5:42.11
	100m: 2:11.96	1:09.85	200m: 4:30.66	1:10.72	300m: 6:51.71
				1:11.45	350m: 7:59.59
				1:09.60	400m: 9:06.52
					1:07.88
					1:06.93
	Esmée Kok	SG Octopus - ZVV	7:47.64	201600160	6:40.53
	50m: 43.78	43.78	150m: 2:26.44	52.39	250m: 4:10.96
	100m: 1:34.05	50.27	200m: 3:19.03	52.59	300m: 5:02.44
				51.93	350m: 5:53.09
				51.48	400m: 6:40.53
					50.65
					47.44
	Jort Assinck	Zignea	NT	201600005	6:37.83
	50m: 43.73	43.73	150m: 2:25.95	52.46	250m: 4:08.94
	100m: 1:33.49	49.76	200m: 3:16.31	50.36	300m: 5:00.87
				52.63	350m: 5:52.40
				51.93	400m: 6:37.83
					51.53
					45.43
	Laura Roodenrijs	Zignea	NT	201601144	7:46.93
	50m: 49.77	49.77	150m: 2:49.07	1:00.68	250m: 4:49.39
	100m: 1:48.39	58.62	200m: 3:50.58	1:01.51	300m: 5:50.43
				58.81	350m: 6:50.68
				1:01.04	400m: 7:46.93
					1:00.25
					56.25

Lac deel 3
Wapenveld, 4-4-2026

Programmanr. 3, Alle, 400m vrije slag, 6 - 10 jaar

rang	naam	vereniging	intijd	tijd	RT			
	Robin Hoogeveen	Zignea	NT	201600786	7:52.35			
	50m: 50.82	50.82	150m: 2:53.13	1:01.30	250m: 4:58.56	1:03.84	350m: 7:00.14	59.01
	100m: 1:51.83	1:01.01	200m: 3:54.72	1:01.59	300m: 6:01.13	1:02.57	400m: 7:52.35	52.21
	Suus Reurink	SG Octopus - ZVV	7:27.50	201500564	6:48.96			
	50m: 44.36	44.36	150m: 2:29.38	52.51	250m: 4:15.35	53.33	350m: 6:00.47	51.86
	100m: 1:36.87	52.51	200m: 3:22.02	52.64	300m: 5:08.61	53.26	400m: 6:48.96	48.49
	Victor van der Horst	Flevo	8:45.46	201600009	8:47.78			
	50m: 51.85	51.85	150m: 3:09.22	1:09.83	250m: 5:30.52	1:11.87	350m: 7:51.20	1:11.68
	100m: 1:59.39	1:07.54	200m: 4:18.65	1:09.43	300m: 6:39.52	1:09.00	400m: 8:47.78	56.58

Programmanr. 4
4-4-2026 - 15:35

800m vrije slag

6 - 12 jaar
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
	Chris van Dijk	Flevo	NT	201500163	16:11.97			
	100m: 1:49.32	1:49.32	300m: 5:56.13	2:04.49	500m: 10:06.43	2:05.36	700m: 14:14.08	2:04.19
	200m: 3:51.64	2:02.32	400m: 8:01.07	2:04.94	600m: 12:09.89	2:03.46	800m: 16:11.97	1:57.89
	Elise van Veen	Flevo	NT	201402880	15:07.77			
	100m: 1:38.59	1:38.59	300m: 5:29.72	1:57.22	500m: 9:23.93	1:57.65	700m: 13:15.48	1:56.50
	200m: 3:32.50	1:53.91	400m: 7:26.28	1:56.56	600m: 11:18.98	1:55.05	800m: 15:07.77	1:52.29
	Emma de Dood	Zignea	NT	201400532	12:39.00			
	100m: 1:24.90	1:24.90	300m: 4:39.50	1:38.25	500m: 7:55.50	1:37.00	700m: 11:09.51	1:37.18
	200m: 3:01.25	1:36.35	400m: 6:18.50	1:39.00	600m: 9:32.33	1:36.83	800m: 12:39.00	1:29.49
	Feline Bosch	Flevo	NT	201500120	16:05.08			
	100m: 1:50.56	1:50.56	300m: 5:57.23	2:04.61	500m: 10:07.75	2:05.04	700m: 14:15.54	2:01.58
	200m: 3:52.62	2:02.06	400m: 8:02.71	2:05.48	600m: 12:13.96	2:06.21	800m: 16:05.08	1:49.54
	Lara Bourgonje	SG Octopus - ZVV	13:11.50	201400746	14:01.48			
	100m: 1:38.61	1:38.61	300m: 5:14.47	1:48.54	500m: 8:47.70	1:45.10	700m: 12:23.16	1:49.55
	200m: 3:25.93	1:47.32	400m: 7:02.60	1:48.13	600m: 10:33.61	1:45.91	800m: 14:01.48	1:38.32
	Lotte Kok	SG Octopus - ZVV	13:26.50	201401332	13:12.28			
	100m: 1:30.44	1:30.44	300m: 4:50.32	1:40.35	500m: 8:15.09	1:42.73	700m: 11:41.61	1:42.56
	200m: 3:09.97	1:39.53	400m: 6:32.36	1:42.04	600m: 9:59.05	1:43.96	800m: 13:12.28	1:30.67
	Moreno Broenink	Batavia Swim	12:33.57	201300941	11:52.94			
	100m: 1:24.27	1:24.27	300m: 4:26.58	1:31.32	500m: 7:28.82	1:32.35	700m: 10:28.07	1:29.22
	200m: 2:55.26	1:30.99	400m: 5:56.47	1:29.89	600m: 8:58.85	1:30.03	800m: 11:52.94	1:24.87

Programmanr. 5
4-4-2026 - 16:15

Meisjes, 1500m vrije slag

Onder 14
Resultaten

rang	naam	vereniging	intijd	tijd	RT
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Programmanr. 6
4-4-2026 - 16:15

Jongens, 1500m vrije slag

Onder 14
Resultaten

rang	naam	vereniging	intijd	tijd	RT
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